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leave the hair beautifully soft. Buy a bottle from your dealer and follow directions carefully, and you, like thousands of others, will be convinced of our claims.

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Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper

By Pictorial Review

Frock With Kimono Underblouse.

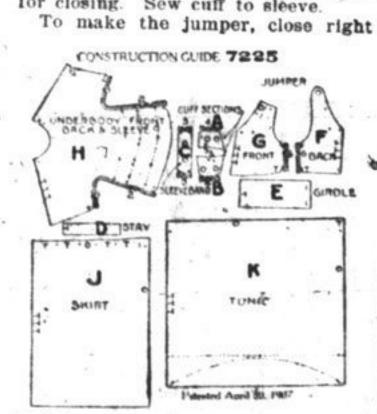


With the jumper cut in a deep V. and having large armholes to disclose kimono underblouse of chiffon cloth, this model is effective in dark blue or green foulard.

Very successful frocks in soft foulard silk feature overwaists with large armholes and underblouses in kimono effect. Appealing in its simplicity is this design for youthful figures. The jumper has a V-shaped neck and closes on the shoulders under the left arm. Small plaits take in the fulness of the skirt about the waistline and the one-piece tunic may be finished in straight or pointed effect at the lower edge. In medium size the dress requires 41/2 yards 36-inch material, with 134 yards 36inch batiste or linen for the underbody and 21/2 yards 36-inch silk for underskirt. If preferred, the lower part of the skirt can be made of silk, with the upper part of lining. This arrangement reduces the silk need-

ed for the lower skirt to % yard. Very little work is required on the underbody. Simply close the underarm and sleeve seams, hem back and gather lower edge of waist so that the stay can be adjusted to position. linen and white batiste.

Then turn hem at neck edge and insert cord in hem, drawing fulness as desired. Now, gather entire lower edge of sleeve and join cuff sections as notched, leaving back seam free below small "o" perforation; finish for closing. Sew cuff to sleeve.



underarm seam as notched and finish left for closing. Gather between "T" perforations and 2 inches above. Form plait in front, creasing on slot perforations, lap folded edge to small "o" perforations and stitch. Arrange jumper on underbody and tack gathers. Lap back shoulder edge on front, matching large "O" perforations and close with a button and buttonhole.

Take the skirt next, and close back seam below single large "O" perforation and finish edges above for placket. Form plaits placing "T" on corresponding small "o" perforations and tack. Turn back edge under on slot perforation, and when closing, lap folded edge to slot perforation

near left back edge. Now, close back seam of tunic below single large "O" perforation, finish edges above for a placket. Gather tunic (at upper edge) between "T" perforations; arrange on skirt, center-fronts and center-backs even; match large "O" perforations at top of skirt and tunic. Adjust skirt to position with upper edge over upper row of gathers in jumper, centerfronts and center-backs even. Leave left side of skirt free from jumper, from left under-arm seam to center-

back and finish for closing. Turn hem at right end of girdle on slot perforations, arrange around the walst, center-fronts even and fasten at center-back, lapping to slot perforations.

This design makes a cool summer frock carried out in green unio

Pictorial Review Costume No. 7225. Sizes, 14 to 20 years, Price, 20 cents.

Above Patterns Can Be Obtained From **NEWMAN & SHAW** Princess Street.

Menu for Sunday

BREAKFAST Stewed Fruit Ontment Ham Omelet Cinnamon Buns Coffee or Cocon

LUNCKEON OR SUPPER Deviled Clams Colesiaw Cornstarch Pudding, Cocon Sauce

Ten or Milk

DINNER Clear Soup Beef in Casserole Boiled Rice Creamed Asparagus on Toast Old-fashioned Bread Pudding

Rhubarh Pie. Materials-3 cups rhubarb, 1 cup sugar, 2 tablespoons flour, 1 tablespoon milk. Crust-11/2 cups flour 2 tablespoons shortening, 1/2 spoon salt.

Utensils-Mixing bowl, flour sifter two measuring cups, teaspoon, tablespoon, bakeboard, rolling pin, pie-

gar and the other tablespoon flour. 40 minutes. This makes a 7-inch

Menu for Monday BREAKFAST

Stewed Prunes Outmeal Ponched Eggs on Tonst Popovers Coffee or Cocoa

LUNCHEON OR SUPPER Egg Saind Scotch Scones Orange Marmalade Sliced Bananas Tea or Cocoa

DINNER Baked Ham with Hominy Creambed Spinach Rhubarb Fie

Cream of Asparagus Soup. speons salt.

tablespoon.

Directions—The asparagus on in six cups of water and boiled milk. Add the flour to the soft butsoup and boil 5 minutes. Add seasoning and serve with croutons.

Materials-3 cups milk, 34 cup sugar, 1 tablespoon cornstarch, 1 tablespoon lemon juice, 1 teaspoon grated lemon rind, pinch of salt, 4 tablespoons cake-crumbs or soda crackers. Put the milk on in top of double

boiler, add the cornstarch, which has been wet with a little cold wa-Materials One bunch asparagus, ter, the sugar and salt. Stir conquart of milk, 2 tablespoons but- stantly until it thickens, set aside to ter, 2 tablespoons flour, 112 tea- cool. Add the lemon juice and rind. Put the cakecrumbs or crackers in Utensils Saucepan, wire strainer, bottom of glass bowl or ice cream double boiler, small bowl, teaspoon, glass and pour the cooled mixture

THE ACTIVITIES OF WOMEN

Women are allowed to work only nine hours a day in Kansas Many of the fire companies in Eng-

land are now run by women. Ida Vernon, the actress, has been on the stage for 61 years. Miss Sawiyi Misawa is the only Jap-



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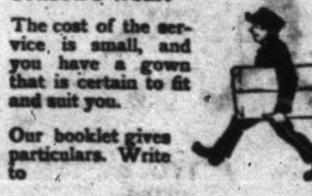
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ston, Ontario.

tin, knife, pastry brush; Directions - Sift the flour and salt

into bowl, add shortening and rub in very lightly with tips of fingers until well mixed; add a few drops of cold water at a time, until you can shape it. Divide into two parts, roll out thin; dust pietin with flour and put dough on; cover with 1 tablespoon flour, then the rhubarb, which has been washed, skinned and cut into half-inch pieces; cover with the subrush edge with milk. Roll out the top crust, cover and press the edges together. Make two or three cross cuts on top' (for the steam to come out); brush the top with milk and bake in moderate oven from 35 to

Rhubarb pie is one of the most difficult to make, the rhubarb being so watery. Always be sure to put the lour under and over the rhubarb.

cleaned. The tender tips are cut off and put into a small saucepan and used for Monday's dinner. Then the other part is cut off very small, put until tender; then mash through wire strainer and add to the boiling ter and stir until smooth. Add to Lemon Pudding

anse woman dentist in the United Mme. Genee, the famous dancer,

spends all her spare time knitting for wounded British soldiers. Miss Nesta Villiers-Stuart, daughter of Lady Muir, is doing duty as a parlor maid in a London hospital for sol-

> The town council of Petrograd has unanimously agreed to appoint a certain proportion of women to several of

its committees. The former Czarina of Russia is of German and English blood, her father being a German, while her mother was an English woman.

Miss F. L. Stevenson receives a salary of \$5,000 a year as private secretary to Prime Minister Lloyd-George of Great Britain. Miss Sarah Symonds of Salem, Mass., has amassed a small fortune

from her unique business of placque

making out of plaster of paris. Miss Loretta Walsh, recently sworn in as chief yeoman at Philadelphia, is the first woman in the world to enlist in any armed naval service. Eighty per cent, of the Canadian op-

eratives employed in the execution of new and continuation contracts for shells of all sizes are women. Miss Clarissa Zomerdyk, a factory worker, has been chosen as contrafto

soloist for the spring music festival to be held in Paterson, N.J., this Miss Grace Mack, nineteen years old, is an official sealer of weights and measures in Salem, Mass. She is

the only woman among the State's corps of 650 sealers. Miss H. F. Reid, secretary and assistant to the president of the Bush Terminal Company of New York, over-

sees the work of the company's several thousand employees. In the last 33 years, Amelia E. Barr, the authoress, who is now past 85 years of age, has turned out on an average of more than two new books a

The Vermont Senate has passed a bill granting to women the right to vote under certain conditions in incorporated villages for all town officers. except road commissioners.

The Central Railroad of Georgia employs nineteen women agents whose duty is to solicit and handle all freight and other matters pertaining to this end of the business. Over a score of prominent women of

Albany, N.Y., have organized a company of motor truck drivers, whose services will be offered to the Government in the event of war. Miss Mary Jenkins, president of the Herald Publishing Company of Syra-

cuse, N.Y., is an all-round newspaperwoman and gives active attention to every department of the business. The United States bureau of mines is preparing to do its bit for national

defense by opening to the wives and daughters of miners an opportunity to train themselves under expert instruction for first aid work. The United States navy officials are considering the advisability of employing women operators for the

shore wireless stations to be operated in connection with the power boat and submarine chasing squadrons. Forty-four of the older girls at the Carlisle Indian Industrial School volunteered their services by way of sewing or otherwise helping, when the patriotic women of that city organized the Navy League for the furnishing of preparedness supplies.

Mrs. Della M. Foster of El Centro, Cal., is probably the most famous woman hograiser in the United States. She owns and operates a ranch consisting of 160 acres and personally attends to all the details pertaining to the breeding.

Women will form a Red Cross chain across the country, to be known as the Associated Cities of the United States of America auction chain fund for the benefit of the American Red Cross, for sufferers from infantile paralysis. It is expected through the chain of cities playing auction bridge to make \$200. 000 for the help of little children suffering from the dread disease.



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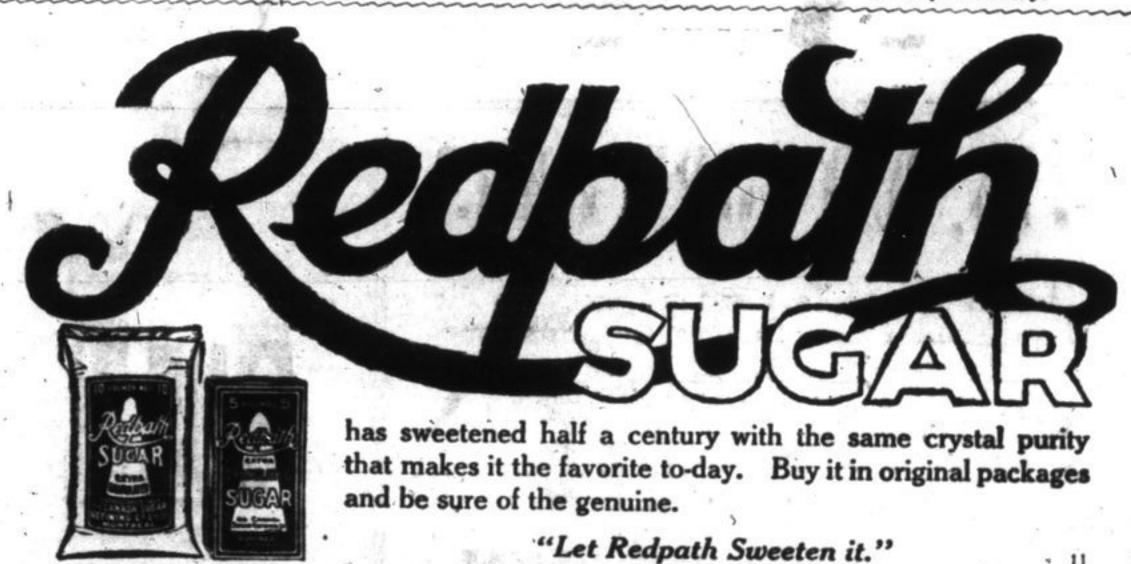
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