POLICEMEN LETTER CARRIERS **DRIVERS**

and other workers who must have enduring strength, take

to build up and keep up their health. Surely it will do as much for you, but insist on SCOTT'S.

Hopes Women Will Adopt This Habit As Well As Men

Glass of hot water each morn ing helps us look and feel clean, sweet, fresh,

and vivacious - a good clear skin; a - natural, rosy complexion and free- that Britain was passing a bill for Preached at Re-opening of Wilton riotism among the free traders? dom from illness are assured only by the re-examination of men previously clean, breathy blood. If only every soman and likewise every man could realize the wonders of the morning inside bath, what a gratifying change would take place.

Instead of the thousands of sickly, anaemic-looking men, women and cheeked people everywhere.

each morning before breakfast, a spoonful of limestone phosphate in it there is some ground for such conten- a week at his home here. ing the entire alimentary canal be- be the right thing. Personal respon-

jousness nasty breath, rheumatism, each stands or falls by his own Mrs. W. H. Mills, ill of grippe, is imcolds; and particularly those who acts. have a pallid, sallow complexion. With respect to the conscientious Frank Ward suffered a light the former agent-general at \$6,000 and who are constipated very often, objector, it troubles one to know stroke last week, but is improving, a year to make room for the noble are urged to obtain a quarter pound just what moral grounds has has Mrs. J. W. Babcock is spending knight! It will be tough if Sir Richof limestone phosphate at the drug for advancing "conscientious" rea- some time with his sister, Mrs. Geo. ard has to go to work now, but plenty store which will cost but a triffe but sons. He surely would not have us Lee, at Odessa, during the illness of of beker men are earning their livis sufficient to demonstrate the quick tamely submit to the tender mercies Mrs. Lee. Mr. and Mrs. John ing. The incident is disturbing, howand remarkable change in both of the murderous Hun, refusing to Overs, of Fort William, spent last ever. It sets a precedent for dealing health and appearance awaiting those aid weaker ones or defend ourselves. week with her sister, Mrs. William with "Hon." Root, Rogers should who practice internal sanitation. We keen the Puritans, those sturdy Stuart. Mr. Blake and Miss Pearl the administration attempt to get rid ions; instead of the multitudes of pioneers of liberty in the new world. Switzer spent Tuesday in Napanee. of the party Jonah in several of the "nerve wrecks," "rundowns," "brain went armed to worship, and while Clark Walker had the misfortune ways suggested. Perhaps, after all, girls with pasty or muddy complex- they prayed were also ready to de- to lose a young heigher with black the good old red shamber of the Domust remember that inside cleanli- fend the weaker ones with their leg last week. Rev. Mr. Raymond minion hay prove the only reliable ness is more important than outside, lives against the savage redskin. Holiness Movement l'arsonage at their bit with a thoroughness that because the skin does not absorb im- Perhaps it is not this particular war, Yarker. purifies to contaminate the blood, but all war that the conscientious while the pores in the thirty feet of one objects to? In a general sense ·bowels do.

Our method of finishing blankets raises the nap, keeps them soft, and prolongs their period of useful-

Blankets are returned to you just like new.

The Parker process of dyeing or cleaning Bedspreads and Eider Quilts is most successful, and does not impoverish them in

PARKER'S DYE WORKS 69 Princess Street, Kingston, Ontario.



Cuticura Better Than **Beauty Doctors**

For cleansing, purifying and beautifying the complexion, hands and hair, Cuticura Soap is supreme, especially when assisted by touches of Cuticura Ointment to soothe and heal the first signs of skin troubles. For free sam-ple address post-card: "Cuticura, Dept. N. Boston, U. S. A." Sold by dealers throughout the world.

Dominion Fish Co. Bulk Oysters 60c and 70c a quart.

BY YOUNG MEN FOR NOT ENLIST ING TO FIGHT.

A Citizen Deals with Them and Calls Upon the Young Men to "Quit Themselves Like Men."

Kingston, April 3 .- (To the Edidian club last Friday evening, which character, the comparison of ideals I was going into consumption. our own country and liberty was men- Wood's Norway Pine Syrup." all institutions we held sacred. It

Mr. Johnston's words coming at burn Co., Limited, Toronto, Ont. the same time as the press despatch Happy, bright, alert - vigorous from the old land that every fit man was needed at the firing line and rejected as unfit, call-for further

thought. overseas two seem to stand out, viz., that they will not do so until some one or other connected with the mili- Miss Phyllis Spring. Violet, spent Those subject to sick headache, bil- ery one must answer for himself and

all men object to war! At present the question would appear to be whe- had a diver at work on Sunday at the honor of the objector ships be deinnocent of the war as he himself

ended by other men to whom war s as repellant as to him, who are as who have as sensitive consciences and as high a sense of duty, while he is content to remain a passive Caused by Disease of the Kidneys. onlooker and deliberately shirk and odious but imperative duty. Is he The close connection which exists | tribution from each participant. By more righteous than the thousands between the heart and the kidneys is this means the sum of \$17.05 was of our best who have paid the su- well known nowadays. As soon as preme sacrifice, or than the hundreds | xidneys are diseased, arterial tension is of thousands of all creeds who are increased and the heart functions are fighting in the ranks of the Allies, attacked. When the kidneys no longer "Greater love bath no man than this, pour forth waste, uremic poisoning that a man lay down his life for his occurs and the person dies, and the friend."

Of course he does not refuse to pay taxes for war purposes, but why should he not be consistent. For what difference morally is there between the man who fires the gun and sample of your water. This will be Kitson Amey, \$1; Miss E. Yorke, \$1; the conscientions objector who helps examined without charge by expert Miss N. Geddes, \$1; Miss Lane supply the money to provide the gun chemists at Dr. Pierce's Invalids' Hotel, (Belleville), 25c; Mrs. Wells, \$1; and ammunition? One is almost com- Buffalo, N. Y. When you suffer from Mrs. H. Reynolds (Kingston), \$1; pelled to the conclusion that the backache, frequent or scanty urine, Mrs. Genge, \$5; M. Revell, 10c; Mrs. consistent attitude of the objector rheumatic pains here or there, or that Asseltine, 10c; Fenwick Curran, 10c; would be to refuse to pay war taxes constant tired, worn-out feeling, it's Miss M. Yorke, (Bellrock), 25c; or work at high wages on muni- time to write Dr. Pierce, describe your Miss M. Timmons (Bellrock), 25e;

civil rights for his convictions. tardy young men, with no particular as hot water does sugar. home ties, could have heard Mr. Simply ask for Dr. Pierce's Anuric Johnston, they would have real- Tablets. There can be no luitation. ized their responsibility and their Every package of "Anurie" is sure to country's needs. I am confident that be Dr. Pierce's. You will find the signamany will yet "quit themselves like ture on the package just as you do on men," rather than wait for compul- Dr. Pierce's Golden Medical Discovery

MICE DESTROY ORCHARDS.

The young peach orchards on the St. Lawrence fruit farm has been completely destroyed by mice, which have also destroyed a large amount of young apple trees in different parts of the island. Robert Boyd has commenced to build an up-todate barn. Earl Grimehaw has just completed a garage and intends to

purchase an auto. William Keys lost a valuable two-year-old colt. Mrs, Richard Russell was accidently scalded by the overturning of the kettle on the stove. Daniel Laggart, confined to the Hotel Dieu for the past two months with stomach trouble, is slowly improving.

The new seeding looks fine and there are promises of a good crop. Mrs. Robert Horne who was accidently burned about the arms and hands, in coming in contact with the stove, fs' much improved.

James Scott, a popular young reident of Athens, has left for Vancouver, B.C.

HAD VIOLENT **COUGHING FITS**

LOOKED LIKE CONSUMPTIVE.

my unbounded satisfaction and over 1915. dress delivered by E. F. B. Johnston. thanks as to its sterling qualities. A ... After increasing the depreciation

many and Canada, the part Canada am pleased to relate that the cough the common stock, was 3 1-4 milwas taking and should take in the has entirely disappeared and I have lions, an increase of 1 1/2 millions world struggle for right, showed since regained the lost weight. I have over 1915 or 86 per cent. This reclearly that we were at war because no hesitation in recommending Dr. presents \$28.50 earned on each \$100

would without doubt have made none of these so-called "pine syrups" things clear and stimulated regruit- are handed out to you when you ask 1914. ing, for, while many have respond- for "Dr. Wood's." It has been on the taken by young men who are still up in a yellow wrapper, three pine

of honorably representing their fam- 50c.

PROF. SCOTT OF QUEEN'S

Presbyterian Church.

services of the Presbyterian church young men, for not enlisting for were held on Sunday, with Prof. morning and evening services, which f were well attended.

fags" and pessimists we should see tia department here goes, or they are the week-end-with Miss Le la Sima virile, optimistic throng of rosy- conscientious objectors. As far as mons. Miss Lillian Macdonald has the former excuse is concerned it is gone to Napanee, where she has a dian political tradition to learn that An inside bath is had by drinking, of the most flimsy nature and would position with the Robinson Com- the British Columbia government is appear to be not even the shadow of pany. Claude V. Asselstine, Signal about to dispossess Sir Richard Mcan excuse. Although unfortunately Training Depot, Ottawa, is spending Bride of his fat job as agent-general

to wash from the stomach, liver, kid- tion, yet the fact that some one. The Wilton cheese factory reneys and ten yards, of bowels the else neglects to do his duty does not opened on Monday with a large sup- mier was "berthed" at the right time previous day's indigestible waste, relieve another of his own responsi- ply of milk. E. J. Babcock is resour fermentations and poisons, thus bility in the matter, or exonerate him engaged as cheese maker. The W cleansing, sweetening and freshen- for failure to do what he knows to M. S. is holding an open meeting and fore putting more food into the stom- sibility cannot be shirked or dismiss- day afternoon, April 11th. Everyd so lightly; it is divinely given, ev- leigh, Toronto, sport a few days with his sister, Mrs. Charles Stover.

The Civic Utilities Commission ther the existence of Canada, includ- the waterworks plant taking the ing the existence of the property and depth of the water in preparation for

cause is often given as heart disease, or disease of brain or .ungs.

risk to send 10 cents for a large trial Mrs. S. Deyo, 25c; Mrs. 1 to be 37 times more active than lithia, I am sure, howevers if the many for it dissolves uric acid in the system

sion under the Militia Act .- E. E. H. for blood and stomach.

WORRY, DESPONDENCY.

Kidney Disease is suspected by medical On Wolfe Island—Mrs. Richard
Russel Scalded.

Wolfe Island, April 2.—James
Mahoney, ailing for some time, is slowly improving. William Russell, slowly improving. William Russell, weakness and general misery. Worry Buffalo, visiting relatives for a few days, has returned home. Mrs. Thomas Friend, who underwent an operation in the Hotel Dieu, is imTAKING ENORMOUS CANADIAN PROFITS

As compared with the year 1914 the earnings of one concern show a Mrs. Mary Wheten, North Forks, gain of more than 800 per cent.: N.S., writes: "Having taken five bot- After unstated deductions for maintles of Dr. Wood's Norway Pine tenance, renewals, and war taxes for men of military age in the city had Syrup, during the past few weeks, to two years the earnings reached a relieve a chronic cough and general total of over five million dollars in throat trouble, allow me to express 1916 or an increase of 55 per cent

K.C., of Toronto, before the Cana- short time ago I became subject to allowance 50 per cent, as compared violent coughing fits at night and with 1915, and the sinking fund alwas commented on in your news and directly after rising in the morning. lowance 100 per cent, meeting ineditorial columns of the 31st ult. The I began losing weight and all my terest charges, and paying the full speaker 's portrayal of the Kaiser's friends cheerfully informed me that dividend for the year on the preferred stock (7 per cent.) the balof democracy as practised in Ger- After taking the 'Dr. Wood's' I ance, representative of earnings on aced and that German victory meant There are many imitations of "Dr. earnings, therefore, are equal to over loss of freedom and destruction of Wood's" on the market so see that 28 per cent, on the common as com-

What is the government going to ed to their country's call, one can- market for twenty-five years, is put do about instances like this? What of privilege which, only the other living comfortably at home instead trees the trade mark, price 25c and day, were bleating of the lack of patriotism of the Canadian grain Manufactured only by the T. Mil- growers in demanding a higher price for their wheat? What will be the position of those newspapers which have gone so far afield as Lancashire. and its cotton operatives, to find horpible examples of the lack of pat-

DEALING WITH DOUBTFUL KNIGHTS

of the province in London. As-all Canada, at least, knows, the ex-prein an effort to save the Tory ship in British Columbia. That the shelving put a tax of \$15,000 on the people of the long suffering province which had been bled white by Sir Richard and his cohorts for years, was, of course, considered the proper thing, if it was considered at all. In addition, the government pensioned off

and family have moved back to the haven for the fellows who have done unfortunately attracted to them a fatal and undesirable notoriety.

COLLECTED SUM OF \$17.03

For a Quilt For the Kingston Red Cross Society.

Verona, April 3 .- Mrs. T. S. Genge, one of the Helping Hand workers, devised a means of creating some little interest in Red Cross work. She donated material for a Red Cross quilt, distributing the several blocks, and asking for a concollected. The "Helping Hand" workers completed the quilt and handed it on to the Kingston Branch of the Red Cross. The contributors were: Claude Percy, 10c; W. D. Percy, 25c; L. Smith, 25c; Miss McGinnis (Tichborne), 25c; L. Storms, 25c; S. It is a good insurance against such a | Storms, 10c; James Storms, 25c; package of "Anuric" - the latest dis- | Storms, 50c; Mr. Bertram (Tichcovery of Dr. Pierce. Also send a borne), \$1; C. W. Leadlay, \$1; tions, etc., and incur every risk, in-cluding imprisonment and loss of civil rights for his convictions.

symptoms and get his medical opinion without charge—absolutely free. This and loss of Anurical conditions.

symptoms and get his medical opinion without charge—absolutely free. This and convictions.

symptoms and get his medical opinion without charge—absolutely free. This and convictions.

Sad Fatality at Kirkfield.

Lindsay, April 5 .- A distressing eccident occurred at Kirkfield when a boy named Carey, aged eighteen years, employed by W. H. Essery's Crushed Stone, Limited, was smothered to death.

The unfortunate youth was employed on the large crusher, when he accidentally well into the machine. His cries for help were heard by others employed at the plant, but by the time assistance arrived he was smothered to death.

Melville Wilder and Hubert Sills paddled to Garden Island in their canoe Saturday and had to break through ice in many places,



For the invalid as well as those in perfect health Baker's Cocoa

is an ideal food beverage, pure, delicious and wholesome.

Walter Baker & Co. Limited

NTREAL CANADA . DORCHESTER, MASS.





Redpath refining methods produce no second grade sugar. We make and sell one grade only—the highest-so that you will never get anything but the best under the name of Redpath.

"Let Redpath Sweeten it."

Dear Percy.

10, 20, 50 and 100 lb. Bags. Canada Sugar Refining Co., Limited, Montreal. 2 and 5 lb. Cartons-

\$510.00 in Cash Prizes to be Awarded



ARY'S letter is surely a puzzler. She has so mixed up the letters in the names of things she would like Percy to give her for her birthday gift that they spell something different entirely. Sometimes she has even made two or three words out of one name, as in number nine, which is undoubt-

firl would like to receive for her birthday. You know one of them; ow try to solve the remaining names, and when you do, re-write Mary's letter, substituting what you consider the correct names, and send your solution to us. In this interesting contest we will award

1st Prize \$150.00 in Cash 2nd Prize 75.00 in Cash

3rd Prize 50.00 in Cash 1/th Prize 3.00 in Cash 4th Prize 18th Prize 3.00 in Cash 6th Prize 20th Prize 3.00 in Cash 21st Prize 2.00 in Cash 10.00 in Cash 22nd Prize 2.00 in Cash 23rd Prize 2.00 in Cash 24th Prize 2.00 in Cash 25th Prize 2.00 in Cash 26th Prize 2.00 in Cash 26th Prize 2.00 in Cash 10.00 in Cash 10.00 in Cash 11th Prize 5.00 in Cash 13th Prize Fifty Cash Prizes of \$1.00 each THE first thing Percy did was to walk through the stores and make a list of all the things that would make nice presents for a girl, so that he could

thimble, diamoud ring, candy, photo frame, necklace, books, bracelet, slippers, card case, travelling bag, purse, broock, showl, toilet set, perfume, flowers, set of furs, lace collar, etc., etc. These suggested presents may help you. Get a pencil and paper and try! How to Send Your Answers TSE one side of the paper only in writing out Mary's letter and keep it the same in form as given above, merely substituting

how many names would fit the puzzling words. He was sur-prised to find the number of nice things one could get for a girl for very soon his list contained the following: Sewing set,

imbrella, wrist watch, silk waist, manicure set, jewel case,

kid gloves, lace handkerchiefs, napkin ring, earrings, silver

your solution of the proper names in place of the jumbled ones. In the lower left hand corner instead of the postscript put your full name (stating Mr., Miss or Mrs.) and your full address. Anything else must be written on a separate sheet of paper. Do not send lancy, drawn or typewritten answers. A contestant may send as many as three sets of answers to the puzzle but only one set may win a prize and not more than one prize will be awarded in any family. Entry to the contest is barred to all employees of this Company and their relatives.

10. TRAINE MUSEC. printed the . words so that you can read them easily!

MAGNIFIED COPY OF MARY'S LETTER

Kindly asked me to suggest a.

birthetay present that I would like

I am sending you a little list to think over. If you can puzzle

this out in time for my

birthday I would just love to receive any of the Following:
1. BALL RUME: 5 BELT CARE.

2. OH C ROB. 6. SCARE CAD.

3. DEVILS KOG 7. GRANSIRE.

Dince you have so

4. SORE STUFF. 8. C.CAN LEEK. 9. DO MI DADNING.

compare his lists with Mary's and see

PRIZE NO EXPENSE IS ATTACHED TO THIS GREAT CONTEST THIS interesting contest is reproduced from this mointh's issue of Exparwoman's World-Canada of Greatest Home Magazine. IT IS OPEN TO ALL. You may enter and win a big prize whether you are a reader of Evenywoman's World or not, and moreover, you will neither be asked nor expected to take the magazine, apend a single penny, nor buy any thing in order to compete. When your answers are received, the publishers of this great magazine will glally, hard to the publisher so if this great magazine will glally, hard to the publisher of this great magazine will glally, hard to the publisher of this great magazine will glally, hard to the published right there in order that you and your friends may have what a live, interesting, up-to-the-minute magazine is is sublished right there in Canada by Canadiana for Canadiana. It is urely like Evenywoman's World and to the published right there in Canada by Canadiana for the judging and awarding of these prices will be given to the senders of the bright and to the bug dark your to the members of your friends and neighbors who will aget state issue in order that you and your friends may have what a live, interesting up-to-the-minute magazine is in sublished right there in Canada by Court friends and neighbors who will aget state they only the court of the context. It always the complete the world white the published right there in Canada by Court friends and neighbors who will aget state state issue in order that you and your friends and neighbors who will aget state the very like Event warm of the price of the control and the merit of the published right there in Canada is to the context of the co ANY ONE CAN WIN A FINE CASH PRIZE The Contest Editor, EVERYWOMAN'S WORLD. CONTINENTAL PUBLISHING CO., LTD. 43 Continental Bldg., Toronto, Ont.

