

# Are You Worn Out?

Does night find you exhausted—nerves unsettled—too tired to rest?

## SCOTT'S EMULSION

is the food- tonic that corrects these troubles. Its pure cod liver oil is a cell-building food to purify and enrich the blood and nourish the nerve-centers. Your strength will respond to Scott's Emulsion—but see that you get SCOTT'S.

Scott & Borne, Toronto, Ont.

**Special for This Week**

The Price is Not High—  
But the Quality Is  
Chocolate Dates, 50c lb.  
Chocolate Cream  
Cherries . . . . 50c lb.  
Smooth, sweet and rich,  
without being indigestible. Try a pound.

**P. H. BAKER & CO.**  
Phone 141 302 King St.

### "TIZ" PUTS JOY IN SORE, ACHING FEET

"My, how 'Tiz' gladdens tired, swollen, burning feet—it's glorious!"



"Tiz" makes my feet smaller."

What relief. No more tired feet; no more burning feet; no more swollen, aching, tender, sweaty feet. No more soreness in corns, calluses, bunions.

No matter what ails your feet or what under the sun you've tried without getting relief, just use "Tiz."

"Tiz" is the only remedy that draws out all the poisonous exudations which puff up the feet. "Tiz" cures your foot trouble so you'll never limp or draw up your face in pain. Your shoes won't seem tight and your feet will never, never hurt or get sore and swollen. Think of it, no more foot misery, no more agony from corns, calluses or bunions.

Get a 25-cent box at any drug store or department store and get instant relief. Wear smaller shoes. Just once try "Tiz." Get a whole year's foot comfort for only 25 cents. Think of it.

## FROM THE COUNTRYSIDE

### Frontenac

**GLENOWEN.**  
March 13.—Quite a number attended court in Verona last Friday. The men have stopped drawing fields at the mines. Mrs. T. Babcock is very ill at her home, and her husband has been called. John Snook and family from the west, are visiting at James Wilson's. James Coultier was at Sanford German's.

**SUNBURY.**  
March 14.—The roads are much improved, and considerable driving is being done. G. Bishop had a bee drawing coal from the city on Monday for factory fuel. The Red Cross will hold a social evening at the residence of Benjamin Kells on Thursday. The Methodist Ladies Aid will hold their monthly meeting at the residence of Mrs. Robert Dixon on Wednesday. G. Shannon was the guest of James Toland last week. Some of the farmers are cutting wood. A quantity of feed is being drawn from the city by stockmen. Some local factories are making preparations for starting the cheese trade.

**MYER'S CORNERS.**  
March 13.—The recent snow-storm has left the roads in a bad condition. A number from here attended the funeral of the late Neil Mills in Harlowe on Friday last. Donald MacGregor made a business trip to Kalamazoo Saturday last. R. T. Deltor, Arden, attended the sale at the Big Dipper mines on Saturday. W. C. Salmon has returned to his home in Grand Prairie. John Curtis has returned home from the lumber woods. Mr. and Mrs. Charles MacGregor spent Thursday at D. Rintoul's, Harlowe. "Sandy" Perry called at F. Good's on Sunday last. Miss M. MacGregor and R. Hamilton spent Sunday at Joseph Perry's.

**FALL RIVER.**  
March 14.—The weather continues stormy with an abundance of snow, and the roads are in a bad condition. Several of the people from here intend taking in the pie social at Zealand in aid of the Red Cross on Friday evening. Herbert Duffy, Port McNicoll, Ross Gray and Thomas Kirkham, Toronto, all spent Sunday under their parental roofs. Several of the people have harvested their season's supply of ice, which is of a fine quality. The number of teams that Thomas Palmer had engaged drawing his pulp wood from Rock Lake to Maberly Station have completed their hauling. Charles Fields, an employee at Matthew Ferguson's, is hauling logs to Maberly. Mr. and Mrs. R. Buchanan made a flying trip to Maberly on Monday. Miss Tena Gray spent last week at Silver Dale. Rev. T. B. Moody conducted service in this place on Wednesday evening. John Duffy and sister, Mildred, at A. Gray's. Mrs. J. Stevenson made a business trip to Sharbot Lake recently. Miss Ada Morrison spent Tuesday at her home here.

### Leeds

**OATES.**  
March 12.—The news of the sudden death of Mrs. G. P. Hogan. William, came as a great shock to her

many friends in this vicinity. Mrs. W. A. Leeman had the misfortune to lose one of her horses last week. School is progressing favorably under the management of Miss Norah Staley, Railton. Mrs. F. McDonald is on the sick list. Mrs. E. Hinge and little daughter, of Leland, are spending a few days with Mr. and Mrs. J. Johnston at Estell. H. Leeman is holidaying with friends at Bedford Mills; Miss L. A. Donaghy, Rideau Leake, returned home after spending some weeks with Mrs. A. N. Koen.

**CHAFFEY'S LOCK.**  
March 13.—Philip Brady is in Kingston under medical treatment. Levi Fluke and family have moved to Yarker, where he has secured a good position. Norman Vieky is moving in residence vacated by Mr. Fluke. J. K. Regan is recovering from his recent illness and has returned to his home. The many friends in this vicinity of Mrs. George Hogan extend sympathy to the bereaved family. The school is progressing favorably under the tuition of A. Dillon and there is a good attendance. Many are drawing timber and lumber to and from Newboro. Mrs. W. H. Fleming and Miss Lillian visited at Elgin last week.

**DELTA.**  
March 13.—A union service was held in the Methodist church on Sunday evening last, conducted by Mr. Bell, Field Secretary for the Dominion Alliance. W. Chant, of Watertown, N. Y., is visiting his father, R. Chant. Pte. C. Lafche arrived home from overseas on the 11th. Howard has moved into his new property. A number from here attended the funeral of the late Mrs. S. Knowlton, of Chantry, on Thursday last. Mr. and Mrs. R. Kelly, of Addison, spent the week-end at Dr. Kelly's. Mrs. M. Soper is again confined in her home. Mrs. M. Hazelton still remains very ill. The play, "At Random Spent," given on Friday evening under the auspices of the Red Cross Society, was well attended. Over one hundred dollars was cleared. Rev. T. H. Barker is giving one of his splendid illustrated lectures on March 23rd.

### Lennox and Addington

**NEWBURGH.**  
March 10.—Rev. Mr. Farnsworth is getting on well, and it is expected that he will be home soon. Thomas Loucks, an old and respected resident of the village, died very suddenly of heart failure at his home here on Wednesday last. H. M. Ryan has gone to New York to visit his brother, Dr. Ryan, for a few weeks. Vincent Kennedy received a bad fall of about thirty feet on Friday last. His right arm was broken and he received cuts and bruises. The news of the death of H. E. Parliament in an isolated hospital in England came to the village on Friday. Mr. and Mrs. J. H. Patterson have gone west to visit their sons. Rev. Mr. Kemp will occupy the pulpit in the Methodist church on Sunday evening. Mr. and Mrs. T. I. Winter and family spent Saturday at Empey Hill.

**SELBY.**  
March 13.—A number attended the Red Cross meeting on Tuesday. Earl Dudge and sister, Minnie, left for the west on Tuesday. S. Anderson and family moved to Melrose last week, and Mrs. T. Martin has moved in the house he vacated. D. Fitzpatrick and sister attended the kitchen shaver for Harold Thompson on Monday night. The cheese meeting passed off quietly. A young daughter has arrived at J. Rose's. Mrs. McCollough and son at J. Anderson's; Mr. and Mrs. B. Kimmery at A. Wood's; Mrs. Hawley at Mrs. Lucas'; Mr. and Mrs. E. Files at children's; F. Ames'; Mr. and Mrs. K. Weese at C. Arnold's; Mr. and Mrs. Bell at H. Abbott's.

**NORTHBROOK.**  
March 13.—A number of our young men have gone to Trenton. Miss Cassie Miller is spending a few weeks at her home in Harlowe. Pte. "Sammy" Boomhower passed through here on Friday en route to Dead Creek. Miss Rose Wood and Ervin Woodcock, Elm Tree, spent Saturday and Sunday in this vicinity. Miss Violet Shier has gone to Trenton.

**Suffered With Heart For Ten Years**  
Would Nearly Smother.

There is nothing that brings with it such fear of impending death as to wake up in the night with that awful sense of smothering. The uncertain and irregular heart action causes the greatest distress of both mind and body.

Milburn's Heart and Nerve Pills are the only remedy that can give prompt relief and effect a complete cure in cases of such severity.

They strengthen and invigorate the heart, so that it beats strong and regular, and tone up the nervous system so that the cause of so much anxiety becomes a thing of the past.

Mrs. M. O. McCreedy, Wepella, Saak., writes: "I am not much of a believer in medicines, but I feel that it is only right for me to let you know what your wonderful remedy has done for me, and in a very short time. I had suffered terribly with my heart for nearly ten years, could scarcely do any work, and would nearly smother at times. I had many remedies, some only relieving me for a time. I got a box of Milburn's Heart and Nerve Pills and felt so much better that I kept on using them, and can truthfully say I feel like a new woman."

"I would advise anyone with heart trouble to use them."

Milburn's Heart and Nerve Pills are 50c. or three boxes for \$1.25, at all dealers or mailed direct on receipt of price by The T. Milburn Co., Limited, Toronto, Ont.



**A MIGHTY HUNTER.**  
Crown Prince—"Next thing John Bull will Bag-Dad."  
Shields in Toronto Telegram.

ton, where she has secured work. J. N. Wood spent a few days here last week. The dancing party at C. C. Thompson's on Saturday evening was well attended. The remains of the late Cornelius Mills, Harlowe, were brought here on Friday and interred in the Mountain View cemetery. The infant son of Mr. and Mrs. Charles Miller died of pneumonia on Monday morning. The remains were interred in the cemetery at Flinton.

**BATH.**  
March 15.—Rev. Mr. and Mrs. Seymour have returned from their visit in Toronto and Belleville. Rev. Mr. Workman, Wolfe Island, took charge of the services in the Methodist church on Sunday evening last. His many friends here were sorry to hear of the death of T. G. Carscallen, M. P. P., Napanee. Word has been received that Lance-Corp. Charles B. Colluply has been granted the Military Medal. Mr. Colluply is in the Ambulance Corps of the 21st Battalion. Mr. and Mrs. Malcolm Hogle, Link's Mills, visited at Frederick Ames' on Tuesday of this week. Rev. Mr. McTeair has been quite poorly with the grippe, but is improving.

**BETHEL.**  
March 5.—John Connolly is improving slowly. Miss Ruth Gordon, teacher, spent over Sunday with her parents at Napanee. Mrs. James Marrion and son Clarence spent Saturday in Napanee. Mrs. Baker is improving after an attack of rheumatism. Miss Myrtle Connolly did not go back to school last week on account of her father's illness. A few from around here attended Mrs. Lockhead's sale at Centreville on Saturday. Mr. and Mrs. C. Emberly spent one evening last week with Mr. and Mrs. F. McWilliams. Edgar Salisbury attended Orange Lodge in Colebrook on Thursday night. Mr. and Mrs. C. Keller and daughter Ethel, Sharp's Corners, visited at J. M. Jayne's. Mr. and Mrs. E. Freebourne visited Saturday evening at George Deer's. The wood-bee at John Connolly's was well attended by neighbors and friends. Word is being received quite regularly from some of the local boys who are overseas, viz., Harry Salisbury, who has been in France since a year ago last November; also Carman Salisbury and Arthur Ashley, who went with the 146th Battalion. All are well and were in France when last heard from.

**WILTON.**  
March 12.—The Wilton branch of the Canadian Red Cross Society packed a large bale of hospital supplies last week for Queen's Overseas Hospital, consisting of 96 pillow cases, 60 towels, 30 shirts, 48 pairs of socks and 24 khaki handkerchiefs, which totalled the sum of \$82.70. The weekly Red Cross meetings are well attended and good work is being done. Mrs. Charles Stover is suffering from rheumatism and neuralgia. Miss Wemp, teacher at Florida, spent Sunday the guest of Miss Pearl Switzer. Mrs. George Simmons spent a few days last week with friends in Kingston. Miss Keitha Babcock has been engaged as teacher for Lapum's school. Miss Ruby Thompson, having resigned. Mrs. John Ward, of Cataract is with her sister, Mrs. Benjamin Mills, who is ill. Pte. Elburn Cole, Kingston, spent a few days with his parents here. M. Burgess had the misfortune to have his finger cut on a circular saw while sawing wood last week. Dr. Patterson, Odessa, sewed up the wound, putting in three stitches. Miss Clara Hamilton, Yarker, spent last week at Stuart Simmons. B. W. Taka is with his daughter, Mrs. Ernest Miller, having spent the past couple of weeks with his son, William Lake, Odessa. Miss Ruby Babcock, Westbrock, was the guest of Miss Gladys Wallace last week. The annual meeting of the Wilton cheese factory was held last week. The factory will reopen the first of April and owing to the scarcity of coal it will be necessary to run the engine with wood, which is being saved this week.

### Township Councils

**PORTLAND.**  
Harrowsmith, March 7.—Members all present. Minutes of last meeting

adopted. Herbert Jamieson and A. A. Asselstine, township auditors, presented their report and detailed statement of receipts and expenditures of township for 1916, and a statement of cash assets and liabilities on Dec. 31st, 1916, as follows:

Assets.	
Unpaid Taxes . . . . .	\$1,944.60
Cash on Hand . . . . .	65.44
Taxes Returned from County Treasurer . . . . .	28.44
Due from County for use of Road Machinery . . . . .	136.00
Due from Camden Tp. Boundary Account . . . . .	40.93
Due from Loughboro Tp. Boundary Account . . . . .	69.77
Due from Deficit Boundary Account . . . . .	1,573.31
<b>Total . . . . .</b>	<b>\$3,858.49</b>

Liabilities.	
County Rate, Balance Due . . . . .	\$2,375.00
Due County for Charity Account . . . . .	60.94
Due Good Roads Overdraft . . . . .	1,423.45
<b>Total . . . . .</b>	<b>\$3,858.49</b>

Moved, Storms-Thompson, that auditors report be adopted and auditors paid \$7.50 each for services. Carried.

Accounts paid: \$150, Harry Watson, Sec-treas. S.S. No. 6, Teacher's salary; \$16.25, David Purdy, County treasurer; 1/4 costs repairs Belbrock swamp; \$36.16, David Purdy, County treasurer, eighty per cent. cost repairs County road system; \$1.00, Harvey Snider, rebate dog tax. Council adjourned to meet in Verona Monday, May 7th, at 1 p.m., or at call of Reeve.

### GUILTY OF DESECRATION

**Pastor and Two Members of Church Who Burned Flag.**  
New York, March 16.—Bouck White, pastor of the Church of the Social Revolution, and two members of the congregation were found guilty by a jury of having desecrated the American flag, which they burned in a "melting pot" in the backyard of the church. Eight other defendants, charged with the same offense, were acquitted. The jury recommended clemency for White and his parishioners.

After the Stars and Stripes, the Union Jack and the flags of other nations were consumed in the "melting pot," some weeks ago, White and his followers raised a red flag, which they declared was the symbol of internationalism.

### DUTCH WOUNDED GERMAN

**Shot Down Hun Aviator in Neutral Territory.**  
Amsterdam, March 16.—A German airplane which flew over Sluis yesterday afternoon was shot at and hit by Dutch troops, who were manœuvring in the neighborhood, according to the Handelsblad. The aviator was wounded and compelled to descend in Dutch territory, but before he could be overtaken by the Dutch soldiers he re-started his machine and flew three hundred metres over the border into Belgium. German troops hurried to his rescue, and he was carried away by Red Cross attendants.

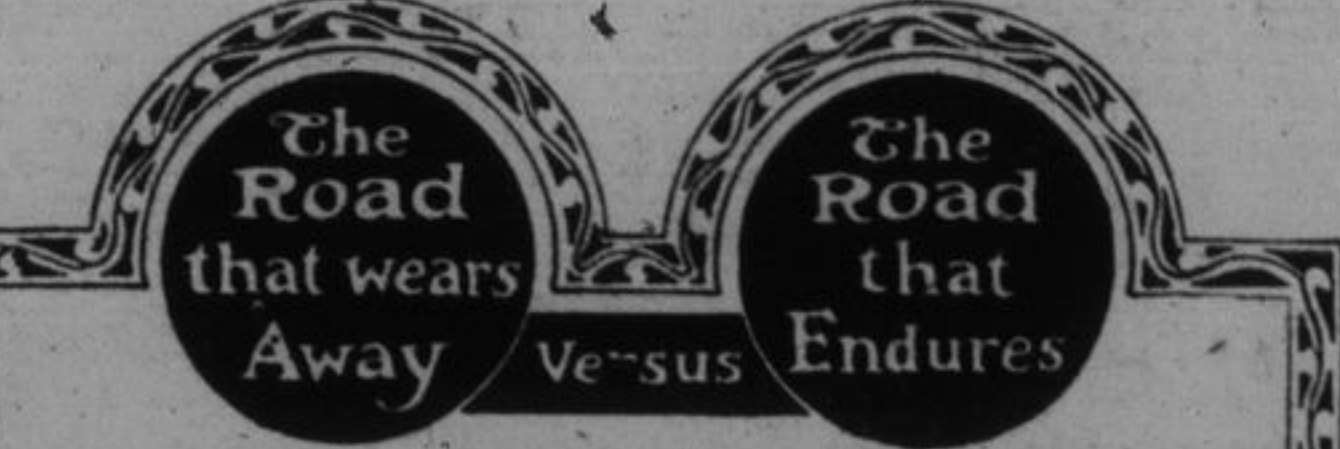
### TROUBLE WITH RAIDERS

**Former Greek Officers Murdered French Soldiers.**  
Athens, March 16.—The presence of a band of raiders in the mountainous country of north Yanina is occupying the French military authorities. The raiders are mostly professional brigands, under leaders who were frequently officers on the active list of the Greek army. It was these raiders who recently came across a patrol of Senegalese French soldiers and murdered them.

Man is woman's favorite topic and his own.

**CASTORIA**  
For Infants and Children  
In Use For Over 30 Years

Always bears the Signature of *Dr. J. C. Ayer*



WHEN first laid it is smooth and fair to look upon—the old-style stone road. But so would be a road of putty. Yet we would laugh to scorn the engineer or public official who advocated a putty road. The temporary stone road will not wear away so quickly—but wear away it will, just as surely. And as it wears, it develops ruts, just as putty would. Those ruts mean waste—waste in good public money—to which you contribute your share by paying taxes. The criminal folly of ever again building a road of the old-fashioned type is only fully realized when one becomes possessed of the facts about

### Permanent Highways of Concrete

As surely as the old-style road wears away, so surely does concrete endure. As certainly as the obsolete stone road develops mud-holes, you can depend upon concrete to remain smooth as a speedway—unharmful by the changing seasons, unaffected by the heaviest traffic. Its construction cost is reasonable—its up-keep cost averages \$50 per mile per year, as against known cases where macadam roads have cost \$1,000 per mile per year. Don't you think you ought to know more about concrete? Ask for our literature.

Canada Cement Company, Limited  
61 Herald Building Montreal

"CONCRETE FOR PERMANENCE"

## One Quart of Milk

is equal in food value to three-fourths of a pound of Beef Steak, eight eggs, fifteen pounds of oysters, two pounds of fish, six pounds of tomatoes. And the milk is more easily digested and far more economical than any of the other foods.

Phone 845 - Price's

## St. Patrick's Day and Victor Irish Records

will help you celebrate it with truly Irish songs as only John McCormack and other famous artists can sing them. Also with Jigs, Reels and Dance music that will warm the hearts of every son and daughter of Erin.

The list is too long to publish but your dealer has nearly 200 selections and your favorites are among them, ask to hear them.

A few suggestions:

- Ten-inch, double-sided Victor Records—90 cents for the two selections:
- As Long as the Shamrock Grows Green Van Brunst 17148
- Wee Little Drop of the Cruisken Lawn Peerless Quartet
- Wearing of the Green William F. Hooley 17348
- Oh to Philadelphia Wilfred Glenn
- Medley of Irish Reels, No. 5 (Accordion) John J. Kimmel 18207
- Medley of Irish Jigs, No. 2 John J. Kimmel
- Purple Label Records
- A Little Bit of Heaven (Shure, They Call it Ireland) (Baritone) George MacFarlane 60132
- How Can They Tell That O'm Irish Nora Bayes 70030
- Red Seal Record
- Mother Machree (Tenor) John McCormack 64181

Hear them at any "His Master's Voice" dealers'

Write for free copy of our 450-page Musical Encyclopedia listing over 6000 Victor Records.

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DEALERS IN EVERY TOWN AND CITY ONE TRIP FROM COAST TO COAST VICTOR RECORDS—MADE IN CANADA LOOK FOR "HIS MASTER'S VOICE" TRADE MARK

"His Master's Voice" Kingston Dealers  
C. W. Lindsay, Limited.  
F. W. Coates.

NO JOYFUL WELCOME  
German Press Greets Bernstorff With Marked Coolness.  
London, March 16.—The German press has greeted Count von Bernstorff with conspicuous coolness, according to an Amsterdam despatch to the Exchange Telegraph Company. The papers point out that he granted interviews which should not have been without consulting the German Government.

patch adds, spent the day in conference at the Foreign Office and was also received by the Imperial Chancellor. He requested an immediate audience with the Emperor, which, it is expected, will take place tomorrow.

When you start on an airship voyage or a trip to the matrimonial bureau don't worry about what may be the outcome. If a man knows it all he is never going to keep it to himself.