Tonight 29c.

#### AN ARMY OF INTERNAL BATHERS

Over half a million bright, keen, upto-date Canadians and Americans have found that Internal Bathing is more essential to their well-being than Exter-

cole next morning. No more of that tired, nervous condition-but by normal sieep, with all their funchappy, clear-headed and confident, eager and capable for the duties of the!

Copper Cliff, Ont., March 2, 1916. Or. Chas. A. Tyrrell, Toronto, Ont.: "I B. L. Cascade" for the past three of honor. nonths and am convinced that it is the most modern and scientific method of dealing with constipation that has ever been devised, and I will lose no oppor- few friends to tea on Friday to meet tunity to promote its use among my

Why not learn more about this rapid-Iv-growing and natural practice? The Mrs. R. O. Sweezy, Union street. B. L. Cascade," the original and now being shown and explained by F. J. Hoag, Kingston. There also may Monday. Man of To-day Is Only 50 Per Cent. officient," a most interesting booklet on the subject. If you prefer, write to given this week in honor of Mrs. edy." Dr. Chas. A. Tyrrell, 163 College street. Gribble and Mrs. Beatty.

## Rigney & Hickey

at 138 Princess street, and will reopen in a few days with a complete line of new goods. I will extend a welcome to all old

How To Remove Easily. body freckles in March, but happily stock before leaving for overseas. | tery, Kingston, is spending a few blemishes, and no one need stay has returned from Toronto

double strength, from your dauggist and apply a little of it night and morning, and in a few days you should see that even the worst freckles have begun to disappear, while the light ones have vanished entirely. Now is the time to rid yourself of freckles, for if not removed now they may stay all Summer, and spoil an otherwise beautiful complexion. Your money back if

# Best's Spring

April is the Month for Spring Medicines: Sarsaparilla Extract. Beef, Iron and Wine. Quinine Tonic. Sulphur and Molasses, Blaud's Pills.

Take your spring tonic now,

The Popular Drug Store.

## SEE US WHEN YOU ANNOT SEE

Maintain the **Highest Standard** of Quality in Sight Testing, Lens Making, and Eye Glass Fitting Our Charges Are Moderate Our Work Is

Guaranteed.

3 doors above the Opera House. 236 Princess Street. OPTOMETRIST AND OPTICIAN.

## \*\*\*\*\*\*\*\*\* Told In Twilight

Mrs. W. E. Macpherson, College before they know it, it has settled on septic warm water, removed all the street, will entertain this evening, the lungs. poisonous waste from the Lower Intes- when her guests will be some of the

House," and Mrs. Hubert Stethem were tea hostesses on Friday when Dear Doctor .- I have been using your Mrs. Munro Reynolds was the guest

Mrs. Herbert Scandrett asked a

sister, Mrs. C. E. Taylor, Johnson Limited, Toronto, Ont.

I have taken over the grocery busi- Easter with Rev. Samuel and Mrs. Hughes, William street, will re-Sellery in Cobourg. Miss Flora Stewart, who has been don. visiting friends in Ottawa, returned home yesterday.

Miss Elma Lake, Alfred street, western points. On Sunday he will her sister, Miss Marjory Lake. customers of this well-known store,

United Grocery Store Co. engaged in the missionary field in Toronto to spend several weeks with India for the past five years, has Miss Jean Newman, Tyrell avenue. spend it with her parents, Mr. and street

> Mrs. Alex. Laird, who is at pre- Godwin, have left for their homes at in Montreal, is expected in Niagara Falls after a very pleasant

Canon Forneri was in town from March Worst Month for This Trouble Belleville for a few days this week, spent the week end in Napanee visit-Nursing Sister Miller is spending ing Mrs. W. C. Scott. There's a reason why nearly every- the week-end at her home in Wood- H. K. Coleman, of the 72nd Bat-

> Albert street, has returned to To- stay in Toronto. Miss Lorraine Minnes and Miss strv Nora Minnes will spend Easter in

Lieut. M. H. S. Penhale is Montreal and Sherbrooke for a few is attending Havergal College, To- spend the Easter holidays with her ronto, is expected early in the week parents Lt.-Col. and Mrs. R. J. Garto spend the Easter holidays with diner, Bagot street.

her parents, Mr. and Mrs. Arthur B. Cunningham, Earl street. weeks, returned to Peterboro on

left for Brampton to-day. Miss Millie Ferris, Albert street, who has been visiting her sister, Mrs. Fisher, in Bound Brook, N.J., is expected home next week

Mr. and Mrs. Harold Davis, Stuart street, returned to-day from California. Mrs. John Fairlie, Brock street,

## LOOK AT CHILD'S TONGUE IF SICK, CROSS, FEVERISH

Hurry, Mother! . Remove Poison From Little Stomach, Liver,

Give "California Syrup of Figs"



When peevish, cross, listless, pale, doesn't sleep, doesn't eat or act naturally, or is feverish, stomach sour, breath bad; has stomach-ache, sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the fowl, constipated waste, undigested food and sour bile gently moves out the food and sour bile gently at their home on April 16th.

The marriage of Miss Muriel Shortt, daughter of Dr. and Mrs. Adam Shortt, Ottawa, to Lieut. Roger Fyfe-Clark, of the Canadian Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael's Church, London, Engineers, son of D. K. Clark, Hamilton, took place on March 29th in St. Michael

You needn't coax sick children to take this harmless "fruit laxative;"
they love its delicious taste, and it
always makes them feel splendid.

Ask your druggist for a 50-cent
bottle of "California Syrup of Figs,"
which has directions for babies, children of all ages and for grown-ups good."

plainly on the bottle. Beware of Chaplin go to heaven?"

Mother— Tes, dear, it they are panished good."

Little Girl—"Mamma, will Charlie and de Chaplin go to heaven?" get the genuine, ask to see that it is Mother—"Yes, dear, if he made by "California Fig Syrup Com-good."

the rose AND BALL DATE SAID WAY AND AND AND

### HAD SEVERE COLD

#### Pain in Chest

SPASMODIC COUGHING Many people when they contract a old do not pay any attention to it. thinking perhaps it will pass away in a day or two. This is a mistake for

serious lung trouble.

will be hostess at the Bridge Club on commended Dr. Wood's Norway Pine sentiment it struck me that rather Syrup, and after using three bottles he had really descended. I was completely cured. I recom-

"Dr. Wood's" is put up in a yellow wrapper, three pine trees the trade er Miss Mildred Sellery is expected manufactured for the past twenty-rom Cobourg shortly to visit her five years by The T. Milburn Co.,

was in town for a few days this visit her daughter, Mrs. Hubert in the scheme of things, your fel-Mr. and Mrs. C. E. Taylor and Miss Maude Bland, who is the loathing and disgust, but your dog

went to Toronto to-day and later to

will leave on Thursday for Ottawa officiate at the christening in To-Dr. Dennis Jordan. Mr. and Mrs. J. B. Halkett, Miss Helen Darragh, King street visit Dr. and Mrs. J. J. Baldwin Hill, and evil days simply because he

been granted furlough, and is ex- Lorne Franklin, Winnipeg, is the pected in Kingston next month to guest of Mrs. Richard Elmer, Bagot Mrs. George Hague, University Mrs. Batty and Mrs. Gribble,

Miss Alice Macnee, Barrie street, days with his parents, Rev. and Mrs. Miss G. C. M. White, who has Miss Dorothy Carruthers, "Ann been the guest of the Misses Daly, andale," has returned from a short

> Miss Jean Rose, Whitby Ladies College, is in the city on a short Mr. and Mrs. Joseph Dolan, Mont real, are visiting Mrs. M. J. Dolan

in Wellington street. Miss Harriet Gardiner is expected Miss Elizabeth Cunningham, who from Toronto early in the week to

Several informal teas have been given this week in honour of Miss Lieut, and Mrs. Ford Strickland, Edna Montgomery, who is Miss Dorothy Chown's guest.

Mrs. A. W. Brown, Barrie street, few weeks at Atlantic City and dur- her knees by a submarine campaign,

ant visit in this city.

Miss Jean Duff returned from O'

Miss Doris Folger, who has been attending Havingal College, Toronto, is with her parents, Mr. and Mrs. Howard Folger, "Edgewater" for the

Mrs. J. B. Carruthers and Mrs. G Hunter Ogilvie, Kingston, attended the annual gymnastic exhibition at Havergal College, Toronto, on

Thursday night.

Lady Hendrie has as her guest at Government House Mrs. A. D. Braithwaite, Montreal.

Aemilius Jarvis and Sir Herbert Ames are in Washington.

Miss Daisie Hall Kingston. Miss Daisie Hall, Kingston, is in Montreal the guest of her sister, Mrs. Lorne McMillan.

I. Zacks, Princess street, announces the engagement of his eldest daughter. Dora, to Solomon Kling, son of Mr. and Mrs. G. Kling, Toronto. The marriage will take place quietly in May.

Look at the tongue, mother! If Coated, it is a sure sign that your little one's stomach, liver and bowels need a gentle, thorough cleansing at take place sure take place surests.

Mr. and Mrs. N. P. Van Winckel, Ordnance street, announce the engagement of their only daughter, Bertha Mary, to Walter Stanton Wood, of Toronto, the marriage to take place quietly at their home on

fowl, constipated waste, undigested food and sour bile gently moves out of the little bowels without griping and you have a well, playful child again.

It is a sour bile gently moves out land, the Rev. Bennett Calvin officiating. Mr. and Mrs. Fyfe-Clark are spneding their honeymoon in

(Continued on Page 14.)

Little Girl-"Mamma, do moving cture actors go to heaven?"

pany." Refuse any other kind with Little Girl-"Won't God laugh

Panegyric About the Dog.

of immediately, otherwise it may bubbling an unhealthy puddle stircause years of suffering from some red into action by a city alderman. Mr. A. George, 30 Blevin's Place, sense in which that word has come Toronto, Ont., writes: "Having great- to be used in these days, and I have ly benefitted from your remedy, Dr. the name of being a reasonably Wood's Norway Pine Syrup, I take practical sort of individual, but I the liberty to write you a few words wondered once, twice, thrice, as to friends, as I can speak truthfully and Montage Miss Dadine Hodgson, of about the effect of that wonderful the views of a man, who in days of syrup. Two years ago I caught a plenty (despite high prices) could severe cold, followed by a spasmodic seriously suggest the wholesale Next week the Reading Club will cough and pain in my chest. I was slaughter of the dog community. The meet on Thursday at the home of treated by many doctors, but with- dog, "the friend of man" from time out any benefit, and also took many immemorial. When the Whig statproprietory medicines which all fail- ed that this alderman "climbed to a Miss Sibbald Hamilton, Earl street, ed to cure. One of my friends re- still higher plane" in voicing this

> Love is love, whether human or Several informal teas have been mend it to anyone as a God-sent rem- dumb. Will the Whig readers be shocked to hear me say that many a time the latter outweighs the form-

Mrs. Howard Taylor, Gananoque, will go up to Toronto next week to may become the lowest down factor little Miss Jean Taylor will spend guest of her sister, Mrs. Harold is at your heel loving and believing turn next week to her home in Lon- able. In reverence inexpressible, as Rev. Dr. Jordan, Barrie street, point of endurance under every to spend the Easter holidays with ronto of his twin grandsons, sons of may do his duty by you, because it and, I hope, also to many new ones. William street, are leaving for Ot- will leave shortly for New York to good and bad report, through good

> ed for his loved presence since morning, may know what it is to be may know what it is as he throws himself into his easy chair to feel a cold nose thrust into his hand asking for one pat of recognition, and that granted the sigh of ineffable contentment as its recipient throws himself at the feet of the beloved master, resting and satisfied in the blissful probability that he can ount upon having him at least until next morning; know, in short, the joy of one phase of love which he has apparently missed. And let him remember (and the Bible neither modifies or makes exception in the statement) "Love is of God."

#### -MY DOG'S MASTER. DOUBTS THE EFFICACY

Noted German Naval Critic Is Openly Skeptical as to Pressure.

Mr. and Mrs. T. G. McGinnis, 31. Open skepticism as to the pos-Philipsburg, Que., are spending a sibility of bringing Great Britain to ing their absence little Miss Norah and through the direct pressure of McGinnis is the guest of her grand- starvation, is expressed by Captain mother, Mrs. H. W. Richardson, Persius, the naval critic of the Berliner Tageblatt. Instead, the hope Miss Hazel Perkins, Ottawa, vis- and belief of Capt. Persius is that by iting Mrs. H. D. Bibby, Barrie street, an average monthly loss of half has returned home after a very pleas- | million tons of shipping in the next few months. Great Britain may be Miss Dadine Hodgson, Montreal, is of the war would be unprofitable. though this result, he declares has not yet been attained.

Publicite-Publicity, Montreal.

attending Havingal College, Toronto, is with her parents, Mr. and Mrs. Howard Folger, "Edgewater" for the Easter holidays.

Mrs. James Elliott, Toronto, after an operation in the General Hospital is doing nicely and staving with her is doing nicely and staying with her aunt, Mrs. Robert Gray, Barriefield.



If it is a headache, a backache, a sen-

Mother—"Yes, dear, if they are banished from the lives of tens of thousands of women the pain, worry, misery and distress caused by these diseases.

Little Girl—"Wamma, will Charlie Chaplin go to heaven?"

Mother—"Yes, dear, if he is good."

Moth

Kingston, March 30 .- (To the Editor): It must have been in the neighborhood of 11 p.m. last Tuesday when at the close of a strenuous ine, they awake thoroughly refreshed students in the Faculty of Educa- the fact that on the first sign of a as good as can be looked for at the day's work I took up the Whig to I am not a sentimentalist in the

cough or cold it must be gotten rid present, but at our home doors was

You may fall from riches to poverty, from health to disease, from respectatelity to disreputability. from sofrjety to drunkenness, you low-man hay sturn from you with one who all but worships the memory of his mother, I avow that in

## OF SUB. CAMPAIGN

Copenhagen, via London, March Cars for Hire. Washing Cars: Efficient Service Guaranteed. Give us a call.

One of the Strongest Lists.



Of all overworked women probably the housewife is the hardest worked. She has so much to attend to, with very little help. Her work can be lightened if she knows the value of system and she should try and take a short rest in the daytime. A physician who became famous almost around the world, Doctor Pierce, of Buffalo, N. Y., the specialist in woman's diseases, for many years practiced medicine in a farming district. He there observed the lack of system in the planning of the work.

must be wrong with the head or back, a woman naturally says, but all the time the real trouble very often centers in the organs. In nine cases out of ten the seat of the difficulty is here, and a woman should take rational treatment for its cure. The disorder should be treated steadily and systematically with Dr. Pierce's Favorite Prescription.

For diseases from which women suffer "Favorite Prescription" is a powerful restorative. During the last fifty years it has banished from the lives of tens of thought

# Kiddie Koops

Carriages Go-Carts Sulkies

Probs: Showers tonight and for part of Sunday.

sizes from 8½ to 9½.

quick clean-up. Tonight ......

WHITE CHAMOISETTE GLOVES

LINEN TOWELLING

WHITE VOILE WAISTS

TRINITY

PRIVATE

HOSPITAL

ple accepted.

with graduate nurses in attend-

ance. Massage and Electrical

Treatments given. Aged peo-

Terms Moderate.

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PERCY J. QUINN. Manager, Ontario Branch, Toronto

W. H. GODWIN & SONS

AGENTS, KINGSTON, ONT.

New celery, new radishes, lettuce, parsley, tomatoes, green onions, rhubarb, new cabbage, sweet potatoes, and all seasonable fruits. We will also have for Saturday new carrots, cucumbers, Spanish onions and Ja-

Caverly & Bradshaw

Phone 1844 Cor, King & Earl Sts.

335 King Street.

We furnish auto supplies of all kinds; gasoline, motor oil, etc.
Care washed and stored at reasonable rates.
Repair work promptly attended to. Satisfaction guaranteed.

J. P. Daly, Prop.

"TRANSFER, PLEASE-MISS"

Phone 363.

SPECIALS

**BON MARCHE** 

maica cocoanuts.

Auto Supplies. Gasoline at 33c.

Large, \$1.00. Small, 75c.

\$1.75 values. Tonight ...

A GREAT FINALE TO OUR WONDERFUL

SPRING SALE - STORE OPEN TO 9.45.

SILK HOSE

is a particularly good value today at 45c a pair. All

180 pair Canadian made chamoisette gloves; white with black

points in sizes 7 and 7½ only. Regular 50c to 75c a pair — for a

1000 yards of Irish linen tea-towelling; a special value today at

144 pretty embroidered and lace trimmed white voile waists in a

splendid assortment of styles to choose from. Regular \$1.25 to

ALL OF OUR ALREADY LONG LIST OF ADVERTISED BAR-

GAINS WILL BE ON SALE TO-NIGHT.

STEACY'S - Limited

240 pair of black and white silk boot hose. This



We have just received a large consignment of new and up-to-date designs.

Make your selection now while the stock is large.

Phone 90.

# AT DAVIES

Veal "Specials"

Fresh Tender Joints of the Highest Quality. Legs of Veal (whole or half), per lb. . 24c Loins of Veal, per lb. ..... 

The Best Value in the City. Green Windsor Bacon (sliced) Fresh Pork Liver ......

Wm. Davies Co., Limited, Phone 597

# Odd Line Sale

Men's Goodyear Welts, tan and black Four Women Street Car Conductors Men's Light Working Boots . .

70 Brock Street.