# the Realm



To Have Beautiful Hair Use

# **NEWBRO'S** HERPICIDE

No woman can afford to be indifferent to the appearance of her hair. A mass of nice snappy hair, becomingly dressed, will add more in genuine looks than a pretty face, or an expensive gown. Don't allow the scalp to become clogged with dirt and dandruff. Don't allow dandruff to destroy your hair. If your hair is uneven, dead, dull and brittle and comes out by the handful every time you draw a comb through it, dandruff is the cause. To rid your scalp of the dandruff and check the loss of hair should be your first anxiety. NEWBRO'S HERPICIDE will do this and at the same-time put the hair and scalp in a sanitary condition. HERPICIDE appeals to those of greatest refinement on account of its exquisite odor, its purity and cleanliness. It contains no grease and does not stain or dye. There is nothing more dependable than this remarkable scalp prophylactic. The hair responds readily to a regula: and intelligent use of NEWBRO'S HERPICIDE.

Try it and see. Send 10 cents today to THE HERPICIDE CO., Dept. S, Detroit, Mich., for a sample bottle and a booklet telling all about

For sale everywhere in 50c and \$1.00 sizes. Guaranteed by The Herpicide cations at the better Barber Shops and Hair Dressing Parlors.

THE wonderful results of Win-

Anaemia, Nerve Troubles and that

Run-down condition, are due to

the four-fold power that Wincarnis

possesses. Wincarnis is not merely

a tonic-it is a Tonic, a Restorative,

a Blood-maker, and Nerve Food-

all in one. Therefore, when you

take Wincarnis you derive new

strength-and at the same time

new rich blood-and at the same

time new nerve force—and at the

same time new vitality. Thus the

whole system is invigorated, and

re-vitalised, and becomes sur-

charged with a feeling of new life.

That is why over 10,000 Doctors

A very important feature about Wincarnis is that you derive a definite amount of good

from even the first dose. And every ad-

ditional dose gives you more strength than you had before—more rich red blood than

mend Wincarnis.

carnis in cases of Weakness,

(By Frances Walter)

M. VITEAUX AND 1 TALK

BUSINESS SOME MORE could not meet his bills promptly. (Copyright, 1916, by the McClure Newspaper Syndicate). Excessive immodesty, I think, nev-

er had been one of my failings, but signs, and it was Mr. Sullivan, I was when I remember the praise which I bestowed upon myself there in M. Viteau's office I blush even now. And one of the worst things about eously, and attempted to show him it was that I did not awaken to the that he needed a "superintendent of fact that I was telling this man in glowing terms what wonderful ability I possessed, any more than it occurred to me to tell him that I knew nothing at all about the business into which I was seeking an

I was keyed up by the excitement abandoned his excitable temperaresulting from my guest. I imagine ment, settled back into his chair and that I felt very much as a business looked at me keenly. He was now man fells when he starts out to Mr. Sullivan. "land" a big deal. He is so intent "I understand," he said, nodding upon the matter in hand that he for- his head slowly. "You are applying gets self. It was so with me. Al- for a position here?" though I had very little confidence "That is but part of my purpose," at first in my ability to convince M. I said brazenly. "It is true that I Viteaux that he should create a pos- want employment, but I also want ition for me in his establishment, I to see more of your hats sold, and had not advanced far in my argument know that more of them will stay before I had convinced myself that sold." his business would go straight to He squinted his eyes at that and stared at me through narrowed lids.

ruin unless I was installed there. But I fear that I did not impart "At first I was at a loss to know my conviction to M. Viteaux. This, what you were driving at," he went man had a dual personality, as I on, without appearing to have heard have intimated. M. Viteaux was a my statement. "I did not know very different man from Mr. Sulli- whether you would offer to buy out van . M. Viteaux was the poseur, the my business or would suggest that Parisian who assured his clients that we burn it and collect the insurance. the hats he offered were of the very You made it evident from the start, latest mode, who managed somehow however, that you thought it was unto fool them by assuming a French profitable to me. Now will you accent when he was not so excited please tell me why you arrived at that his Irish brogue betrayed him. that conclusion. Mr. Sullivan was the business man of the establishment. It was he who

positive necessity to all who are Weak,

Anaemic, Nervous, Run-down-to martyrs to Indigestion-to all enfeebled by Old

Age-and to Invalids striving to regain

strength after an exhausting illness. Remember that the health Wincarnis creates

is lasting health-not a mere "flash-in-the-

makes you feel it is good to be alive. Take

advantage of the new and lasting health Wincarnis offers you. Don't suffer need-lessly. Remember that Wincarnis has an

unrivalled reputation of 30 years' standing. Don't accept substitutes.

ASK YOUR DOCTOR

GET IT AT YOUR

DRUGGISTS

Pints 90c. Quarts \$1.50

"I might hurt your feelings."

explained to his creditors why he

who administered verbal castigation

to Monsieur Smith when poor Smith

allowed a woman to leave the shop

minus one of M. Viteaux's latest de-

about to learn, who employed the

Now, as I lauded myself outrag-

styles" in his shop, I saw his whole

personality undergo a change as com-

plete as that which marked the pass-

ing of Dr. Jekyll and the appearance

of Mr. Hyde, He dropped his assum-

ed French accent, laid aside his habit

of lifting his eyebrows and elbows.

"You can't, Go ahead." "I knew it because you cater to the fashionable element while many of your hats are not the kind that please persons of that class." "Won't you be a little more ex-

plicit?" "Your designers turn out some some atrocious ones. Every custom-

your personal enemy." "And you propose?"

which will stay sold."

He was thoughtful for a moment, have to reconstruct the business for immediate overseas service. from the ground up?"

"No; only that there should be little careful supervision." "Which you yourself will give?"

I nodded. a woman, very red as to face and into the room,

(To Be Continued.)

### Weak, Anaemic, Nervous, Run-down THE ACTIVITIES you had before—stronger nerves than you had before—and more vitality than you had before. Thus Wincarnis is not a luxury, OF WOMEN

Lakewood, N.J., has a women's rifle club. Boston store girls have formed

gun club. . London policewomen receive \$5 per week. Kyoto, Japan, is soon to have

university for women. Women are taking the census o the men in Connecticut. All the roads in England are now being built by women.

Woman school superintendents in

Wyoming now number eighteen. Women are now permitted to vote at the primaries in Arkansas. Women will replace the man mail

carriers in Paris in the near future. Miss Helen Hammond is classed among New York's most gifted decorators.

Over 500,000 women are now en gaged in making munitions in Great Jeanette Rankin, the only woman member of Congress, has a hobby for

horseback riding. big success in New Brunswick, N.J. Over 18,000 applications for ser-

Female messengers have proved a paid

### Menu for Sunday

BREAKFAST Ornnges Cereal of Choice Fruit Tonst with Maple Syrup Coffee or Cocon

LUNCHEON OR SUPPER Split Pea Soup Watercress Salad Steamed Cerent Pudding Ten or Cocon

DINNER Baked Ment Louf With Pens Coleslaw Cornstruch Custard

Menu for Monday

BREAKFAST Grapefruit

Boiled Cereal of Choice

Waffles and Honey

Coffee or Cocon

DINNER

Lamb Brota

Filled Roast Shoulder of Venl

Hominy Border

Creamed Carrots

Scallion Salad

Apricot Ice Cream

SUPPER

Cheese Tonst

Egg Salad

Cream Cake

Sliced Bananas or Strawberries

Ten or Cocon

German Sour Meat Materials-One and a half pounds soup meat, 1/2 cup vinegar, 2 tablespoons cut onion, 3 tablespoons drippings, 1 teaspoon salt, paprika.

Directions-The soup meat is boiled slowly until tender in 6 cups of water. When tender cut into thin slices and put in soup gravy, which is made as follows:

Put drippings and onion into saucepan and cook until onion is tender; then add the flour, which has been browned on pietin in moderate oven. Mix until smooth, remove from fire. add the cold vinegar and 1 cup of stock in which the meat was boiled. Return to fire and boil slowly 11 minutes, stirring until smooth.

### Orange Gelatin.

Materials - One cup strained orange juice, 1 tablespoon lemon juice, 1 cup sugar, 1 tablespoon granulated gelatin, 1 cup whipping cream.

Utensils-Bowl, 2 measuring cups,

teaspoon, tablespoon, cream whip.

Directions-Soak the gelatin in 34 cup cold water 10 minutes; Missolve in 1 1/2 cups boiling water; add sugar, lemon and orange juice. Pour into ice-cream glasses and set in a cold place. Whip the cream and put a spoonful on top of each glass.



(Continued from Page 7.)

are in Baltimore H. R. H. the Princess Patricia has 239 Alfred street. beautiful hats, but they also make recovered from an attack of measles. Sir John and Lady Gibson are er who gets an atrocious hat becomes onto from the Royal Military Col- Mrs. F. C. T. O'Hara, wife of the

"To offer nothing excepts goods at present at San Diego, Cal., are ex- sail for Honolulu, where she will pected home shortly after Easter. Miss Mae Kennally, Peterboro, is Corby, Belleville, "Would that mean that we would in Kingston, having received a call

the disposal of Lady Drummond one Jean, to James Joseph Wilson, B. A., of his beautiful houses in Kent for Belleville High School, son of Mr. the use of wounded Canadian officers. and Mrs. James Wilson, Guelph. The "I see," he said; 'if you will leave G. W. Yarker, of 57 Kendal marriage will take place early in your card I will telephone you later." avenue, formerly manager of the To- April. I complied and was about to leave | ronto Clearing House, and a promin-

> the guest of her sister, Lady Hen- Bishop of Southwell and Rev. Wildrie; at Government House. Misses Viola and Mabelle Allen, the service.

In Arabia the pay of cooks and lington artist. \$13.20 per month.

Winnipeg (Con.) telephone girls first reading in the British House of have formed a labor organization to Lords. protect their interests. Miss Rose Moriarty, city clerk of

political boss of that town. After 1921 no girl will be allowed to graduate from Vassar College unless she is an expert swimmer. It is estimated that the women of this country waste over \$700,000,-

000 yearly in their kitchens. Mrs. Charlotte Reagan, aged 70, has proved her right to 160 acres of homestead land in California. Women of the Pacific coast at Newberg, O., rank higher than the male

students enrolled there. A New York magistrate has ruled that it is no violation of the law for a woman to smoke in public. Spanish women believe that it is degrading for a lady to take up any ployees who have gone to the front

In order to release more men for them and their children from starythe war, London taxicab companies ing. have agreed to employ women as

The Congressional Union for Wo- peror of Austria-Hungary, is a memmen Suffrage and the National Wo- ber of the house of Saxony and it is man's party have united, the com- reported that she has a great dislike, bination name being the National for the German emperor. Woman's party.

daughter of a German baron, was State College, is the first woman stuonce a lady in waiting to Princess dent to carry off the prize since the Elinor of Reuss.

Mrs. Johnna Olson, of Saint Paul, ing scholarship medals. Minn., who is now past 90 years old. Helen Dutriexe, who has been doattributes her longivity to smoking, ing aviation scout duty in France, a habit which she formed some 52 has returned to the United States

n Glassboro, N.J., is at the head of The German Imperial clothing the independent ticket for members committee has issued a warning that of the board of education in that styles in women's clothes cannot be Hundreds of women in New York This edict is issued to conserve the

nobile mechanics and wireless tele- Miss Mabel Long, of Settle, Wash., graphy, so as to prepare themselves has not been able to rise from her for service in case this country goes bed for the last eight years, though

newspaper woman, has been chosen with the aid of a telephone.
by Mrs. Carrie Chapman Catt to di- Miss Helen M. Hatch, of Lake

The official medal for President Idarning, making corset covers, setc.

former residents of this city, are Sir John and Lady Eaton, Toronto, spending a few weeks with their cousin, Mrs. George A. Macdonald,

Cadet Norman MacKay is in Tor- spending a short time in California. Deputy Minister of Trade and Com-Mr. and Mrs. Asa Gordon, Ottawa, merce, has left for San Francisco to join her parents. Senator and Mrs.

Mr. and Mrs. Neil S. McEachren, Owen Sound, announce the engage-Lord Milner has recently placed at ment of their only daughter. Annie

the office when the door opened, and ent figure in Toronto financial circles. The marriage of Lord Hartington. has just celebrated his eighty-first son of their excellencies the Duke and very angry as to expression, strode birthday. Mr. Yarker retains his old- Duchess of Devonshire, to Lady Mary time vigor and is enjoying excellent Hamilton will take place at Easter health. He is a former Kingstonian, either at St. James', Piccadilly, or in Hatfield church. The Bishop of Ex-Mrs. Alexander, London, Ont., is eter will officiate, and probably the liam Temple will also take part in

vice in France have been received Wilson's inauguration was designed

by Miss Loretta Lewenstein, a Washhouse servants runs from \$8.30 to; A measure permitting women to practice as solicitors has received its

Over 300 girls students of Toronto university will don overalls during Elyria, O., is recognized as the the summer vacation and work in the munition factories.

Miss Juil M. Riley of Minneapolis, has invented a bathing cap with a patent inflated band which prevents

the hair from getting wet. Mrs. Charles Van Rensselar has started a fund to buy for the Government the military abservation balloon exhibited at the First Pan-American Aeronautic Exposition.

Boston society women recently paid \$50 each to clasp the hand of Mme. Sarah Bernhardt, the eminent French actress. The proceeds will go to aid of the suffers in France. Wives of Vienna tramway emkind of work for which she is not have appealed to the mayor to increase their pensions to prevent

> Archduchess Maria Josepha, mother of Charles Francis, the new em-

Miss Esther M. Ranck, recently Mrs. Leonard Hughes, wife of Cap- awarded the highest honors for scholtain Leonard Hughes, U.S.A., and astic standing at the Pennsylvania inauguration of the custom of award-

and has signified her intention of Mrs. Charles C. Pedrick, the first volunteering to the American army woman ever to run for public office in case this country goes to war. allowed to change every six months.

have joined classes in cookery, auto- wearing apparel in that country. Miss Rose Younger, a New York run her magazine order business

rect the expenditure of \$1,000,000 Geneva, Wis., won the title of chamleft Mrs. Catt by the estate of Mrs. pion girl farmer of Wisconsin at the 1916 state fair. To win this title So many young women engaged in making munitions in England smok-ed cigarettes on the sly in factories kinds of cloth, can one can of car-that it has been found advisable to rots and one can of peaches, bake a send a number to jail as a warning loaf of bread and a pan of baking biscuits, show her skill in patching,



Old tea looks just the same as fresh tea; Poor, cheap tea looks the same as good tea; Damaged tea looks the same as sound tea; The tea in the scoop looks all right;

## -BUT-

The tea in the Red Rose package is all right. It is guaranteed to be pure, fresh, fine quality tea-

Guaranteed so fully that if you ever should happen to find a package not right up to the standard, and that is a very rare occurrence, your grocer will give you another package free of charge, or refund your money, and we will pay him for it.

You don't have to depend on looks when you buy Red Rose. The name, the sealed package and our guarantee insures you getting tea worth every cent of the price marked on the package.

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T. H. Estabrooks Co., Limited St. John Toronto Winnipeg

# CHEMICALLY SELF-EXTINGUISHING

What do these words mean to you?

They mean greater safety in the Home - Surely something that interests you keenly!

Perhaps you have noticed these words and the notation "No fire left when blown out" on our new "Silent Parlor" match boxes. The Splits or sticks of all matches contained in these boxes have been impregnated or soaked in a chemical solution which renders them dead wood once they have been lighted and blown out, and the danger of FIRE from glowing matches is hereby reduced to the greatest minimum.

SAFETY FIRST AND ALWAYS — USE **EDDY'S SILENT 500s** 



FRANK S, BALL, Resident Director, 67 PORTLAND ST., TORONTO 33

WINCARNIS gives New Health to all who are

D&A Corsets suit you better than imported ones costing twice as much, because the D & A Corsets, made in Canada. are fitted on Canadian models.

The best features and styles of the latest foreign corsets are improved upon to meet Canadian conditions, and the customs duties and heavy freights which double the cost to you of imported corsets are avoided in the D & A.

There is a style for every figure-Ask your corsetière. DOMINION CORSET CO., QUEBEC-Montreal-Toronto 2.17 Makers also of the La Diva Cornets and D & A "Good-Shape" Brassières.





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