MOTHERS WHO HAVE DAUGHTERS

Read How to Care for Their Health.

New Orleans, La.-"I cannot praise Lydia E. Pinkham's Vegetable Compound enough, for I know my daughter

never would have been so well if she had not taken it. For more than a year she had suffered agonies from irregularity, backache, dizziness, and no appetite, but is now

ter." Mrs. A. ESTRADA, 129 N. Galvez ing this week at H. Vanest's Street, New Orleans, La.

Philadelphia, Pa.-" My daughter was feeling tired and all run down with no 5131 Race Street, Philadelphia, Pa.

health when suffering with female ills. Donald. -Try it if you are troubled with any ailment peculiar to women.

Write for advice to Lydia E. Pinkham Med. Co., Lynn, Mass.

NO TRUNK BAILWAY LOCAL BRANCH TIME TABLE In effect Jan. 14th, 1917.

Trains will leave and arrive at City Depot, foot of Johnson street. GOING WEST

No. 27 Local 6.40 a.m. 7.12 p.m. No. 1 Intern'l Ltd. 1.41 p.m. 2.12 p.m. No. 7 Mail . 3.04 p.m. 3.40 p.m.

Other trains daily except Sunday.

Direct route to Toronto, Peterboro, just try inside-bathing every mornHamilton, Buffalo, London, Detroit ing for one week. Chicago, Bay Chy, Saginaw, Montreal, Quebec, Portland, St. John. Halifax, Beston and New York. For Pullman Accommodation, Tickets, and all other information, apply

J. P. HANLEY, AGENT.
Johnson and Ontario Streets.

liam, Winnipeg, Bran- onstrate that just as soap and hot water cleanses, sweetens and freshdon, Regina, Saskatoon, ens the skin, so hot water and lime-Coast will leave Toronto plexion pallid, are assured that one Deceased was a Roman Catholic in stormiest winter we have had in religion, very charitable and loved by many years. The coal supply with p.m. instead of 10.45 WE TRY TO AVOID Grand Seminary, Montreal, is spendislanders have been in the habit of ing the holidays in town. Mr. and drawing their soft coal for threshing day and Friday.

CANADIAN NORTHERN



LONDON to HALIFAX Fresh Dates, 15c lb.

FROM THE COUNTRYSIDE

Frontenac

BELLROCK

well. I recommend Vanest has an attack of grippe. Vist- Cape Vincent on Wednesday evening. Lydia E. Pinkham's tors are Mrs. James Shangraw of Vegetable Compound to all mothers and | Yarker at Hiram Vanest's; Clarence daughters and you can publish this let- Revell and his mother spent an even- Feb. 15. Mr. Aiken, the new cus-

COLLINS' BAY.

apparent cause. She had taken Lydia | who has been holding revival meet- daughter. Howard Abbott has en-E. Pinkham's Vegetable Compound be- ings in the Methodist church, return- listed in a Kingston battery. A box fore and knew its value so she again bert is visiting her sister, Mrs. N. Mr. Morton on Kriday evening, and purchased it and she was able to keep Asselstine. Miss Floral Truedell is it was a decided success. The house to work, her eyes became bright and visiting relatives on Amherst Island. was crowded to its utmost capacity. natural, and her system was built up A. M. Rankin, M.P.P., spent a few The evening was spent in games and completely. We generally keep the days in Toronto last week. The Lad- amusements. A good sum was real-Vegetable Compound in the house for les's Aid met at the home of Mrs. ized for the Red Cross. A great . it is to be relied on."-Mrs. E. J. PURDY, Walter Frink and the Red Cross at many of the Islanders are purchasing Mrs. G. Clark's. Mr. and Mrs. Beau- coal in Cape Vincent on account of Women Have Been Telling Women bien, of Amherst Island, spent Sun- the scarcity in Kingston. Mrs. W. for forty years how Lydia E. Pinkham's day at W. Smith's. Mrs. C. Redden, G. Woodman is confined to her home. Vegetable Compound has restored their | Harrowsmith, is visiting Mrs. S. Mc- through illness. David Pyke was re-

> ST. LAWRENCE, WOLFE ISLAND. Feb. 12.—The recent snow storms have left the roads in a very bad con-

TO QUICKLY GET ON WATER WAGON

No. 13 Express . . . 2.58 a.m. 3.35 a.m. Drink Glass of Hot Water Before Hause and Miss Ina, Athens, are Breakfast To Wash Out.

Nos. 1, 6, 7, 13, 14, 16, 18, 19 run daily, tongue or a nasty breath, in fact to by insurance.

MISTAKES BUT NEVER TO AVOID RIGHTING THEM.

Have You Tried:

Celeste Whole Figs packed in corn and sugar syrup, 20c per tin. The choicest dessert before the

Maple Sugar, 10c cake. HALIFAX to LONDON Grape Fruit, 5c each, 3 and 4 for 25c.

For particulars of sailings and rates, pply to Local Agents or to The Robert Reford Co., Limited, General Agents, 50 Phone 141; 302 King St. standing the zero weather handed us. The spacious hall was at an early hour crowded with eager

Feb. 14.-The thermometer has J. O'Brien's. Miss Clara Gillespie was the most successful event of the registered 30 degrees below zero. The spent a few days last week with her kind held here for some time. The snow has also been very deep mak- cousin, J. Gillespie, Howe Island, T. costumes, which evidenced much ing it difficult for the farmers to get Dignam has been hauling timber to tact in their formation, presented a up their supply of wood. The farm- Clayton to be sawed, George Rattray ers are receiving fancy prices for live has been hauling coal from Gananhogs, John McGregor paying as high oque for his factory. A number from at \$13.50 per hundred. Miss Myrtle here atended the C.M.B.A. dance in

WOLFE ISLAND. toms official has taken up his residence in Frank Briceland's house on the Seventh Concession. Born unto Feb. 12.-Rev. C. B. Fairbairn, Mr. and Mrs. Mack Greenwood, a in Reid's ambulance on Wednesday.

PLUM HOLLOW. Feb. 12.-The patrons of Plum Hollow cheese factory held an oyster supper at the home of the proprietor, . B. Newsome, on Thursday evenng last. About 200 sat down to supper and had a pleasant time. Mrs visiting at Edward Dowden's, On Saturday morning last the cheese factory of Harvey Kilborn was burn-To see the tinge of healthy bloom | ed to the ground with all the conin your face, to see your skin get tents, including 500 sap buckets and No. 6 Mail 12.20 p.m. 12.52 p.m. clearer and clearer, to wake up with- an evaporator. The origin is un-No. 14 Intern'l Ltd. 1.08 p.m. 1.38 p.m. out a headache, backache, coated known. The loss is partly covered

MORTON.

Feb. 13.—A sudden death occurred McDonald is ili of pneumonia

Feb. 12.-The Red Cross bazaar, held in the Town Hall on Saturday

Low Fares and To All Points In Through Tickets Western Canada and the Pacific Coast Electric Lighted and Comfortably Equipped Trains. To obtain the lowest fare and the most convenient routing apply to M. C. Dunn, City Agent, or J. E. Ivey, Station Agent, or write to R. L. Fairbairn, General Pas-

senger Dept., 68 King St. E., Toronto.

VIA CANADIAN NORTHERN

mare his rounds last week. Mrs. J. purchasers, composed of not only Miles, who has been ill for the past townspeople, but crowds from the month, is slowly improving. Joseph country as well. The neat sum of Murray, formerly of Saskatoon, is \$662 was realized from the sale, and visiting at J. Glynn's. Misses Fran- by far surpassed our most sanguine ces Harrigan and Gertrude Kelly, of expectations. The carnival on the Harrowsmith, were recent visitors at skating rink on Tuesday night last brilliant and varied picture. The committee were fortunate in being able to secure the services of Mrs. and Dr. Maines, of Saskatoon, to act as judges, which office they filled with care and precision. On Monday of last week a little boy came to brighten the home of our genial village blacksmith, P. McIllroy: Misses O'Brien and Sheahen spent the week-end with Tweed friends. In the lumber woods north of Tweed, while in the employ of Grant & Son, C. Rachotte sustained ed to Verona Saturday. Miss C. Gil- social was held at the residence of painful injuries. However, we are pleased to learn that he is somewhat improved. Dr. J. Robertson having disposed of his property, purposes moving to Belleville, where he has purchased the home recently made vacant by the death of its owner. Dr. F. Mather. Dr. and Mrs. Robertson during their stay in Tweed have won for themselves a host of ardent friends, who deeply regret their departure. This morning, Feb. 12th, at moved to Kingston General Hospital St. Carthage church, was solemnized a quiet but pretty wedding, the contracting parties being Miss Carmel Breen, Buffalo, N.Y. and Timothy Hinch. The happy couple left on the morning train to spend their honeymoon in Buffalo, After their return they will locate on their farm near

NORTHBROOK,

Feb. 10.-Harry Abbott, Saskatch- ing will be held in Wellington. ewan, is spending a few days with his sister, Mrs. Charles Ruttan. Mr. BLOOMFIELD. and Mrs. C. F. Dousen and two children spent two days recently with Interest Club" gave an evening to Ralph Clinton and wife, Belleville, ready dealers at Wellington have their uncle, William Ball. Mr. and their husbands and friends at the spent over Sunday at C. H. Saylor's. lowered their prices in order to drive Mrs. Dousen are from Rainy River home of Mrs. Webster Talcott on the The different milk routes of the them out. The Bloomfield Packing

district and were on their way home 6th inst. A programme was given cheese factory were let by publicCo. is contracting for vegetables. after spending a month with Mrs. and refreshments were served. Jos. auction last week. The Quinte Pro-Dousen's mother, Mrs. Charles Bath, Feb. 13.-A number from here at: Denbigh. Miss Grace Wood return-Before breakfast each day, drink a tended the funeral of the late Mrs. ed to her home accompanied by her glass of real hot water with a tea- John Berry at Olivet church on Mon- sister-in-law, Mrs. N. Wood, Peterspoonful of limestone phosphate in day last. C. R. Willis has returned boro. Mrs. Charles Bath, Denbigh is it as a harmless means of washing after spending a few days with spending a few days with her brothfrom the stomach, liver, kidneys and friends at Addison. Miss Jennie er, William Bath. Ernest and Philip bowels the previous day's indigest- Henderson has returned home after Clark spent a day recently with ible waste, sour bile and toxins; thus spending the past week with friends James Preslar. A number of the AGENCY FOR ALL OCEAN STEAM- cleansing, sweetening and purifying at Brockville. J. Wiltse, who has young people attended the Holiness the entire alimentary canal before been spending a few days calling on Movement convention at Harlowe on putting more food into the stomach. friends after an absence of twenty Sunday last. Pte. Manly Thompson is The action of hot water and lime- years, left last Wednesday for his spending a few days with his mother, stone phosphate on an empty stom-ach is wonderfully invigorating. It Doan and Mrs. M. Kenney, Jones' leave home, as he expects to go over-Commencing Monday, cleans out all the sour fermenta-tions, gases and acidity and gives Mrs. A. Willis. E. Jones has return-through here last week en route to Feb. 12th, Transcontin- one a splendid appetite for break- ed to Toronto. Ice harvesting is the Denbigh. Mrs. George Shier has order of the day. The Home cheese been on the sick list for the past few ental train for Sudbury, last.

A quarter pound of limestone phos- factory paid its patrons \$47.85 for days. Miss Violet Shier spent a few Port Arthur, Fort Wil- phate will cost very little at the days. The average for the days in Tweed recently. Mrs. George season was \$32.41. Selman and Mrs. E. Thompson spent Wednesday at C. C. Thompson's.

Calgary, North Battle- stone phosphate act on the blood and on Wednesday night about ten o'- internal organs. Those who are sub- clock when William Foley passed Feb. 13.—The Islanders are doing ford, Edmonton, Van- ject to constipation, bilious attacks, away. Mr. Foley had been ailing considerable driving on the ice to acid stomach, rheumatic twinges, also with grippe for about a week. He Kingston, Bath and other places. Old couver and the Pacific those whose skin is sallow and com- leaves three brothers and five sisters. timers here state that this is the Union Station at 9.00 them both looking and feeling better all who knew him. The funeral took many is running low. A large quantile of the being hauled from Portsmouth place Friday morning to St. Edward's tity is being hauled from Portsmouth ng the holidays in town. Mr. and drawing their soft coal for threshing Mrs. J. V. Lynett were Brockville from Collins Bay, but it seems that visitors on Friday. Dr. W. D. Stev- it cannot be procured. A large quanens was in Athens last week attend- tity is also used by the cheese factory ing the funeral of his brother, Ger-here. Quite a number of hogs were shom Stevens. Mrs. James M. Mc-taken to the city last week, being Cann left on Tuesday for Perth to purchased by F. Briceland at \$14 a see her mother, who is seriously ill. cwt. for the most of them. H. B. Miss Lucy Egan left on Friday for Sandwith and W. H. Moutray are Montreal to visit friends. Miss Annie having their ice house filled. The ice is reported not to be as thick as in some other years, but of spendid quality. Parrot's Bay and Stella Juniors played a game of hockey on the rink here on Saturday afternoon. Stella scored six and Parrot's Bay one. Mrs. W. Richards and B. N. Wemp were on Friday called to the bedside of their mother, at Emrald. Mrs. William Wemp. who is seriously illi. Pte. John Miller Zand Ernest Instant, spent a few days on the is-land last week, Mrs. R. Baker, Front road, was a recent visitor here. She returned home on Friday accompan-ied by Mrs. Cronkite and Miss Eve-line and Raymond, Cronkite. Visitors: Mrs. Allen, Belleville, is spending a few weeks with friends. Capt. and Mrs. R. M. Filson, Kingston, spent Sunday at D. Caughey's. Mrs. (Rev.) J. E. Lindsay and daughter.

and Miss Meta Moutray, Ottawa, at

W. H. Moutray's.

ALLISONVILLE.

Feb. 12.—The funeral service for dr. Bowers, eighty-six years of age. was held in Salem church on Thursday, Feb. 8th. Deceased was buried by request under the auspices of the Orange Order. Several from the ocal lodge with other lodges took harge of the burial services, while Rev. Mr. Gall, of Consecon and Rev. H. Mutton of Hallowell circuit con-The sale at George Huffman's on Thursday was well attended and everything brought good prices. George and family are moving to Wellington. He has a position as nanager of the branch of the Quinte Produce Company. Hiram Valleau, his father-in-law, goes with him. Mr. Valleau will be missed as he has always been a resident of this community. Several of the L.O.L. attended the annual county meeting held in Rednerville on Tuesday, Feb. 6th., for election of officers for the



Would you own a house fit to live in only in the Summer? Would you keep a horse that went lame every Winter? Would you retain an employee who annually insisted on a several months' vacation?

Why, then, be satisfied with roads that every year go off duty for months at a stretch?

That is exactly what the old-style road does. The first big Winter storm turns it from a comparatively useful, smiling road into a sullen, rebellious one. It remains "on strike" until the sun is strong enough to dry up its muddy quagmires. How different with

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365 days they are at your service, not a day's holiday do they ask. How we need such roads! What a country this will be when at last we have a complete network of them joining town with town and linking all our farms with their respective community-centres! Each one of us can do something toward bringing it to pass. Every citizen of Canada can "do his bit"-by . talking Concrete whenever roads are mentioned. But to talk Concrete, we must know Concrete. We have collected and "boiled down" for easy reading a large amount of information on the subject-free to you if you write

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"CONCRETE FOR PERMANENCE"

ensuing year. The next annual meet- | Brown and R. D. Milford were away

the cheese factory. E. B. Purtelle.

Keep your feet warm and dry. Wear

Felt Boots, Overshoes,

Rubbers, Moccasins,

We carry a large stock to select from.

duce Co., which has a branch business at Wellington, held a meeting here on Wednesday last to obtain last week looking after a boiler for more members. It is a farmers' club. organized in Belleville during the Howard Leaven and John Brans- past year, and works to their advant-Feb. 13.—The ladies of the "Home combe were in Toronto last week. age in both buying and selling. Al-



Men and munitions are neededmunitions of every kind. Not alone shells and guns and trappings, but

A G E

Every mail from the forces at the front brings urgent requests for more and more of this sustaining, refreshing sweetmeat. It relieves thirst and fatigue. It is a delicious antiseptic and often avoids the necessity of drinking impure water.

Helps appetite and digestion.

Send a few bars, a packet or a box with every . parcel to the Front.

