

Good Old Home-Made Family Cough Remedy

Much Better than the Ready-Made Kind—Easily and Cheaply Prepared.

If you combined the curative properties of every known "ready-made" cough remedy, you would hardly have in them all the curative power that lies in this simple "home-made" cough syrup which takes only a few minutes to prepare.

McLaughlin's Garage

Seize the opportunity; bring us your car before it gets snowed in. You will want it looked over before using it in the spring.

R. J. Furse, Prop.

Garage Phone 1600; Res. 981. New Stand, 54-55 Princess Street. Opposite Wornwith's Piano Works.

CREAM FOR CATARRH OPENS UP NOSTRILS

Tells How To Get Quick Relief from Head-Colds. It's Splendid!

In one minute your clogged nostrils will open, the air passages of your head will clear and you can breathe freely.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh. Relief comes so quickly.

Ladies' Suits !!

By placing your order now for your spring suit you will save 25%. Also skirts and dresses made to measure for very low prices.

New York Skirt & Suit Co.

303 Wellington Street. "TIZ" PUTS JOY IN SORE, ACHING FEET

"My, How 'Tiz' Gladdens Tired, Swollen, burning Feet — It's Glorious!"

Ah! what relief. No more tired feet; no more burning feet; no more swollen, aching, tender, calloused feet. No more soreness in corns, watery bunions.

No matter what ails your feet or what under the sun you've tried without getting relief, just use "Tiz." "Tiz" is the only remedy that draws out all the poisonous exudations which puff up the feet.

Get a 25-cent box at any drug store or department store and get instant relief. Wear smaller shoes. Just once try "Tiz." Get a whole year's foot comfort for only 25 cents. Think of it.

HUDSON BAY Insurance Company

Head Office, Royal Insurance Bldg., MONTREAL. PERCY J. QUINN, Montreal, Ontario Branch, Toronto. W. H. GODWIN & SONS, AGENTS, KINGSTON, ONT.

PARADIS GARAGE

FOOT OF BRICK STREET. Phone: 5150, 525, 535, 545. We furnish: Auto Supplies, Gasoline at 10c, Motor Oil, Car Wash.

Working Cars, Spare Parts, Wash, 75c. Highest price guaranteed. Give us a call. E. PARADIS, Prop.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

ARTHUR'S LETTER.

(Copyright, 1916, by the McClure Newspaper Syndicate)

I was prepared to read almost anything when I opened Arthur's letter. The first possibility which flashed through my mind was that he had killed himself. Then I remembered what they had told me at his office, and I gave a sigh of relief.

It was better to have him in Europe than in a grave. Then there came over me a sickening idea that he had left me, that he had put the sea between us intentionally so that he might not be compelled to meet me if I should return.

But why had Arthur fled? What drove him to leave New York? Was it really business or was it I, Roxane, his wife? And if so, what was in his mind when he did? What did he think of me and my absence?

I glanced at the letter. There was no adjective before my name as he addressed me. It began abruptly. It seemed to me that my worst fears were confirmed by that fact.

Arthur had gone away thinking that I had quit our home, possibly with some other man.

I had crumpled into a chair, my weak limbs no longer able to support me, and there, when the tumult had died in my soul, I read what my husband had to say. Here is the letter, word for word:

Roxane: When you receive this letter, if you ever do, I shall be far away and you will be able to read it without the influence either of my presence in our home or in this city.

Whether I shall return will depend upon circumstances, but with those circumstances, needless to say, you will have nothing to do. I am leaving the way open for you to take whatever action you choose.

You may allege desertion or anything else that you wish, and I shall make no contest. All I wish is that there be as little scandal as possible about it and that the matter be over quickly.

After that I may feel that it is possible to return to America.

I am not writing this letter to reproach you. As a matter of fact I do not know why I am writing it at all, for the chances are that you will never see it.

Possibly I am merely trying to relieve my mind by setting down in black and white how I feel regarding this great crisis in your life and mine.

Strangely enough, I feel no resentment toward you. I have searched my heart and I can find no bitterness in it toward you. I merely want to go away and forget it all.

I have been so busy making money that I have not had time to be a good and attentive husband, and back of all our trouble, I know, was this thoughtlessness of mine, so that I

have no one to blame except myself. A man who thinks more of dollar only to find that he has no home in the real sense of the word, and that is my predicament now. I have become rich, but I lost all those things which, in my younger days, I considered worth living for.

How did I get there? How did I come to do them over again? But that is the old cry of the miserable and disappointed, and I shall try not to utter such a complaint again.

What I want to do now is to forget you and my association with you, for each time my mind dwells upon anything with which you are connected, my whole being is racked with pain.

I have told your mother nothing. At first I thought you might have become angry with me because of my neglect and going to her home, but I did not wish to take the chance of alarming your mother and I investigated quietly.

When I learned you had not gone to her my worst fears were realized. But I have spared her. She does not know your shame. It is all a mystery to me. I do not know of any man who you cared for, and I can think of none with whom I could connect you. But I have been so blind to other things that it is not wonderful that I did not see that some other man was taking my place in your affection.

I only hope that you will obtain a divorce and marry him before it is too late. You may not know now what I mean by "too late," but you will know unless you take my advice and place yourself in a position to marry this one whom you love.

Four years ago I hope you will heed this advice. Once more I am impressed with the folly of writing this letter, yet I am writing it, although I know that you will never see it and that if I ever return it will make me ridiculous in my own eyes.

But I cannot help it. An irresistible impulse compels me. And I know that it will not be disturbed because I have leased this apartment indefinitely. It seemed easier to do this than to dismantle it, so I am leaving everything just as it was when we lived there together.

Some day, perhaps, I shall return and look over these ashes of the dead past but until then I shall try to forget.

I hope that the new world into which you have entered will bring you much happiness, and that you will insure its continuance by the bond of marriage as soon as the law will render it possible for you to do so. Until then, I am your husband, so.

ARTHUR. I turned back and read the letter again, slowly, my heart in my mouth, my breast heaving with emotion.

(To be Continued.)

Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper

By Pictorial Review

A Reversible House Dress.

Gather lower edge of waist between double "TT" perforations and 2 inches above. Adjust stay to position under gathers, center-fronts and center-backs even (large "O" perforation indicates center-front, small "o" perforation in it toward rear).

Now, turn the hem at front edge of front gore of the skirt on small "o" perforations. Plait back gore bringing "T" to corresponding small "o" perforation and tack. Join gars as notched. Adjust skirt to position, stitching upper edge over upper row of gathers in waist, center-fronts and center-backs even, side seam at under-arm.

Then adjust pocket to position on skirt, with outer edges of pocket along indicating small "o" perforations. Leave the upper part of pocket free about 2 1/2 inches from the top, to slip the belt under.

For the belt, turn under 1 1/2 inch at front edge for hem. Adjust to position with center-fronts and center-backs even, large "O" perforation indicates center-front; slip belt underneath the strap extending to waist.

This is an eminently practical design for morning wear.

Pictorial Review House Dress No. 7139. Sizes, 34 to 50 inches bust. Price, 20 cents.

Above Patterns Can Be Obtained From NEWMAN & SHAW Princess Street.

WONDERFUL BOKHARA:

Stephen Graham Tells of Little Known Oriental People.

"The train entered the Russian Protectorate of Bokhara, and the population changed." Thus writes Stephen Graham in his book "Through Russian Central Asia."

"I fell into conversation with a Tartar merchant in carpets," he goes on to relate, "and I tried to obtain an idea of what Bokhara was like in the year of grace 1914."

"Is there an electric tramway in Bokhara, or a horse tramway?" "No, nothing of the sort. The streets are so narrow, two carts can't pass one another without collision."

"Are there any hotels?" "There are caravanserais." "No European buildings?" "Only outside the town. There is a Russian police station, and a hotel built for officials. The Emir won't allow hotels to be built within the walls."

"At length we reached New Bokhara, the Russian town, with its white houses, avenues of trees, its broad streets and shops, and we changed to a by-line for Ancient Bokhara. The train went through pleasant meadows and cornfields, bright and fertile as the South of England, and after twelve sunny versts we came into view of the cement-colored mud walls of the most wonderful city of Muhammadan Asia."

"The houses are made of the ruins of bygone houses, of ancient tiles and mud. They have fine old doors of carved wood, but no windows looking on the streets. A sort of inlaid cupboard, with a glass window, half open, a spread of wares, and a Moslem sitting in the midst, is a shop. This sits the vendor of goods, but also the maker, the tanner, the work, the cooper, the smith, the maker of hats. The bazaars are rich and rare, and in the shadow of the covered streets—there are fifty of them—the lustrous silks and carpets, and pots and slippers, in the shops each side of the way, have an extraordinary magnificence. The gorgeous vendors, sitting patiently, not asking you to buy, staring at the heaps of metallic, silver-bits and notes resting on the little tabourets in front of them, belong to an age which I thought was only to be found in books. What a wealthy city it is! It offers more silks and carpets for sale than London or Paris; it is an endless warehouse of covetable goods."

"What strikes you at Jerusalem or Constantinople is the abundance of English goods for sale, but here at Bokhara there is a strange absence of western commodities. Formerly the English sent all sorts of manufactures by the caravan road from India, but since the Russians ringed round their customs system, the commercial influence of England has waned. Western goods come via Russia. What European articles there are come from Germany or Scandinavia. For the rest, as in other eastern cities, the street Arabs hawk churek-cakes and lepehki; men in white sit at corners selling, in this case, Bokharaese delight, brown twists of coffee, old-fashioned sugar candy which in piles looks like so much rock crystal."

After a discussion of economic questions the Italian Chamber of Deputies adopted a resolution of confidence in the government by a vote of 369 to 43.

Rev. Bryson H. Stauffer, pastor of Bond street Congregational church, Toronto, announced from the pulpit that he will remain in his present charge.



The Whig's Daily Menu

Menu for Wednesday: BREAKFAST: Grapefruit or Steved Pigs, Ham Omelet, Toasted Bran Bread, Coffee or Cocoa.

LUNCHEON: Cold Cresset, Apple Jelly, Bean Bread and Butter, Tea or Milk. DINNER: Cream of Cresset Soup, Cold Lamb, Macaroni, Peas, Coffee.

Ham Omelet. The pickings from the ham bone are put through the food chopper and to each egg allow 1 tablespoon.

Fresh, pure, clean Tea Guaranteed

You can always be sure of getting fresh tea—pure tea—clean tea—fragrant tea—full strength tea—rich, natural flavored tea—in the sealed Red Rose package.

A choice blend of the select hill grown teas of Assam, in northern India, and Ceylon—A tea of distinctive flavor and economy—

The price is marked on the package and is the same price in every grocery store—A price that allows the grocer only a fair and just profit.

A tea that goes fully one-third farther than ordinary tea.

Try a package of this 'delightful tea. Red Rose Quality wins thousands of new users every year.

A big company stands behind and guarantees every package of Red Rose Tea.



You get the full net weight of tea marked on package.

T. H. ESTABROOKS CO., Limited St. John, Toronto, Winnipeg

This package is sealed tight against odors—dust—and air—the "enemies" of tea.

It is a package worthy of the choice tea inside—

621



CHARMING SPRING SUIT. Made of white broadcloth, trimmed with gray braid.



A PRIESTESS. In the spectacle "Intolerance" at the Grand Theatre, Friday and Saturday.

Our bakers select these choice ingredients—high-grade flour, fresh rich milk, Jersey butter and pure shortening in the making of McCormick's Jersey Cream Sodas.



McCormick's Sodas

Advertisement for Regal Table Salt, featuring a woman and the text 'The Favorite 365 Days in the Year REGAL FREE RUNNING Table Salt Made in Canada'.

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher and has borne his personal supervision since its infancy.

What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness.

GENUINE CASTORIA ALWAYS

Bears the Signature of Dr. J. C. Fletcher. In Use For Over 30 Years. The Kind You Have Always Bought.