

95% OF ILLNESS DUE TO ONE CAUSE

Physicians agree that 95 per cent. of all illness is possible only because of accumulated waste in the Colon (Lower Intestine).

In fact, the most eminent of the World's Specialists claim that if the Colon were always kept clean the average life of humanity would be doubled.

There is now a new and simple method of cleaning the Colon of its poisonous waste, and keeping it clean, pure and healthy.

Over 500,000 people are now enthusiastically using this modern waste-water cure, and Physicians are prescribing it everywhere.

This letter from Mr. A. Maclean, of Conroy Lumber Co., Parry Sound, Ont., a sufferer for 35 years from Constipation, is very valuable.

Dr. Chas. A. Tyrrell, Toronto: Dear Doctor, I have used the F. J. L. Cascade since I received it 21 days ago with wonderful results.

I have been troubled with Constipation for the past 35 or 40 years, and, of course, at my age cannot expect speedy cure, but now in my 75th year, but the relief it has already given me, is a promise of the good it will do for me.

I think a good many orders will come from Parry Sound as the treatment becomes known. I cannot speak too highly of the Cascade treatment, and will surely talk much about it.

The "J. B. L. Cascade" is now being explained and shown by F. J. Hoag, Kingston, and you should be glad to explain its action and use to you in detail.

If you cannot call, you should write today to Chas. A. Tyrrell, M.D., 153 College Street, Toronto, for booklet, "Why Man of Today is Only 50 Per Cent. Efficient."

WE DO ALL KINDS OF TIRE AND TIRE VULCANIZING. Call in and get our prices before going elsewhere. First-class work at reasonable prices.

F. J. Pearson & Co. Cor. Queen and Bagot Sts.

A SPLENDID WAY TO REDUCE ONE'S WEIGHT. There is, perhaps, no one thing that shows the passing of your youth so much as the horrible tendency of some of us to put on too much weight.

The cause of this over-stoutness is that our stomachs convert the food we eat into fat because there is not enough oxygen in the blood to produce a proper combustion to destroy the fatty tissue.

To reduce your weight go to good druggist and get out of orlone in capsule form, and take one after each meal. It is sold only in original sealed packages. Oil of orlone taken in capsule form, and at the same time dissolves the fatty tissue from any part of the body where there is excessive fat.

Drugs can supply you or a friend a box will be sent on receipt of \$1.00 registered letter or money order. The goods will be sent in plain wrapper. Address: Dr. J. Little Drug Co., Box 1210, Montreal, Can.

Hickey-Dover. This is the winning combination for any cold. Dr. Hickey's Speedy Cure will loosen up the tightest cough and Dover's Cold Breakers will quickly rid the system of the worst cold.

We are very proud of these two splendid preparations and back them up always with a real guarantee to do just as claimed for them. They are 25 cents each and will save dollars in doctors' bills.

At Best's. The Popular Drug Store. Phone 59. Branch 1918.

SEEDS WHEN YOU CANNOT. We Maintain the Highest Standard of quality in Sight Testing, Lens Making and Eye Glass fitting.

Our Charges are moderate. Our work is guaranteed. KEELEY Jr., M. O. D. O. OPTOMETRIST AND OPTICIAN. 222 Front Street West.

Messrs. H. S. Collier, Herbert Calnan, Andrew Welbanks and D. P. Boles have been elected to the Picton council.

G.C.S. LINDSAY, OF TORONTO SPOKE TO THE CANADIAN CLUB ON "CHINA"

Where He Spent a Year—Col. Perrean Was Elected President of the Club—The Annual Meeting Held on Friday Evening.

G. G. S. Lindsay, K. C., of Toronto, was the guest of the Kingston Canadian Club at its dinner and annual meeting in the Frontenac Hotel on Friday evening, and gave a very interesting address on "China."

Mr. Lindsay spent a year in Pekin and was able to get a good insight into the characteristics of the Chinese. In the first place the speaker brought home to his hearers the enormous subject with which he was dealing. People generally do

not grasp that China now means an extent from Mongolia to Tibet and Chinese Hindustan, which is all China, although in some cases the connection is only a thread. The population was enormous from the time that Ghengiz Khan and his successor Ghengiz Kivul carried the conquest to Budapest.

Mr. Lindsay referred to the Tsing and the Manchurian dynasties, the latter of which the late empress dowager was the great exponent. Then he led up to the Taiping and Boxer rebellion.

The Anglo-Chinese relations and their growth through the influence of the opium war was a big factor in Chinese history. The treaty of Nankin made many concessions to Great Britain. The anti-foreign feeling however in 1857 led up to the war of that date, when Gen. Wolseley conquered Peking. Then in 1900 the speaker referred to the existing treaties and the pressure of the world powers on China, and the international agreements that resulted at different times.

The territoriality by which all foreigners are subjected to their own courts is unpopular he said.

In dealing with the people, Mr. Lindsay spoke of their natures, characteristics, their language and its origin and peculiarities, the religion being particularly the philosophy of Confucius. The devotion of the Chinese to their ancestry was one of the hardest problems for the present day Christian missionaries.

The opium trade this year, said Mr. Lindsay, would be completely wiped out, owing to existing regulations on the subject. Japan's control of the Orient had come to stay he declared. Mr. Lindsay closed by making reference to China's methods of loan and its relations with neighboring powers. His splendid address was finished by reference to the great cities of Hong Kong, and Peking, the two largest of the Chinese Empire.

Officers Elected. The following officers were unanimously elected: Honorary President, Very Rev. Dr. M. Gordon, C.M.G.

President, Col. C. N. Perrean, commandant Royal Military College.

Miss Ruth Hamly has resigned her position in Picton and is leaving in the near future for Denver, Colorado.

Mr. and Mrs. D. G. Laidlaw, Earl Street, expect to leave for the south coast in February.

Miss Helen Baxter is spending a few days in Belleville with Capt. and Mrs. Colin Hamilton.

Miss Kathleen Simmons, the guest of her parents, Mr. and Mrs. A. G. Simmons, Barrie street, returns shortly to Battle Creek, Mich., to continue her studies as nurse-in-training.

Major and Mrs. P. G. C. Campbell returned home on Thursday. Mrs. Campbell went as far as Toronto to meet her husband on his way from the west.

Miss Lizzie Kirkpatrick, who has been visiting Miss Madeline Hanson in St. Agathe and Montreal, has returned home.

Mr. and Mrs. Hugo Craig and their son, Hugo, Fort William, are the guests of Mrs. George Fenwick, University avenue.

Miss Geraldine Daly returned to Montreal on Friday after spending some time with her sisters, the Misses Daly, Albert street.

Mrs. Kenneth MacLaren and her young son have taken an apartment at the "Belvidere."

Mrs. George Mahood, Gore street, left yesterday for New York to visit her mother, Mrs. George Eade.

Mr. and Mrs. George Craig and their son, Hugo, Fort William, are the guests of Mrs. George Fenwick, University avenue.

Miss Helen Baxter is spending a few days in Belleville with Capt. and Mrs. Colin Hamilton.

Miss Kathleen Simmons, the guest of her parents, Mr. and Mrs. A. G. Simmons, Barrie street, returns shortly to Battle Creek, Mich., to continue her studies as nurse-in-training.

Major and Mrs. P. G. C. Campbell returned home on Thursday. Mrs. Campbell went as far as Toronto to meet her husband on his way from the west.

Miss Lizzie Kirkpatrick, who has been visiting Miss Madeline Hanson in St. Agathe and Montreal, has returned home.

Mr. and Mrs. Hugo Craig and their son, Hugo, Fort William, are the guests of Mrs. George Fenwick, University avenue.

Miss Helen Baxter is spending a few days in Belleville with Capt. and Mrs. Colin Hamilton.

First vice-president—Judge H. A. Lavell. Second vice-president, J. G. Elliott. Third vice-president, Prof. W. G. Jordan, D.D.

Secretary, R. Meek. Treasurer, A. J. Macdonell. Executive Committee—R. Easton Burns, R. Crawford, Capt. John Donnelly, W. R. Givens, F. C. Ireland, F. G. Lockett, Prof. I. E. Martin, W. H. Macnee, Thomas W. Mills, Prof. W. T. Maclellan, Ald. Hugh Nickle, Ald. H. W. Skelton, R. J. Rodger, Prof. O. D. Skelton, R. Uglow.

Past presidents, constituting, with five others, the nominating committee, H. W. Richardson, Prof. Skelton, Lieut.-Col. Cunningham, J. L. Whiting, Prof. Gill, Dr. M. Macgillivray.

Rev. Dr. Macgillivray presided at the dinner at the opening, but after the election of officers gave up his position to Col. C. N. Perrean, the new president. In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

In vacating the presidency, Dr. Macgillivray referred to the various men who had held that position. He expressed the hope that the election of officers gave up his position to Col. C. N. Perrean, the new president.

Told In Twilight

The Prince Charles Chapter of the Daughters of the Empire held a most successful bridge at Miss Bessie Smythe's home on Thursday.

There were twenty tables of play, the prizes being won by Mrs. W. H. Macnee, Mrs. George McKay and Miss Margaret Hemming.

Among the large number of guests were: Mrs. James Cappon, Mrs. R. E. Kent, Mrs. James Hamilton, Mrs. James Higgins, Mrs. D. G. Laidlaw, Mrs. David Murray, Mrs. W. W. Gibson, Mrs. Arthur Horsey, Ernest Cunningham, Mrs. Hansford Horst, Miss Frank Phillips, Mrs. Dyde, Mrs. G. A. Robinson, Mrs. Frederick Cays, Mrs. W. J. Gibson, Misses Brown, Mrs. A. W. Brown, Mrs. P. C. Stevenson, Mrs. R. S. Waldron, Mrs. W. R. Givens, Mrs. H. L. Ashby, Mrs. H. Tandy, Mrs. S. L. Kenny, Mrs. J. M. Campbell, Mrs. S. F. T. Macnee, Mrs. Herbert Robinson, Mrs. S. M. Robertson, Mrs. N. C. Polson, jr.; Mrs. Harold Davis, Miss Ethel Kent, Mrs. Hubert Ryan, Miss Loretta Swift, Miss Lucy Waddell, Miss Florence Cunningham, Miss Marian Redden, Miss Kathleen Daly, Miss Eleanor Minnes, Miss Phyllis Knight, Miss Carrie Waldron, Miss Lettice Tandy.

The science dance in Grant Hall on Thursday evening was much enjoyed by a large number of guests. Queen's orchestra supplied splendid music, and the floor was in perfect condition for dancing.

Supper was served in the red room, the quartette tables each being centred by fragrant flowers. The patronesses who welcomed the guests at the door of Grant Hall were Mrs. W. L. Goodwin, Mrs. A. L. Clarke, Mrs. E. A. Stone, Mrs. E. Henderson and Miss Wilhelmina Gordon.

Principal Gordon was also present. Miss Mildred Horsey, Picton, Miss Dion, Ottawa, the Misses Rees, Gananoque; Miss Vera Findlay, Norwood; and Miss M. Freeman were some of the out-of-town guests.

Mrs. A. E. Walsh, Aberdeen street, received on Wednesday afternoon for the first time since coming to Kingston, when she was wearing a handsome gown of black lace over white, Miss Bessie Walsh received with her mother, and her becoming frock was of white crepe de chene.

The pretty rooms were lighted with many flickering candles, and pink and white carnations were artistically arranged everywhere. The same flowers were used on the tea table, which was in charge of Mrs. T. Lambert and Mrs. Day, who were assisted by Miss Beatrice Lambert and Miss Muriel Walsh.

Mrs. Walsh and her daughter have only recently moved here from Toronto, Major Walsh being at present on active service in France.

Mrs. Henry Cunningham was a hostess at the tea hour on Wednesday, when her granddaughter, Miss Margaret MacLennan, Toronto, was the guest of honor.

Miss Alice Macnee entertained at luncheon at the Country Club on Wednesday in honor of her sister, Mrs. Francis Botterell, Montreal.

Mrs. S. M. Asseltine will receive for the first time since her marriage on Thursday, Jan. 25th, at 309 Earl street.

The curling tea was held as usual on Wednesday afternoon.

The Bridge Club will meet at Miss Sibbald Hamilton's on Monday.

Rev. C. T. Scott, D.D., Belleville, was the guest of Mr. and Mrs. Elmer Davis, Sydenham street, while in town.

Mrs. E. A. Stone has returned from Toronto.

Miss Helen Baxter is spending a few days in Belleville with Capt. and Mrs. Colin Hamilton.

Miss Kathleen Simmons, the guest of her parents, Mr. and Mrs. A. G. Simmons, Barrie street, returns shortly to Battle Creek, Mich., to continue her studies as nurse-in-training.

Major and Mrs. P. G. C. Campbell returned home on Thursday. Mrs. Campbell went as far as Toronto to meet her husband on his way from the west.

Miss Lizzie Kirkpatrick, who has been visiting Miss Madeline Hanson in St. Agathe and Montreal, has returned home.

Mr. and Mrs. Hugo Craig and their son, Hugo, Fort William, are the guests of Mrs. George Fenwick, University avenue.

Miss Helen Baxter is spending a few days in Belleville with Capt. and Mrs. Colin Hamilton.

Miss Kathleen Simmons, the guest of her parents, Mr. and Mrs. A. G. Simmons, Barrie street, returns shortly to Battle Creek, Mich., to continue her studies as nurse-in-training.

Major and Mrs. P. G. C. Campbell returned home on Thursday. Mrs. Campbell went as far as Toronto to meet her husband on his way from the west.

Miss Lizzie Kirkpatrick, who has been visiting Miss Madeline Hanson in St. Agathe and Montreal, has returned home.

Mr. and Mrs. Hugo Craig and their son, Hugo, Fort William, are the guests of Mrs. George Fenwick, University avenue.

Miss Helen Baxter is spending a few days in Belleville with Capt. and Mrs. Colin Hamilton.

Miss Kathleen Simmons, the guest of her parents, Mr. and Mrs. A. G. Simmons, Barrie street, returns shortly to Battle Creek, Mich., to continue her studies as nurse-in-training.

Probs: Light snowfalls today. Sunday very cold.

To-Night at Steacy's Special Linen Sale 7.30 to 9.30 O'clock. The greatest linen bargains ever offered in Kingston. BEAUTIFUL PIECES—All hand embroidered on pure linen. The only reason for clearing this lot is that they are slightly counter soiled. LUNCH CLOTHS, TRAY CLOTHS, CENTRES, RUNNERS, ETC. Tonight at Half Price 50 DOZ. TABLE NAPKINS—Full bleach, double damask napkins, in beautiful designs, made by the celebrated Jno. S. Brown & Co., Belfast; worth \$6.50 per doz. Sale price \$3.75. TOWEL SPECIAL—All linen tuck towels with hemmed ends; 35c quality. Tonight 25c. A SNAP IN SWEATERS—36 only men's Sweaters; the heavy warm kind in colors navy and brown. \$1.50 quality, Tonight \$1.10. STEACY'S

MADE. VEILED CONFESSION. UNLESS SHE IS VICTORIOUS SHE WILL NOT ENTER LEAGUE. Would Prepare Again—Her Statement Shows Conclusively the Need of Carrying on the War to a Finish; Allies Corroborated. Washington, Jan. 20.—There probably will be no separate reply to Great Britain's supplemental note to President Wilson regarding peace, delivered to the State Department. Officials of the administration frankly are gratified over the tone of the communication, and construe it as an endorsement of the President's suggestion of a world league for peace, but no formal statement on the subject is considered necessary at this time, and it has not been decided what shall be the next move on the part of the United States. The reference in the British note to the necessity for some form of international sanction behind treaty agreements and international law, drew from German sources here today an authoritative statement that Germany under no consideration would enter a league to preserve peace if she should emerge from the war much more greatly damaged than her enemies. The Central Powers were represented as believing that the proposal to establish such a league, at the end of this war cannot be realized if the ultimate result of the conflict is such as to permit a completely victorious set of belligerents to impose its own terms upon the vanquished. Germany, it was said, in making it clear that she stood ready to enter into a league presupposed that the present war would result in a peace which all parties concerned would consider just and fair, which would not be the case if the Entente ever should be in a position to impose as terms the objects stated in its note to the President. Some officials here see in the British note an invitation to set on foot a movement for the establishment of a world league to become effective after the war and thereby aid in paving the way for ending the present conflict. Comment in Europe on the subject will be watched with great interest.

Coming to Griffin's. The incomparable Mary Pickford in "Less Than the Dust." After some months in an English hospital, Sergt. Rae Welsh, who recently landed in Canada, reached his home in Picton on Saturday. Aid. G. H. Duncan was re-elected Chairman of the Peterboro Board of Health for the current year.

EVERYBODY NEEDS PURE, RICH BLOOD. Pure blood enables the stomach, liver and other digestive organs to do their work properly. Without it they are sluggish, there is loss of appetite, sometimes faintness, a deranged state of the intestines, and, in general, all the symptoms of dyspepsia. Pure blood is required by every organ of the body for the proper performance of its functions. Hood's Sarsaparilla makes pure blood, and this is why it is so successful in the treatment of so many diseases and ailments. Its acts directly on the blood, ridding it of scum and other humors. It is a peculiar combination of blood-purifying, nerve-toning, strength-giving substances. Get it today.

Mrs. Margaret Pine, spending the winter with her son, J. H. Pine, Baginerman's, celebrated her eighty-fifth birthday on Jan. 16th. She is remarkably smart for one of her years.

AT DAVIES Fresh Sea Herring Large Plump Fish 9c Lb. Wm. Davies' Co., Limited, Phone 597

Blakemore Studio Commercial Photography. Enlarging and Copying, Home Portraiture. Kingston's Largest Photo Studio. All work guaranteed. 180 Wellington Street. Over Royal Bank Chambers.

Officers' Uniforms Made to Measure or Ready to Wear. Regulation Whipped Caps. Sam Browne Belts. Leggings and Spurs. John Tweddell, Civil and Military Tailor. 121 Princess St.

Busy With Our January Sale. Odd sizes in Men's Tan and Black Goodyear Welts, \$4.50 To clear at Jack Johnston's Shoe Store 70 BROCK STREET. Mrs. Margaret Pine, spending the winter with her son, J. H. Pine, Baginerman's, celebrated her eighty-fifth birthday on Jan. 16th. She is remarkably smart for one of her years. Col. B. R. Hepburn M. P., has called his friends in Picton that it will be impossible for him to leave his duties in England at present to attend the meeting of Parliament.