

In The Realm Of Woman--Some Interesting Features

FATS DIRT
CLEANS AND DISINFECTS



MADE IN CANADA

SOME OF ITS USES:
For making soap.
For washing dishes.
For cleaning and disinfecting refrigerators.
For removing ordinary obstructions from drain pipes and sinks.

REFUSE SUBSTITUTES

E.W. GILLETT COMPANY LIMITED
WINNIPEG TORONTO, ONT. MONTREAL

The late Mrs. James B. Cronk. On Sunday, April 1st, the death of Mrs. James B. Cronk occurred at the residence of her son, H. S. Cronk, Solmesville. The deceased who had attained the great age of 94 years, had enjoyed the best of health almost up to the time of her death. Her maiden name was Michy Van Horn and she had been a resident of that neighborhood all her life. Her husband predeceased her some six years ago. She leaves to mourn her loss one son, H. S. Cronk, who resides on the home-stand, another son, A. W. Cronk, dying some few years ago. The deceased was a member of the Methodist Church.

A woman likes to go away for the summer because most of her friends can't.

Keep going; a bicycle idle has to be propped up.

"CASCARETS" FOR HEADACHE, COLDS, LIVER, BOWELS

Enjoy Life! Don't Stay Bilious, Sick, Headachy and Constipated. Get Rid of Bad Breath, Sour Stomach, Coated Tongue, Indigestion. Get a 10-cent box now. They're fine! Cascarets loosen your liver, clear your thirty feet of bowels and sweeten your stomach. You eat one or two, like candy, before going to bed, and in the morning your head is clear, tongue is clean, stomach sweet, breath bright and cold gone. Get a box from your druggist and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. Cascarets stop sick headache, biliousness, indigestion, bad breath and constipation. Mothers should give a whole Cascaret to cross, bilious, sick, feverish children any time. They are harmless and never gripe or sicken.

CLEANLINESS
Our coal is as clean as coal can possibly be—free from dust, slate or other foreign matter.

If you haven't laid in your winter supply yet, come in and see us—today.

The woman who scrubbed the coal bin before the coal was put in carried cleanliness a little too far.

BOOTH & CO.
Phone 188 Foot of West St.

USE "TIZ" FOR SORE, TIRED, ACHING FEET

No More Puffed-Up, Burning, Sweaty, Calloused Feet or Corns.

Just take your shoes off and then put those weary, shoe-crinkled, aching, burning, corn-pestered, bunion-tortured feet of yours in a "Tiz" bath. Your toes will wriggle with joy; they'll look up at you and almost talk and then they'll take another dive in that "Tiz" bath. When your feet feel like lumps of lead—all tired out—just try "Tiz." It's grand—it's glorious. Your feet will dance with joy; also you will find all pain gone from corns, callouses and bunions.

There's nothing like "Tiz." It's the only remedy that draws out all the poisonous exudations which puff up your feet and cause foot torture. Get a 25-cent box of "Tiz" at any drug or department store—don't wait. Ah! how glad your feet get; how comfortable your shoes feel; you can wear shoes a size smaller if you desire.

GLASCO'S
Pure Scotch Marmalade and Jam.

In glass and tins. Baker's Fresh Grated Coconut with the milk, 15c per tin.

D. COUPER
Phone 79 841-3 Princess St. Prompt Delivery.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

I REALIZE THAT MY IDEALS ARE CHANGING.

(Copyright, 1916, by the McClure Newspaper Syndicate.) In my capacity as a style expert and saleswoman for M. Viteaux's millinery establishment I was rapidly learning that when one earns one's living one must endure many things which are unknown to the average young woman who dwells secure in the bosom of her family. Something new happened to me almost every day. It was not an encounter with a new kind of world-beater, it was an insight into unheard-of characteristics of women shoppers. And if it was not these characteristics it was something else just as novel and oftentimes just as unpleasant.

On the other hand, there were matrons who, to a woman of independent spirit it is exhilarating to know that she is earning the money which buys the bread she eats, the clothes she wears and pays for the amusements she enjoys. There is even a stern sort of pleasure in realizing that one can outwit a masquerade or overcome the obstacles which rise before one in one's everyday business pursuits. That it tends to disillusionize a young woman, is indeed true, but it deepens her faith in herself and broadens her sympathies and affections for individuals while destroying some generalities.

One of the first things which a woman who works must learn is that, to a certain extent, she is part and parcel of the business in which she is engaged. She is no longer a free agent, to do as she pleases in all respects. Her movement, her conversation, even her thoughts, must be regulated by the environment in which she voluntarily has placed herself. I can illustrate what I mean by my own experience. In the old life which I lived it was a simple matter for me to lie abed as long in the morning as I pleased. Now it was necessary for me to arrive at M. Viteaux's at a reasonable hour. Formerly I could wear whatever clothing I wished. Now my costumes were of no use unless I could please the eyes of shoppers. Formerly I might have been able with safety to turn my back upon Madame Jones if she was rude, but now it was necessary for me to face her all the more smilingly and sell her a hat whether or no. Once I could choose my own companions, my own language, my own methods of living, moving and having my being. Now all these

were tempered with the necessity of selling bonnets.

I do not mean that I lost my self-respect or that I sold myself while I was getting M. Viteaux's millinery. I did not. But I learned to adapt myself to circumstances. Just as a woman might change her actions, her words and even her clothing when she went to visit the poor on a mission of charity; just as the business man who is tender and loving at home becomes stern and hard when he undertakes a difficult task, so one who is transferred by necessity from a life of ease to one of labor must alter one's methods and manner. But the underlying quality of one's character need not change, although it is likely to change unless one is very, very careful. One must keep a firm hold upon one's self. One must be able to prevent one's self from slipping, or else be able to realize when one is slipping and be able to check the downward tendency.

On the whole there is no reason why a working woman may not be as tender, as loving, as virtuous as any other, but her tenderness will not be mere fancy; her virtue will not be that which has been tried with fire and rendered all the more pure. As I have said the greatest danger which the working woman must guard against is the tendency to become hard. Women of a certain kind, when thrown into business life, are not able to differentiate between the general and the particular. When they become sour they are sour against everything instead of merely against the objects of their destination. When they hate they hate every one instead of merely those conditions or those individuals who have merited their hatred. They forget that it is entirely possible for one man to be base and another man to be noble. They do not think that one soul may be pure and another sordid. They despise every one, from the sniveling old monster who owns the business to the shifty-faced cash girl whose heart is as sweet as her smile and whose soul is as clear as her great blue eyes. It is inexcusable that this should be the case. But it is, and I was learning that it was. And the more I learned the harder I prayed that I might come through the test with my faith unimpaired.

(To be Continued.)

Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper

By Pictorial Review

Effective For Afternoon Wear.



Blue foulard afternoon gown made with surplus bodice and tunic skirt. The trimming piece on the front of the skirt is embroidered in heavy silk.

Since blue foulard is among the most fashionable silks for spring wear, it is suggested for this ultra-modish afternoon gown. The waist closes at the front in surplus style. The back of the waist extending over the shoulders in yoke effect. Fancy embroidered braid is stitched on the front and back of the waist, extending below the belt at the sides to simulate pockets. The deep collar is gathered and joined to the front of the waist, which is rolled to form revers. If desired, the square trimming piece on the front panel of the skirt may be omitted, but it adds much to the elegance of the costume when trimmed with embroidery or beading. The two-piece tunic skirt is gathered at the top and falls in points at either side of the front. To reproduce the dress in medium size requires 8 1/2 yards 36-inch foulard, with 1/4 yard of belting for stay and 3/4 yards embroidered braid for trimming.

Note by the cutting guide which sections of the pattern are cut from an open width and which are cut from a fold of the material. This will avoid mistakes and waste of material. Take two widths of the foulard and lay them face to face to cut the pieces for the tunic, gathered sleeve, front and cuff sections. The large "O" perforations rest on a lengthwise thread of the silk. Now, fold the remaining foulard in half, placing the tunic into position first, as shown in the guide. The large "O" perforations are placed on a lengthwise thread of material. To the right of the front goes the back of the skirt next, all on the lengthwise fold. If desired, bias folds of the silk may be used instead of fancy braid to decorate the waist. These are laid on the silk with the pleating, as illustrated. Smart colors suggested for the embroidery are blue in light and dark tones, gold and lavender.

Pictorial Review Costume No. 7117. Sizes, 34 to 44 inches bust. Price, 25 cents.

Above Patterns Can Be Obtained From
NEWMAN & SHAW,
Princess Street.

The Whig's Daily Menu

Menu for Wednesday

BREAKFAST
Steamed Fruit
Oatmeal
Crisp Bacon and Eggs
Toast or Rolls
Jelly or Jelly
Coffee or Cocoa

LUNCHEON OR SUPPER
Easter Salad
Warm Bisk
Mild Pudding
Tea or Cocoa

DINNER
Cream of Barley Soup
Pinked Steak
Baked Potato
Watercress and Scallion Salad
Lemon Meringue Pie
Coffee

Orange Puffs.
Materials—One cup flour, 1/2 cup sugar, 1/2 cup milk, 1 egg, 1 tablespoon melted butter, 1 teaspoon baking powder. A little grated orange rind.

"HAD ALMOST GIVEN UP."

Sarnia, Ont.—"About 27 years ago I was taken very bad, my blood, too, was in bad shape. I got so I had to go to bed and I was there for over three months. I could not eat and suffered untold agony. I had three of the best doctors I could get but it just seemed nothing was going to help me. I had almost given up. I thought I would never be any better and was willing to give up and die rather than suffer as I was. A neighbor of mine told me of Dr. Pierce's wonderful medicine and I decided to use them. My husband bought me six bottles of 'Favorite Prescription.' I had not taken it long until I felt better. In less than six weeks I was out of bed, and in less than six months I was cured and have been well ever since. Do all my own work. I have raised three daughters, two are married and have children. They have used it and they are healthy, so are their children. I am sure it was all on account of my having them use the medicine."

"I keep all of Dr. Pierce's medicines in the house. Have 'Favorite Prescription,' 'Golden Medical Discovery' and 'Smart-Weed'—anything prepared by Dr. Pierce is good. I also have a copy of the People's Common Sense Medical Adviser, which I have had 26 years; it has been very valuable to me."—Mrs. J. WAT, 232 Ontario St., Sarnia, Ont.

If you are a sufferer, if your daughter, mother, sister need help, get Dr. Pierce's Favorite Prescription in liquid or tablet form from any medicine dealer to-day. Then address Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., and get confidential medical advice entirely free.

A most valuable book in any home is Dr. Pierce's Common Sense Medical Adviser. A splendid 1000-page volume, with engravings and colored plates. A copy will be sent to anyone sending fifty cents in stamps, to pay the cost of wrapping and mailing only, to Dr. Pierce, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets are the original little liver pills, first put up nearly 50 years ago.

DARLINGSIDE.

(From Our Own Correspondent)

Darlingside, April 7.—The croak of the frog is again heard throughout the land.

The river is entirely free of ice in this vicinity. The break-up of the ice in the river this spring has been the most rapid in many years.

Motor boats and skiffs have again made their appearance.

Mrs. M. M. Potter, Echo Lodge, is recovering from quite a severe attack of sickness.

William Trickey, together with Mrs. Trickey and family, who spent the winter in Toronto, have returned here. Mr. Trickey will have charge of Mr. Wiser's fleet of motor boats this season.

We understand Mr. Tonor, game inspector, of Gananoque, has been named interesting for some of the duck hunters.

The outbreak of hostilities between the United States and Germany has come at last. It is not just known how this states of affairs will affect the tourist trade on the St. Lawrence. We are of the opinion that it will make very little difference, as it is not at all likely the United States will send any army overseas. With the United States overflowing with money, which it has made out of munition contracts from the Allies, all that is required is a warm summer, and we believe the people will be here as usual.

General Maurice of the British War Office says he "has no patience with the idea that Germany is at the end of its financial resources. They are capable of and will put up a strong fight." Equally notable is it that his statement is widely quoted and commended. What used to be called "optimism" is dwindling before the sustained failure of Germany to collapse. It seems to be getting to be a habit.

OXO CUBES

have proved of remarkable value in the Great War. They are equally valuable in the home. They yield warmth and sustenance in a moment.

An OXO CUBE to a cup of soup.

IN DR. AND DR. TINS

Utensils—Mixing bowl, flour sifter, 2 measuring cups, teaspoon, tablespoon, egg beater, bowl for egg, pastry brush.

Directions—Sift flour and baking powder into bowl; add the milk, sugar and a pinch of salt, the well-beaten egg, butter and orange rind; beat ten minutes. Brush the cups with a little melted butter, pour in mixture and bake 20 to 25 minutes in a hot oven. Serve with orange sauce.

Orange Sauce.
Materials—Two oranges, 1 cup boiling water, 1 tablespoon lemon juice, 2 teaspoons cornstarch, 4 tablespoons sugar.

Utensils—Saucepan, measuring cup, teaspoon, tablespoon, small bowl.

Directions—Put the water in saucepan; add the cornstarch wet with a little cold water, the sugar, and boil 2 minutes; then add the orange and lemon juice.

ing generally recognized now that the only way to win a war is to beat the enemy.

We had the pleasure, a few days ago, of calling on our old friend Captain Aaron, Deno, of Eagle Point. "Aaron," as he is familiarly known, is one of the old-timers of this locality, and is exceedingly well versed in fish and rat catching. He can tell you to a day when pike will be in the marsh, eels on the channel, and suckers running. He won the title of Captain many years ago, when he had command of the sloop Red Jacket, which made daily trips between Ivy Lea and Darlingside, loaded with cordwood. "Aaron" loves to tell of the days he handled the Red Jacket, and of the many narrow escapes he had from being swamped while rounding Swift Water Point, and being towed up the river behind some big lake propeller. He is now a sufferer from rheumatism, and unable to go far from home, but is pleased to have his old friends drop in for a few hours chat about old times.

A Royal Commission appointed under authority of the Ontario Legislature has made a report on the subject of nickel deposits in the province, the possibilities of refining the nickel in the province, and other matters related to the subject. The Commission explains that it was not the purpose to investigate the question whether or how much of the output of the Ontario fields has found its way to Germany since the war began. Having excused themselves from investigating the one point of immediate importance, the report of the Commission may be taken at the valuation of its authors, as not of any great concern, aside from showing that nickel can be refined in Ontario as well as in the United States, and that twenty-five per cent. of the stock of the International Trust is held in Germany and another large percentage in the United States, perhaps by German agents.

Sir Thomas Waite's admonition to the public to "save and serve," are both timely and necessary. But the circumstances which make it appropriate for the Minister of Finance to call upon the public to economize also makes it imperative that Sir Thomas should practice what he preaches. There is no gain in national strength if the savings of private economy are thrown away in the waste of public funds. And the public are very likely to note the pace Sir Thomas sets, as well as the precepts he propounds to them. He who offers advice must expect it to be judged by the standard of his own conduct. The extent to which the public will be moved to self-denial by Sir Thomas' exhortations, depends upon the extent to which Sir Thomas shows that he is husbanding the taxes he collects, and is spending only where necessary or where the assured return more than counterbalances the hardships he imposes. People cannot really be expected to see either the wisdom or the necessity of doing without meat for dinner in order that Sir Thomas and his colleagues may buy unbuilt railways from their embarrassed friends at the rate of \$48,000 per mile.

Mr. Taft declares that the latest German proposal to sink United States territory within the meaning of international law, is "an attack on American citizens exactly as if German soldiers landed on our shores and shot our citizens in their houses." This is what Germany has done to the sincere advocacy of international peace into summoners of war. The attitude of Mr. Taft in this emergency recalls these words which Sir Walter Scott wrote in "Marmion" of Charles James Fox, who had long been consistently a man of peace so far as France was concerned, but who stood up firmly for the rights of Britain and of Europe when Napoleon threatened them.

Dishonor's peace be spurned. The sullied olive-branch returned. Stood for his country's glory fast And nailed her colors to the mast.

Was a Former Resident. Bloomfield, April 9.—Gideon Bowerman's mother, who lives in Jackson, Mich., has reached the age of ninety-nine years. She reads without glasses and converses with a clear mind upon the incidents of her youth. She lived in Bloomfield fifty years ago and saw the village in her youth when the place was hardly more than a settlement.

Even a tadpole can boast of his social position, for he is in the swim.

Indian Economy



MANY careful people have found that Red Rose Tea is very economical—that it yields more cups to the pound. That is because it consists largely of Assam-Indian teas, which are famous for their full-bodied richness and strength. They make Red Rose Tea go farther.

Try the Indian Economy of this distinctive tea.



White as Snow
Ready Flow
REGAL
FREE RUNNING
Table Salt



Sold everywhere in different sized packages.

There probably isn't a kitchen in the land that's quite so clean as McCormick's new model bakery. Everything about the "house"—ingredients, pans, ovens, employees—are so scrupulously clean that, as the saying is, one could almost eat off the floor.

No wonder then that McCormick's Jersey Cream Sodas taste so good; they're good because they're pure and cleanly made; their dainty, wholesome flavor, follows as a result of the precautions taken to ensure spotless cleanliness in everything we do.

McCormick's Sodas

THE MCCORMICK MANUFACTURING CO., LIMITED
General Offices and Factory: London, Canada. Branch Warehouses: Montreal, Ottawa, Hamilton, Kingston, Winnipeg, Calgary, Port Arthur, St. John, N.S.
Makers also of McCormick's Fancy Biscuits

Makes Housecleaning Easy

The "O-Cedar Way" is the only satisfactory method of cleaning and polishing furniture.

O-Cedar Polish does not make a dingy surface shine—it cleans the surface first, then polishes it.

makes light work of the furniture part of your housecleaning. The "O-Cedar Way"—a wet cloth—a few drops of O-Cedar Polish on it—a light rubbing—a bright polish with a dry cloth—gives you what is known as the "O-Cedar Result." Every finger mark, every trace of the bluish film which so quickly gathers on mahogany furniture surfaces, leaving in its stead a surface gleaming like glass—so hard that it will not require re-polishing for weeks.

O-Cedar Polish applied with an O-Cedar Rag is the most efficient and easiest method of cleaning and polishing hardwood floors.

O-Cedar
Polish

CHARNELL CHEMICAL COMPANY, LIMITED
360 Bloor Avenue - Toronto

O-Cedar 25¢ 33¢