For three years the little son f G. Romanuk, of Edenbridge, affered with a bad attack of crema, which everything failed to cure until they used Zam-Buk. The father, writing to the Zam-Buk Co., says:

"For three years my little son suffered with a severe attack of eczems, which many doctors pronounced incurable. For two years the sores on his eyes and forehead were so had tried everything, but without any benefit and he was in a shocking condition when Rabbi Shalitt recommended Zam-Buk. This wonderful ointment has entirely cured my boy, and I cannot express my gratitude for his marvellous recovery."

Zam-Buk is also unequalled

for ringworm, scalp sores, salt rheum, old wounds, blood-poi-soning, piles, burns, cuts, scalds, and all skin injuries. 50c. box, 3 for \$1.25. All druggists and tores, or Zam-Buk Co., Toronto Send ic. stamp for postage on FREE trial box.

McLaughlin's Garage

Seize the opportunity; bring us your car before it gets snowed in. You will want it looked over before using it in the spring. We have ha factory.experience and can guarantee our work. Let us look after your sattery; we will save you money.

R. J. Fursey, Prop. Garage Phone 1609; Res. 931. New Stand, 34-38 Princess Street

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To

Don't stay stuffed up! Get a small Owing to the recent storms the roads bors made a wood bee for Mrs. Cobweather there were no meetings after Tuesday night. However, he inas furnishing proof of any increase Timiskaming Mining Company shows
ter Tuesday night. However, he inas furnishing proof of any increase Timiskaming Mining Company shows been seeking. It's just splendid.

COUC Coal

FROM THE COUNTRYSIDE

ECHO LAKE greatly missed in this community, aome, the continued snow storms keep the at home. Mrs. Victor Kirkham is and the roads are in a bad condition with her parents for the remainder The stage was unable to go to Arden of the winter.

HOWE ISLAND.

Feb. 7 .- The farmers are drawing hay to Kingston. Quite a number attended the dance at Gananoque Spicer's one evening last week. who expects to leave shortly for Meeks. Miss Maude MacGregor has Brockville, where she will take up nursing. Miss Irene Prior, who has been sick, is improved again. Miss Edna Simpson has returned from Kingston, where she spent several weeks, due to illness. Master John Donoughue and his sister Catherine Frank Neal is at Hill Crest. made a flying visit to the island from Clayton to visit Mr. and Mrs. Robert heavy tall of snow makes it hard

JOYCEVILLE. J. Keys spent Sunday at Mount Ches- Martin is at Verona. Miss Orpha ney. J. McCarey, jr., is visiting with Babcock was a recent guest of Mrs. friends in Kingston. Mrs. T. Anglin, E. Smith, Verona. Pine Grove, is the guest of her sister, Mrs. W. J. Franklin,

4 Points. 1. So strengthening and invigorating as a hot drink in coletter than beef-tea in sickness. soups, stews, pies, etc.

Economical and ready in Time of 4, 10, to and 100 Cubes.

Children Cry for Fletcher's

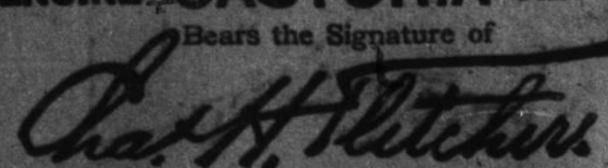
The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy.

All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children-Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregorie, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and similates the Food, giving healthy and natural sleep. the Children's Panacea—The Mother's Friend

GENUINE CASTORIA ALWAYS



In Use For Over 30 Years The Kind You Have Always Bought

THE GENTAUR COMPANY, NEW YORK CITY.

OUTLET.

MYER'S CAVE. Feb. 12 .- The weather continue T. D. Perry was appointed assessor. Donald MacGregor was a week-en

Good spent Sunday with Mrs. Kate returned home after spending the Rintoul, Harlowe. Misses Lizzle and chine has been busy in this locality 1913. Louisa McCausland and Miss Mc-

HOLLEFORD.

Kinnon at C. MacGregor's Sunday.

the ice houses is consuming a good gaugs of men busy. Even then many deal of the farmers' time now. The roads have to be made in fields. Mr. pital Kingston, after a spagnetial spagnetial with 114,283 in 1914, a decrease of its Jarvis and Company have an other or spagnetial spagnetial with 114,283 in 1914, a decrease of its Jarvis and Company have an other or spagnetial sp Medcof acted as supply in the Metho- pital, Kingston, after a successful saw the largest number of sentenced nounced that Mr. Norman S. Jarvis, friends of G. Smith are sorry to learn place passed away on Feb. 1st in the cof is home again after spending a line land to the cof is home again after spending a line land to the land to land the land the land to land the land th person of John McFarlane, Kingston. few days with her daughter, Mrs. F. The deceased was well known and Trousdale, Hartington, Mr. and Mrs. highly respected here. The cheese Robert Babcock were recent guests at meeting and oyster supper held at H. Clow's, Inverary. Mrs. James tended. The ice houses are being filled. The ice is of good quality. The ladies of the Red Cross Society at home to her Sunday school class are doing excellent work here. Mr. Inven. who came from Godirey, where she visited her daughter, Mrs. T. F. Townson was ing's on Thursday to sew for the invalided soldiers of Fettercairn Convaled and those made by the justices and military authorities, and (3) the great demand for a labor, rendering employment easy valided soldiers of Fettercairn Convaled and those made by the justices and military authorities, and (3) the great demand for valided soldiers of Fettercairn Convaled and those made by the justices and military authorities, and (3) the great demand for valided soldiers of Fettercairn Convaled and those made by the justices and military authorities, and (3) the great demand for valided soldiers of Fettercairn Convaled and those made by the justices and military authorities, and (3) the great demand for valided soldiers of Fettercairn Convaled and V Pine Hill on Feb. 1st was largely at- Walker has returned from Godfrey, Home one evening last week to a number of their young friends, who number of their young friends, who len ill and has been unable to return. I held at Mrs. J. W. Simmons'. Mrs. during the year under review.

L. Hogan has commenced to move to held at Mrs. J. W. Whipple is recovering after The effect of the liquor control .0017 per cent. in 1915. enjoyed themselves immensely. W. his new farm near Sydenham. Miss McDonald, Kingston, spent Sunday at Lena Westbrook is staying with Mrs. her recent illness. Mrs. Brown, Single-board's orders in the metropolis and J. McCarey's, Miss Loretta Murphy Robert Martin. Miss Sadie Cook. has returned home after visiting Sydenham, is visiting at her grandfriends in the city. T. McCarey and father's, James Walker. Miss Luella

PERTH ROAD An: want rener: Your clogged nostrils open right up, the air passages of your head are clear and you she is improving rapidly after under-Feb. 9 .- Vincent Simkins, who has can breathe freely. No more hawk- going a very painful operation in Some of the farmers are cutting and ing, snuffling, mucous discharge, the general hospital. The Kepler hauling pulp-wood. The Teeple the sessions very helpful. Rev. Mr. comment on the decline in the numheadache, dryness—no struggling for branch of the W. M. S. held their rothers of Opinicon are hauling Cumerford opened evangelistic ser- ber of habitual drunkards commit- monthly meeting at the parsonage, begun breath at night, your cold or catarrh | monthly meeting at the parsonage, bard wood to Buck Lake siding for Elginburg, on Monday afternoon. shipment, A number of the neight week, but owing to the unfavorable in 1913 and, only nine in 1915. operations. E. Votary spent Tuesday at R. Guth-jaid of Red Cross work. W. Tallman rie's. Miss B. Green was a recent is improving nicely from his recent visitor at G. Green, Jr.'s H. Guthrie illness. Mrs. Charles Gray received and little daughter Doris spent Sun- a letter last week from her daughter, day at Mrs. Guthrie's, Miss N. Ray- Mrs. Kilborn, who with her children mond spent Saturday at Miss Sadie recently went to Florida to join her Guthrie's. Arthur Caswell of Syden- husband, saying the children had at Donald Guthrie's. Miss Lillian little ones were dead and one other Guthrie spent the week-end at Miss | was very ill in a hospital. Sincere H. Wartman's, Elgin, M. Harris sympathy goes out to the family, spent a few days in Kingston. F Lees and family are moving to Kingston, William Ritchie is spending a week with his brothers, A. and P. litchie, Battersea, The Mission Circle last mer at the home of Mrs. Slack, Wilmur, and will meet this week at Mrs. William Ritchie's. The Ladies' Aid met this week at Mrs. William Shales'.

> PLEASANT VALLEY. Feb. 9 .- Quite a number harvest- who had charge of the Presbyterian of smaller islands. ed their season's supply of ice last work here two summers ago, spent | Speaking of the agricultural pos week. Henry Ellerbeck returned to the week-end with Mr. and Mrs. T. sibilities of the islands, Dr. Nitobe his home at Tessler. Sask., after a A. Dunwoody. Mrs. Jane Yeomans said that the soil was quite fertile month's sojourn among friends. celebrated her 87th birthday on Feb. and that although the tropical heat Guelph and St. Catharine, where he this place, underwent a serious operter, with plenty of rain and irriga-spent three weeks. Mrs. Richard ation last week in Kingston. Miss tion three rice crops could be raised Ellerbeck, ill of grippe, is not im- Mills, of Napanee, spent Saturday in one year. He told of one place proving as rapidly as her many with Miss M. Mitchell. W. W. where he saw rice that was sproutfriends would like. Mrs. M. G. Hall Adams has purchased a new car. ing, some that had just been planted, and Mrs. W. Huffman are guests of their brother, M. C. Bradford, Mr. and Mrs. Henry Sears, Glenburnie, Feb. 10 .- R. W. Conner made were week-end visitors at G. Barr's. business trip to Lavant the fore part Miss Orpha Babcock visited Miss of this week. James Sallens return- opment which these islands afford Lorena Sigsworth. Miss Lillian El- ed to his home here for a short stay may be seen from the statement that ler beck has returned after a visit from the Black Donald mines. Al- their total land area is 1,250,000 with friends near Newburgh. Miss fred Bebee left the fore part of last Beatrice Freeman was recently the week to work for Lawrence Bros. guest of Miss Edna McMahon. Miss near Ompah. John Gilmour is still habit these islands. Of these, near-Velma Ellerbeck is recovering from on the sick list. James Bebee an attack of grippe. Dr. H. A. turned from an extended visit to Den-Boyce and bride visited friends here. bigh on Saturday last, accompanie Huffman and W. Bradford were guests of Mr. and Mrs. George Hughes on Monday last, Mrs. Melville Bradford and son, Garfield, are visiting friends in the city. Mr. and Mrs. George Barr are convalescent. Bradford visited Verona friends on unday. Miss Margaret Watson-visted friends at Hartington, Mrs. Stan ley Sigsworth is at E. J. Sigsworth's quite ill. All regret the serious illness of Mrs. M. Carr. Miss Barr is

Feb. 12-The heaviest fall of snow a a long time was during the pas week. The roads were very bad. The mitted to live because it takes all This powder fermerly imported from nail did not come to this office from kinds of people to make a world,

Fortunately only slight damage was | Wednesday until Saturday evening. Bible since the war began. The done. Herbert Buck purchased a fine horse recently from Mr. Truscott, Sydenham. R. D. Wartman shot a fine fox this week. Miss Hester Wartman is very poorly. Wester Wartman is very poorly. Wester Wartman is very poorly. Wester Wartman is also on the sick list.

Wednesday until Saturday evening. Bible since the war began. The driving on the lake is good now issues of Bibles, in whole or in part, by the British and Foreign Bible shot a fine fox this week. Miss Hester Current, Sask., visited for the Society last year were 11,059,000 friends in this vicinity recently. W. Society over 7,000,000; those of the Triends in this vicinity recently. W. Society over 7,000,000; those of the National Bible Society of Scotland National Bible Society of Scotland McCleod Visitors; Mrs. J. Wartman, New- to his bed. Martin Cross also has and of the Continental Bible sociepassed away at her home on Monday burg, at H. Buck's; Mrs. Oliver been quite ill for the past few days. ties over 4,000,000. If to these are evening after a long illness. The Snook, Sydenham, and Miss S. Gar-Mrs. William Crozier is able to be added the issues of the private Bible funeral was held on Wednesday and ner, Spaffarton, recent visitors in around again after her illness. Miss publishing houses there will be a was largely attended. She will be this neighborhood, have returned Nancy Botsford, of Athens, has come total of more than 35,500,000 copies to spend a few weeks with friends of the Scriptures, in whole or in here. Miss Aggle Marshall, Brewer's part, published in the past year. Wills, is at James Fodey's. Mr. and This is seven million more than the Mrs. George Reed and children made total estimated issues in 1913. A a trip to Athens on Saturday. Mr. noteworthy feature is that the circu-and Mrs. C. N. Vanderburg and chil- lation in the English language has dren, who were visiting friends here doubled since the outbreak of the on Friday. Council met Saturday. two weeks ago, are to leave Trenton war. The Bible, or portions of it, is Monday, the 12th, for their home at now translated in 600 languages, 18 the Board of Directors of the Semet-Lebret, Sask. Miss Katie Johnston, new languages having been added Solvay Company, meeting at the Sand Bay, was the guest of Mrs. Ed-Leonard, Delyea, called at David ward Vanderburg one day recently. If the estimated number of Bibles office of the company in Solvay. Miss Ida Bradley was at W. T. Par- issued by the Roman Catholic and Authorized capital stock of the son's over Sunday.

CHAFFEY'S LOCKS.

during the past two weeks. The ice harvest is about over, all being furnished with a good supply. J. K. Regan is undergoing medical and surgical treatment in the Hotel Dieu ton, has a number of music pupils in English and Welsh boroughs, is

this vicinity. TOLEDO. Feb. 12.—The hockey boys played four weeks following orders in 1915, and one of the additions to the board against the Frankville team in the 1971; for four weeks ended March from this province. He owns 1.451 rink here Saturday afternoon. The 26, 1916, 940. In ascertaining the game resulted 1 to 0 in favor of To- effect of the war upon women conledo. A week ago Saturday the victed for drunkenness, the lady in-Harlem team played here, and the spector of prisons inquired respectcold and rough weather, and report the other hand, the commissioners of Directors, vices in the Methodist church last ted to inebriate reformatories - 95 Three Rivers, Quebec, has begun

your druggist now. Apply a little of ber of the farmers have in their sup- wood is in great demand, and is tends to hold them again this week. or otherwise in drinking amongst a production last year of 1,263,848 this fragrant, antiseptic cream in ply of ice, which is of a very fine bringing good prices. Donald Guth- John Brunton, who belongs to the women at the present time, they ounces of silver at a cost of 26.4 your nostrils, let it penetrate through quality. This place was the scene rie had the misfortune to have his staff of the Whyte Packing Com- show, if the same proportion holds cents an ounce. every air passage of the head; soothe of quite a lively little runaway to- ankle badly sprained while riding a pany. Brockville, spent the past week as at Holloway, not only a consider- to \$708,877, against \$732,263, and to which it is added will thereafter and heal the swollen, inflamed much of quite a lively little runaway to- ankle badly sprained while riding a pany. Brockville, spent the past week as at Holloway, not only a consider- to \$708,877, against \$732,263, and to which it is added will thereafter and heal the swollen, inflamed much of quite a lively little runaway to- ankle badly sprained while riding a pany. Brockville, spent the past week as at Holloway, not only a consider- to \$708,877, against \$732,263, and to which it is added will thereafter and heal the swollen, inflamed much of the whyte Packing Com- ankle badly sprained while riding a pany. Brockville, spent the past week as at Holloway, not only a consider- to \$708,877, against \$732,263, and to which it is added will thereafter and heal the swollen, inflamed much of the whyte Packing Com- ankle badly sprained while riding a pany. Brockville, spent the past week as at Holloway, not only a consider- to \$708,877, against \$732,263, and to which it is added will thereafter and heal the swollen, inflamed much of the whyte Packing Com- ankle badly sprained while riding a pany. Brockville, spent the past week as at Holloway, not only a consider- to \$708,877, against \$732,263, and to which it is added will thereafter and the swollength of the whyte Packing Com- ankle badly sprained while riding a pany. Brockville, spent the past week as at Holloway and the swollength of the white packing consider- to \$708,877, against \$732,263, and to which it is added will thereafter and the swollength of the swollen ous membrane, giving you instant re- horse became unmanageable and The annual cheese meeting was held Girls here were given a pure bred into prison, but a decrease of over 800, compared with \$469,791. lief. Ely's Cream Balm is just what ran about a mile till it got into the at Perth Road on the evening of the Holstein calf, which they are dis- 60 per cent. in the individuals reevery cold and catarrh sufferer has snow-banks and was easily caught. 6th. Mr. Wallace is in ill-health. posing of by raffle. The funds are in sponsible for the convictions. ham High School spent the week-end been poisoned by eating beans. Two Tokio before the Asiatic Society of at Donald Guthrie's, Miss Lillian little ones were dead and one other

NEWBURGH.

Rev. E. Farnsworth, at the parsonage. T. J. Winter wil be the assess-

VENNACHAR. by Miss Muriel Hunter, Matawatchan Mr. and Mrs. Milo Ball, St. Boswells, lion square miles." Sask., arrived here on Tuesday last to visit relatives. Herbert Gilmour, who has been cheesemaking in Lansworking in the employment of Ed. phy course at Stonyhurst Colle Johnston, Wensley, is spending this when he was eighteen, and this ma week at his home here. Frank Grant spent Sunday at his home here. Miss up the study of scholastic philosophy muriel Hunter spent the fore part of the week at Solomon Bebee's, returning to her home on Wednesday, accountant companions were the great companied by James Bebee. Ptes. William Gilmour and Johnston confined to her home through ill- Holmes are renewing acquaintances Their mark on his poetry is very ness. Ball's the fore part of this week. his own verse.

It has been found that the ash of the seaweed found on the shores of Manila Bay yield 15 per cent of

Some of your neighbors are per-

40,000,000 BIBLES.

annual Bible review day, Dec. 10, there has been a large increase in Scriptures among the Jews, be added \$13,000,000 to \$20,000.000. to the foregoing totals, the aggregate Feb. 9 .- The recent snow storm of last year will be 40,000,000 copies, has blocked traffic. The sawing may against 28,000,000 or 30,000,000 in was declared.

Prison Records Improve. The British prison commissioners report published lately for the year ending March last shows that the hospital, Kingston. The many friends number of prisoners received under Simpson. Reeve Julius Lachance is visiting in Kingston. The filling of storms keep the pathmasters with the ice houses is consuming a good gangs of men busy. Even then many return home from the General Hos. daughter, Mrs. J. H. Droyre, Elgin. and Wales has fallen from 586 to ed manager of their New York office, Mr. and Mrs. Horrigan and children, 159. Three main causes seem, the 43 Exchange place. Kingston; C. Alford, Abby, Sask.; ulation; (1) The enlistment of Montreal Feb. 9 .- W. W. Near, Miss T. Jordon and L. Joyce, Philips- many habitual petty offenders, (2) president of the Page-Hersey Iron, ville; Mr. and Mrs. George Fleming. the restrictive orders issued by the Tube & Lead Company, Limited, one Newboro, are among the late visitors. liquor control board and those made of Canada's most successful manu-The members of the Red Cross So- by the justices and military authori- facturers, has been appointed a dirciety assembled at Mrs. W. H. Flem- ties, and (3) the great demand for ector of the Dominion Bank.

shown in the following convictions

The South Sea Islands.

Japanese scholar, lecturer, and food ies-\$4,800. expert, has recently returned from a trip among the islands of the South America's work in the Philippines, which he had visited sixteen years ago, four years ago, and last spring. "Marvellous changes have been made," he said. He praised America for inculcating the idea of independence among the nations, and prophesied that in time there would be either one very large South Sea Island power or a number of small is-Feb. 12.-Mrs. Farnsworth, of land powers arise as the communities Shannonville, is visiting her son, found themselves. He limits the group to the Philippines, Java, Borneo, Sumatra Celebes, New Guinea, or for the coming year. J. Murray, the Malay Peninsula, and thousands

H. Watson is home from 1st. Mrs. Fred Wales, formerly of encouraged the decay of organic matand another crop that had been reaped. The crop may be started at any time of the year.

"The great opportunity for devel "There are 62,000,000 souls who in re- ly one-half reside in Java alone, a Den- small fraction of the entire area. The rest of the people-about 35,-000,000-are scattered over a mil-

Gifted Poet Dead. The son of Count Plunkett, Joseph downe and later employed in muni- Mary Plunkett, by whose death as a tions works in Kingston, returned to rebel Ireland has lost one of her first his home here after an absence of a poets, was born in Dublin in 1887. year. George Hughes, who has been He followed the two years' philosomystics, St. John of the Cross, St. week. Mr. and Mrs. Milo Ball were mystical symbolism, though as nests at James Conner's on Friday, would have applied the term Pte. Daniel Gregg visited Herbert "mystic" to but a very small part of

> Lupulin, the fine fellow powder of tope, is being extracted in large quantities by a firm in California.

THE OF CANADA HEAD OFFICE - TORGATO



Money Orders and Drafts are issued by this Bank payable in

all parts of the world.

KINGSTON BRANCH. Manage

FINANCIAL MATTERS

A Concern at Syracuse, N.Y., Doing

Syracuse, N.Y., Feb. 9 .- Dividend distributions to stockholders argre-

Greek churches, and the Hebrew corporation to be increased from A regular dividend of 2 per cent and an extra dividend of 3 per cent.

A special dividend of 20 per cent.

Opens New York Office. Toronto, Feb. 9 .- Messrs, Aemildist pulpit last Sunday. Mr. Humph-rey was unable to be present. The

New Bank Director.

Steel Foundries Big Change.

Largest Shareholder. Montreal Feb. 9.-Frank W. Ross. for drunkenness: Weekly average Quebec, is the largest individual of convictions in 1914. 2,034; for shareholder of the Toronto Railway,

Commerical Notes.

ture" at Frankville are keeping-up tions per individual rose from 2.6 for to, J. B. O'Brien of Foley & O'Brien their interest despite the extremely 1913 to slightly over 5 in 1915. On of Renfrew was elected to the Board

In two days of festival the Yaku- | Very sandy soils so treated have Itat Indians of Alaska spent their en- moisture evaporation reduced at Dr. Inazo Nitobe, the celebrated tire season's earnings in the canner- least one-half of that formerly pre-

LOCAL BRANCH TIME TABLE In effect Jan. 14th, 1917.

Trains will leave and arrive at City Depot, foot of Johnson street. GOING WEST

Lve. City Arr. City

No. 6 Mail ... 12.20 p.m. No. 14 Intern'l Ltd. 1.08 p.m. 8.48 p.m. A special dividend of 20 per cent.

Was also declared.

Of the new stock issue \$2,000,000

Will be offered to stockholders at par to the extent of 20 per cent, of their respective holdings.

No. 14 Intern 1 Ltd.

No. 14 Intern 1 Ltd.

No. 14 Intern 1 Ltd.

No. 18 p.m. 7.22 p.m.

No. 18 Local 6 48 p.m. 7.22 p.m.

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No. 28 Local 6 48 p.m. 7.22 p.m.

No. 28 Local 6 48 p.m. 7.22 p.m.

No. 18 p.m.

No. For Pullman Accommodation, Tic-kets, and all other information, apply

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E. PARADIS, Prop.

Manure and Molsture. In addition to plant food contained in well-rotted stable manure, all soils should annually receive barn man-Season's Earnings Spent in 2 Days. ures, but in well decayed condition.

Kept Fit Through

Ontario Sapper Praises Dr. Cassell's Tablets.

That a soldier should use and praise | my testimony to their value. I used them when I was in the South African Dr. Cassell's Tablets is clear proof of the wonderful sustaining power of this | War, and, finding the benefit of them

great strength-giving medicine. And thousands of service men on land and sea are trusting to Dr. Cassell's Tableta sustain them through all the

less war. MARTLEY, OF PANY, CANAD-ENGINaddress is

hardships of relent-

EERS, whose home TRAFALCAR-STREET, LON-DON: ONTARIO praise of Dr. Cassell's Tablets. He difference they made in me. I mean says:—"As a constant user of Dr. to have some with me always on

ever I felt run-down. I always recommen them, for I know they do all that is claimed for them In my opinion they anyone can take for poorness of the blood, or general weakness of the system. We have had a lot of hard train ng here, and some cel the strain, but

there, have taken

them since when-

Cassell's Tablets I would like to add | active service." Dr. Cassell's Tablets put new life and vigour into weak, everstrained people. They nourish the nerves, enrich the blood, strengthen the general system, and create that enap and fitness which make life a joy. Take a course of them,

and health and vital energy will soon be yours. Cassell's Tablets

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FREE Dr. Cassell's Tablets are Nutritive, Restorative, Alterative Wasting Dispases Patpitation Vital Exhaustion Herve Paratysis Infantile Weaknes Régrasthenia

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On receipt of cents to cove mailing and pad Address: Harold P. Ritchie & Co., fat. 10. McCoul - strept, Toronto.