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Weak, nervous women whose strength has become depleted by overtaxing their vitality need Vinol, because it is a wonderful combination of the most famous reconstructive tonics, - Beef and Cod Liver Peptones, Iron and Manganese Peptonates, Glycerophosphates, etc., with a mild tonic wine. Nothing equals this combination to restore strength, vitality and vigor.



is always sold with a definite guarantee to return the purchaser's money if it fails to give satisfaction. Very few bottles are returned.

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(Since I've Been Home)

Is on Victor Record 18196.

You will enjoy this spirited song that will make you think that "home" is a mighty nice place to go back to. Irving Kaufman sings it. On the reverse side of the record is "I'll Wed the Girl I Left Behind"-you can hear the drums and fifes in this one.

There are thousands of others on the ten-inch, double-sided Victor Records at 90 cents for the two selections. A few specially chosen for you.

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Billy Murray 18213 Naughtyl Naughtyl Naughtyl Marguerite Farrell) My Waikiki Ukulele Girl

My Waikiki Ukulele Girl Irving Kaufman | 18202 | My Hawaiian Sunshine Albert Campbell-Henry Burr Highlanders! Fix Bayonets! Edward Hamilton | 17775

When Your Boy Comes Back to You Band of First Regiment, Grenadier Guards of Canada 216007 Band of First Regiment, Grenadiers Guardsof Canada)

Twelve-inch, double-sided Victor records Peer Gynt Suite-Part I, "Morning Vessella's Italian Band

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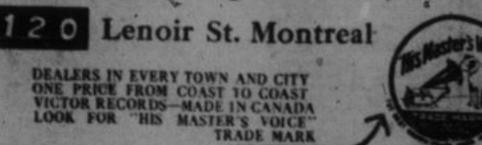
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Berliner Gram-o-phone Co., Limited

Where is My Boy To-Night



"His Master's Voice" Kingston Dealers C. W. Lindsay, Limited. F. W. Coates.

A chan's ability to say no at the Lots of fathers who give their right time is of more use to him than daughters away would like to get rid his ability to quote Latin. of their sons-in-law as easily.

FROM THE COUNTRYSIDE

Frontenac

returned home to Belleville.

HOLLEFORD. here on the 14th inst. Valentine day for the farmers in this vicinity. Mrs. was observed by the pupils of the D Youmans is home from Verona school. W. Reid of Watertown, N. for a few days rest Y., is visiting his father and renewing acquaintances. Mrs. C. Whitby, Niagara Falls, is the guest of Mrs. J. Feb. 19.—On Feb. 6th a much re-G. Walker. Walker Martin is stay-spected resident of the village passed ing for a time with L. Hogan. Miss peacefully away in the person of Hazel Martin is spending the week Horace Martin, aged 73 years. He with friends in Verona. Mrs. Med- was of a very quiet, kind disposition, cof spent a few days with her son, and was always ready to do a kind John Medcor, Sydenham. E. Smith, turn for friend or neighbor. He Verona, is with his parents.

friends of Alois Schwager are griev- Mills conducted services at the house, ed to learn that he is seriously ill. after which the remains were taken Dr. H. R. Barker, Sharbot Lake, is to Parham vault. Miss A. Kilborn in attendance. Mrs. J. G. Fraser is is visiting friends in Ottawa and also ill of bronchitis. Donald Mc- North Augusta. Miss E. Kiell, nurse Gregor, Myer's Cave, was a recent in Rockwood Hospital, Kingston, is visitor at George Hamilton's. A spending a few days at home. Miss' number of young people drove to the Ada Cannon spent Sunday with her home of Andy Myers, on Monday parents. W. Y. Cannon and T. night, and spent an enjoyable time Burnham have arrived home after a in dancing. Michael Schwager, week spent in Florida. Miss Myra Cloyne, was called to his home here Kiell has left to enter Peterboro on account of his father's illness. Hospstal as nurse-in-training. Miss Howard Cousins and Ezra Lloyd, Lillian Allen has returned after visit-Plevna, were guests at George ing in Kingston. Miss Edna Meighen Young's recently. John Murphy, has entered Kingston General Hos-Tamworth, is at his daughter's, Mrs. pital as nurse-in-training. William M. J. Myers. On Feb. 14th the mar- Hartman is spending some time with riage of Miss Luella Gilmour to Roy his brother, Adam Hartman. Eber Godkin, was solemnized in Kingston. Walroth, of the 208th Irish Battalion, W. C. Salmond was renewing friends has returned to Toronto after spendand acquaintances here last week, ing his leave here with his parents Tommy Myers at M Weber's.

WHITE LAKE.

Mrs. Anne Conboy. Deceased was funeral service was taken by Capt. among the pioneer settlers from Ireland. She was eighty-three years of age, and was a life-long Methodist here. He was buried with full miliin religion. The funeral service was tary honors in a cemetery at Seaford. officiated at her residence Saturday afternoon by Rev. Curry Mills. Interment took place at Zealand cemetery. Deceased is survived by one sister, - Mrs. Yonge, Zealand; four sons and two daughters, namely: James at Glen Tay; Thomas at Maberly; William, John, Mrs. R. Johnston and Miss Matilda Conboy, of this place. Robert Conboy is busy hauling hay. Arnold Johnston spent and Joseph A. Burke and Miss Sarah put in last week. Burke visited at Edward Warren's.

person of Miss Moreland, who has is quite ill. He suffered a stroke on innumerable friends, whose kind Sunday morning. Mrs. H. Ball, sick home in Saskatchewan. Mr. and around again. R. Scott is supplying Mrs. W. Nichols celebrated their the village with plenty of beef this twenty-fifth wedding anniversary on Saturday last. During the evening George Elliott, Cedar Valley. Many the little daughter of Mr. and Mrs. people are sick in the village and Jacquith, Peterboro, was baptized country. Dr. Creggan is kept busy. (Marion Anneta). Ice harvesting We are soon going to loose our bakhad to be abandoned for the present er, as Mr. Erwin intends leaving for HALIFAX to LONDON roads. A number from here attended the Sydenham High School 'At Home." Mr. Tobin, Westport, is the guest of his aunt, Mrs. C. Kelly. Mr. Neville, Saskatchewan, is the guest of Mr. and Mrs. Moreland. Mrs. B. Clark and little son, Cataraqui, are Suffered With Heart guests of Mr. and Mrs. Kavanner. Mrs. Jacquith and little daughter are guests of Mr. and Mrs. Nichols. Miss. Frances Harrngan has returned after

HIGH FALLS.

visiting friends on Wolife Island

Miss Gertrude Kelly is the guest of

her sister, Mrs. J. H. O'Brien, Wolfe

at Verona Sunday evening. John McKnight and family are moving to their new home at Collins Bay. Syle cure in cases of such severity.

venio Yeyo had a very valuable dog They strengthen and invigorate shot the other day. A new office is attended the funeral of their brotherin-law. Miss B. Jeffery spent the week-end at her home, also Miss Reid done for me, and in a very short time, and Miss Hunter at their homes in too. I had suffered terribly with my Kingston. William Reid, of Long heart for nearly ten years, could Lake, is at W. Colins' Thalma Col- scarcely do my work, and would nearlins and Edna Wagar have retutrned ly smother at times. I had many remfrom visiting friends at Harrow- edies, some only relieving me for a smith. Albert Freeman is at A. Hop- time. I got a box of Milburn's Heart pins'. Mr. and Mrs. T. Freeman and and Nerve Pills and felt so much Mrs. H. Freeman attended the oyster better that I kept on using them, and per at G. Freeman's Saturday. can truthfully say I feel like a new Edmund Page is at R. Fagar's. Mrs. woman. W. Congar, Mrs. S. Deyo and Mrs. E. Morey spent Sunday at Edward trouble to use them." Morey's; Marshall Wagar at A. B.

MOUNTAIN GROVE. Feb. 19 .- Reeve J. Parker took ted, Toronto, Out.

Sydney Babcock to the Home for the Aged in Kingston, R. Laidley, Maberly, visited friends here recently. D. Drew, Long Lake, is moving hay and wood to the village. Robert Lewis of the North West is visiting his parents, Mr. and Mrs. George Lewis, Feb. 19 .- Mrs. Jamieson has re- The proceeds of the box social given turned from Odessa. Dr. and Mrs. by the Women's Institute on Wed-Boyce, Kingston, are visiting at Dr. nesday evening was \$45.05. The Boyce's father's. Born to Mr. and monthly meeting of the Institute was Mrs. William Babcock a son. Mrs. held Thursday afternoon at Mrs. D. Charles Whitly and Miss Maria Wat- J. Cronk's. The sum of \$25 was son, St. Catharines, are at Mrs. Geo. donated to the Red Cross for hospi-Trousdale's; Miss' Lalie Freeman, tal supplies and \$5 to Y.M.C.A. work Kingston, at Daniel Freeman's; Mrs. among the soldiers in France. The W. Brown, Moscow, visiting her fath- ladies spent the afternoon making er, has returned home; Mrs. Alfred pyjamas. Hugh Thompson, Harrow-Babcock, at Benjamin Campsall's, has smith, was at home over Sunday. Miss Anderson spent the week-end at Mrs. A. W. Thompson's; Miss Cook at Mrs. B. F. Detlor's, Arden. Feb. 17 .- The roads are open once A few from here attended the Lanere and teaming is the order of the dies' Aid tea at Long Lake. R. T. day. Some are putting in ice. The Beverly has enlisted in the Condepth of snow prevents working in struction Battalion. The Messrs. the woods. G. Brown; assessor for Webster are at the parsonage, W. E. Pertfand, began his work through Barr and S. Dawson are sawing wood

SHARBOT LAKE

leaves to mourn his loss a widow, two sons, George, of Vancouver, B.C.: John, of Sharbot Lake; and two Feb. 19.—Rumor talks of a wed-daughters, Mrs. T. Dickson, of Perth, ing in the near future. The many and Miss Sarah, of Perth. Rev. Mr The village was shocked recently at hearing of the death of Pte. Robert Patterson, of Oso, at the training camp at Seaford, England. He was Feb. 19 .- On Thursday, Feb. 15th, being held back for treatment, but after a few weeks' illness, there died before he was able to proceed. passed away to rest an old and re- Deceased leaves a widow and two spected resident, in the person of small sons to mourn his loss. His

Feb. 19 .-- Miss Beatrice Dickey a few days last week with friends in for a few days guests at James Manhart's. Miss Addie Baile, Brock-Grove last Wednesday night. W. J. Johnston. Toronto, attended the funeral of his grandmother, Mrs. A. Conboy. Robert Lewis, Saskatchewan, is spending the winter months with his parents. Messrs. John and Sam Larman, Mr. and Mrs. Thomas Johnston and family, Messrs. John and Joseph A. Burke and Miss Sarah and Joseph A. Burke and Mis

PORTLAND.

Feb. 19.—The farmers are haul-Feb. 19 .- Forest will lose one of ing logs to the mills and the roads! its estimable young ladies, in the are in very bad condition. C. Lyons wishes will follow her to her new for a couple of weeks, is able to be

actually took solid comfort in worry

For Ten Years Would Nearly Smother.

There is nothing that brings with it such fear of impending death as to wake up in the night with that awful sense of smothering. The uncertain and irregular heart action causes the greatest distress of both mind and

Feb. 19.—A number from here at- Milburn's Heart and Nerve Pills tended the Free Methodist meeting are the only remedy that can give prompt relief and effect a complete

the heart, so that it beats strong and being built at the feldspar mines, regular, and tone up the nervous under the management of G. Lakins, system so that the cause of so much Verona. Westle McKnight is visit- anxiety becomes a thing of the past. ing friends at Belleville. Edmund Mrs. M. O. McCready, Wapella, Page and sister May have returned Sask., writes: "I am not much of a from Watertown, N.Y., where they believer in medicines, but I feel that

> "I would advise anyone with heart Milburn's Heart and Nerve Pills are 50c. or three boxes for \$1.25, at all dealers or mailed direct on receip of price by The T. Milburn Co., Limi-

Here's relief from thirst; here's fresh vigor for the boys at the Front and workers at home!

WRIGLE Soothes, refreshes, sus-

tains through weary hours

of suspense and struggle! It helps appetite and digestion too. Delicious and antiseptic-

wholesome and beneficial.

After every meal and in the long watch, this lasting refreshment cheers thousands every day. A boon to smokers. Send some packets or a box to your soldier lad.



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CANADIAN NORTHERN

day and Friday.

LOCAL BRANCH TIME TABLE In effect Jan. 14th, 1917.

Feb. 12th, Transcontin- Trains will leave and arrive at City Depot, foot of Johnson street. Port Arthur, Fort Wil- No. 19 Mail 12.20 a.m. 12.57 a.m. No. 13 Express . . . 2.58 a.m. 3.35 a.m. liam, Winnipeg, Bran- No. 27 Local 6.40 a.m. 7.12 p.m. ford, Edmonton, Van- No. 18 Mail ... 1.40 a.m. 2.17 a.m. No. 16 Express ... 2.58 a.m. 3.35 a.m. No. 6 Mail ... 12.20 p.m. 12.52 p.m. No. 14 Intern'l Ltd. 1.08 p.m. 12.52 p.m. No. 28 Local ... Nos. 1. 6. 7 12 14 16 1.08 p.m. 7.22 p.m.

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