

Acid Stomachs Are Dangerous

Nine-Tenths of All Stomach Trouble Said to be Due to Acidity. A Physician's Advice on Cause and Cure. A famous physician whose successful researches into the cause and cure of stomach and intestinal diseases have earned for him an international reputation...

Hudson Bay Insurance Company. FIRE INSURANCE. Head Office, Royal Insurance Bldg., Montreal. PERCY J. QUINN, Manager, Ontario Branch, Toronto. W. H. GODWIN & SONS, AGENTS, KINGSTON, ONT.

Hair Often Ruined By Careless Washing

If you want to keep your hair looking its best, be careful what you wash it with. Don't use prepared shampoos or anything else, that contains too much alkali. This dries the scalp, makes the hair brittle, and ruins it.

Amateur Service

We are giving the amateur photographer the best service obtainable anywhere, and at the same low prices of two years ago—without handling the greatly increased cost of all material, and we are still giving the quick, twenty-four hour service, charging 10 cents for all sized rolls.

At Best's

The Popular Drug Store. Phone 39. Branch 2018.

SEE US WHEN YOU CANNOT SEE

We Maintain the Highest Standard of quality in Sight Testing, Lens Making and Eye Glass fitting. Our Charges are Moderate. Our work is guaranteed.

KEELEY Jr., M. O. D. O. OPTOMETRIST AND OPTICIAN, 225 Princess Street. 4 doors above the Opera House.

LIFE IN THE GUNROOM

CAREFREE YOUNG OFFICERS IN THE BRITISH NAVY.

They Have Convenient and Effective Codes of Discipline Which Soon Take the Nonsense Out of Any Newcomer Who Needs to Have His Latent Manhood Given Proper Development.

THE one place in a warship where pleasure in life finds its most joyous expression is the bubbling, exuberant devil-may-care gunroom. Here live the sub-lieutenants, the midshipmen, the assistant paymasters (otherwise A. P.'s), and all the other junior and irrepressible officers. With such a tenantry one may easily guess that dull quietude never clouds the gunroom's day—and certainly not its nights.

For the most part those who have their habitat in it are mere boys no so far as years are concerned, though made capable by long training of taking on a man's job and doing it efficiently. A midshipman in charge of a picket-boat may be a model of smartness and restrained dignity. He will handle his little "command" with an air of more than greybeard confidence, rap out his orders in tones that have just the right amount of "bite" in them, and generally appear so staid and competent that one might think all the boyishness had been trained out of him, writes "Jackstaff" in The London Mail.

Gunrooms themselves have changed with the ships. Instead of being dank, uncomfortable holes below the orlop deck, in old times, they are now comfortable enough as a rule, though better in some vessels than in others. But gunroom law and gunroom ways have altered little. The senior sub-lieutenant is ruler of the mess, and he wields a more autocratic power within his turbulent little domain than any king, kaiser, or sultan on earth. Being unquestionably the all-highest within his own particular sphere, whatever he says goes—and a bad time happens upon anyone who tries to stop it, or for his subjects to yield him unquestioning obedience—or suffer for their insubordination.

Like all absolute monarchs, the "senior sub" has myrmidons to enforce his will, the said myrmidons being a number of midshipmen who time-honored and official title. When the "senior sub" desires anyone removed from his presence he orders, "Dogs of war, out So-and-so," and the "dogs" gleefully obey his behest. Promptly they fall upon "So-and-so"—an avalanche of hefty youth— and if he is as big as a church out he has to go, neck and crop, from the gunroom. Naturally this "outing" business does not go through without some commotion.

Whenever the marine sentry on the half-deck outside hears the gunroom furniture begin to fly around he knows that the "dogs of war" have been unloosed and that "dogs" and their quarry will soon come hurtling madly through the door. A man may be "outed" for breaking rules or just because the "senior sub" thinks he ought to be "outed." The "sub" has not to give any reasons for his decisions to anybody. When after dinner the "sub" picks up a fork and strikes an overhead beam with it or sticks it into the table all the junior members of the gunroom must leave it helter-skelter. And they obey the signal in the quickest possible time, tumbling over each other in their eagerness to get out, for the last to leave will be grabbed by the "dogs of war," who in their own effective way teach him the desirability of being quicker in his movements next time. All this is the outcome of buoyant roistering animal spirit, which intends no harm and succeeds in accomplishing some good.

Every young officer has to "go through the hoop," and it does not hurt him either. Rather is he all the better for the rough-and-ready disciplining he gets at the hands of his exuberant messmates of the gunroom, who certainly possess this virtue, that they are no sycophants and will not tolerate any fellow "putting on side," whoever he may be. And there is no better way of teaching any person that by letting all the nonsense be knocked out of him by those of his own kind. If a midshipman does anything for which the commander thinks he should be punished, the "bloke" does not treat the matter as seriously as he would if the offender were a senior. "All right," he says, "take Mr. Laneyard to the senior sub and tell him to give him half a dozen." And the "senior sub" sees that Mr. Laneyard "gets his dose" in full measure. A cane or a dirk scabbard—preferably the latter because it hurts most—is the gunroom's favorite chastising weapon, and the "lashing on" is done so lustily that, once experienced, it is never forgotten. In favor of this custom it should be said that the offender gets what is due to him—and there is an end to the matter. The fault does not count against him permanently as it would if "logged." As to why he got "logged" it might be that Mr. Laneyard did not bring his boat alongside smartly enough or in some other way his duties, which he had desecrated to be permanently recorded against him, but which for his own good and that of the service could not be wholly ignored.

The navy, you see, does not allow its young officers to start the wrong way, and for nothing there in the right way gunroom discipline is the most effective and convenient method. A Board of Conciliation established to deal with the request of employees of the Canadian Northern Express Company for an increase of wages brought the parties together and arranged a settlement whereby the men will receive higher wages.

Letters to the Editor

Wolfe Island Wharf.

Cobourg, March 13.—(To the Editor: J. K.'s letter in Monday's issue appears to be a plain, fair statement of the trouble between the Islanders and the city, with its aftermath upon the merchants. It seems unfortunate that such strained relations should exist between two such interdependent places, and worse still, that such a condition should be continued.

If, as J. K. states, Wolfe Island is prepared to build at their own expense this needed wharf, on the site they have selected, knowing that the title is imperfect, why not permit them to do so, without liability to the city being acquired? John Alderman's statement is correct in that the city does not own this water lot and for that reason cannot grant the request, what is to prevent Wolfe Island from building the wharf and taking chances on the Federal Government (the owners) taking any action against them in the future? I venture to say that no government of either party would disturb them without providing another landing. The interests of the city and island are so closely identified that an amicable and immediate settlement should be provided, even if certain technicalities have to be overlooked.

Kingston is enjoying a period of prosperity at present, largely from the world's misfortune, and are likely to forget that the wealth of the island is not real prosperity. I say ours, because though not a resident of the island, my financial interests are largely in the stone town and the excuse, if any were needed, for butting in, is T. F. HARRISON.

LENNOX AND ADDINGTON.

The Wardens Chosen During Past Fifty Years.

There have been fifty-three wardens of the County of Lennox and Addington since its separation from Frontenac County in 1863. John Stevenson, Napanee, was warden for 1863-4-5. Another warden for two years was Sidney Warner, of Ernestown township. These wardens served one year each: A. Hooper, John D. Ham, Philip D. Booth, J. J. Watson, William Miller, Ebenezer Perry, Ira Ham, Robert Den, Robert W. Paul, John Hogle, W. N. Bellor, W. A. Bell, J. W. Bell, Elijah Storr, D. W. Allison, Uriah Wilson, N. P. Wood, B. C. Lloyd, Thomas V. Sexsmith, John D. Ham, James Reid, T. G. Carscallen, Robert Filson, Irvine Parks, E. S. Lapum, Robert Patterson, H. A. Baker, J. O. Carscallen, John Carson, James Thompson, B. E. Aylesworth, James Bryden, C. R. Allison, Thomas Symington, Charles Riley, Hiram Keech, R. A. Fowler, R. W. Paul, W. A. Martin, M. C. Bogart, L. L. Gallagher, C. W. Hamby, Cyrus Edgar, Smith Gilmour, A. B. Loyst, George A. Wartman, M. Ryan, Walter Platt, R. W. Langmore, T. J. Cook, R. W. Kimmerly.

An Enjoyable Production.

"The Little Cafe," a musical comedy with French cafe life as the settings, was enjoyed by a large audience at the Grand last night. The company is well balanced, and has a very charming chorus of girls. The production consists of a prologue and two acts, and the safe attendance testified to the esteem in which the late Mr. Pyke was held. Members of the A.O.U.W. were pallbearers—W. Whitnarch, James Davis, John Davis, William Fawcett, Charles Hall and W. Hall.

Funeral of Late D. H. Pyke.

The funeral service over the remains of the late David H. Pyke, Wolfe Island, took place on Monday at the late home of the deceased. Rev. Mr. Leech officiated, and the choir of the Anglican church was present. The floral offerings and large attendance testified to the esteem in which the late Mr. Pyke was held. Members of the A.O.U.W. were pallbearers—W. Whitnarch, James Davis, John Davis, William Fawcett, Charles Hall and W. Hall.

Subscriptions to the Patriotic Fund in the rural parts of Quebec are coming in well. In the city of Quebec they now have reached \$330,124.

Wholesale sugar dealers have been informed that they must comply with the law forbidding agreements to keep up prices.

CHILDREN HATE PILLS, CALOMEL AND CASTOR OIL

If Cross, Feverish, Constipated, Give "California Syrup of Figs."

Look back at your childhood days. Remember the "dose" mother insisted on—castor oil, calomel, cathartics. How you hated them, how you fought against taking them. With our children it's different. Mothers who cling to the old form of physic simply don't realize what they do. Their children's revolt is well-founded. Their tender little "insides" are injured by them. If your child's stomach, liver and bowels need cleansing, give only delicious "California Syrup of Figs." Its action is positive. But gentle. Millions of mothers keep this harmless "fruit laxative" handy; they know children love to take it; that it never fails to clean the liver and bowels and sweeten the stomach, and that a teaspoonful given today saves a sick child tomorrow.

Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly on each bottle. Beware of counterfeits sold here. See that it is made by "California Fig Syrup Company." Refuse any other kind with contempt.

Told In Twilight

The Bridge Club met last evening at Miss Lillian Kent's, King street.

Miss Edith McCallum, Port Arthur, is the guest of Mrs. George McCallum, Port Arthur. Mrs. Janssens and small son left early in the week for Brookline, Mass. Miss Kingsley went to Brookline some time ago. Major Murray MacNaughton is in Montreal from Kingston, staying at the Ritz-Carlton.

His Excellency the Governor General expects to leave for the Niagara Peninsula towards the latter part of the month. Later their Excellencies will go to Quebec to spend some time.

Edward Code, son of Mr. and Mrs. A. Code, Winnipeg, taking a special course at the Royal Military College, is spending a short time in Ottawa with his uncle and aunt, Mr. and Mrs. J. J. Code, en route to his home in Winnipeg.

Mrs. George Hay, Ottawa, is coming to Kingston shortly to spend a week. Miss Margaret Cunningham will spend this week-end with her sister, Miss Elizabeth Cunningham, in Toronto.

Capt. George Shortt and his bride, formerly Miss Olive James, arrived in Ottawa on Saturday to visit the former's parents, Dr. and Mrs. Adam Shortt. Rev. John Neil, D.D., Toronto, spent the week-end with Rev. and Mrs. J. W. Stephen, St. Andrew's Manse.

Mrs. Harold Dougall, Montreal, is spending a few weeks in town with her mother, Mrs. George Henderson, Lower Bagot street. Mrs. H. N. Auberbridge, Belleville, spent a few days in town this week the guest of Miss Daisy Chown, University avenue.

Mrs. Harold Drinkwater and little daughter, Joan, visiting Mrs. Lowe in Ottawa, are expected in town for Easter, and will be the guest of Mrs. H. E. Richardson, Johnson street. Miss Owen Folger, "Edgewater," will spend this week-end in Toronto. Mrs. J. Day, Harrowmuth, spent Tuesday in town. Miss Wilhemina Gordon spent the week-end in Ottawa with Mrs. W. F. Nickle.

Miss Helen Drury, Montreal, left last week to spend several weeks in the south. Mrs. Alexander Laird and Miss Hilda Laird left yesterday for Baltimore to be with Prof. Laird. Mrs. A. D. Cartwright, Mrs. W. F. Nickle and Miss Edith Folger were among the guests at the last skating party of the season which was held at Government House on Saturday evening.

The Reading Club, which met at Mrs. E. J. B. Pense's home yesterday, will meet next week at Miss Lettice Tandy's. Miss Dorothy Chown, Guelph, was in town for Saturday. Mrs. Hubert Ryan and little son, who have been visiting Mrs. King, New York, for the past few weeks, are expected in town next week. Mr. and Mrs. D. A. Shaw, Johnson street, have returned from Passaic, N.J., and Atlantic City, where they spent the past two weeks.

Mr. and Mrs. W. D. Bolton, Strathcona avenue, Montreal, announce the engagement of their only daughter, Mabel Gertrude, to Sydney E. Webster. The marriage will take place on Saturday, March 31st. (Continued on page 10.)

SELECTED THE CHAIRMEN

For the Various Committees of the Board of Trade. Francis King, president of the Board of Trade, entertained the members of the council at dinner at the Frontenac Club on Tuesday night after which the organization of the board for the ensuing year was effected. Every member was present, save two, W. R. Givens, through absence from the city, and Elmer Davis, through illness. The following are the chairmen of the various board committees: Advertising, J. G. El- ligit; arbitration, W. Cook; agriculture, Rev. J. D. Boyd; banking, R. F. P. Harvey; entertainment and programmes, R. Meek; city planning, O. D. Skelton; house W. T. Minnes; hotel, Elmer Davis; industries, G. B. McKay; legislation, R. J. Carson; marine, R. E. Burns; membership, W. R. Givens; power, N. C. Polson; R. J. Rodger; wholesale, J. A. W. Craig.

Port Hope Woman Fell Dead.

Port Hope, March 14.—Monday afternoon Mrs. Mary Ritchie dropped dead on Walton Street while talking to a lady friend. The deceased was a sister of Mrs. John Shuter Day, Blooms Grove Avenue, and was much esteemed by a large circle of friends. Dr. McKinley was summoned and attributed the cause to heart failure.

Hood's Pills

Best family physic. Do not grip or cause pain. Friendly vegetable, easy to take. See

SALE OF BROKEN LINES

For balance of March we will sell below cost all odd lines of men's Goodyear welts. Watch our window for bargains. JACK JOHNSTON'S Shoe Store 70 Brock Street

Probs: Snow today; Thursday, clearing, cold

NEW SPRING SUITS

EXEMPLIFYING THE AUTHENTIC STYLE FEATURES OF THE SEASON

The very perfection of smart tailoring, they are distinguished by chic and individuality. Suits of simple design and bright, gay colorings for sports wear, with some of a more elaborate nature, suitable for any occasion where a suit may be worn.

SUITS PRICED FROM \$15.00 TO \$25.00 SUITS PRICED FROM \$27.50 TO \$42.50 SUITS PRICED FROM \$45.00 TO \$69.00

With Easter but three weeks away we would suggest: Choose your new suit now—and if not prepared to buy have it laid away—then you will be sure of your suit just whenever you want it. No Charge for Alterations.

STEACY'S

Show Your Practical Sympathy with Slave-Raided Belgium

If ever Belgium needed sympathy—OUR sympathy—she needs it now! To the ravages of fire, sword and a savage, brutish soldiery, Germany has added deliberate, cold-blooded slave-raiding.

Over 100,000 Belgian workmen have already been snatched from their homes and taken into slavery in unknown places. The mothers, wives and children who beg for their release are driven back by the Huns in utter despair. Neutral protests have failed to change Germany's inhuman purpose, nor can the Allies free Belgian manhood until the Teutons are crushed.

But we can save the women and children through the neutral Belgian Relief Commission, which is feeding three million of them. We can express our indignation, and our sympathy with our Ally's wrongs, in a practical way, by giving more liberally than ever to the Belgian Relief Fund.

Make this a personal matter! Decide what you can afford to give, and send your subscriptions weekly, monthly or in one lump sum to Local or Provincial Committees, or

Send Cheques Payable to Treasurer Belgian Relief Fund 59 ST. PETER STREET, MONTREAL The Greatest, Most Efficiently Organized Relief Work The World Has Ever Seen.

\$100 For One Hog.

Port Hope, March 14.—Monford Wilson, the well-known drover and reeve of Hope Township, bought from Henry Taylor, a farmer living at Quay's Crossing, a hog weighing 800 pounds, for which he paid \$100. It is a sow of the Yorkshire breed and is the largest seen by Mr. Wilson in thirty years experience.

War loan subscriptions to-day: British Columbia government, \$400,000; Saskatchewan, \$100,000; Manitoba government, \$600,000; Edmonton public, \$200,000.

BED ROOM FURNITURE & CARPETS

We are showing this spring the largest and best assorted stock of bedroom carpets and furniture ever offered in Kingston. All At Very Moderate Prices. For some time we have been carrying a very large reserve stock of rugs, linoleums, carpets and furniture. This stock, bought, some of it two or three years ago, will enable us to meet the demands of our customers at a very modest advance and in some cases at very old prices. Now is the time to select your spring furnishings.

T. F. HARRISON COMPANY Limited. Phone 90.