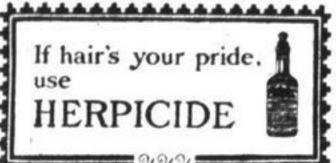
The Realm Of Woman---Some Interesting

Are The Four Fruits Used in Making "Fruit-a-tives

"FRUIT-A-TIVES" is the only medicine in the world that is made from the juices of fresh ripe fruits. Thus, it is manifestly unfair to say, "I won't take Fruit a-tives because I have tried other remedies and they did me no good". On the other hand, the fact that "Fruit-a-tives" is entirely different from any other preparation in the world, is just why you should give it a fair trial, in any trouble of the Stomach, Liver, Bowels, Kidneys or Skin. "Fruit-atives", is composed of the active principle of fruit and the greatest nerve tonic ever discovered. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.



Five Years Old

On Hands, Arms, Chest and Limbs. Could Not Sleep Because of Pain. Cuticura Completely Healed.

"My little boy had eczema when he was five years old. It started with an itching rash on his hands, arms and chest, and after-He could not sleep all night with the pain, and it itched and burned. "We used Cuticura Soap and Ointment, and we had not used quite two boxes of Cuticura Obstment, and

two bars of Cuticura Soap till he was completely healed." (Signed) Mrs. lames Walter Trussler, Durham St., Walkerton, Ont. Keep your skin clear by daily use of

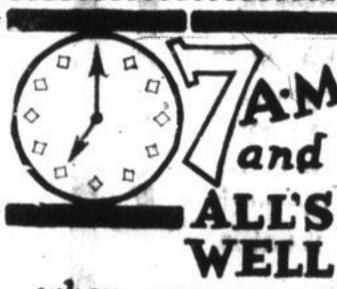
Cuticura Soap and Ointment For Free Sample Each by Mail address post-card: "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

Lace Curtains

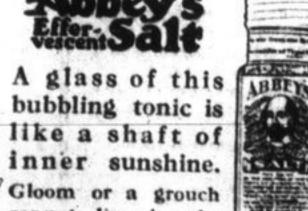
Cleaning of Lace Curtains is of the greatest importance, and should be treated with the utmost care. We spare no expense in adopting the most suitable appliances and skilled workers. White or saded Cream Curtains may be tinted various



LIMITED 69 Princess Street, Kingston, Ontario.



when you use



inner sunshine. Gloom or a grouch cannot live in the same body with it. AT ALL DRUGGISTS

ABBEY'S VITA TABLETS -For Nervous People-50 Cents a Box

We Have a Nice Assortment of

Pure Corn Syrup In 2-lb. tins, 5-lb. pails, and 10-lb. pails, which we are selling for one

E. H. BAKER Cor. Montreal and Charles St. Phone 1263,

week only at the old price.

(By Frances Walter)

SYLVIA AND I BEGIN OUR SEARCH FOR EDWARD

(Copyright, 1916, by the McClure Newspaper Syndicate). "Sylvia," said I one evening as we sat in the living room, she busy at ome sewing she had undertaken and trying to read the afternoon news-

the evening in some favorite spot?". gested no doubt by something I had others because it was more private have put my finger on just at that tree that sarg almost every night." N.S., writes: "I am writing you a

as if he had suddenly stood before her. "I would rather not tell you what it of medicines, but they did not help tending Queen's has returned to he

said in a low tone. "Edward was so l full of fun and good humor and vitality that he had to keep moving all ly through her tears. the time. But he changed after a after I came into his life I was all- without being told. sufficient for him. So we quit going to so many places and settled down, was I with my scheme. spending our evenings at a restaurant and a little movie house nearby. covered a way!" I cried, as my con-Ws usually had dinner together and fidence in my plan increased. went to the theatre afterwards.

taurant, but usually we walked the park for awhile or sat there an taurant and the same theatre?"

"And the same park?"

time, and usually the same seat. A thought had come to me, sug- long, and we preferred it to the time, read but which I probably could not and there was a bird in a nearby

when I spoke his name it was almost "I have an idea, Sylvia," I told her. years. I was recommended all kinds She regained her composure in a mo- is, but I must, because you are the me any. At last a friend advised me home in Fort William,

> everything I direct." She looked up at me, smiling faint-

"Dear Roxane," she said, - "you ronto, Ont. the go so that he could forget, but wish I could do something for you eyes.

"Oh, Sylvia, A believe I have dis- you used to dine!"

She dropped her sewing and seized Sometimes we wert back to the res- | my hands, trembling with excitement,

Menu for Thursday

BREAKFAST Baked Apples or Stewed Fruit Cereal of Choice Coddled Eggs Tonst Jam or Fruit Butter

LUNCHEON OR SUPPER Virginian Spoon Bread Stewed Rhubarb Cookles Ten or Cocon

· · · DINNER ('ream of Spinach Soup Cold Sliced Ham Creamed New Potatoes Stewed New Carrots Lemon Pudding

Whole Wheat Muffins.

flour. 1/2 cup seeded raisins, 2 tea- nor even the third, but I felt that if Coplain Court Apartments, Ottawa. spoons baking powder, 1 egg. 1 cup Edward Blake loved Sylvia Thorne has returned home. milk, I teaspoon salt, I teaspoon su- he could not remain very long away Mrs. James Massie, after five gas. I tablespoon melted butter, 1 teaspoon melted shortening or oil.

Utensils-Mixing bowl, 2 measuring cups, teaspoon, tablespoon, flour sifter, bowl for eggs, egg beater, muffin tins, pastry brush.

flour, baking powder, salt and sugar for him. into bowl; add the milk slowly, then add the well-beaten eggs, raisins and butter; mix well. Brush muffin tins with lard; put 1 spoonful of mixture into each; bake in hot oven 20 min-

Home Dress Making

Prepared Specially for This Newspaper

By Pictorial Review



A "Flapper" Frock in Serge.



"Flapper" frocks are what they

call the models designed for young

women of the hard-to-fit- age. This

pecially for young women of uncer-

wear serge trimmed with taffeta.

section of the pattern should be arranged on the material. The front and back gores are laid on the lengthwise fold, the back of the waist, collar and belt, following in the order

yards 54-inch material.

The most material left after the now faces trouble from the ultra arrangement of the sections already Conservatives, according to informaindicated will be above the back of tion reaching here to-day. the waist and the collar. On this the front gore of the skirt.

great deal of unnecessary sewing.

She should first make herself thor-

oughly acquainted with the cutting

guide, which shows just how each

trated, the lower edges of the pattern may be turned up before the material. is cut, or the hem may be made deeper than indicated

one is carried out in dark blue men's The row silks lend themselves wil-The "flapper" frock is designed eslingly development in this model as do also the cottons for summer



Pictorial Review Dress No. 7171, 14 to 20 years. Price, 20 cents.

Above Patterns Can Be Obtained From NEWMAN & SHAW, Princess Street.

DYSPEPSIA Most Difficult to Cure BUT B.B.B. DOES IT.

You eat too much; "drink too! much; make the stomach work overtime. You make it perform more "And it was always the same res- than it should be called on to do. The natural result is that it is going to rebel against the amount of work put on it. It is only a matter of "Yes, and the same path all the time before dyspepsia follows.

That forty-year-old remedy, Bur-Sometimes it was occupied and we dock Blood Bitters, will cure the dyshad to seek another, but usually we pepsia, and will cure it to stay cured visit many places or usually spend found it empty. We felt that it was as we can prove by the thousands of our bench, we had been using it so testimonials we receive from time to

. Mr. Neil A. Cameron, Kiltarlity, We were silent a moment. Then few lines to tell you what your great The girl started I could almost I noticed that Sylvia was weeping medicine Burdock Blood Bitters has read what was in her mind. She also and I went over to her and gave her done for me. I was troubled very much with dyspepsia for the past two spent Tuesday in town. only person who can aid me. But if I to try a bottle of B.B.B.-I took four gladly recommend it to all sufferers." O'Brien, Alfred street.

while. He told me that I had changed know I will do everything you tell him; that he used to have to keep on me. You are so good that I only as she gazed at me with wide-open

"Yes, I believe I have solved the week for Ottawa. I hardly heard her, so absorbed problem." I repeated. "We will look for Edward in the restaurant where moved to Collingwood street.

Her hands fell back into her lap as a cloud of doubt came over her face. from Denver, Colorado, where sh "But will be be there?"

"That is what we must find out," I Macpherson. returned. "If my theory is true, he will be there. If it isn't true he "Oh. Roxane!"

out if it is true," I continued, "and W. Gallagher, 398 Albert street, for that is to go there. Put on your hat, a few weeks. Sylvia, and we will make our first trip tonight.

but clearly she was without hope of tawa. success. Nor did I expect to succeed! Miss Phyllis Knight, Alice street. Materials-Two cups whole wheat the evening, nor possibly the second, the guest of Mrs. A. Hooper at the , from the place where he had spent weeks' stay in Kingston, feted and the mood would be unable to put the Toronto past behind him to such an extent Mrs. Gilbert Johnston, Montreal, of Sylvia's wooing. And if he did Kelvey, Bagot street, for a few days. Directions-Sift the whole wheat come he would find us there waiting

(To Be Continued.)

THE NEWS OF STELLA Farmers Are Waiting For Better

Weather. Stella, April 24 .- The farmers starch making. commenced seeding operations early last week, but owing to the heavy rain have had a set back, for the past few days. They report the land to be working very good

A concert was held in Victoria hall on Friday evening last under the auspices of the Blue Cross Society. The attendance was very a large number of cattle and many good. The programme was well ren- buildings have been buried under dered, showing the careful training unprecedented avalanches through-

operation for appendicitis in the the Simplon railway lines to Italy Kingston General Hospital on Tues- have been repeatedly blocked and reday of last week. James Bray is pair work has been frequently stopmaking daily trips to the city hav- ped by fresh avalanches due to the ing heavy loads of freight both ways. recent bad weather and heavy The High School has been closed snows.

pretty model is shown here, develop for the past week owing to the abel in dark blue men's wear serge sence of the teacher, Miss Stewart. There is a vest of blue taffeta, with Miss G. Glenn has taken over the collar of the same silk. Any color duties in No. 1 school, the former desired may be used for the vest. teacher, Miss McKenzie being ill. Narrow sleevebands and, flare cuffs Pte. Ernest Instant of the Queen's died in Germany. He was listed as finish the one-piece gathered sleeves. Highlanders Battalion, who has been while the two-piece circular skirt ill in the city for some time, is rap died while a prisoner of war, closes at the left side seam. In me- idly recovering. Samuel Fleming. dium size the frock requires 3% assessor, has been making his rounds. W. H. Preston is improving The proper cutting of the dress his residence in the village by a will save the home dressmaker a fresh coat of paint. W. Montgomery is putting up a new kitchen to his house in the village.

REVOLT THREATENED

German Ultra-Conservatives Demand Answerato Socialists.

The Conservatives-united in conthe front of the waist and sleeve may | tinuing the war and in carrying out

be laid, the line of "o" perforations in full the policy of absorption by on a lengthwise thread. The vest Germany of all land of which she and collar can be accommodated in can make a conquest-have flatly the space opposite the back gore, and | threatened a revolt against Chancelthe pocket, cuffs and sleeve band for Von Bethmann Hollweg's rule placed on the goods remaining above he yields in any way to the demand of Socialists for commitment of the For a skirt shorter than illus- Government to "no annexation" pronunciaments recently issued by them.

FINE CHANCE TO STUDENTS.

lowships for Research Work. Ottawa, April 24 .- Twenty studentships and five fellowships in Canadian universities will be established by the Honorary Advisory Council for scientific and industrial research. The studentships are open to both men and women, and are each of the value of \$600 for the first year and \$750 for the second

Queen's Highlander Weds. On Saturday, April 21st, Rev. Henry Curry, of Princess street Methodist church, united in marriage Staff-Sergt. Clarence W. Miller, jr., of the Queen's University Highlanders, C.E.F., and Miss Agnes Adeline Pellan, of Channel Islands, Eng. The bride will reside with Mr. and Mgs. Robert Irwin, 517 Albert street, Kingston, until the return of the groom from the front.

Told In **Twilight**

(Continued from Page 3.) Mrs. Douglas Hammond, Brantford, has been spending a few days

Mr. and Mrs. Frederick Skinner and a party of friends motored to town from Gananoque on Saturday. Mrs. Weld, London, Ont., is the guest of her brother, Mr. Simpson, Cataraqui:

Miss Mabel Day, who hos been visiting Mrs. Walter Bates, New York, returned home on Monday.

Miss Isobel Fraser, Union street,

left yesterday to visit Mrs. Breakey John Donnelly and Miss Doris Donnelly, Earl street, have returned

Miss Mary Macarow, New York, is

B.B.B. is manufactured only by Miss Mabel Olmstead, who has The T. Milburn Co., Limited, To- been with her sister, Mrs. Daykin, Ellerbeck street, has returned to Ot-

Mrs. G. S. Oldreive and Mrs. J. H. Byrne are leaving at the end of the

Prof. and Mrs. C. F. Gummer has

Mrs. William Glidden has returne spent the winter with her sister. Mrs Mrs. N. F. Breen and Miss Breen

of Watertown, N.Y., are guests of Mrs. P. N. Keenan, 256 Barrie street Mrs. Earl Burt, Wilton, is visit-"And that is only one way to find ing her aunt and uncle. Mr. and Mrs.

Mr. and Mrs. V. Slater, Kingston She rose slowly and did as I wished, have been spending a few days in Ot-

the happiest moments of his life, entertained by many old friends, will No matter what his situation was, leave on Saturday for her home in

that he would not revisit the scene is with her daughter, Mrs. R. J. Mc-

BOILED SHIRTS BARRED

Unstarched Linen Ordered as Conservation Measure. London, April 24.-Englishmen will wear unstarched linen now, because from today the Government

has forbidden the use of cereals in The use of cereals in bill poster paste is also forbidden, killing what has been a big industry, unless substitute pastes are devised.

Avalanches in Switzerland.

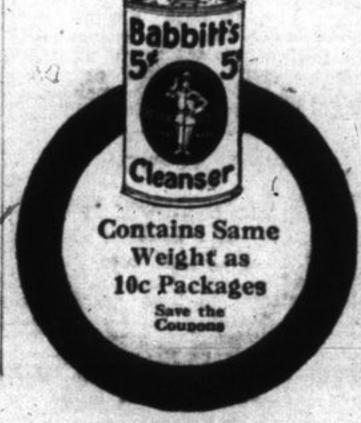
Berne, Switzerland, April 25 .-Scores of persons have perished and out southern Switzerland during the Mrs. D. H. Smith underwent an last few days. The St. Gotthard and

> Lieut. Alex. Chapman Dead. Brockville, April 24.—Relatives here were notified that Lieut. Alexander Chapman, Brockville, has missing last fall. It is thought he

STOMACH TROUBLES DUE TO ACIDITY

SO SAYS EMINENT SPECIALIST

digestion, wind, and stomach-ache are in probably nine cases out of ten simply! evidence that fermentation is taking place in the food contents of the stomach, causing the formation of gas and acids. Wind distends the stomach, and causes that full, oppressive feeling sometimes known as heartburn, while the acid irritates and The Hague, April 24.—Germany inflames the delicate lining of the the fermenting food. Such fermentation is unnatural and acid formation is not only unnatural, but may involve tion of the food contents of the stomspoonful of bisurated magnesia, probably the best and most effective corrector of acid stomach known, should tralizes the acidity in a few moments. Fermentation, wind and acidity are dangerous and unnecessary. Stop or prevent them by the use of a proper antacid, such as bisurated magnesia, which can be obtained from any druggist and thus enable the stomach to de its work properly without being hin-Score of Scholarships and Five Fel- dered by gas and dangerous acids .-



OPERATION

Medicine Which Made Surgeon's Work Unnecessary,

Astoria, N. Y. - "For two years I was feeling ill and took all kinds of tonics. I was geting worse every day. I had chills, my head

would ache, I was always tired. I could not walk straight because of the pain in myback and I had ach. I went to a doctor and he said I must go under an operation, but I did not go. I read in

the paper about Lydia E. Pinkham's Vegetable Compound and told my husband about it. I said 'I know nothing will help me but L will try this.' I found myself improving from the very first bottle, and in two weeks time I was able to sit down and eat a hearty breakfast with my husband, which I had not done for two years. "At first we went everywhere," she tell you you must be brave and do bottles and was totally cured. I will the guest of her sister, Mrs. Edward did not have the operation." - Mrs.

Astoria, N. Y. Every one dreads the surgeon's knife and the operating table. Sometimes nothing else will do; but many times doctors say they are necessary when they are not. Letter after letter comes to the Pinkham Laboratory, telling how operations were advised and were not performed; or, if performed, did no good. but Lydia E. Pinkham's Vegetable Compoundwas used and good health followed.

Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

Codfish makes good gravy and good balls, but when it comes to society-well-

comfort in just thinking we are for-

Sometimes we can take a bit of

Pure Clover Honey 20c a Section

At Thompson's Grocery 294 Princess Street, Phone 387.

GLASCO'S

pains in my stom- Pure Scotch Marmalade and Jam.

> In glass and tins. Baker's Fresh Grated Cocoanut with the milk, 15c per tin.

D. COUPER Phone 76. 341-3 Princess St.

I am now in the best of health and did not have the operation." - Mrs. John A. Koenig, 502 Flushing Avenue, Buy Crisco

Prompt Delivery.

Crisco has advanced in price, but for a few days we are selling the larger sized cans at a special price. 6 lb. 3 oz. Crisco at \$1.50 If you want advice write to 9 lb. 5 oz. Crisco at \$2.25 This price makes Crisco cheaper

than lard in price and besides it goes much farther in using. Buy now.



It maintains healthy hair, corrects unnatural scalp conditions, and assists nature in restoring normal, healthy conditions, by stimulating and renewing the hair-growing processes. . HEALTHY HAIR NEEDS ATTENTION, and any disorder of the scalp or falling hair will grow worse by neglect. M. S. C. SHAMPOO contains pure Cocoanut Oil and other hair

OCOANUT OIL

health ingredients, which by constant use will keep the scalp and hair in perfect condition. Being in LIQUID form, it is easy to apply: You simply wet the head thoroughly in Hot water, then apply about two tablespoonsful, which will instantly work up oceans of lather that will thoroughly cleanse the scalp, and after thorough rinsing wil leave the hair beautifully soft.

Buy a bottle from your dealer and follow direc-

tions carefully, and you, like thousands of others, will be convinced of our claims. Price 50 Cents

All Druggists. Everywhere, or if your dealer cannol supply you with the genuine write us. MUTUAL SALES CO.
32 Front Street West - Toronto, Ontario

Dainty Footwear for the Woman Who

The woman who takes an interest in dainty and fashionable footwear should see our spring styles in Black Kid, Brown Kid, and Calfskin Grey Suede and kid leathers in solid colors and two-tone effects, all made on the newest lasts and patterns by high-grade shoe makers.

\$6.00 to \$10.00.

The Home of Good Shoes.