

RHEUMATISM WAS MOST SEVERE

Dreadful Pains All The Time Until He Took "FRUIT-A-TIVES".



MR. LAMPSON

Verona, Ont., Nov. 11th., 1915. "I suffered for a number of years with Rheumatism and severe Pains in Side and Back, from strains and heavy lifting.

When I had given up hope of ever being well again, a friend recommended "Fruit-a-tives" to me and after using the first box I felt so much better that I continued to take them, and now I am enjoying the best of health, thank you to your remedy."

W. M. LAMPSON.

If you—who are reading this—have any Kidney or Bladder Trouble, or suffer with Rheumatism or Pain In The Back or Stomach Trouble—give "Fruit-a-tives" a fair trial. This wonderful fruit medicine will do you a world of good, as it cures when everything else fails.

50c. a box, 6 for \$2.50, retail size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

LOCAL BRANCH TIME TABLE

In effect Jan. 14th, 1917.

Trains will leave and arrive at City Depot, foot of Johnson street.

Table with columns: Train No., Destination, Leave City, Arr. City

Table with columns: Train No., Destination, Leave City, Arr. City

Other trains daily except Sunday.

For particulars of sailings and rates, apply to Local Agents or to The Royal Canadian Mounted Police.

AGENTS FOR ALL OCEAN STEAMSHIP LINES.

Day and Night Telephone 88

CUNARD LINE

CANADIAN SERVICE.

LONDON to HALIFAX

HALIFAX to LONDON

(Via Plymouth)

(Calling Falmouth to land passengers)

For particulars of sailings and rates, apply to Local Agents or to The Royal Canadian Mounted Police.

DON'T WEAR A TRUSS!

After Thirty Years' Experience I Have Produced An Appliance That Cures Rupture.

I send it on trial.

If you have tried most everything else, come to me. Where others fail is where I have success. If ruptured, attached coupon today and I will send

you free my illustrated book on Rupture, and its cure, showing my Appliance and giving you prices and names of many people who have tried it and were cured. It gives instant relief when all others fail. Remember, I use no salves, no harness, no ties.

I send on trial to prove what I say is true. You are the judge, and once having seen my illustrated book and read it, you will be as enthusiastic as my hundreds of patients whose letters you can also read. Fill out free coupon below and mail today. It's worth your time whether you try my Appliance or not.

FREE INFORMATION COUPON

Mr. C. E. Brooks, 2224 State St., Marshall, Mich.

Please send me by mail, in plain wrapper, your illustrated book and full information about your Appliance for the cure of rupture.

Name .....

Address .....

City .....

State .....

Miss Mary Boyle, of Hamilton, ninety-one years of age, was fatally burned while attempting to light a gas stove.

NEWEST NOTES OF SCIENCE

Nearly one third of Germany's more than 800 music schools are in Berlin.

A new coffee strainer can be fastened inside any pot by wires inserted in the spout.

Great Britain and Ireland together consume about 30,000,000 rabbits for food annually.

For motorists who smoke a new electric torch is equipped with a car lighter on one side.

More than 10,000 persons are employed in Amsterdam's diamond cutting and polishing industry.

A foot power can opener for restaurants cuts the entire top from a can as a pedal is pressed.

Germany's 4,200 plants make electric power available for about three fourths of its population.

If the oceans should rise one twenty-sixth of their depth they would flood one half of the land.

A look controlled by electro-magnets that can be operated from distant points is a French invention.

A tubular electric flashlight that can be mounted on any revolver has been patented by a Philadelphian.

A new electric power station in the Siamese city of Bangkok will use the refuse from rice milling for fuel.

A curved framework of wire loops has been invented to enable a player to hold a hand of cards conveniently.

Some German peat, when dried, contains 45 per cent. of carbon and has nearly half the heating value of coal.

Couplings for fire hose that are tightly locked by a quarter turn have been invented by a Massachusetts man.

Geologists have estimated that one deposit of soda in British East Africa contains more than 200,000,000 tons.

A fly swatter that resembles a pistol and is operated by a trigger has been patented by its Michigan inventor.

An Englishman is the inventor of a hydraulic brake for automobiles that acts upon all four wheels of a car at once.

By turning the shade of a new electric fixture four degrees of illumination can be obtained or the light extinguished.

European scientists are trying to determine and establish an international standard of strength and purity for radium.

An inventor has brought out a tent with a frame so shaped that it can be used as a garage with very little waste of room.

An Englishman has invented a machine which splits the most knotty and crooked remnants of wood into evenly sized kindling.

A machine has been invented by a New York man to scrub ceilings and catch the water that falls so that it will not wet floors.

A moving machine to be attached to the stern of a launch to clear waterways of vegetable matter is the invention of a Frenchman.

The world's consumption of tea has tripled in the last 30 years and the production in the 1915-16 season broke all former records.

About 1,500,000 horsepower is believed to be available from the streams of Germany, of which only about one fourth now is utilized.

A woman is the inventor of a new penholder equipped with a sliding sleeve for ejecting worn-out points without soiling the fingers.

Experiments with a new bacterized neat fertilizer in England have restored, apparently, dying plants to better than normal condition.

An additional step for automobiles that swinks under the running board when not needed is operated from the driver's seat by a lever.

A Swedish patent has been issued for a short-distance range finder that is as useful to civil engineers and surveyors as military men.

In a Detroit inventor's waiterless cafe, meals will be served by individual dumb-waiter's directly from a basement kitchen to each table.

The government of Ecuador is establishing a weather service in connection with its agricultural school that eventually will have 31 stations.

Apparatus that enables one surgeon to perform the operation of blood transfusion without assistance has been invented by a New York doctor.

An Englishman has perfected a belt-driven automobile, changes of speed being effected by moving the belt from one set of pulleys to another.

The United States army owns a patent for wireless equipment for aeroplanes that weighs but seven pounds and will transmit messages seven miles.

Government wireless stations have been planned for Indo-China that will be powerful enough to communicate with points more than 3,000 miles away.

An eight-hour clock is the invention of a Californian, letters on the dial that change indicating the three parts into which he would divide a day.

A London institution for the blind has been provided with a multicyle that can be ridden by twelve men, only one of whom needs to have his sight to steer it.

The climate of tropical countries affects internal combustion engines, so that they produce only from 80 to 85 per cent. of the power they yield in temperate zones.

An internal combustion engine with an axially revolving cylinder that constitutes its own valves, reversing gear and water pump has been invented by an Englishman.

The back of a recently patented envelope is marked with spaces to be moistened to seal it so that its user will not collect germs by wetting the gum with his tongue.

The Bolivian congress has passed a bill, which the president has approved, providing for the conservation of that country's resources of coal, petroleum and sulphur.

The legs of a new hobby horse are on separate rockers and the front ones are so mounted on pivots that a rider can make it travel over a floor and guide its movements.

To overcome the difficulties of navigation in the Kara sea the Russian government has established three

wireless stations that inform vessels of ice conditions.

To save time in typewriting an inventor has patented pedal operated attachments to operate the space bars of machines and pull carriages back at the end of each line.

The Peruvian government will wage war upon malaria by treating patients, protecting residents of malarial regions, destroying germ carrying insects and draining swamp lands.

For educational motion picture shows and cooking demonstrations where electricity is not available the Louisiana State university has equipped an automobile with a generator.

To give warning of the presence of dangerous gases in mines a German scientist has invented a whistle on the principle of the safety lamp that is blown when the gases enter it.

A Texas inventor's automobile has two wheels on the left side and one on the right, so arranged that he claims no two of them will strike obstructions on a road at the same time.

A method of Swedish invention for utilizing peat for fuel pulverizes it and blows the powder into a furnace with an air blast, combustion taking place while it is in suspension.

Government experts estimate that of the 26,000,000 horsepower which it is possible to develop hydro-electrically in the United States, 19,000,000 horsepower lies west of the Rockies.

By using two slightly separated lenses and passing a current of air between them a French scientist has succeeded in freeing the high-power light of motion-picture projectors from heat.

A case from which ammonia or any other desired liquid can be ejected by pressing a bulb in the handle has been designed to enable a man to protect himself against highwaymen or animals.

French hospital attendants have succeeded in impregnating rubber gloves with the salts of certain metals and making them impervious to X-rays for the protection of persons using the rays.

Of two recently patented shoes for supporting the arches of the feet of their wearers, one has a bracket extending forward from the heel and the other a projection from the shank to the ground.

A German inventor's electric pump for many uses is mounted on a pushcart, takes current from any convenient source and throws the water it lifts from streams and wells to a considerable height.

It Was Done In Egypt, on Papyrus, Thirty Centuries Ago.

The Egyptian gentleman who sought a runaway slave 3000 years ago and advertised on a bit of papyrus for his recovery turned out the first piece of advertising copy.

Whoever he was, he was a genius in more than a small way. His copy still lives, preserved in the British museum as an exhibit of considerable archaeological importance and as an example of what our advertising experts of today would do if they, like the Egyptian, did not have the benefit of up to date information.

The Egyptian knew nothing about the topography of advertising nor the effect of different colors. He didn't know, for instance, that red is the most effective eye catching color and that green is second and black third.

Of these and a thousand other things that influence the character of present day advertisements he was totally in ignorance. But he gets full credit for making the first attempt at a written advertisement.

The Greeks, with a fine regard for art, usually made music a part of the advertising program. They gave us the idea of employing bands to attract attention, undoubtedly one of the most successful methods of drawing a crowd at any place and time.

At first a town crier, accompanied by a musician playing a lyre or a harp, mingled among the Greek peoples and used only the best and choicest Greek in his extravagant praises of the product he was exploiting. Later, however, private advertisements in writing began to be introduced, particularly on the whitened walls of the homes, giving some information regarding the special standing and the size of the residents, their financial rating and the family lineage.

The Romans advertised in many ways. They named their streets, advertised shows, exhibitions and sales on the terra cotta walls of public baths, acquainted the public with sales of estates and absconded debtors and began the practice of notifying the Romans of articles lost and found and houses for sale or rent.

The Romans are commonly credited with the origin of the sign board. Today we have the bulletin board, which corresponds to the Roman tabella found in the ruins of Pompeii and Herculaneum, where public announcements were made.

Advertising met the same fate as the Romans did when the Huns came sweeping down from the north. Until the middle ages very little of it is seen. But with the appearance again of the town crier, supplied with the customary long winded declarations and a choice supply of adjectives, advertising began to make itself felt in the conduct of business affairs. The public criers began to organize themselves both in France and in England, and they were persons with considerable prestige.

From crying out the superior qualities of merchandise and all kinds of goods and wares the crier soon began to make announcement of things lost and found, of sales, weddings, christenings and other interesting events.

Gradually as time went on inns began to use distinctive signs and symbols to mark their hostleries, just as individuals had employed coats of arms. All kinds of devices were used and are still used by inns to the present day. All such signs as the blue anchor, the black dragon, the three lions, the bear's head, the red lion and so on, made definite representations and implications.

Of course with the development of the printing press advertising took a great spurt. The use of posters came into vogue, and all kinds of pamph-



"Be a Sinew in the Colossus of Production"

A call to Sow that we may Reap

Ontario's farms stand in dire need of labor at this seeding time. Results of investigations by the Ontario Department of Agriculture show it. There is about one man per hundred acres left on the farms—not enough! Unless labor is forthcoming in thousands—men and boys—the farmer cannot now sow even a normal harvest, much less the increase the Motherland expects Ontario to produce.

This labor must come from the cities, towns and villages.

The Central Committee is at your service and will co-operate with suggestions, etc.

Chairman—His Honor Sir John Hendrie, Lieutenant-Governor of Ontario. Vice-Chairmen—Sir William Hearst, Prime Minister; N. W. Rowell, Esq., K.C., M.L.A. Secretary—Albert H. Abbott, Esq., Ph.D.

Organization of Resources Committee Parliament Buildings, Toronto

YOUNG CANADA HOLDS LINE.

Officers Warn of Undue Optimism in Dominion.

By Stewart Lyon, Special Correspondent of the Canadian Press.

Canadian Army Headquarters, March 30.—Officers out of the trenches who are in a position to judge of actual conditions here, strongly deprecate what they speak of as the undue optimism recently voiced in some Canadian journals and by public men. The only possible result of this optimism, they point out, is to make the people at home think the war is won and that there is no need for more men than are now in France and England.

The truth is that during the period of relative inactivity on this front

the wastage pace has been going up and down the lines, and one can see the result in the relegation of elderly men to work behind the lines. Young Canada will face the foe on this part of the front in this year's operations, and young Canada must pay the price.

Some battalions doing their first turn in the trenches may have in their ranks a certain number of men ranging up toward forty, but they do not last, and from the point of view of physical power they are not a good investment.

The Murray Government (Conservative) in New Brunswick, a month and four days after its defeat in the election, yielded up the seals of office.

Catarah Cannot be Cured

With LOCAL APPLICATIONS, as they cannot reach the seat of the disease, Catarah is a local disease, greatly influenced by constitutional conditions, and in order to cure it you must take an internal remedy. Hall's Catarah Cure is taken internally and acts through the blood on the mucous surfaces of the system. Hall's Catarah Cure was prescribed by one of the best physicians in this country for years. It is composed of some of the best tonics known, combined with some of the best blood purifiers. The perfect combination of the ingredients in Hall's Catarah Cure is what produces such wonderful results in catarah conditions. Send for testimonials, free.

P. J. CHENEY & CO., Props., Toledo, O.

514 Broadway, N. Y. City.

Hall's Family Pills for constipation.