Twilight --- In the Realm of Woman



ECONOMICAL LUNCH

Take a few Oxo Cubes and save the expense of lunching out. A cup of Oxo and a few biscuits, or a sandwich, make a light inexpensive meal which will keep you satisfied and clear-headed until your next repast.

A cup of Oxo is always good. It can be made with an Oxo Cube and hot water with very little trouble. When you reach home after a bard day at the office, a cup of hot Oxo will do you ever so much good, and lessen the risk of a chill.

An Oxo Cube in a glass of bot milk makes a pleasant change

a Cube to a Cup





ALMOST got acquainted WITH A charming map at a DINNER PARTY last evening but THE WOMAN who sat between US HAD spent too much MONEY FOR hair that had BELONGED TO others. **EVERY PLEASANTRY** of mine WAS EITHER hooked by A CURL or deflected by A FALSE puff. Then, too, I FANCIED THAT all of the ORIGINAL OWNERS of that ASSORTMENT OF hair were listening TO OUR conversation and it

EMBARRASSED ME. Why in THE WORLD more women don't LEARN OF HERPICIDE and TRY FOR the home grown VARIETY OF hair is a MYSTERY to me.

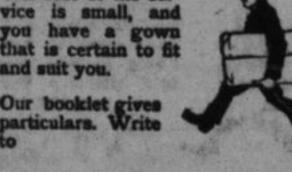
Yours for beautiful hair,

Herpicide Mary

GOWNS

A ball gown, a tea gown, or a favorite dress that has been entrusted to us for dyeing and cleaning, is returned to you ready for another season's wear.

The cost of the service is small, and and suit you.



PARKER'S DYE WORKS 69 Princess Street, Kingston, Ontario.

Healed by Cuticura

"I had been suffering from eczema for a long time. It affected the back of my ears which were all a mass of scales. It was red and unsightly and caused itching and burning which was so severe that it was imp to keep from scratching

ment, and I got a cake of Soap and a box of Ointment, and I was healed." (Signed) Miss G. Bertrand, Botha, Alberta, July 15, 1915.

Sample Each Free by Mail With 32-p. Skin Book. Address post-card: "Cuticura, Dept. J. Boston, U.S.A." Sold throughout the world.

(By Frances Walter)

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under obligation to old Mr. Pendle- the hammer. ton for his support and care and in later time this obligation was transferred to Harry. But my gratitude was not strong enough to compel me to stand guard over a kidnapped woman. Just how Harry obtained this from a few instances of my later life which I shall relate briefly.

from being dependent any longer upon Harry. The man who won me was a roisterer who lived not far from the Pendleton home and whose such a hold upon him that he realized that he could not reform without assistance and he pleaded with me to give him the needed help by marrying him. There was something attractive about his bold, dashing personality, and his evident affection and my own desire to be no longer a burden to Harry, resulted finally son and I might occupy the old home in my accepting his offer.

theless I clung to him, sharing his emotion whatever." roof until his creditors took it away!

Menu for Sunday

Grapefruit Cereni of Choice

Waffles and Honey

DINNER Chicken Broth

Celery

Bolled Hominy

String Beans

Lettuce with Russian Dressing

vo or three kinds of Sandwiches Cocoanut Layer Cake

Mix mustard, salt, pepper and vine- sew up.

Menu for Monday

BREAKFAST

Orange Juice Boiled Whole Wheat Cereal

Broiled Ham Buckwheat Cakes

Syrup or Hominy Coffee or Cocon

LUNCHEON OR SUPPER

Savory Rice flavored with Ment

Apple Rolly-Poly with Lemon

Ten or Cocon

Venl Croquettes with Green Peas

Lettuce Saind

Apple Rolly-Polly, Lemon Sauce.

der and salt into bowl, add shorten- in very hot fat.

spoon melted butter, milk.

try brush, knife, bake dish.

E. F. Sterre

union exclusively.

Celery Creamed Turnips

Materials-One cup olive oil, 1 egg meat needle and thread.

cold soup plate. Beat with silver the bread, salt, pepper and parsley;

fork and add the oil, drop by drop mix and keep stirring until thorough-

at first; and as it forms add faster. ly cooked. Fill into the chicken and

Materials-One quart of chopped tablespoon, platter, deep frying pan.

apples, % cup brown sugar, 1 tea- Directions-Put the meat and rice spoon cinnamon, 2 cups flour, 2 tea- through food chopper; add sauce and

spoons baking powder. 1/2 teaspoon other ingredients; mix well; spread

salt, 2 tablespoons shortening, 1 ta-on platter; put in cold place. When

two measuring cups, teaspoon, table- oblong shapes. After all are molded spoon, bake board, rolling pin, pas- dip in well-beaten egg, which has

Utensils-Mixing bowl, flour sifter, floured hands and mold into cones or

Directions-Sift flour, baking pow- milk; then in fine breadcrumbs. Fry

The Tokic Woman Hairdressers | When her husband became ill,

guild held a competition in hair- Mrs. Grace Hargreaves of Blooming-dressing recently, the winner com- dale, N.J., took his place on the pol-

pleting the difficult style in Japan in ice force and covered his beat until

In New York the women's unions | Colorado women are demanding a

have an agreement with nearly every change in the state constitution in

the employment of members of the trials where women or children are

firm in the city which provides for order that they may sit as jurors in

he recovered.

involved.

Fresh of Conned Fruit

Ten or Cocon

Chicken en Casserole

ANOTHER GREAT TROUBLE _ from him. What might have be-DARKEN'S JANE'S LIFE come of me and my child then no one knows, but at this juncture re-| morse over his misdeeds and the hopeless future staring him in the "It is not my intention," resumed face proved too much for him. I Jane, "to tell you in detail all of the found his body one morning in the ups and downs of my life. I have bath room, where he had shot himtold you merely enough to acquaint self. A few minutes afterwards the you with my connection with the movers came to carry away the fur-Pendleton family. Naturally I felt niture which had been sold under

"I do not think that I would have had the temerity to ask Harry Pendleton for a home, even though I had a young son dependent upon me. Harry was just then preparing for control over me may be inferred a trip around the world, and I supposed that he had little time for anyone's affairs except his own. 'My marriage was an unhappy Imagine my surprise and relief, one. It could hardly have been along with the moving men, bundled my boy and myself into his car and, without asking me any questions whatever, carried us away to the old Pendleton home. A few days later only purpose in life seemed to be he salled for Europe and I was left to spend as quickly as possible his voted myself to the care and education of my son, who grew apidly more and more like his father.

"Harry was abroad several years and during that time I continued not only to look after his interests at the homestead, but also the interests which he had in the city. When he for me combined with his entreaties returned he told me that he had de-

as long as I wished. "As happens in so many marriages "From that time on I saw little of of this kind, my husband's refor- him. My son, nearly 16 years old, mation lasted only a few weeks. He had entered the same training school then plunged even more deeply into which Harry had attended, and it excesses. I clung to him at first was my purpose to send him later to with the fond hope that & might still the university. But alas for my be able to reform him, and later be- dreams! My boy had not been in cause my allegiance to him had cut school more than a month before he me off from all other associates and came back in disgrace. The taint had branded me with thesame iron of his father's blood was in his that had seared him. My hopes were veins. He was not only becoming revived about a year later by the a heavy drinker, but a thief as well. birth of a son. It seemed to me that "No one except a mother knows if anything could stop my husband's | what it costs a parent to admit that dissipation this would, but even this her son is a crook. This pan has hope was vain and I realized then been mine not once, but many times, that he had reached the point where so that at last I am so hardened to reformation was impossible. Never- the fact that I confess it without any

(To Be Continued.)

Filling is made as follows:

pepper, 1 tablespoon salt.

ing, rub in very lightly; add enough

milk to make the dough, so it can

be rolled out 1/4 inch thick. Brush

with butter, cover with apple, sugar,

Veal Croquettes with Green Peas.

cream sauce, 1 teaspoon salt, pep-

per to taste, 1/2 teaspoon grated nut-

meg, 1 tablespoon finely chopped parsley, breadcrumbs and 1 egg.

bowl, two measuring cups, teaspoon,

cold and firm, take a tablespoon into

been mixed with one tablespoon of

Utensils-Food chopper, mixing

namon buns when done.



DUKE'S DAUGHTER'IS SWEDISH CROWN PRINCESS.

This is a photograph of the Duke of Connaught's eldest cided to live in town, but that my daughter, who was Princess Margaret of Connaught and is now the Crown Princess of Sweden. She is holding in her arms her youngest child, Prince Bertil.



The members of the Queen's Dramatic Club entertained at tea in the Mr. and Mrs. George Boyd and tense Neilson.

he Skating Club at the covered rink gar together until smooth. Add to The Reading Club met on Thurs- son, Ottawa.

the egg and oil. If it is too thick day, when Miss Aileen Folger was, Alex, Stewart, of the 72nd Battery, add a little more lemon juice or vine- hostess. gar. The catsup or chili sauce is added last. One tablespoon of finely While in town Miss Hortense Neil- tawa

cut chives or a teaspoon of finely cut son is the guest of Prof. and Mrs. |. Mrs. Cecil B. Blachford, Montreal, shallot adds much to this dressing. Fallis. Stuffed Roast Chicken, Brown Gravy Thursday to visit friends in Toronto. avenue.

Clean and prepare the chicken Mrs. H. W. Richardson and Miss same as usual. Roast in very hot Eva Richardson left on Wednesday W. F. Nickle, M.P., and Mrs. oven for 20 minutes or until well for Toronto. seared; then add 2 cups of cold wa-

ter and roast 20 minutes to each pound if the chicken is a young one. this week. Miss Ruby Donnelly, University Materials-Three cups stale bread, avenue, is visiting friends in Ottawa. Mr. and Mrs. Cowdry, Hamilton,

blespoon finely cut parsley, 2 table-jug with Mrs. and Miss Percival, daughter-in-law, Ella Grace, to John spoons drippings. 4 teaspoon white Brock Street, left to-day for Ottawa. Walter Spragge, second son of the Utensils-Bowl, measuring cup. Mrs. D. E. Mundell, Brock street, marriage to take place early in April. teaspoon, tablespoon, frypan, knife, and Miss Elinor have gone to St.

yolk, 2 tablespoons tomato or chili Directions-Soak the bread in cold weeks at "The Welland." sauce, 1 level teaspoon of dry mus- water 5 minutes, press between the Mrs. J. G. Elliott, Barrie street, has their niece, Bessie Lorraine Purtell, tard, 1/4 teaspoon of white or a pinch hands until all the water is out. Put gone to Toronto for a short visit. Kingston, daughter of Colin Purtell. of red pepper, 1/2 teaspoon salt, 1 the drippings into frypan and add Mr. and Mrs. Charles Livingstone, San Josa California, to Errol George

the liver and heart, which have been Barrie street, have gone on to De- Strickland, assistant manager of the Utensils—Soup plate, silver fork, chopped fine, and the gizzard, which troit and Mount Clemans to spend a Metropolitan Bank, Buffalo, N.Y., the I measuring cup, teaspoon, table- has been boiled until tender and week or so.

chopped fine; add the onions and fry Mrs. R. J. Austin, Warburton, is an early date. Directions-Put the yolk of egg in slowly until well-cooked; then add

Lavana Room of Carruthers' Hall daughter, Lucile, Kingston, and Miss this afternoon in honor of Miss Hor- Isabel Hackett, Ottawa, spent the week-end with Mrs. D. B. Cole, Green

Miss Elda Macdowall, Core street, Miss Carmelle Purtell, visiting her entertained at the tea hour on Thurs- aunt and uncle, Mr. and Mrs. Christoday, when Mrs. John Aird was the pher Purtell, Toronto, leaves shortly for Rochester, N.Y., where she will spend the next three months with There will be a special meeting of friends.

> Mrs. A. W. Benjamin, Yarker, is visiting her sister, Mrs. S. C. Thomp-

is spending his final leave with his parents, Mr. and Mrs. A. Stewart, Ot-

has returned home after a visit Miss Eleanor Creighton left on with Mrs. W. A. Stark, University

Nickle have taken up residence at Miss Virginia Bush has been the Mrs. G. F. Thompson's house at 205 guest of Capt. and Mrs. Wotherspoon McLaren street, Ottawa. Mrs. Nickle

2 tablespoons finely cut onion, I ta- Mrs. Thompson, who has been stay- announce the engagement of their late Canon Spragge, Cobourg, the

Catharines to spend a couple of Mr. and Mrs. Christopher Purtell, Toronto, announce the engagement of marriage to take place in Toronto at

States government. Miss Clara R, Mozzor has been ad-

THE ACTIVITIES OF WOMEN

Wellesley college has a blind pro-

and dust with cinnamon. Roll same Wyoming has eighteen woman as jelly roll; cut into pieces two inounty school superintendents. ches long; place in bake dish that has been brushed with butter, cut Women of Yukon territory are Boston is to have a twelve-story side down, and bake in slow oven seeking political equality. for forty to forty-five minutes, . Re-

move from pan while hot, top side Ohio, 23,969 are women. down. These look like sticky cin- Buckley, England is offering wo- claims that the eating of candy has men \$5 a day to work as roadmen. prolonged her life,

\$14 a week of 47 hours. ner, 2 cups cold boiled rice, 1 cup The Great Western railway of has signed a contract to appear be-England employs women as porters, fore the movies at an enormous sal-Canada has 2,186,000 women be- ary.

> Owing to the scarcity of men, wo- Mrs. Florence Kelly, general secmen are employed as bartenders in retary of the National Consumers'

vanced to third assistant attorney general of Colorado. Ten-year-old Mary Morehead of Fort Worth, Tex., recently got a new

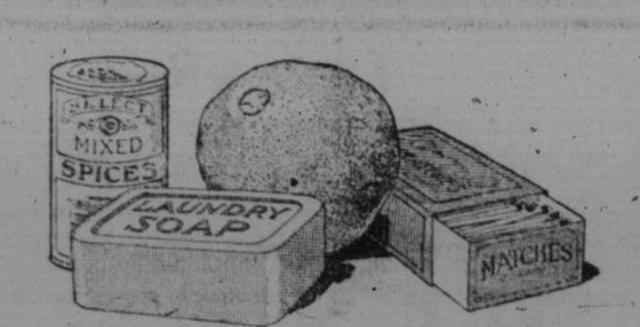
maize raising record. . New York city is soon to have a magazine which will be edited exclusively by society women.

building for the women's board of Of the 31,819 school teachers in trade, costing \$650,000. At the age of 99, Mrs. James Rodie

New York carpet sewers receive Miss Julia M. Shafer of Knoxville. Md., has served the United States as Materials—Two cups left-over veal. Women are barred from wearing a rural mail carrier for twelve years. filling and gravy from Sunday's din-men's clothes in Munich, Germany. Mary Garden, the opera singer,

> tween the ages of fifteen and 80. | Miss Elizabeth Dean, a seventeen-Many women in London are now year-old Cambridge Latin schoolgirl. taking up a course in pottery train- holds the record for women's marks-

league and leader in all movements There are 252 army nurses that! for the betterment of conditions for



Enemies of Tea

If tea is left open near oranges, soap, spices, matches, etc., the tea will take on the flavor of any of these articles.

In fact, tea absorbs odors as readily as does butter. This is because of the high temperature at which it is "fired" during the drying process, which makes the tea very sensitive. It thus quickly loses flavor and strength, and goes "flat" if left exposed to odors, dust or air.

To Protect the Consumer

When you buy a package of Red Rose Tea at your grocer's you get the benefit of the great care we take to protect the consumer, as the sealed package is an armor that keeps out odors, dust and air. It keeps the tea pure, clean, fresh and full strength.

The price printed on the package protects you against overcharge. It is the lowest price for which a tea of Red Rose quality can be sold—a price which allows the grocer only a fair profit.

You will enjoy the distinctive flavor, rich strength and splendid economy of Red Rose Tea. TRY A PACKAGE.



Sold only in sealed packages



WINCARNIS offers you the quickest, the surest, and the safest way to the new health you need when you are

Weak, Anaemic, Nervous, Run-down

IX/INCARNIS offers you this means to you. Instead of that out-of-sorts, nervous, run - down feeling, you can revel in the enjoyment of new and buoyant health You feel well -eat well -work well -sleep well-and rise in the morning refreshed and vigorous, and feel

your whole body pulsating with That is the new health Wincarnin offers you. Because Wincarms is a Tonic, a Restorative, a Blood-maker

and a Nerve Food-all in one. This four-fold power, acting upon the system at one time, enables Wincarnis to give new strength, new rich blood, new nerve force, and new vitality. And because Wincarnis does this, it is recommended by over 10,000 Doctors. If you are weak, Wincarnis will give

you new strength. If you are Anæmic, Wincarnis will give you new rich red blood If you are nervous, Wincarnis will give you new nerve force. If you are run-down, Wincarnis will give you new vitality. Knowing that, surely you will not continue to suffer needlessly. Remember, you begin to get well from the first day you commence to take Wincarnis. And each succeeding day you derive more strength, more rich blone more herve force, and more vitality, until soon your whole system becomes surcharged with a feeling of new

Then you can stop taking Wincarnis. But you can still enjoy the new health Wincarnis has given you. Wincarnis is not a luxury, but a positive

necessity to all who are Weak, Anemic Nervous, Run-down-to all enfeebled by old age-to martyrs to Indigestion-to all Invalids - and to all who are depressed and "out-of-sorts."

Don't suffer needlessly. Take advantage of the new health Wincarnis offers you. But be sure you get Wincarnis-don't trust



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DRUGGIST'S Pints 90c. Quarts \$1.50

FRANK S. BALL, Resident Director, 67 PORTLAND ST., TORONTO 32

working women, was instrumental in during all tof last year on meals breaking up the traffic in child labor | which cost only seven cents each.

Eleanor Painter, the musical com- wives of the President and vice presedy star, is in private life ars. Louis dent respectively, will, ride with

United States.

Y., claims to have fed her family England.

Mrs. Wilson and Mrs. Marshall, Graveure, wife of the Belgian bary- their husbands in the inaugural par-

Mrs. C. H. Moen of Grand Forks, The National Herb association, or-Minn, is considered one of the most ganized by the women in the early successful female farmers in the of the war, has grown so that the growing of herbs is now common Mrs. J. J. Smith of Rochester, N. among people with small families in

