

# In The Realm Of Woman---Some Interesting Features



Don't remain Weak, Anaemic, Nervous, Run-down

## Wincarnis Offers New Health - New Life

GET a bottle of Wincarnis today and see how quickly it will help you to regain your former health and vitality.

Wincarnis is a tonic, a restorative, a blood-maker, and a nerve food. It contains the most powerful and purest form of iron known to science.

Wincarnis has been famous in Europe for a third of a century. Thousands have testified that it has restored health and strength.

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## THE CONFESSIONS OF ROXANE

(By Frances Walter)

### I TRY TO CHEER SYLVIA

(Copyright, 1916, by the McClure Newspaper Syndicate.)

The next evening found us back in the little restaurant, Francois at our elbows and our eyes watching the door for the appearance of Edward Blake.

Sylvia had shown even greater reluctance to undertake the trip than she had displayed when I first mentioned the matter to her, but she had followed me obediently when I assured her that the search we had undertaken was necessary to her own welfare and to Edward's.

"Edward has not given this matter proper consideration," I told her. "He has been scared by the first news which came to him, and he has acted in a very panicky fashion. If he is allowed to persist in his course there will come a time when he will bitterly regret. For his sake as well as yours we should seek him and give him an opportunity to do what his manhood tells him is right and honorable."

"I am sure he would do what is honorable if he could," insisted Sylvia, still blindly in love with him. "But even now I do not wish to seem to try to force him to do something he does not want to do. I love him, Roxane, and I shall always love him, no matter what he has done or what he may do. If he would come to me willingly and tell me that he wanted to marry me, I should be the happiest person in the world. But I do not want to compel him to do it. If he, for some reason or other, does not want to marry me, then I want him to go his way, as he has done."

"But he does want to marry you," "How do you know?" "I know it because I have reasoned it all out, Sylvia," said I. "I know that Edward Blake loves you and that nothing would make him so happy as to be able to take your hand in his and lead you to the altar."

"Do you really think so?" eagerly "I am positive that I am right, Sylvia, Edward Blake loves you, and if it were possible for him to have married you he would have done it long ago."

She bent forward, staring at me with wide-open frightened eyes. "What do you mean, Roxane?" "Just what I say, Sylvia. Some-

thing stood between you two young lovers that night when he bade you good-by. Had there not been some such obstacle Edward never would have left you as he did."

"That of course, is true, Roxane. There must have been something in the way."

"I mean something which she thought he could not overcome; something which he believed would forever separate you."

"I have had the same idea." "But it is not possible that he might have been mistaken? May he not have exaggerated the difficulty which lay before him? As a matter of fact, may not this obstacle be removed if the task is approached in the proper way? There are few things that are impossible, however, much they may appear at first glance to be that way. What suggests it to Edward to be insupportable may be easily overcome if looked at from another angle. It is the old story of two heads being better than one."

"What do you think was his reason for leaving me?" "Has he really left you?" He told you good-by that night and you did not see him again for several days and did not hear from him. Does that prove that he was faithless? Might he not have been ill? Might not only one of a dozen things have happened to keep him away? The fact that you thought he had left you does not prove that he actually did leave you. A woman's intuition is not always unerring."

"But, heretofore, you seemed to think that I was right in my suspicion, Roxane. What made you change your mind?" "It was an embarrassing question and I fear I must have shown some confusion, but I went ahead brazenly and answered her."

As a matter of fact I was merely arguing with her to make her take a brighter view of the situation. If I could induce her to believe that Edward still loved her; that he possibly was seeking her at that moment I knew she would enter heart and soul into my plan. But try as I might I could not remove her doubts. They were too deeply rooted. Hence as we sat there in the restaurant waiting her head drooped wearily and her whole attitude was that of one who was fast losing hope.

(To Be Continued.)

## Told In Twilight

(Continued from Page 7.)

Miss Freda Burns, Frontenac Street, entertained informally at the tea hour on Thursday.

Mrs. J. G. McCammon, Gananoque, spent a few days in town this week with her son, Capt. Gordon McCammon.

Lieut.-Col. W. G. Anglin left yesterday to visit Mr. and Mrs. Wendling Anglin, St. Catharines.

Miss Alice Rogers, Miss May and Miss Rose Rogers have taken rooms at Mrs. Robinson's, Barrie Street.

Miss Bellhouse arrived from Hamilton today to visit Mrs. W. A. Bellhouse, Earl Street.

Mrs. R. S. Waldron and Miss Ethel Waldron returned from New York this week.

Mrs. W. Moore, Union Street, who has been visiting her son Dr. Moore, New York, for several months returned to town on Friday.

Rev. W. T. Wilkins left yesterday for Trenton after a short visit with Mrs. and Mrs. James Craig, Earl Street.

Mr. and Mrs. J. A. N. Inglis returned from Atlantic City on Thursday.

Mrs. Norman Keefer, Wellington Street, is visiting her parents in Toronto.

Miss G. S. Oldrieve and Mrs. J. H. Byrne are spending the week-end with Mrs. A. MacMahon, Wellington Street.

Miss Saul and Miss Sanderson, Napanee, spent Wednesday in Kingston.

Miss N. S. Simmons, Kingston, is visiting her aunt, Mrs. William Jackson, Colebrook.

Mrs. J. S. Ham, Napanee, who has been spending a fortnight with her sister, Mrs. Hugh Blain, "Blainy," Toronto, has returned home.

Miss Turner, of the Zenana Medical Mission, now in Kingston, leaves at the end of the month for Vancouver en route to Japan and China, and later India.

Mrs. Jack Meredith, Kingston, is the guest of Mr. and Mrs. W. P. Lett, Ottawa, for a couple of weeks.

Mrs. C. H. E. Askwith, Ottawa, in Kingston with her husband, is ill with pleurisy.

Mrs. (Dr.) Malone, Frankford, is spending a short time with Capt. (Dr.) Malone at Renfrew before he leaves for the front.

Mrs. Nicholls, Montreal, visiting her daughter, Mrs. J. D. Ellis, Colborne Street, for the past week, will leave for her home on Monday accompanied by her niece, Miss Marjorie Ellis.

Mrs. W. T. Herridge and Mrs. Sanford Evans will represent St. Andrew's Church, W. M. S., Ottawa, at the Presbyterian meeting for organization to be held during the first week of May in Kingston.

Mrs. Harcourt Smith, of Quebec, is the guest of Mrs. Philip Gilbert, Huron Street, Toronto.

Their Excellencies the Duke and Duchess of Devonshire entertained Lady Borden, Mrs. A. G. Parker and Miss Parker at luncheon.

Mrs. F. M. P. Watts and children are expected in Aylmer, Ont., this week from California. They have been there since last fall.

## Here's Proof That ZUTOO Cures Headache

Mr. E. F. Tomkins, Ex-Mayor of Coaticook, Que., proves it. "Your Tablets are a safe and effective remedy for headache."

Mr. Geo. Legge, Editor of the "Granby Leader-Mail" proves it. "Your Zutoo Tablets deserve to be widely known as a cure that will cure."

A. C. Hanson, B. A., K. C., Colonel of the Hussars, proves it. "I use Zutoo Tablets and find them a very satisfactory cure for Headache."

25 cents per box—at all dealers.

## The Crown of Womanhood

"Uncared for hair cannot be beautiful. There is no part of the human makeup so revealing as the hair. It cries out: Look at me, care for me, or I will disgrace you! Treat me with consideration and I will be a glory to you."

With the above words, Lillian Russell, an unquestioned authority on feminine attractiveness, places no uncertain value on nice hair as a beauty asset. Unkept, uncared for hair not only cannot be attractive but is actually a disgrace.

But why have ill-kept, untidy hair? By devoting a few moments regularly to brushing and intelligent application of NEWBRO'S HERPICIDE, the hair may be made to yield wonderful returns in increased personal charm.

Dandruff is the direct cause of more hair trouble than anything else. The hair becomes thin, harsh, uneven and falls out in quantities. It looks dead and lifeless; there is no luster. The scalp itches.

HERPICIDE will remove the dandruff which is causing all the trouble, clean the scalp, give the hair life, snap and luxuriance. The hair stops coming out, the itching ceases almost at once and withal there is a most gratifying sense of cleanliness.

To the woman who wishes to make the most of nature's gifts by having fluffy, beautiful hair, NEWBRO'S HERPICIDE is a toilet necessity. It is exquisitely perfumed and is a delightful hair dressing.

In 50c and \$1.00 sizes. At drug stores and toilet goods counters everywhere. Guaranteed by The Herpicide Co.

Applications at the better Barber Shops and Hair-Dressing Parlors. Send 10 cents for sample bottle and booklet to The Herpicide Co., Dept. 5, Detroit, Mich.

Saint Louis Women have organized Red Cross units and already have started civilian girl classes making bandages and kits.

## The Whig's Daily Menu

### Menu for Sunday

BREAKFAST: Cream of Oatmeal, Hominy Griddle Cakes, Jelly or Syrup, Coffee or Cocoa.

DINNER: Roast Lamb, Mint Sauce, New Potatoes, Lettuce and Cucumber Salad, Frozen Custard, Coffee.

SUPPER: Vegetable Salad garnished with Cold Lamb, Sliced Bananas, Coconut Sponge Cake, Tea.

Baked Beef Pie with Hominy. Materials—One pound lean stewing meat, 1 teaspoon salt, a little paprika, 4 cups cold boiled hominy.

2 tablespoons fat celery top, 1 tablespoon flour. Utensils— Saucepan, bakedish, measuring cups, teaspoon, tablespoon.

Directions—Wipe the meat with piece of damp cheese cloth, boil until tender; remove and add seasoning. Fry onion and flour thickening. Place meat and hominy in bakedish and cover with half-inch crust; pour half cup of the warm meat stock over top of crust and put in moderate oven and bake 25 to 30 minutes. Serve in dish in which it is baked. Crust is made as follows:

Put 1 1/2 cups flour, 1/2 teaspoon salt, 2 teaspoons baking powder into bowl; mix 2 tablespoons beef suet through food chopper and add to our; mix well; then add enough cold rice stock to make a dough that can be patted at, just large enough to cover top of bakedish. The suet must be chopped very fine.

### THE ACTIVITIES OF WOMEN

London pays its policewomen \$6 per week. Twenty-five American women are acting as ambulance drivers in Salonika.

For the first time in the history of Germany, a woman—Fraulein Lueders—will advise the Reichstag committee that deals with race suicide.

The uniforms of the women in the navy will be skirt of dark navy blue material, full at the bottom and belted, accordion plaited front and back.

Miss Marion W. Cottle, a former student of Wellesley college and the Boston Law school, has offered to form a cavalry regiment of women.

The telephone switchboard at the Boston navy yard is now operated by girls in the place of the marines, who have been assigned to other duty.

New York bankers and brokers are seeking women who can take up the work of their male employees if the United States issues a call for volunteers.

Mrs. Woodrow Wilson, wife of the President, has been made honorary chairman of the women's volunteer aid committee of the District of Columbia Red Cross.

Mrs. Betsy Todd Lee, aged 71, of Ann Arbor, Mich., has just taken out her first naturalization papers. When she receives her final papers she will become a lawyer.

Miss Jeanette Rankin, congresswoman from Montana, recently addressed the Minnesota legislature from the President's chair, being the first woman ever accorded the privilege.

### Does Baby's Food Agree with him?

Many mothers are worried about the changing of baby's food from time to time. What suits at six weeks of age will not suffice at six months.

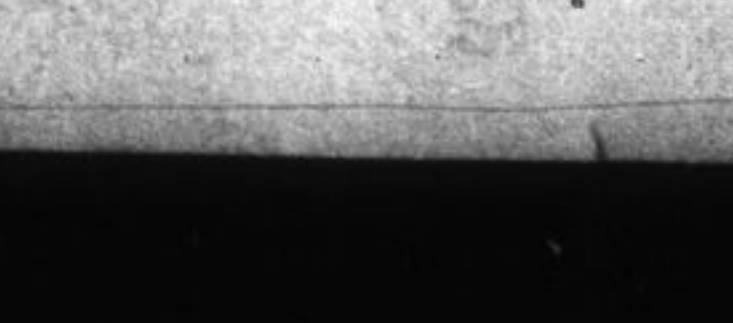
The "Allenburys" Foods provide for baby's needs step by step—a progressive diet that is his growing digestive power from birth onwards.

With these Foods may be given the juice of grapes, oranges or meat, so beneficial to the hand-fed baby, and instructions are given on each package.

### The Allenbury's Foods

MILK FOOD No. 1 From 1st to 3rd months. MILK FOOD No. 2 From 3 to 6 months. MALTED FOOD No. 3 From 6 months onwards.

Write for Booklet, "Infant Feeding and Management" to The Allen & Hobbys Co., Limited, TORONTO.



## Fresh, pure, clean Tea Guaranteed

You can always be sure of getting fresh tea—pure tea—clean tea—fragrant tea—full strength tea—rich, natural flavored tea—in the sealed Red Rose package.

A choice blend of the select hill grown teas of Assam, in northern India, and Ceylon—

A tea of distinctive flavor and economy—

A tea that goes fully one-third farther than ordinary tea.

A big company stands behind and guarantees every package of Red Rose Tea.

You get the full net weight of tea marked on package.

The price is marked on the package and is the same price in every grocery store—

A price that allows the grocer only a fair and just profit.

Try a package of this delightful tea.

Red Rose Quality wins thousands of new users every year.



T. H. ESTABROOKS CO., Limited St. John, Toronto, Winnipeg

## Redpath SUGAR



No one ever doubts REDPATH quality, because in its Sixty Years of use no one has ever bought a barrel, bag or carton of poor Redpath sugar. It is made in one grade only—the highest.

"Let Redpath Sweeten it." 12 Canada Sugar Refining Co., Limited, Montreal.

## Other Necessities Are High—



## —But Kellogg's TOASTED CORN FLAKES

are within the reach of all.

Made from white corn and by our secret process converted into appetizing and highly nutritious food.

Made in Canada by an entirely Canadian company.

Get the original in the red, white and green package, and refuse all substitutes.

The Battle Creek Toasted Corn Flake Co., Limited. Head Office and Factory: London, Ont.

The Needlework guild of Peasebush, which numbers 75,000, has offered its services to the National Red Cross.

To meet the increased cost of living, over 1,000,000 female munition workers in England have asked for an increase in pay.

Texas now pays pensions to dependent mothers with children. Nearly all of England's farming will be done by women this year.