


In The Realm Of Woman--Some Interesting Features

APPLES, ORANGES, FIGS AND PRUNES

Are The Four Fruits Used In Making "Fruit-a-tives"

"FRUIT-A-TIVES" is the only medicine in the world that is made from the juices of fresh ripe fruits. Thus, it is manifestly unfair to say, "I won't take Fruit-a-tives because I have tried other remedies and they did me no good". On the other hand, the fact that "Fruit-a-tives" is entirely different from any other preparation in the world, is just why you should give it a fair trial, in any trouble of the Stomach, Liver, Bowels, Kidneys or Skin. "Fruit-a-tives" is composed of the active principle of fruit and the greatest nerve tonic ever discovered. 50c. a box, 6 for \$2.50, trial size, 25c. All dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

If hair's your pride, use **HERPICIDE**



Had Eczema When Five Years Old

On Hands, Arms, Chest and Limbs. Could Not Sleep Because of Pain. Cuticura Completely Healed.

"My little boy had eczema when he was five years old. It started with an itching rash on his hands, arms and chest, and afterward it got on his limbs. He could not sleep all night with the pain, and it itched and burned. "We used Cuticura Soap and Ointment, and we had not used quite two boxes of Cuticura Ointment, and two boxes of Cuticura Soap, all he was completely healed." (Signed) Mrs. James Walter Trussler, Durham St., Walkerton, Ont. Keep your skin clear by daily use of Cuticura Soap and Ointment. For Free Sample Each by Mail address post-card, "Cuticura, Dept. A, Boston, U. S. A." Sold everywhere.

Lace Curtains

Cleaning of Lace Curtains is of the greatest importance, and should be treated with the utmost care. We spare no expense in adopting the most suitable appliances and skilled workers. White or faded Cream Curtains may be tinted various shades of Cream, Ecru, Coffee, etc. Curtains can usually be repeatedly cleaned or retinted without injury, but it must be pointed out that exposure to a strong light tends to undermine the strength of the material.

PARKER'S DYE WORKS LIMITED
69 Princess Street, Kingston, Ontario.

7 A.M. and ALL'S WELL



when you use **Abbey's Vita-Salt**



A glass of this bubbling tonic is like a shaft of inner sunshine. Gloom or a grouch cannot live in the same body with it.

AT ALL DRUGGISTS

ABBEY'S VITA TABLETS
For Nervous People—50 Cents a Box

We Have a Nice Assortment of **Pure Corn Syrup**

In 2-lb. tins, 5-lb. pails, and 10-lb. pails, which we are selling for one week only at the old price.

E. H. BAKER
Cor. Montreal and Charles St.
Phone 1203.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

SYLVIA AND I BEGIN OUR SEARCH FOR EDWARD

(Copyright, 1915, by the McClure Newspaper Syndicate.)
"Sylvia," said I one evening as we sat in the living room, she busy at some sewing she had undertaken and I trying to read the afternoon newspaper, "Sylvia, where did you and Edward go in the evening. Did you visit many places or usually spend the evening in some favorite spot?"

"A thought had come to me, suggested no doubt by something I had read but which I probably could not have put my finger on just at that moment."

"The girl started. I could almost read what was in her mind. She also had been thinking of Edward, and when I spoke his name it was almost as if he had suddenly stood before her. She regained her composure in a moment and answered me."

"At first we went everywhere," she said in a low tone. "Edward was so full of fun and good humor and vitality that he had to keep moving all the time. But he changed after a while. He told me that I had changed him; that he used to have to keep on the go so that he could forget, but after I came into his life I was all-sufficient for him. So we quit going to so many places and settled down, spending our evenings at a restaurant and a little movie house nearby. We usually had dinner together and went to the theatre afterwards. Sometimes we went back to the restaurant, but usually we walked in the park for awhile or sat there and talked."

"And it was always the same restaurant and the same theatre?"
"Yes."
"And the same park?"
"Yes, and the same path all the time, and usually the same seat. Sometimes it was occupied and we had to seek another, but usually we found it empty. We felt that it was our bench, we had been using it so long, and we preferred it to the others because it was more private and there was a bird in a nearby tree that sang almost every night."

"I noticed that Sylvia was weeping and I went over to her and gave her a good hug."
"I have an idea, Sylvia," I told her. "I would rather not tell you what it is, but I must, because you are the only person who can aid me. But if I tell you you must be brave and do everything I direct."
She looked up at me, smiling faintly through her tears.

"Dear Roxane," she said, "you know I will do everything you tell me. You are so good that I only wish I could do something for you without being told."
"I hardly heard her, so absorbed was I with my scheme."
"Oh, Sylvia, I believe I have discovered a way," I cried, as my confidence in my plan increased. "She dropped her sewing and seized my hands, trembling with excitement."

"I believe I have solved the problem," I repeated. "We will look for Edward in the restaurant where you used to dine."
"Her hands fell back into her lap as a cloud of doubt came over her face. "But will he be there?"
"That is what we must find out," I returned. "If my theory is true, he will be there. If it isn't true he won't."
"Oh, Roxane!"
"And that is only one way to find out if it is true," I continued, "and that is to go there. Put on your hat, Sylvia, and we will make our first trip tonight."

She rose slowly and did as I wished, but clearly she was without hope of success. Nor did I expect to succeed, for even the third, but I felt that Edward Blake loved Sylvia Thorne he could not remain very long away from the place where he had spent the happiest moments of his life. No matter what his situation was, the good would be unable to put the past behind him to such an extent that he would not revisit the scene of Sylvia's wooing. And if he did come he would find us there waiting for him.

(To Be Continued.)

The Whig's Daily Menu

Menu for Thursday

BREAKFAST
Baked Apples or Stewed Fruit
Cereal of Choice
Coddled Eggs
Toast
Jam or Fruit Butter
Coffee

LUNCHEON OR SUPPER
Virginia Spono Bread
Stewed Ribbarth
Cookies
Tea or Cocoa

DINNER
Cream of Spinach Soup
Cold sliced Ham
Creamed New Potatoes
Stewed New Carrots
Lemon Pudding
Coffee

Whole Wheat Muffins.
Materials—Two cups whole wheat flour, 1/2 cup seeded raisins, 2 teaspoons baking powder, 1 egg, 1 cup milk, 1 teaspoon salt, 1 teaspoon sugar, 1 tablespoon melted butter, 1 teaspoon melted shortening or oil.
Utensils—Mixing bowl, 2 measuring cups, teaspoon, tablespoon, flour sifter, bowl for eggs, egg beater, muffin tin, pastry brush.
Directions—Sift the whole wheat flour, baking powder, salt and sugar into bowl; add the milk slowly, then add the well-beaten eggs, raisins and butter; mix well. Brush muffin tins with lard; put 1 spoonful of mixture into each; bake in hot oven 20 minutes.

Revolt Threatened
German Ultra-Conservatives Demand Answer to Socialists.
The Hague, April 24.—Germany now faces trouble from the ultra-conservatives, according to information reaching here to-day.
The conservatives—united in continuing the war and in carrying out in full the policy of absorption by Germany of all land of which she can make a conquest—have flatly threatened a revolt against Chancellor Von Bethmann Hollweg's rule if he yields in any way to the demand of Socialists for commitment of the Government to "no annexation" pronouncements recently issued by them.

Fine Chance to Students
Score of Scholarships and Five Fellowships for Research Work.
Ottawa, April 24.—Twenty studentships and five fellowships in Canadian universities will be established by the Honorary Advisory Council for scientific and industrial research. The studentships are open to both men and women, and are each of the value of \$600 for the first year and \$750 for the second year.

Queen's Highlander Weds.
On Saturday, April 21st, Rev. Henry Curry, of Princess street Methodist church, united in marriage Staff-Sergeant Clarence W. Miller, Jr., of the Queen's University Highlanders, C.E.F., and Miss Agnes Adeline Pelian, of Channel Islands, Eng. The bride will reside with Mr. and Mrs. Robert Irwin, 517 Albert street, Kingston, until the return of the groom from the front.

DYSPEPSIA

Most Difficult to Cure BUT B.B.B. DOES IT.

Dyspepsia is one of the most difficult diseases of the stomach there is to cure.
You eat too much; drink too much; make the stomach work overtime. You make it perform more than it should be called on to do. The natural result is that it is going to rebel against the amount of work put on it. It is only a matter of time before dyspepsia follows.

That forty-year-old remedy, Burdock Blood Bitters, will cure the dyspepsia, and will cure it to stay cured as we can prove by the thousands of testimonials we receive from time to time.

Mr. Neil A. Cameron, Kiltarity, N.S., writes: "I am writing you a letter to tell you what your great medicine Burdock Blood Bitters has done for me. I was troubled very much with dyspepsia for the past two years. I was recommended all kinds of medicines, but they did not help me any. At last a friend advised me to try a bottle of B.B.B.—I took four bottles and was totally cured. I will gladly recommend it to all my friends. B.B.B. is manufactured only by The T. Milburn Co., Limited, Toronto, Ont."

as she gazed at me with wide-open eyes.
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THE NEWS OF STELLA

Farmers Are Waiting For Better Weather.
Stella, April 24.—The farmers commenced seeding operations early last week, but owing to the heavy rain have had to back, for the past few days. They report the land to be working very good.

A concert was held in Victoria hall on Friday evening last under the auspices of the Blue Cross Society. The attendance was very good. The programme was well rendered, showing a careful training of Miss H. J. Broughton.

Mrs. D. H. Smith underwent an operation for appendicitis in the Kingston General Hospital on Tuesday of last week. James Bray is making daily trips to the city having heavy loads of freight both ways.

The High School has been closed for the past week owing to the absence of the teacher, Miss Stewart. Miss G. Glenn has taken over the duties in No. 1 school, the former teacher, Miss McKenzie being ill. Pte. Ernest Instant of the Queen's Highlanders Battalion, who has been ill in the city for some time, is rapidly recovering. Samuel Fleming, assessor, has been making his rounds. W. H. Preston is improving his residence in the village by a fresh coat of paint. W. Montgomery is putting up a new kitchen to his house in the village.

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Stomach Troubles Due to Acidity
SO SAYS EMINENT SPECIALIST
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Told In Twilight

(Continued from Page 3.)

Mrs. Douglas Hammond, Brantford, has been spending a few days in town.
Mr. and Mrs. Frederick Skinner and a party of friends motored to town from Gananogue on Saturday. Mrs. Weid, London, Ont., is the guest of her brother, Mr. Simpson, Carleton Place.

Miss Mabel Day, who has been visiting Mrs. Walter Bates, New York, returned home on Monday.
Miss Isobel Fraser, Union street, left yesterday to visit Mrs. Breakey in Halifax.
John Donnelly and Miss Doris Donnelly, Earl street, have returned from New York.
Howard Asseltine, Brockville, spent Tuesday in town.
Miss Gemmill, who has been attending Queen's has returned to her home in Port William.

Miss Mary Macarow, New York, is the guest of her sister, Mrs. Edward O'Brien, Alfred street.
Miss Mabel O'Connell, who has been with her sister, Mrs. Daykin, Ellerbeck street, has returned to Ottawa.
Mrs. G. S. Oldreive and Mrs. J. H. Byrne are leaving at the end of the week for Ottawa.
Prof. and Mrs. C. F. Guhmer have moved to Collingwood street.

Mrs. William Glidden has returned from Denver, Colorado, where she spent the winter with her sister, Mrs. Macpherson.
Mrs. N. E. Breen and Miss Breen of Watertown, N.Y., are guests of Mrs. P. N. Keenan, 256 Barrie street.
Mrs. Earl Burt, Wilton, is visiting her aunt and uncle, Mr. and Mrs. W. Gallagher, 398 Albert street, for a few weeks.

Mr. and Mrs. V. Slater, Kingston, have been spending a few days in Ottawa.
Miss Phyllis Knight, Alice street, the guest of Mrs. A. Hooper at the "Cophal Court Apartments, Ottawa, has returned home.

Mrs. James Massie, after five weeks' stay in Kingston, feted and entertained by many old friends, will leave on Saturday for her home in Toronto.
Mr. Gilbert Johnston, Montreal, is with her daughter, Mrs. J. J. McKelvey, Bagot street, for a few days.

BOILED SHIRTS BARRED
Unstarched Linen Ordered as Conservation Measure.
London, April 24.—Englishmen will wear unstarched linen now, because from today the Government has forbidden the use of cereals in starch making.

The use of cereals in bill poster paste is also forbidden, killing what has been a big industry, unless substitute pastes are devised.

Avalanches in Switzerland.
Berne, Switzerland, April 25.—Scores of persons have perished and a large number of cattle and many buildings have been buried under unprecedented avalanches throughout southern Switzerland during the last few days. The St. Gotthard and the Simplon railway lines to Italy have been repeatedly blocked and repair work has been frequently stopped by fresh avalanches due to the recent bad weather and heavy snows.

Lieut. Alex. Chapman Dead.
Brookville, April 24.—Relatives here were notified that Lieut. Alexander Chapman, Brookville, has died in Germany. He was listed as missing last fall. It is thought he died while a prisoner of war.

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WOMAN AVOIDS OPERATION

Medicine Which Made Surgeon's Work Unnecessary.

Astoria, N. Y.—"For two years I was feeling ill and took all kinds of tonics. I was getting worse every day. I had chills, my head would ache, I was always tired I could not walk straight because of the pain in my back and I had pains in my stomach. I went to a doctor and he said I must go under an operation, but I did not go. I read in the paper about Lydia E. Pinkham's Vegetable Compound and told my husband about it. I said 'I know nothing will help me but I will try this.' I found myself improving from the very first bottle, and in two weeks time I was able to sit down and eat a hearty breakfast with my husband, which I had not done for two years. I am now in the best of health and did not have the operation."—Mrs. JOHN A. KOKING, 602 Flushing Avenue, Astoria, N. Y.

Every one dreads the surgeon's knife and the operating table. Sometimes nothing else will do; but many times doctors say they are necessary when they are not. Letter after letter comes to the Pinkham Laboratory, telling how operations were advised and were not performed; or, if performed, did no good, but Lydia E. Pinkham's Vegetable Compound was used and good health followed.

If you want advice write to Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

Codfish makes good gravy and good balls, but when it comes to society—well—
Sometimes we can take a bit of comfort in just thinking we are fortunate.

J.R.B. Gage,
Montreal Street. Phone 549

WHY YOU SHOULD USE M.S.C. SHAMPOO

It maintains healthy hair, corrects unnatural scalp conditions, and assists nature in restoring normal, healthy conditions, by stimulating and renewing the hair-growing processes.

HEALTHY HAIR NEEDS ATTENTION, and any disorder of the scalp or falling hair will grow worse by neglect.

M. S. C. SHAMPOO contains pure Cocoanut Oil and other hair health ingredients, which by constant use will keep the scalp and hair in perfect condition.

Being in LIQUID form, it is easy to apply: You simply wet the head thoroughly in Hot water, then apply about two tablespoonful, which will instantly work up oceans of lather that will thoroughly cleanse the scalp, and after thorough rinsing will leave the hair beautifully soft.

Buy a bottle from your dealer and follow directions carefully, and you, like thousands of others, will be convinced of our claims.

Price 50 Cents
All Druggists, Everywhere, or if your dealer cannot supply you with the genuine write us.

MUTUAL SALES CO.
32 Front Street West - Toronto, Ontario

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M. S. C. SHAMPOO contains pure Cocoanut Oil and other hair health ingredients, which by constant use will keep the scalp and hair in perfect condition.

Being in LIQUID form, it is easy to apply: You simply wet the head thoroughly in Hot water, then apply about two tablespoonful, which will instantly work up oceans of lather that will thoroughly cleanse the scalp, and after thorough rinsing will leave the hair beautifully soft.

Buy a bottle from your dealer and follow directions carefully, and you, like thousands of others, will be convinced of our claims.

Price 50 Cents
All Druggists, Everywhere, or if your dealer cannot supply you with the genuine write us.

MUTUAL SALES CO.
32 Front Street West - Toronto, Ontario

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