

OXO
CUBES
Ready
in a moment
A cup of hot OXO
everyday is
splendid safe-
guard against
colds and chills.
A CUBE
TO A CUP



McLaughlin's Garage
Seize the opportunity; bring us
your car before it gets snowed in.
You will want it looked over before
using it in the spring. We have had
factory experience and can guarantee
our work. Let us look after your
battery; we will save you money.

R. J. Fursey, Prop.
Garage Phone 1609; Res. 931.

New Stand, 24-28 Princess Street,
Opposite Wormith's Piano Works.

DR. DE VAN'S FRENCH PILLS (in Re-
gulating Pills for Women, 25 a box or three for
50¢ sold at all Drug Stores, or mailed to any
address on receipt of price. The Sossell Drug
Co., St. Catharines, Ontario.

PHOSPHONOL FOR MEN. Restores
Vitality; for Nerve and Brain; increases "Energy
and" "Tone"—will build you up. 25 a box, or
two for 50¢. At drug stores, or by mail on receipt
of price. The Sossell Drug Co., St. Catharines,
Ontario.
"Sold at Mahood's Drug Store."

**FOR
Good
Coal**
—try—
P. WALSH
Phone 109 Barrack St.

5¢ FULL SIZE 5¢
Babbitt's
Cleanser
WHY PAY MORE!

**Just Received a Fresh
Lot of**

Can Beet, Can Cabbage, Can Beans,
Can Summer Vegetables for Soup,
Can Apples (1/2 gal. size), Can Cher-
ries (pitted), Can Peas, Can Peaches
Can Plums, Can Raspberries, Can
Strawberries, Can Pineapple.

E. H. BAKER
Cor. Charles and Montreal Sts.
Phone 1263.

"Ranks with the Strongest"
**HUDSON BAY
Insurance Company**
FIRE INSURANCE
Head Office, Royal Insurance Bldg.
MONTREAL
P. H. QUINN,
Manager, Ontario Branch, Toronto
W. H. GODWIN & SONS
AGENTS, KINGSTON, ONT.

FOR SALE
Good, solid brick dwelling;
good barn, underground sta-
ble and garage, in village of
Catawagui. Sump at \$2,500.

W. H. Godwin & Son
85 Brock Street Phone 484

**CATARRH
OF THE
BLADDER**
SANTAL MID
Sold in
24 Hours
Each Cup
with 100
Drops
of Santal Mid

No Order Issued.
Ottawa, January 24.—In con-
nection with a despatch from Wash-
ington stating that the Canadian
Government had fixed a maximum
price on newsprint, it is stated authori-
tatively here that no order in-
cumbent has been issued and no limitation
has been placed on the export of news-
print. Negotiations have not yet
been concluded between the pub-
lishers of Canada and the newsprint
manufacturers.
On account of the war conditions
prevailing in Canada, the Canadian
Government has taken the view that
a special price should be given to
Canadian publishers and the subject
has been a matter of negotiation.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

**THE SHADOW OF MISFORTUNE
FALLS ACROSS MY PATH**

(Copyright, 1916, by the McClure
Newspaper Syndicate).

I come now to an incident in my
life which threatened the most ser-
ious consequences and which de-
stroyed for a long time my faith in
humanity. I would like to pass it
over, because even now I shiver with
fear when I think of what I endured
in that brief period. I would like
to forget it also on account of those
who were involved. I have forgiven
them for the misery which they
caused me and others and I could
find it in my heart to bury in eternal
oblivion all that occurred. But I
have made a pledge that this nar-
rative shall be a faithful portrayal
of my life, that nothing will be left
out which should be told and that
nothing be added that did not oc-
cur just as it is written down.
Harry Pendleton was the man who
plunged me into these sickening
depths of despair. As I have told in
previous chapters of these confes-
sions, Harry had convinced himself
that he was in love with me. He
had even gone so far as to confide
his affection for me to Evelyn Phil-
lips, who now, through a combina-
tion of circumstances which I could
not comprehend, was his wife.
Yet I knew that he did not love
her. I hoped that he had overcome
his insane idea that he loved me,
and that he had settled down to the
comfortable life of a confirmed ben-
edict, but on more than one occasion
I had reason to suspect that his af-
fection for Evelyn was negligible and
I feared almost every time that I
saw him that he would broach the
subject which was so painful to me.
It seemed to me that a girl so beau-
tiful as Evelyn, one so desirable from
every standpoint, would cause Harry
to lose all thought of me or any
other woman in his satisfaction in
possessing her. And it looked for
a while as if this hope would be
realized. Evelyn, I knew did not
love him, but it was entirely possible
that she soon would, for it would be
difficult to find a young man who
could be more agreeable or more
fascinating when he wanted to be
than Harry Pendleton. Add to this
the fact that he was rich enough
to give Evelyn anything that she
could choose and it would appear
that the foundation for a life of con-
tinent had been laid for her.

But such was not the case. She
became dissatisfied and took no pains
to hide her feelings from her friends.
One could not converse with her
more than a few minutes without
learning that her home life was un-
happy. To give due credit to Harry
it must be said that he made an
effort to overcome this attitude on
the part of his wife. There was
nothing that he did not do to make
her contented. It seemed that he

did not neglect even the smallest of
those trivial things which a husband
can do to smooth off the rough
edges of the daily association of
man and wife. But as he saw his
efforts unappreciated, unappreciated
and unreturned, he asked himself 'the
question which the faint-hearted so
easily put to themselves: What is
the use? And the wailing answer
came weak: It is useless!

Thus, as time went on, Harry and
Evelyn grew farther and farther
apart until they ceased almost to
associate. With them there was
none of the coarseness which fol-
lows sometimes upon the unhappi-
ness of a married couple. They did
not quarrel. There were few harsh
words that passed between them.
Yet they grew apart, each falling
refusing to understand the other,
each punctiliously polite yet grow-
ing constantly more and more coldly
distant as the days went by, until
at length they were strangers in
their own home, greeting each other
politely but indifferently, living
their own lives in their own way,
apart from each other.
I who had seen this tragedy of
domestic life was powerless to pre-
vent it, however much I might have
desired it, my own interest to step
into the breach. Nor was there any
one to whom I might confide my
fears. Arthur was not a proper per-
son to listen to my misgivings, be-
cause I was convinced that it was
Evelyn's affection for Arthur which
was the root of her indifference to-
ward her own husband, and I feared
to discuss the matter with him. Mr.
Phillips was growing so old and
childish that it was out of the ques-
tion to brook his heart with fore-
bodings of evil. All that could be
done in his case was to try to let him
alone, hoping that the break be-
tween Harry and Evelyn might not
come until he was beyond the reach
of care and sorrow.

Thus it was that I hid my tears
within my own bosom, praying that
they might never be realized, or if
they were that I might be given
strength not only to preserve my own
happiness, but also to manage af-
fairs that I might bring about a re-
conciliation between these two young
people for whom life might hold so
much of brightness and love and
peace.
But it was the old story of a man
proposing and a higher power dis-
posing. Before I knew it my hopes
were shattered, my fears for the
future were transformed into present
misery and at least two other
lives were shattered and a third,
besides my own, threatened ruin.
So much by way of preface to what
happened to me one cold, dismal
night when I came downstairs
on my way to join my husband at a
downtown restaurant where he and
dinner waited.
(To Be Continued.)



FUR TRIMMED NEGLIGEE FEATURED.

Fur is used on so many garments that it is lavishly trimmed with it. An unusual model is shown in satin striped taffeta, the sleeves of which suggest the Japanese kimono. The cuffs are edged with beaver fur.

WOMEN'S AILMENTS

Come From The Heart and Nerves

Young girls budding into woman-
hood, who suffer with pains and
headaches, and whose face is pale
and blood water, will find Milburn's
Heart and Nerve Pills build them
up.

Women, between the ages of 40
and 50, who are nervous, subject to
hot flashes, feeling of pins and need-
les, smothering feeling, shortness of
breath, palpitation of the heart, etc.,
are aided over this trying time of
their life by the use of this remedy.
Milburn's Heart and Nerve Pills
have a wonderful effect on a woman's
system, making pains and aches van-
ish, bringing color to the pale cheek
and sparkle to the eye.

So much by way of preface to what
happened to me one cold, dismal
night when I came downstairs
on my way to join my husband at a
downtown restaurant where he and
dinner waited.
(To Be Continued.)

PLOUGH AS WELL AS SWORD

TO BE USED IN BEATING GER-
MANY TO HER KNEES.

Britain Prepares to Meet German
Threats to Starve Her by a Sub-
marine Campaign—100,000 Wom-
en to do Farm Work.

London, Jan. 24.—It is learned up-
on the highest authority that the
British Government has taken steps to
meet Germany's threats to throw the
island kingdom into the same starv-
ing condition as Germany by a sub-
marine campaign.
Three Government departments are
working in closest co-operation to this
end and are prepared to announce be-
fore the end of this week the plan for
revolutionary methods of feeding
England with home-grown foodstuffs.
These departments are the Director
of National Service, the Agricultural
Secretary and the Food Controller.

The first and most important ac-
tion will be taken by Neville Cham-
berlain, the Director of National Ser-
vice, who will announce within a few
days the classification of all indus-
tries into essential and non-essential
classes. Workers from the non-essen-
tial industries will be enrolled to
till the land and become real food
producers. This means that England
expects every man and woman cap-
able of working with a hoe or doing
the lightest farm work to enlist in a
great civilian army.

It became known to-day that Mr.
Chamberlain had been relieved of the
necessity of organizing the nation's
military forces and will direct his
energies solely toward the civil side
and the work of transforming con-
sumers into producers.

Throughout the country women's
voluntary land service corps are
organizing. The country schools are
enlisting women who are willing to
learn farm work. It is estimated that
this source alone will produce 100-
000 farm hands.

Surgeon-General Jones is to be in-
spector-general of the Canadian Medi-
cal Services in Britain, France and
Canada.

PERSONALS

Well-known Women.

Chatham, Ont.—"I was sick for about
four years. Got very weak, could not
eat to amount to anything. I got
very thin and had
no strength at all
I was very much
discouraged at
times—thought I
was never going to
get better. I
could not walk a
block without feel-
ing all tired-out.
I took different
medicines but did
not get the help I needed. A friend of
mine advised me to try Dr. Pierce's
Favorite Prescription. I began to take it
with the 'Pleasant Pellets' and by the
time I had taken two bottles I was well
in the road to recovery, and in six months
I was entirely well. My appetite came
back and I gained in flesh. Now I am as
strong and healthy as any one could wish
to be. I owe it all to Dr. Pierce's medi-
cines and I am glad of the opportunity
to give testimony in their favor; they
have done wonders for me."—Miss
THELMA PARKER, 141 E. King St.

Chatham, Ont.—"I have taken Dr.
Pierce's medicine with good results. I
was weak and run down, lost my appetite
and got very thin. I took 'Favorite
Prescription' and 'Pleasant Pellets' and
these two medicines built me up in a very
short space of time so that I felt as well
as ever. I found them to be all that is
recommended of them; they are good."—
Miss Wm. WEAVER, Cor. Taylor & Grand
Ave., E. Chatham, Ont.

Every woman who has had "head-
aches, low spirits, sleepless nights, owes it
to herself to speedily overcome the trouble
before a breakdown causes prostration.
Dr. Pierce's Favorite Prescription is a
non-alcoholic remedy that any ailing
woman can safely take because it is pre-
pared from roots and herbs with pure
glycerine, containing tonic properties.

The Whig's Daily Menu

Menu for Friday
BREAKFAST
Sausages
Oatmeal with Raisins
Scrambled Eggs with Dried Beef
Custard Sauce or Toast
Fruit Butter or Marmalade
Coffee or Cocoa
LUNCHEON OR SUPPER
Deviled Ham
Coleslaw
Sweetish Rings
Milk or Tea
DINNER
Cream of Onion Soup
Baked Fillet of Baby Codfish
Mashed Potatoes
Cauliflower or Vegetable of
Choice
A Cabbage Salad
Figs, Dates or Green Grapes
Coffee

Veal Cutlet a la Creole
Materials—One pound veal cutlet,
1 cup tomatoes, 1/2 cup cut onion, 1
tablespoon butter or bacon drippings,
1 tablespoon chopped pimento or 1/2
tablespoon chopped green pepper, 1
teaspoon salt, dash white pepper, and
1 tablespoon of parsley.
Utensils—Bakedish, 2 measuring
cups, teaspoon, tablespoon, knife,
saucepan.
Directions—Brush bakedish with
drippings, lay in the cutlet and pour
over the sauce; bake 30 minutes.
Sauce: Put the butter or bacon
drippings into pan, add the onion and
fry slowly (do not brown) until tender;
add the tomatoes, pimentos or
green pepper, salt, pepper and boil
3 minutes.

**DEMAND GROWS HOT
FOR CONSCRIPTION**

Simcoe Reformer.
The city of Brantford, the counties
of Brant, Norfolk and Haldimand,
are being asked to contribute 500
men to complete the 215th battalion.
And there is assuming no one who
can suggest a solution of the prob-
lem of getting them. It's a queer
commentary, is it not, on our strident
claims to being in the war to the
last man and the last dollar. Every-
one concedes the voluntary system
has broken down. It's an archaic
for a country in a world war as
wooden ships, muzzle-loading rifles
or stone forts. And we cannot have
any sort of compulsion. The little
tin gods at Ottawa say, "No con-
scription," and it's settled. There
is seemingly no appeal from this
mandate. What are we to do? Must
we confess defeat or make one more
effort on a slightly different line?
If we cannot get conscription by law,
shall there be a definite and concert-
ed effort at moral conscription?
There must be 10,000 women in this

ROYAL YEAST
Has been Canada's favorite yeast for over 25
years. It is a pure, clean yeast, made in
Canada, and is the only yeast that can be
used in all climates. It is the only yeast
that is so good as this.
MADE IN CANADA
EW. GILLET COMPANY LIMITED
WINDSOR, TORONTO, ONT., MONTREAL

The more you know about
coffee—and the more par-
ticular you are about aroma
and flavour—the more you will
appreciate "SEAL BRAND"
COFFEE. Once you have tried it,
your choice will always be Chase &
Sanborn's "SEAL BRAND" COFFEE.

In 1/2, 1 and 2 pound tins. Whole-ground—pulverized—also
fine ground for Percolators. Never sold in bulk. 100
CHASE & SANBORN, MONTREAL.

PARADIS GARAGE
FOOT OF BROCK STREET
Phone: Office 322, House 411.
We furnish:
Auto Supplies,
Gasoline at 25c,
Motor Oil,
Cars for Hire.
Washing Cars
Large, \$1.25.
Small, 75c.
Efficient Service guaranteed.
Give us a call.
E. PARADIS, Prop.

SOWARDS
Keeps Coal and
Coal Keeps
SOWARDS.

Sunkist Raisins
First Car New Raisins Just Arrived.
At all Grocers. Insist on SUNKIST

Into the Dark Corners
Let the spirit of cleanliness—which means
Sunlight Soap—penetrate everywhere with
its magical powers for making everything
clean and sweet. There is no cleanser so
universally used—so well liked—so com-
pletely trusted as
Sunlight Soap
with its \$5,000 guarantee of purity.
All grocers sell
Sunlight Soap.
Made by
Lever Brothers, Limited,
in Canada.

**Women's Tan
Walking Boots**
OUR NEW 1917 STYLES HAVE
ARRIVED
Women's Brown Calf Boots, High Cut,
with Goodyear Welt Soles and either
Military or English heels, \$7.00 and
\$8.00.
Women's African Brown Kid Boots, High
cut with high heels and Goodyear
welt soles, \$7.00 and \$8.00.
Brown Rubbers to fit these styles, \$1.50.

J. H. Sutherland & Bro.
The Home of Good Shoes.

Senior Davis, die' at Prince Al-
bert, Sask., on Tuesday. He was a
Liberal.

A man is foolish to borrow trouble
if he can find another man foolish
enough to lend him money.