

In The Realm Of Woman--Some Interesting Features

MISERABLE FROM STOMACH TROUBLE

Felt Wretched Until He Started To Take "Fruit-a-tives"

694 CHAMPLAIN ST., MONTREAL.

"For two years, I was a miserable sufferer from Rheumatism and Stomach Trouble. I had frequent Dizzy Spells, and when I took food, felt wretched and sleepy. I suffered from Rheumatism dreadfully, with pains in my back and joints, and my hands swollen. A friend advised "Fruit-a-tives" and from the outset, they did me good. After the first box, I felt I was getting well and I can truthfully say that "Fruit-a-tives" is the only medicine that helped me." LOUIS LABRIE.

50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

Dandruff Germs are very small, but **HERPICIDE** will find them all

FOR SALE
183 Acres, \$6200
Four miles from city.
Good buildings; well watered.

W. H. Godwin & Son
89 Brock Street Phone 424

Itching Burning Watery Pimples

On chest and face. Formed a crust. Scratched and it spread. Could not rest. Used two boxes Cuticura Ointment and one cake Soap and was completely healed.

From signed statement of Miss Lillian Fredericks, S. Waterville, N. S., Dec. 12, 1916.

You may rely on Cuticura Soap and Ointment to care for your skin, scalp, hair and hands. Nothing better to clear the skin of pimples, blotches, redness, and roughness, the scalp of dandruff and itching and the hands of chapping and soreness. Cuticura Soap used daily for the toilet means skin health from infancy to age. Start life with a clear skin and good hair.

For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U.S.A." Sold everywhere.

GLASCO'S

Pure Scotch Marmalade and Jam.

In glass and tins. Baker's Fresh Grated Coconut with the milk, 15c per tin.

D. COUPER
Phone 76. 341-3 Princess St. Prompt Delivery.

RECOVERY OF NEW JERSEY WOMAN

Due to Lydia E. Pinkham's Vegetable Compound.

Bridgeton, N. J.—"I cannot speak too highly of Lydia E. Pinkham's Vegetable Compound for inflammation and other weaknesses. I was very irregular and would have terrible pains so that I could hardly take a step. Sometimes I would be so miserable that I could not sweep a room. I doctored part of the time but felt no change. I later took Lydia E. Pinkham's Vegetable Compound and felt a change for the better after the second day. I took it until I was in a good healthy condition. I recommend the Pinkham remedies to all women as I have used them with good results."—Mrs. MILFORD T. CUMMINGS, 24 New Street, Bridgeton, N. J.

Such testimony should be accepted by all women as convincing evidence of the excellence of Lydia E. Pinkham's Vegetable Compound as a remedy for the distressing ills of women such as displacements, inflammation, ulceration, backache, painful periods, nervousness and kindred ailments.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

A LETTER FROM MARIAM

(Copyright, 1916, by the McClure Newspaper Syndicate.)

It was while I was in this state of perplexity and anxiety regarding Sylvia's affairs that I received a letter from Mariam. She had succeeded in reaching Berlin and had begun her inquiries for her uncle, Mr. Gordon, but at the time she wrote me, she had heard nothing of him.

"I never can tell you all that I have endured," she wrote. "After a perilous voyage I reached Copenhagen, and from there I finally made my way here. The embassy officials have been very kind to me. They looked up the correspondence which they had with Washington about Uncle John, and I saw from those letters that you had brought the necessary permission, and I think I can arrange it through some friends of Uncle John's here. You know his financial interests resulted in his having connections almost everywhere, and I find that the bankers here with whom he did business are very powerful men, and they have promised to help me.

"I cannot help believing that the German authorities are concealing the fact that they have taken Uncle John prisoner. The government is trying very hard to remain on friendly terms with the United States, and it is not permitting any information to become public which would tend to increase the popular resentment against America. Of course, Uncle John is not widely known in Germany, but the fact that he is an American and had been aiding the French would add that much to the hard feeling which already exists if the fact became known. Uncle John's German friends do not think that there is much chance of getting information about him, and even if they do learn where he is they do not expect to obtain his release without a great deal of trouble. But



(Continued from Page 3.)

Miss Winnifred Orde, Ottawa, was hostess at an informal tea on Monday afternoon, in honor of Mrs. Jack Meredith, Kingston.

Mrs. W. Dale Harris, Ottawa, entertained at a week end tea in honor of Mrs. Buxton Smith, Kingston. Mrs. J. P. Fisher also gave an informal tea for Mrs. Buxton Smith on Friday afternoon.

A most enjoyable dance was held at the Yacht Club on Tuesday evening.

Mrs. Hugh Oeler is visiting her father, the Hon. William Hart, Bagot street.

Miss Gertrude Fortescue returned to Montreal after spending a couple of days in town.

Miss Mabel Day, who has been visiting Mrs. Walter Bates, Jersey City, has returned home.

Mrs. W. D. Hart, New York, who spent the week-end in Ottawa the

with great misfortune.

She got up and came over beside me.

"It is too bad," she said. "It seems that you are listening to something from all the time. Why can't we all be happy?"

"Yes," I repeated sadly, "why can't we?"

(To Be Continued.)

HEPDED IN OIL FIELDS.

Drillers From Lambton County Were In Roumania.

Oil drillers from Lambton County were in Roumania as oil drillers from Lambton County are in all parts of the earth where wells have to be sunk. Two or three advance agents of the exodus of Canadian oil drillers from Roumania have already been heard from. Their story is a record of good work for the allies and of what might be for Germany in the oil fields of Roumania.

Roumania's 1915 production of oil was 12,000,000 barrels, value \$30,000,000, at \$2.50 per barrel. The world's production of oil is 425,000,000. Roumania's output of oil was 3 per cent of the world's production in 1915. Germany's conquest of the Roumanian oil fields was expected to give the Teutons an immediate supply of 1,000,000 barrels of oil per month from Roumania with the extra supply which was when Germany speeded up production.

Oil drillers from Lambton County report that the Roumanian production of oil will be absolutely nil until new wells are drilled. The Canadian oil drillers worked with the British officers in the Roumanian oil fields. Their letters tell of the complete destruction of machinery and buildings in the Roumanian fields. As for the wells, a Canadian says:

"Iron was dropped down the bore of every well and concrete poured in on top of the iron. When the drill gets through the concrete it strikes the iron. The drill will go round and round. It will be three years before the Roumanian oil fields are again on a producing basis."

Enquiry at the head office of the Imperial Oil Co. to-day did not bear out the theory that Germany could not sink new wells in the Roumanian oil fields in less than three years. Reports of destruction are so complete as to make it certain that Germany cannot get oil without sinking new wells. The Roumanian oil fields oppose a hard formation to the drills and the authorities of the Imperial Oil Co. state that six months is a minimum time for drilling a shaft well in Roumania and eighteen months a minimum time for the deeper wells. British engineers and Canadian oil drillers seem to have combined to disappoint Germany's hopes of securing an immediate supply of oil from the Roumanian wells.

An Echo of 1914.

In its annual trade review The Monetary Times says: Prior to August, 1914, settlements at Montreal, Toronto, Winnipeg, Vancouver, Quebec, Halifax, St. John, and Victoria were made in legals (Dominion notes), but the following month, when money began to get tight, the banks wished to concentrate and centralize cash reserves at convenient points, and accordingly arranged for settlement of daily balances by means of cash only at Montreal, Toronto, Winnipeg, and Vancouver. It was decided that henceforth Quebec, Halifax, St. John, and Victoria should settle by draft on Montreal. But in the beginning of October, 1914, the British Admiralty advised the Canadian authorities that it was likely Victoria and Vancouver would be bombarded as a result of the operations of the German squadron (commanded by Von Spee) in the Pacific Ocean. The banks represented at the Pacific Coast, forthwith, made rush shipments of legals, gold and a large portion of their own notes to Winnipeg for safety, and it was arranged that Vancouver should settle by draft on Winnipeg. When all danger of bombardment had passed, it was decided that on and after 1st May, 1915, the Vancouver clearing house should settle daily balances by means of legal tenders and the Canadian Bankers' Association ruled that after the same date all other clearing houses in British Columbia (i.e., Victoria and New Westminster) were to settle by draft on Vancouver.

The Whig's Daily Menu

Coconut Pudding.

Materials—One can fresh grated coconut, 2 cups finely diced or crumbed bread, 1/2 cup sugar, 1 cup milk, 2 eggs, pinch of salt, 1 level teaspoon butter.

Utensils—Mixing bowl, 2 measuring cups, teaspoon, eggbeater, earthen bakedish.

Directions—Beat eggs, sugar, salt and milk together; add coconut without pressing. Butter earthen bakedish; put in half the bread, half the coconut mixture, the rest of the bread and balance of coconut; spread coconut over top; bake in slow oven one hour.

Bran or whole wheat bread is best. It is rather thick and can be served with lemon or orange sauce.



BROCADE AS SUBSTITUTE FOR LEATHER IN BOOTS.

The newest thing in fashionable footwear in New York is shoes of gold brocade cloth. Dame fashion does not limit her genius to creating only gowns, pretty frocks and charming bonnets. Shoes hold her attention at this moment, and the above is the most bewitching that ever left her shop. The advancing price of leather has something to do with this innovation. The makers of footwear decided that something must be done and so tried cloth and brocades as substitutes. The new style is original, charming, and has quite taken Milady's fancy. One need not necessarily wear shoes of the same cut and design as one's neighbor and the style appears as though it had come to stay.

O-Cedar Polish

The Sanitary Way to Dust

DAMPEN your cheesecloth duster with a drop or two of O-Cedar Polish and you will find you are collecting the dust instead of scattering it. Incidentally you will remove all finger marks and scum and leave a bright and shining surface. Dust the "O-Cedar Way."

Channell Chemical Company, Limited
369 Borauren Avenue - Toronto

25¢ to \$3.99 Sizes

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You Get Two Full Weight Packages For 10¢

It does everything a ten-cent cleanser will do—and goes twice as far!

Wm. H. Dunn Limited
AGENTS
MONTREAL

Babbitt's 5¢ Cleanser

A Light, Fluffy Cake? It Depends Upon Your Sugar

In making cake, watch your sugar closely—sugar which is lumpy and does not readily dissolve is hard to cream with the shortening. The grainy texture is difficult to "beat out"

Dominion Crystal Sugar

is very finely granulated, dissolves readily, and quickly releases its refined sweetness. Brown sugar makes a moist cake, powdered sugar a dry cake, granulated sugar the cake of the finest texture. Dominion Crystal Granulated is the just right cake.

For a boiled icing, employ Dominion Crystal Icing Sugar and apply it while the cake is still warm. Take a silver knife and crease the icing when firm and it will not chip when cut.

Dominion Crystal Sugar is the only sugar that may rightly be called "Canadian from the ground up."

We do import the finest of raw cane sugar and refine it. But our pride is in the product we make from Canadian sugar beets—its use is dictated by good judgment as well as patriotism.

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