

Have Rosy Cheeks and Feel Fresh as a Daisy—Try This!

Says glass of hot water with phosphate before breakfast washes out poisons.



To see the tinge of healthy bloom in your face, to see your skin get clearer and clearer, to wake up without a headache, backache, coated tongue or a nasty breath, in fact, to feel your best day-in and day out, just try inside-bathing every morning for one week.

JOHN M. PATRICK

Sewing Machines, Umbrellas, Suit Cases, Trunks, repaired and fitted. Saws filed, Knives and Scissors sharpened, Razors honed. All makes of fire-arms repaired promptly.

149 Sydenham Street

Use Coconut Oil For Washing Hair

If you want to keep your hair in good condition, be careful what you wash it with. Don't use prepared shampoos or anything else, that contains too much alkali. This dries the scalp, makes the hair brittle, and is very harmful.

Dominion Fish Co. Bulk Oysters 60c and 70c a quart.

DR. DeVAN'S FRENCH PILLS... PHOSPHONOL FOR MEN.

EVER SEE A CONY?

A Sort of Cat of Ancient Days—Still Found in Lebanon. There are several allusions in the Bible to the coney.

There is always some wise guy on deck who says "I told you so" when the unexpected happens.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

I FAIL TO LEARN MY TAILOR'S IDENTITY.

(Copyright, 1916, by the McClure Newspaper Syndicate.)

The figure which was revealed by the disappearing wall stood for several moments utterly still within an arm's length of the reading table in my room. I could not tell by the uncertain light whether the figure was that of a man or a woman. Indeed, it had no shape. Dimensions had no height and width—but that was all.

It looked more like a shadow than like an animate object. Yet I knew it was the figure of a human being, and I suspected that it was that of my captor and not that of the only other person who had entered my apartment, Jane, my attendant. My finger sought and found the electric switch. With the movement of two fingers I might be able to solve the mystery of my capture and imprisonment, but for some reason I hesitated to turn on the light.

involuntarily to my face to ward off the radiance. I had risen.

But swift, as I was, the man was quicker. During the brief moment that I was sightless from the unaccustomed glow of the strong lights, the man had wheeled about, both hands to his face as though to hide it from me. When he turned around a black mask covered his features, and he was trying it on.

I sprang toward him, hardly knowing what I did, and grasped at his arms, but he warded me off with his elbows while he made the mask fast about his head. Then he very calmly but very firmly took me by the wrists, held me at arm's length and regarded me with eyes which shone brilliantly through the two slits in the black cloth which covered his face.

The Whig's Daily Menu

Menu for Friday

- BREAKFAST: Sliced Fruit, Oatmeal, Ham, Tomato, Cranberry Sauce, Eggs, Coffee or Cocoa. LUNCHEON OR SUPPER: Cold Sliced Ham, Potato, and Celery Salad, Raisin Biscuit, Apples, Tea or Cocoa. DINNER: Bean Soup, Celery, Pan Broiled Lamb Chops with Baked Rice and Peas, Lettuce or Relish, Cocoa Pudding, Coffee.

Crumb Griddle Cakes. Materials—One cup breadcrumbs, 1/2 cup flour, 1 cup milk, 1 egg, 1 teaspoon baking powder, 1/2 teaspoon salt, 1 teaspoon melted butter or oil, 1 teaspoon molasses.

BRITAIN WILL NOT STARVE

EXTRA FOOD SUPPLIES ORDERED TO COVER SUBS. LOSS. The Findings of Experts Show That at Present Britain Has Two Months' Supply in Reserve. Washington, Feb. 15.—A study of the food situation in the British Isles by experts here shows that there is a reserve sufficient to last two months if the imports were cut off entirely. France is almost a self-sustaining nation, but could not help Britain. There is every reason to believe that the armies in the field could be fed even if the blockade of the British Isles was complete and effective.



MADE IN CANADA. Bread is the cheapest food known. Home bread baking reduces the high cost of living by lessening the amount of expensive meats required to supply the necessary nourishment to the body. REFUSE SUBSTITUTES. E.W. GILLETTE COMPANY LIMITED.

WOMEN'S AILMENTS

Come From The Heart and Nerves. Young girls budding into womanhood, who suffer with pains and headaches, and whose face is pale and blood watery, will find Milburn's Heart and Nerve Pills build them up.

Women, between the ages of 40 and 50, who are nervous, subject to hot flushes, feeling of pins and needles, smothering feeling, shortness of breath, palpitation of the heart, etc., are tired over this trying time of their life by the use of this remedy. Milburn's Heart and Nerve Pills have a wonderful effect on a woman's system, making pains and aches vanish, bringing color to the pale cheek and sparkle to the eye.

The old, worn out, tired-out, languid feelings give place to strength and vitality, and life again seems like living. Mrs. Alfred Winter, Castor, Alta., writes: "I would like every woman who is suffering from nerves or heart trouble to know how much Milburn's Heart and Nerve Pills have helped me. For two years I kept a hired girl, and was doctoring all the time. After having taken four boxes of your pills I am able to do all my own work. I would especially recommend them to women between 40 and 50 at that time they are most liable to be far from well."

ASTROLOGERS AND THE WAR

ENGLISH AND FRENCH SEE VICTORY FOR THE ALLIES.

While an American Astrologer Says No Nation Will Win—The Kaiser's Horoscope Shows 1918 as His Lucky Year. Kingston, Feb. 10.—(To the Editor: I don't know whether you believe in astrology or not, but it is a very old science based on astronomy, and as a writer I read in my boyhood said of the latter: "It is the most ancient, fascinating and peculiar of the secular pursuits of the human mind.")

Just now the astrologers are very busy prophesying on the war and vast horoscopes of the crowned heads engaged in it. In a new magazine called "Astro" the Kaiser's horoscope is given by Catherine Howard Thompson, of Boston, Mass., together with a review of what contemporary prophets in London, Paris and New York have said; and it is interesting, if not convincing or very convincing, as to the future.

Raphael, a noted London astrologer, in 1915, said: "In the end England is to be victorious and there is scarcely a doubt that the French army will thoroughly beat the Germans." Also, "Russia will have to fight desperately hard to make any material impression on Germany, nevertheless the Czar's stars should carry him to victory."

Mme. de Thebes, of Paris, made many notable predictions in her days which were fulfilled, but she failed in her predictions on the war, and she was most unfortunate in casting the horoscope of the Kaiser. She says: "The Kaiser will be killed Sept. 29th, 1914; will 'go insane in 1915,' and 'disappear or commit suicide in 1916.'"

Catherine Thompson says: "Not one of these astrologers mentions the aspects of the planets on which they base their judgments; an extraordinary omission. So it is something like 'heads, I win; tails, you lose'." The most unfortunate horoscope, says our astrologer, "was the late Emperor of Austria's, because he had Jupiter and Neptune both retrograding in his Fourth House, ruling the end of his reign. The next most unfortunate is the Czar of Russia's, who has Saturn retrograding on the cusp of his fourth house. The next unfortunate monarch is the King of Italy, who has the secret and evil Neptune retrograding on the cusp of his Fourth House, and Jupiter retrograding near it, showing losses; and the last most unfortunate horoscope is that of the King of England, who has the evil Herschel, the planet of revolution on the cusp of the Fourth House afflicting Jupiter re-

trograding on the cusp of his 'House of Honor,' showing insult and open defiance; and Herschel, also afflicts the moon ruling 'the masses in the Seventies,' the 'House of the People,' showing that the people will revolt and will insult and openly defy the majesty of the Crown.

The Kaiser's Horoscope.

The configuration of the stars at the birth of the Kaiser is one of the most remarkable we have ever seen belonging to a crowned head, for King's usually have unfortunate horoscopes. This one stands out like those of Xerxes, Alexander, Julius Cæsar, and Napoleon, who altered the destiny and changed the maps of Europe. It denotes a most psychic and complex personality. Few are on his plane mentally, spiritually or intellectually. He possesses unusual gifts and is a tremendous ruler in the principality of water, and water is the most powerful force there is, and represents a force, that has to be reckoned with.

This Emperor is born with Cancer, the head of the maternal, and therefore it is that he is so anxious about the welfare of his people and recognizes his 'divine-right' to look after them. This American astrologer says: "No Nation Will Win," for it is not God's purpose in this world-wide contest and struggle with commercialism, (which is in its death-agony), for the monopoly by the merchants of the Governments to sell their goods.

1918 Lucky For Kaiser.

Every twelve years, therefore, the Kaiser can expect an increase of estate. In 1918, when Jupiter reaches his radial place, he will be at the head of another confederation, like his grandfather was, to work for peace. Jupiter, the "greater fortune," makes at the Kaiser's birth a wonderful array of aspects; in fact, all his planets are making innumerable aspects, showing he is away above the men of his generation, and only those possessing a most extraordinary mentality could keep up with or understand him.

Cause of the Unrest.

"In your opinion," queried a member of the investigating committee, "what is the cause of the evident unrest among the Indians?" Apache Pete, the noted scout, blew a cloud of smoke into the atmosphere. Then he removed his pipe from his mouth. "Fleas," he answered.

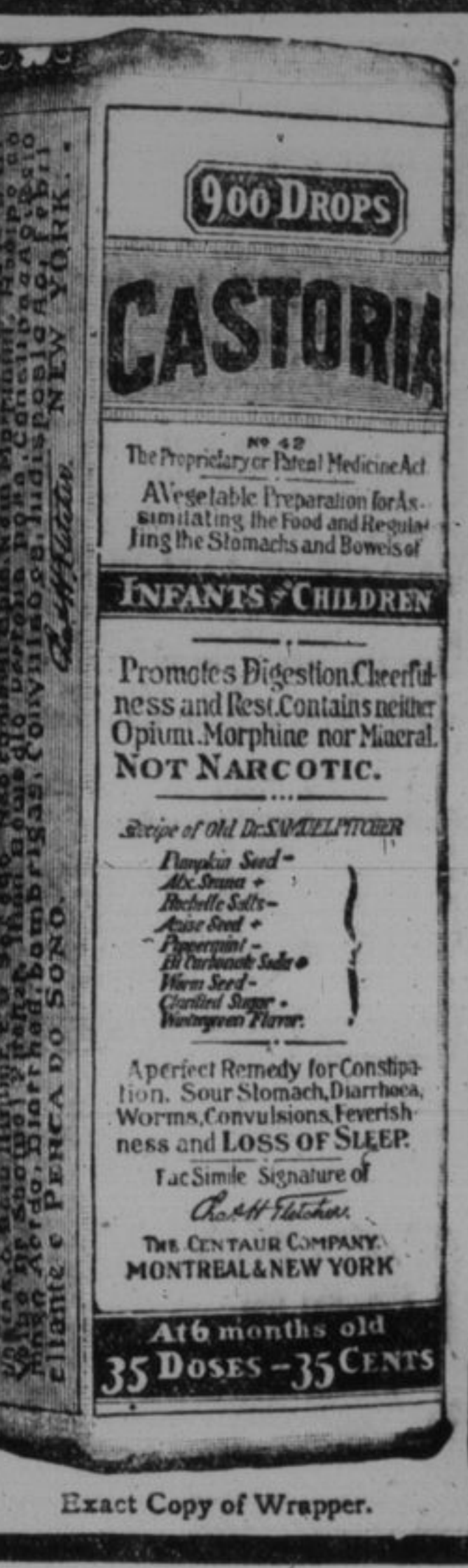
SUFFERED FROM BACKACHE, RHEUMATISM, DROPSY.

Dear Mr. Editor—I wish to tell you of a recent experience I had when suffering from backache, weak back, rheumatism, dropsy, and congestion of the kidneys. I tried a new medicine called "Anuric," which has recently been discovered by Dr. Pierce, of whose medicines and Surgical Institution in Buffalo, N. Y., you have no doubt heard for some time. This medicine acted upon me in a wonderful manner. I never have taken any medicine so helpful in such quick time. I do wish anyone in need of such a remedy would give it a trial. (Signed) G. H. Hixx.

NOTE: Folks in town and adjoining counties are delighted with the results they have obtained by using "ANURIC," the newest discovery of Dr. Pierce, who is head of the INVALIDS' HOME, and Surgical Institution, in Buffalo, N. Y. Those who started the day with a backache, stiff legs, arms and muscles, and an aching head (worn out before the day began because they were in and out of bed half a dozen times at night) are appreciating the perfect rest, comfort and new strength they obtained from Dr. Pierce's Anuric Tablets. To prove that this is a certain uric acid solvent and conquers headache, kidney and bladder diseases and rheumatism, if you've never used the "Anuric," cut this out and send ten cents to Doctor Pierce for a large sample package. He will prove to you that "Anuric" is thirty-seven times more active than lithia in eliminating uric acid—and the most perfect kidney and bladder corrector. If you are a sufferer, go to your best druggist and ask for a 50-cent box of "Anuric." You run no risk for Dr. Pierce's good name stands behind this wonderful new discovery as it has for the past half century for his "Golden Medical Discovery," which makes the blood pure, and "Pleasant Pills" for weak women, and "Pleasant Pills" for liver ill.

A "sameness" that is most enjoyable—the daily, unvarying goodness of a cup of "SEAL BRAND" COFFEE. It never fails to greet you with that same exquisite fragrance, amber clearness and delightful flavour, that win people with the first cup.

In 1/2, 1 and 2 pound tins. Whole-ground—pulverized—also fine ground for Percolators. Never sold in bulk. CHASE & SANBORN, MONTREAL.



CASTORIA For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of

Dr. J. C. Hathorn In Use For Over Thirty Years CASTORIA



Babbitt's Cleanser

Makes House-Cleaning Easy FULL WEIGHT PACKAGE 5c Why pay more!

Women's Low Heel Walking Boots

We are now showing the new spring styles of Low Heel Walking Boots in Black Kid, Black Calf and Dark Brown Calf Leathers. These shoes are the new 1917 spring models and right up to the minute in style and quality. \$6.50, \$7.00 and \$8.00.

J.H. Sutherland & Bro. THE HOME OF GOOD SHOES.

Once assured that the cloud has a silver lining, make an effort to get through the cloud. Keep up the practice long enough and the social plans may become the glass of necessity. A good politician is usually conspicuous by which he says and does, not by what he means. Fortunate is the woman whose husband is as smart as she thinks he is.