

Amazing Power of Bon-Opto To Make Weak Eyes Strong Doctor Says It Strengthens Eyesight 50 per cent in One Week's Time in Many Instances

A Free Prescription You Can Have Filled and Use at Home

Victims of eye strain and other eye weaknesses and those who wear glasses, will be glad to know that according to Dr. Lewis there is real hope and help for them. Many whose eyes were failing say they have had their eyes restored by this remarkable prescription and many who once wore glasses say they have thrown them away. One man says, after using it: "I was almost blind. Could not see to read at all. Now I can read everything without my glasses, and my eyes do not hurt any more. At night they would pain dreadfully. Now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seems clear. I can read even fine print without glasses." Another who used it says: "I was bothered with eye strain caused by overworked, tired eyes, which induced severe headaches. I have worn glasses for several years, both for distance and work, and without them I could not read my own name on an envelope or the type-writing on the machine before me. I can do both now and have discarded my long distance glasses altogether. I can count the fluttering leaves on the trees across the street now, which for several years have looked like a dim green blur to me. I cannot express my joy at what it has done for me." It is believed that thousands who wear glasses can now discard them in a reason-

able time and multitudes more will be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by the use of this prescription at home. Go to any active drug store and get a bottle of Bon-Opto tablets. Drop one Bon-Opto tablet in a fourth of a glass of water and let it dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly right from the start, and inflammation and redness will quickly disappear. If your eyes bother you even a little it is your duty to take steps to save them now before it is too late. Many hopelessly blind might have saved their sight if they had cared for their eyes in time. Note: Another prominent Physician to whom the above article was submitted, said: "Yes, the Bon-Opto prescription is truly a wonderful eye remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. I have used it very successfully in my own practice on patients whose eyes were strained through overwork or mistaking from exposure to smoke, sun, dust or wind. It is one of the very few preparations I feel should be kept on hand for regular use in almost every family." Bon-Opto, referred to above, is not a patent medicine or a secret remedy. It is an ethical preparation, the formula being printed on the package. The manufacturers guarantee it to strengthen eyesight 50 per cent in one week's time in many instances or refund the money. It can be obtained from any good druggist and is sold in this city by Geo. W. Mahood, and other druggists.

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1917 Advance Styles Large line just received. Make Your Choice Now. \$16.00 to \$40.00.



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SAVE YOUR EYES. Eye-strain if neglected, may cause serious damage to the delicate mechanism of the vision, and by deranging the nervous system, cause headaches and other troubles. For Perfect Satisfaction Consult J. J. STEWART, Opt.D. Optician and Optometrist. Cor. Wellington and Clarence Sts. Opp. Post Office. Phone 699

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BOARD OF HEALTH URGED YOU'RE BILIOUS! CLEAN LIVER AND BOWELS TONIGHT

BY LADIES, DEPUTATION TO ENFORCE THE MILK BY-LAW.

Board Re-affirms Its Former Recommendation to City Council—Trades and Labor Council Again Urges Better Plumbing Inspection.

The Board of Health was waited upon on Friday afternoon by a large delegation of ladies representing the various societies affiliated with Kingston branch of the National Council of Women, who asked that steps be taken to have the new milk by-law properly enforced. Chairman Blackhall and the medical health officer informed the delegation that last January the Board recommended to the City Council that an inspector be appointed to enforce the by-law, but no action had been taken. The chairman assured the ladies that the Board would re-affirm that recommendation but that as all it could do, because the Council was the body that controlled the city finances and made the appointments of inspectors.

Don't Stay Headachy, Sick, or Have Bad Breath and Sour Stomach. Wake Up Feeling Fine! Best Laxative for Men, Women and Children.



Enjoy life! Remove the liver and bowel poison which is keeping you head dizzy, your tongue coated, breath offensive, and stomach sour. Don't stay bilious, sick, headachy, constipated and full of cold. Why don't you get a box of Cascarets from the drug store and eat one or two tonight and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. You will wake up feeling fit and fine. Cascarets never gripe or sicken, like salts, pills and calomel. They act so gently that you hardly realize you have taken a cathartic. Mothers should give cross, sick, bilious or feverish children a whole Cascaret any time—they act thoroughly and are harmless.

Members of the deputation urged that the by-law should be strictly enforced. Mrs. John Macgillivray, Miss A. M. Macfar, Mrs. H. Smith and Mrs. J. P. Macdonald being the leading speakers. The Woman's Council will send a request to the City Council asking that a milk inspector be appointed. A communication was received from the Trades and Labor Council urging that steps be taken to appoint a plumbing inspector. It was pointed out that although the Board of Health had recommended and the Board of Works had authorized the appointment of a journeyman plumber, no one had been appointed by the City Engineer, who had been given authority to do so. The communication stated that plumbing work done in Kingston is far from satisfactory. The Board passed a resolution asking Council why the instructions of the Board of Works to appoint a journeyman plumber to do inspection work had not been carried out by the City Engineer.

Inspector Timmerman asked for instructions from the Board regarding enforcing sanitary regulations on some of the cheaper houses in the city. In one instance, the owner of some old houses stated that if he was forced to install sanitary improvements just now they would close them up. In view of the great scarcity of houses, tenants had begged the inspector to enforce the regulations as they would be without a place of abode.

Mr. Cain asked if something should not be done to stop clothing from the tuberculosis hospital being sent to a local laundry. Dr. Williamson stated that he had taken up this matter with the hospital authorities some time ago and was given their assurance that all the clothing was disinfected before being sent to the laundry. The Board before adjourning re-affirmed its resolution respecting milk inspection and instructed the City Clerk to notify Council.

In attendance were B. Blackhall (chairman), Dr. L. Crowley, E. Cain and Dr. A. R. B. Williamson. By-election Record Closed. Since 1914 there have been seven by-elections for the Ontario legislature, some in rural and others in urban constituencies and in different sections of the province. If in a general election the Liberals in the constituencies now represented by government members reduce the government majorities by not more than the smallest reduction they have made in any by-election, the government will be defeated. If the Liberals reduce the government majorities by the average reduction secured by them in all the seven by-elections the result approximately

will be as follows: Conservatives 17; Liberals 94. If the Liberals reduce the government majorities by only one-half of the average reduction in the by-elections, the Liberals would have a majority of about 35. If the Liberals reduce the government majorities by more than one-third of the average reduction secured in the by-elections, the government will be defeated and the Liberals have a working majority of seven.

BABY'S OWN TABLET USED TEN YEARS

Mrs. W. J. Wilson, Carp Ont., writes: "I have used Baby's Own Tablets for the last ten years and can highly recommend them for babyhood and childhood ailments. My baby boy was very delicate in fact, we never thought he would live, but thanks to the Tablets he is now a fine healthy boy." Baby's Own Tablets should be kept in every home where there are small children. They regulate the bowels and stomach and never fail to cure the "bilious" of little ones. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

ADDRESS ON LLOYD GEORGE GIVEN BEFORE THE KINGSTON CANADIAN CLUB.

By Prof. E. J. Michael, of Toronto, Who Told of the Characteristics of the British Premier. Prof. E. J. Michael, of Victoria College, Toronto, gave an address on his personal knowledge of some of David Lloyd George's intimate characteristics, at a meeting of the Canadian Club in the Frontenac Hotel on Friday evening. There was a small but very enthusiastic turnout and the efforts put forth by Prof. Michael deserved a far larger audience. In opening he said: "I am rather disconcerted to hear that a Liberal meeting is being held and that there are only a few Conservatives here. I hope you will hear with me if my address touches too closely on Liberalism."

Later he explained, in speaking of Lloyd George's influence on the Wales Liberal Parliamentary Committee, that Liberalism is supreme in Wales, only two of the thirty members being Conservatives. Without wealth, noble birth or academic training, David, the son of a widow, had reached the pinnacle of success on the English scale and he sincerely hoped that God would spare him for the great after-war crisis when the nations would be coming to a settlement. Prof. Michael took up various sides of Lloyd George's character explaining his courage, oratorical style, his successful use of the press, and his persuasive powers. Col. C. N. Perrean presided and introduced the speaker. Rev. J. D. Ellis, seconded by J. M. Farrell, moved a vote of thanks.

Playgroups of Canada. The Grand Trunk Railway System have just issued a comprehensive treatise on tourist fishing and hunting resorts in Canada. Those interested may secure copy free on application to J. Quinlan, Boaventure Station, Montreal.

A Beautiful Sight. Great admiration is expressed at the beautiful varieties of crocuses that line the two sides of the hedge about the home of Dr. James Thord, Wellington street. They are charming in colors and make a contrast with the prevailing dullness that is most inspiring.

In Charge of the Work. N. J. Goebelle, Queen's University, will act as paving inspector, engineer and overseer for paving operations in Tilbury for the current year. Miss Roy Root and Miss Mildred Robin, Napanee, have been operated upon in the Kingston General Hospital for appendicitis. J. M. Greene Music Company has opened a branch at Kingston, making five branches in different towns in the Trent district.

Colored Top Boots for Women. This Spring we are showing Black kid with white tops—Brown kid with grey tops—Black kid with grey tops—Tan with fawn tops—Also browns, greys and white. Abernethy's Shoe Store



Campbell's Hats Snappy New Shapes

We are daily selling hats to men who appreciate the advantage of complete assortments plus the satisfaction of expert service. Prices in keeping with the popular demand. We sell:

- Horton's \$2.00, Buckley's 2.50, Christy's \$3.50, Scott's 4.00, Barbisio's 4.00, Stetson's 4.50, Borsalino's 4.50

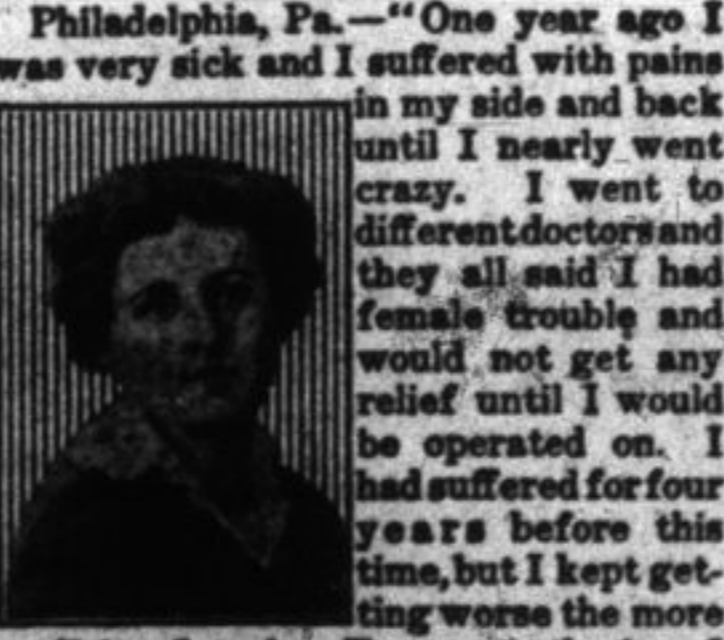
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Wash Away Skin Sores. D.D.D. the liquid wash, has become a household word. It has proved itself a remarkable remedy. If you are a sufferer from skin diseases, including ulcers, pimples, scales, crusts or Eczema in any form, this remedy will not disappoint you. It has stood the test and to-day is the master preparation for all skin diseases. Try D.D.D. to-day. We guarantee it. Mahood's Drug Store, Kingston.

D. D. D. WOMAN GIVEN TWO DAYS

To Make Up Her Mind for Surgical Operation. She Refused; Cured by Lydia E. Pinkham's Vegetable Compound.



Philadelphia, Pa.—"One year ago I was very sick and I suffered with pains in my side and back until I nearly went crazy. I went to different doctors and they all said I had female trouble and would not get any relief until I would be operated on. I had suffered for four years before this time, but I kept getting worse the more medicine I took. Every month since I was a young girl I had suffered with cramps in my sides and periods was never regular. I saw your advertisement in the newspaper and the picture of a woman who had been saved from an operation and this picture was impressed on my mind. The doctor had given me only two more days to make up my mind so I sent my husband to the drug store at once for a bottle of Lydia E. Pinkham's Vegetable Compound, and believe me, I only took four doses before I felt a change and when I had finished the third bottle I was cured and never felt better. I grant you the privilege to publish my letter and am only too glad to let other women know of my cure."—Mrs. Thos. McGOONAGAL, 3425 Hartville Street, Phila., Pa.

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