

Prepare This for a Bad Cough—It's Fine

Cheerily and Easily Made, but Done the Work Quickly.

The finest cough syrup that money can buy—costing only about one-fifth as much as ready-made preparations—can easily be made up at home.

Any druggist can supply you with 2 1/2 ounces of Pinex (50 cents worth). Pour this into 1/2 oz. hot water and stir the bottle with plain granulated sugar syrup.

It's truly astonishing how quickly it acts, penetrating through every air passage of the throat and lungs—loosens and raises the phlegm, soothes and heals the inflamed or swollen throat membranes, and gradually but surely the annoying, throat tickle and dreaded cough will disappear entirely.

Pinex is a special and highly concentrated compound of genuine Norway pine extract, combined with guaiacol and is known the world over for its prompt healing effect on the throat membranes.

Remembered Needy in Will.

Gananogue, Jan. 30.—By the will of the late James Atkinson, which has just been probated, \$500 is left to Grace Methodist Church, Gananogue, for specific purposes.

GREETING TO OLD FRIENDS

FROM PROF. PAUL DENYS WHO WRITES THE WHIG

Looks Forward to The Budding of Hushes And The Song of The Robin—Played the Pedals on the Bedpost.

Prof. Paul Denys, formerly organist of St. Mary's Cathedral, Kingston, now living retired in Montreal, writes in this refreshing way to the Whig:

How often in piously vision men's spirits will stray into days that were, tinting the days that are with their fond memory! The morning of life has its joys and dreams, so also the evening its thoughts serene and merited rest.

And now, while the flames whisper about the dogs in our fireplace and memory's bells chime low we love to sit on our tiny throne of wicker and think and tell of things our mind tabernacles.

Summer Through Winter in California. Get away from the cold, disagreeable winter. California temperature is from 60 to 75 degrees the year round.

WON'T PAY PAYNE ACCOUNT

CITY COUNCIL OFFERS COST PLUS FIFTEEN PER CENT.

Ald. Nickle Says if Contractor Payne Refuses to Show His Time Book It Does Not Help His Claim.

The City Council refuses to pay the account of Contractor George Payne, amounting to \$1,807.11, for repairs to the horticultural building in the fair grounds.

The Finance Committee, after hearing the opinion of the City Solicitor, recommended that the account be paid.

The City Engineer was called into the meeting, and stated that he had checked a time book Mr. Payne had shown him, but it did not contain the names of the men employed.

"I knew some of them from having seen them at work and two names I did not know. I got from men who were working with them," the Engineer replied.

Ald. Smith, who is a contractor himself, told the Council that several days before the work at the fair grounds was given to Mr. Payne he had gone to Ex-Ald. Peters, chair-

man of the Board of Works, and offered to do the work for fifteen per cent. profit on cost.

Ald. Nickle pointed out that Mr. Payne's return would be \$10.35 a day for fifty-five days. He held that was too much money to pay.

Ald. Nickle, in reply to Ald. Wright as to what he would if Mr. Payne would not show his time book, replied that he would risk getting very close to the law over the matter.

"If Mr. Payne refuses to show his time book it would appear that he is getting more money than he should get," said Ald. Nickle.

Ald. Nickle's amendment to the Finance Committee's recommendation was then carried.

WHEN YOUR FEET ARE COLD

THINK OF SENTINEL WHO DOES HIS NIGHTLY PATROL FOR YOU.

Guard Duty in the Army is Something That is Necessary But Not Relished by the Soldiers.

Every afternoon in the army immediately after drill listed are posted on the bulletin boards of each company, consisting of the names of those assigned for fatigue duty for the following day.

First on the list come the names of the men to be put on guard. Every man in the battalion heaves a sigh of relief, who perceives that his name is not on the list.

But there is always a small squad of men, for whom the aforementioned sigh of relief must be postponed for a while.

These must be ready to go on guard on the next morning at nine o'clock. Dressing for general guard duty is an important matter.

A soldier as a rule is not a fastidious person, but no society belle dressing for the season's biggest affair, spends greater care upon her toilet, than does a kiltie preparing for guard duty.

One reason for this is that the officer in charge of the guard demands that each sentry be immaculate in appearance.

But a more important reason is that the man who presents the neatest appearance during the officer's inspection, prior to posting the sentries, is relieved of sentry duty, and is given the job of adjutant's orderly.

This is comparatively easy work, and whoever is lucky enough to obtain it has his night in bed. Therefore, anyone desiring to see the Kilties at their best, with boots and buttons shining, faces clean shaven, uniforms immaculate, and gilegarrs cocked at exact angles, should drop into the camp some morning at fifteen minutes to nine.

That is when the bugler sounds the guard call. To the civilian ear, the call is only a blare of music, but to the soldier it says "Come and do your duty boys, Come and do your guard, You've had fourteen nights in bed, And so it won't be hard."

The above mentioned "fourteen nights in bed" is not precisely accurate, as many men go on guard every week, but we must tolerate poetic license, even in the army.

On Duty Eight Hours. After the guards have fallen in, and have been duly inspected by the officer of the day, they are marched to the different sentry posts, where the old guards are relieved.

Then the new party adjourns to the guard house, which is their home for the next twenty-four hours. Every man in the guard must be on sentry duty eight hours out of twenty-four.

His time is divided into watches of two hours, each watch. This work is tiresome while it lasts. No loafing is allowed on the job all day, and anyone caught sleeping on his post at night is subjected to a severe punishment.

Of course sentry duty in this locality is more a matter of form than of necessity, but it prepares the men for the duty of the same nature at the front, when the fate of a whole battalion may depend upon the vigilance of one man.

Guard duty on these cold January nights is not the most pleasant thing in the world. Especially along about five o'clock in the morning, does the shivering sentry think longingly of his big thick blankets in the barracks.

Therefore, Mr. Civilian, the next time you wake up some night in your feather bed, and imagine your toes are cold, think of the line sentry out in the cold night.

If you are not then heated by the sheer force of contrast, go out for a nice long walk in your robe de nuit, and see what the force of sympathy can do.

Coming to Griffin's. America's sweetheart, Mary Pickford, in "Less Than the Dust," Thursday, Friday and Saturday, Feb. 1st, 2nd and 3rd.

At the graduation exercises of the St. Vincent de Paul Hospital, Brockville, Miss Elizabeth Sullivan, Belleville was one of the successful graduating nurses.

OXO CUBES are exactly suited to the needs of men in training for the war. They build up strength to resist climatic changes, they promote fitness, and counteract the effects of cold and fatigue.

McKelvey & Son, Limited 71 Brock St., Kingston.

Winter Footwear. Our stock is well assorted with all kinds of good footwear for winter weather. Warm lined footwear for men and women. Felt Boots, Overshoes, Moccasins, Sheepskin Boots, wool lined. Also warm footwear for children. AT FAIR PRICES. Abernethy's Shoe Store

Take Advantage Of Campbell's Annual Fur Sale. Men's Choice Quality. Fur-lined coats, otter collars, Canadian rat linings, \$75, reduced to \$59. Ladies' Muskrat Coats, 42 inches long, fine satin linings, exceptional value at \$50; reduced to \$39.

Home-Made Candy Fresh Made Every Day. Sakell's Next Grand Opera House Telephone 640. Don't You Like Candy?

OUR BIG FEBRUARY SALE. After numerous requests we have at last decided to put on our Big Annual Furniture Sale, beginning Thursday morning, February 1st. A chance to furnish from a cottage to a mansion, for the present, or future use, as we store your purchases at our risk, at THE BUSY STORE WITH THE LARGE STOCK AT James Reid The Leading Undertaker

Blakemore Studio. Commercial Photography. Enlarging and Copying. Home Portraiture. Kingston's Largest Photo Studio. All work guaranteed. 180 Wellington Street. Over Royal Bank Chambers.

McLaughlin's Garage Ladies' Suits !! Seize the opportunity; bring us your car before it gets snowed in. You will want it looked over before using it in the spring. We have had factory experience and can guarantee our work. Let us look after your battery; we will save you money. R. J. Fursey, Prop. Garage Phone 1600; Res. 931. New York Skirt & Suit Co. 203 Wellington Street.

Our Last Call! Just three days more. Our January clearance sale has been a great success, but it is drawing to a close. It will be all over when we close our doors Wednesday night. For the last three days, we will offer 20% off Carpet Sweepers, Bread Mixers, Enamel and Aluminum Ware Sad Irons and Door Mats. Also special discount on all Heating Stoves. Don't miss this chance. McKelvey & Son, Limited 71 Brock St., Kingston.

NOTHING LIKE A GOOD HOT WATER BOTTLE For the sick room. All prices from 85c to \$3.00. AT SARGENT'S DRUG STORE Cor. Princess and Montreal Streets. Telephone 411.

W.T. Pember Proprietor of the Pember Store Toronto. Is sending his representative Miss G. G. McLean, who is specially gifted in the art of suiting the ladies and knowing their needs. Miss McLean will be at Randolph Hotel, Kingston, on Thurs. and Friday, Feb. 1st and 2nd. with the finest stock of human hair goods for improving the personal appearance, and toilet preparations for beautifying the complexion. She will take orders for the well known PEMBER HAIR TREATMENT for invigorating your own hair and preventing them from turning grey. THE PEMBER TOLPEE for the gentlemen, the closest imitation of nature ever produced, and at reasonable prices. Satisfaction Guaranteed — Remember the Date. For mail orders write to THE PEMBER STORE, 129 Yonge Street, Toronto, Ont.

Step Saver! Saves steps in the kitchen. We have a large and well assorted stock of kitchen cabinets at all prices. They are fitted with every modern convenience for saving time and energy. Rugs in a great variety of sizes and designs for the Living Room, Dining Room and Bed Room. Linoleums, all widths from 3 ft. wide to 12 ft., all patterns. Agents for Edison's Famous Diamond Point Phonograph T. F. HARRISON CO. LIMITED PHONE 90

BAD COLD? TAKE "CASCARETS" FOR BOWELS TONIGHT They're Fine! Liveen Your Liver and Bowels and Clear Your Head. No Headache, Sour Stomach, Bad Cold or Constipation by Morning. Get a 10-cent box. Colds—whether in the head or any part of the body—are quickly overcome by urging the liver to action and keeping the bowels free of poison. Take Cascarets tonight and you will wake up with a clear head and your cold will be gone. Cascarets work while you sleep; they cleanse and regulate the stomach, remove the sour, undigested food and foul gases, take the excess bile from the liver and carry off the constipated waste matter and poison from the bowels. Remember the quickest way to get rid of colds is one or two Cascarets at night to cleanse the system. Get a 10-cent box at any drug store. Don't forget the children. They relish this candy cathartic and it is often all that is needed to drive a cold from their little systems.

OXO CUBES OXO CUBES are exactly suited to the needs of men in training for the war. They build up strength to resist climatic changes, they promote fitness, and counteract the effects of cold and fatigue.