

HIS HEART BADLY AFFECTED

"Fruit-a-lives" Soon Relieved This Dangerous Condition

622 GERRARD ST. EAST, TORONTO. "For two years, I was a victim of Acute Indigestion and Gas In The Stomach. It afterwards attacked my heart and I had pains all over my body, so that I could hardly move around. I tried all kinds of medicine but none of them did me any good. At last, I decided to try "Fruit-a-lives". I bought the first box last June, and now I am well, after using only three boxes. I recommend "Fruit-a-lives" to anyone suffering from indigestion."

FRED J. CAVEEN. 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-lives Limited, Ottawa.

CATARRH OF THE BLADDER Relieved in 24 Hours SANTAL MIDY

PARADIS GARAGE FOOT OF BROCK STREET Phone Office 522, House 611. We furnish: Auto Supplies, Gasoline at 22c, Motor Oil, Cars for Hire.

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EXTREME WEAKNESS AND SUFFERING Read How Mrs. Goodling got Relief and Strength. York, Pa. - "I have used Lydia E. Pinkham's Vegetable Compound and found it to be all I need. I was so sick that I could not stand at my sink to wash dishes and I could not sit without a pillow under me. I had the doctor every few days but since I have taken the Compound I don't have to send for him. I have had three children and could not raise any of them, but since I have taken the Compound I have a bright baby boy. I advise every suffering woman to try it and get relief. It has done wonders for me." - Mrs. CATHERINE GOODLING, 138 E. King Street, York, Pa.

When a medicine has been successful in bringing health to so many women has a right to say without trying it, "I do not believe it will help me." There must be more than a hundred thousand women in this country who, like Mrs. Goodling, have proven what wonders Lydia E. Pinkham's Vegetable Compound can do for weak and ailing women. Try it and see for yourself. If there are any complications you don't understand, write Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

A Chicago woman was followed to her apartments by two men, who cut off her hair, for which she had been offered \$150. While a woman can dance gracefully, she seldom runs gracefully. The man who "told you so" has little to say when mistaken.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

JANE TELLS OF PREPARATIONS FOR MY MIDNIGHT ARRIVAL.

(Copyright, 1915, by the McClure Newspaper Syndicate). The strain of Jane's confession and telling upon her. Her face was pale and small beads of perspiration came upon her brow. She seemed so distressed that I interposed. "It is not necessary, my dear, that you tell me any more," I said to her. "I have heard enough to know that your life has been a very sad one and I am quite sure that you had no part in my capture or imprisonment." "No, I will tell you what I started out to tell," she declared, resolutely. "I want you to understand my position. "As I have told you, the discovery that my son was a thief broke my heart, but he had exhibited so many undesirable traits of character that I cannot say I was surprised when he developed this weakness. I kept him here as close to my side as possible, but he eluded me frequently and was continually getting into scrapes of many kinds. The latest and most serious escapades was when he forged Harry Pendleton's name to a cheque for one hundred dollars and cashed it. Harry discovered, through private detectives, that my son had committed the forgery and brought the cheque here, ostensibly to impress upon Harry—I had named my son for Harry Pendleton—the seriousness of his act, but I believe now that Harry's chief purpose was to let me know in this way that he had fastened the forgery upon my son. He knew that he held both my son and me completely in his power, that a word from him and my child could be sent to prison. "Of course I did not take such a view of it at the time. I thought that Harry Pendleton did perfectly right in taxing the boy with the forgery and with using every means in his power to impress upon him the seriousness of the crime, and it was no surprise to me when he let the matter drop at that, although I noticed that he took great care to preserve the canceled cheque. "That incident occurred only a few weeks ago, and I believe that at that

time Harry had perfected his plans for kidnapping me, because a few days later he came out here and told me that I would very likely have a visitor before long. He said that the visitor would be a young woman whose health required absolute rest and retirement and that he had planned to install her in the secret chamber, which old Ezra Pendleton had constructed. He then showed me how to enter and leave the secret room and, after giving instructions that it be renovated and prepared for the visitor, he departed. "He returned a few days afterwards and told me that the young woman he had spoken to me about had suffered a nervous breakdown and was laboring under various hallucinations. One of the hallucinations, he said, caused the young woman to believe that she had been kidnapped and was being detained against her will. He assured me, however, that this was not the case and that in a few weeks, possibly in a few days, the visitor would have recovered her mental poise. "His statements mystified me to a considerable extent, but I attempted to believe everything he told me and prepared the room for her reception. A few days later Harry returned with a half dozen wicked looking men whom he said he had employed to work on the estate. These men I have since learned are nothing more nor less than guards. They have been stationed about the premises and keep watch day and night. No one is permitted to visit or leave the place without coming under their scrutiny. "The presence of these men convinced me that what Harry had told me about the mental condition of the expected visitor was not true, but I was afraid to think what were his real plans and what he was about to undertake. It did not occur to me then that his mind was affected. He seemed perfectly normal, except that his demeanor was more serious than usual. His plans for my reception were finally completed and he departed for the city, telling me that I might expect the young woman visitor sometime that night." (To be Continued.)

The Whig's Daily Menu

Menu for Tuesday BREAKFAST: Orange or Steamed Fruit, Boiled Egg, Crisp Bacon on Toast, Cornmeal Muffins, Orange Marmalade, Coffee or Cocoa. LUNCHEON OR SUPPER: Baked Hash with Spiced Tomato Sauce, Baked Potatoes, Apple Sauce Cake, Tea or Cocoa. DINNER: Barley Soup, Stuffed Roast Chicken, Brown Gravy, Rice Balls, String Beans, Lettuce Salad, Grape Juice Gelatin, Coffee. Cheese Cake Pie. Materials—Two eggs, 1 1/2 cups...

KING PRAISES DOMINIONS Feeling of Sympathy Has Drawn People Together. London, Feb. 26.—Speaking at the opening of a school for Oriental studies King George said: "For more than two years the people of my Dominions with loyalty, and devotion have vied with each other in offering their blood and treasure for the prosecution of a righteous war. A sense of common sacrifice and common endeavor have drawn us all nearer one another in feeling and sympathy." Ontario Meat Prices Higher. Winnipeg, Feb. 26.—William Coates, manager of a chain of meat shops in Winnipeg, told the high cost of living commission that meat prices in Ontario were from 10 to 20 per cent. higher than in Winnipeg.

EVEN CROSS, SICK CHILDREN LOVE SYRUP OF FIGS If Feverish, Bilious, Constipated, Give Fruit Laxative At Once. Don't scold your fretful, peevish child. See if tongue coated; this is a sure sign its little stomach, liver and bowels are clogged with sour waste. When listless, pale, feverish, full of cold, breath bad, throat sore, doesn't eat, sleep or act naturally, has stomach-ache, indigestion, diarrhoea, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul waste, the sour bile and fermenting food passes out of the bowels and you have a well and playful child again. Children love this harmless "fruit laxative," and mothers can rest easy after giving it, because it never fails to make their little "insides" clean and sweet. Keep it handy, Mother! A little given today saves a sick child tomorrow. Get the genuine. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has directions for babies, children of all ages and for grown-ups plainly on the bottle. Remember there are counterfeiters sold here, so surely look and see that yours is made by the "California Fig Syrup Company." Hand back with contempt any other fig syrup.

TRIBUTE TO "THE GUNS."

Noted Writer Tells of Work of "Divisional Artillery." An article from Charles G. D. Roberts, special correspondent, attached to the Canadian corps, is issued by the Canadian War Records Office. It is entitled, "Divisional Artillery: Red Rust Waste Wrought by the Canadian Guns." He writes in part: "You have started out to cross the monstrous, stark-naked, shell-tortured expanse of red mud in which 'div. arty.' has dug his hidden lairs. Somewhere far ahead of you, in an undistinguished wrinkle of the mud, lies one of the most advanced of these lairs, to which you are bound. The foremost tributes to the all-round excellence of 'div. arty.' to its professional thoroughness and its ready, daring initiative come not from Canadian, but from Imperial sources, from those units of the Imperial infantry whose achievements have been made possible by its support. "A section of our front trench held by a thread of mud-caked, rain-drenched, shivering, sleep-starved berserkers perceives an overwhelming wave of the enemy rolling down on it. Back over the telephone wires goes the S.O.S. call and buzzes softly into the ear of the nearest artillery brigade commander in his dugout the exact location of the peril. In almost as little time as it takes to tell about it every battery of the brigade is belching forth its response to the call and a curtain of unimaginable destruction descends along the front of the advancing wave. Those of the enemy who win through that curtain of death, backed as it is by our machine gun and rifle fire, are usually not in the best of form to meet our bayonets. In a word, it has become a commonplace of tactics that no serious advance is possible without the most intimate and sensitive cooperation between the infantry and the guns; and for every triumph the acclaim should be apportioned equally to the two branches of the service. "The guns would be blind at the most critical emergency but for the work of the P. O. O.'s (field observation officers) serving their positions in their solitary self holes out in the forefront of the storm; but for the work of the line-men in the fire-swept open, calmly keeping their wires patched up beneath that hail of death."

White Pine Threatened. Through the invasion of the "white pine blight rust," a virulent fungus disease imported from Germany about seven years ago, Canada is seriously threatened with the extermination of her white pine resources, probably the most valuable forest asset of Eastern Canada. This disease has destroyed the white pine in Europe, and is spreading in the north-eastern states, and is spreading in Ontario and Quebec. Centres of invasion are scattered from Maine to Minnesota in the United States, and from South-Western Ontario to Southern Quebec in Canada. The Niagara peninsula being the most seriously infected district in the Dominion. For its full development and for transmission to the pine, the disease is dependent on the currant and gooseberry bushes. The fact that it cannot spread directly from one pine to another offers a means of control and no effort should be spared to combat the rust by exterminating the currant and gooseberry bushes in infected or exposed districts, or at least by prohibiting the shipment from these regions of all currant and gooseberry bushes and fruit and by placing an embargo on the importation of such stock. Unfortunately, the wild gooseberry is equally dangerous as an intermediary in spreading the disease. Any loss entailed by even the total destruction of the whole currant family is incalculable compared to the value of the white pine in Canada. In 1914 the white pine production of Eastern Canada, including logs and sawn lumber, totalled \$16,160,000. The cutting and manufacture of this lumber, including employment to thousands of men and supplies hundreds of millions of dollars. The raw material which no satisfactory substitute can be secured. The white pine is one of the most important tax-payers in Canada, and contributes no less than \$1,350,000 to the total revenue of about \$4,000,000 which the four eastern provinces derive annually from their forests.

He Spoiled the Picture. Heroine went out West to be a governess. She had a bean in her home town, but she wanted to go West. She had been in the West only a few days when a great herd of cattle was driven down the lane near the house where she was teaching. A mile away the outfit stopped in a pocket for dinner, and the woman at whose home Heroine was staying took her out to the camp. There she saw the men she had dreamed about, and the boots, the spurs, the gloves, and the hats that were calculated to win the heart of any girl. It was a great picture, and only one thing marred it. There was one man who had no shoes and only one spur. He wore a black hat and had no gloves. He was entirely out of place, and Heroine wished that he had not been there. Just as it would spoil a moving picture of Indians in the west, the presence of a public school building in the background, it spoiled the picture to have this ordinary looking fellow in the camp. Heroine couldn't see why the other men didn't drive him away, and she said to the woman who was with her: "Why in the world is that man?" The woman looked at him for a moment and then said: "Why, he is the fellow who owns the herd."



OXO CUBES in "No Man's Land"

The following is an interesting letter received from France: "You may be interested to hear that I undoubtedly owe my life to the valuable properties of your OXO CUBES. On the 14th an attack was made on the German trenches. I reached a spot nine yards from the German trenches unharmed, but it was useless going on. I fell where I was, and, lying quite still, was taken for dead. It was exactly a week before our men made another attack, and during the whole of that time I had to lie where I had fallen. It was certain death to try and reach our own trenches. During that week I existed on a biscuit and a tin of OXO CUBES. I ate the biscuit on the first day and the rest of the time lived entirely on OXO CUBES. I am now in hospital recovering from the effects of my week's exposure, but there is little doubt that without the warming and stimulating effects of OXO I could not have survived while lying there."

From France: "I have been a constant user of OXO ever since I came out here; and I would not be without it. "It is a pity that its value is not even more widely known, for there is nothing better for a man who has to face the rigours of winter campaigning. OXO CUBES exactly meet the needs of our fighting forces in every part of the world. They aid and increase nutrition and stimulate and build up strength to resist climatic changes; they are invaluable for all who have to undergo exertion either to promote fitness or to recuperate after fatigue. They take up little space, are easily carried, and can be converted quickly into a hot nourishing drink which, with bread or biscuits, will sustain for hours. OXO CUBES are equally valuable in the Home."

Be sure to send OXO CUBES Tins of 4, 10, 50 and 100 Cubes.

Table with 4 columns: Local Branch Time Table, Grand Trunk Railway System, Agitation For Longer Term, and Rev. A. L. Howard, one time minister of St. Paul's church, Kempthorne.

Nature Calls for Sweets

Candies in excess cause our digestive organs to rebel. So do also all kinds of food. The big fact is that sweets in moderation are a necessity. Try some of these: Maple and Chocolate Fudge 30c lb., Marabone 30c lb., Lady Caramels 30c lb., Maple and choc. striped caramels 30c lb.

P. H. BAKER & CO. Phone 141; 302 King St.

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The Sawyer Shoe Store

Fresh Frozen FISH Finnan Haddies, Halibut, Salmon, Herrings, Fresh Oysters.

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