



Best by Test. Just Received a Fresh Shipment of

FLAKED WHEAT, FLAKED OATS, CREAM OF WHEAT, GRAHAM FLOUR, WHOLE WHEAT FLOUR — at the — UNIQUE GROCERY

DR. DeVAN'S FRENCH PILLS

PHOSPHONOL FOR MEN

Advertisement for Babbitt's Cleanser, featuring an image of the product can and the text 'WHY PAY MORE?'

Advertisement for Lifebuoy Health Soap, featuring an image of a man in a suit and the text 'More than Soap'.

Advertisement for Hudson Bay Insurance Company, featuring the text 'Ranks with the Strongest'.

Advertisement for Ladies' Suits, featuring the text 'By placing your order now for your spring suit you will save 25%'.

Advertisement for New York Skirt & Suit Co., featuring the text 'The King of Sweden displayed unconsciousness'.

THE CONFESSIONS OF ROXANE (By Frances Walter)

I PREACH A SERMON AND HARRY MAKES A GOOD RESOLUTION. (Copyright, 1916, by the McClure Newspaper Syndicate) "Roxane," began Harry, "did I say anything last night that I should not have said?"

that we said a great many things which would not have said had we been in normal condition. "It is, good of you," he said gratefully. "I do not want you to think, nor do I want any one to think that Evelyn and I are not happy. She is the finest girl in the world and will make the finest wife that any man could desire. I think we are going to be very happy."

EMBROIDERED WORK ON ALMOST EVERY GOWN

All Manner of Costume Have Handiwork Features—Appropriate for all Occasions

Almost every gown has now a bit of embroidery somewhere about it, and therefore the expert embroiderer has an unusually good opportunity to add beauty and modishness to her wardrobe at very little expense. Street costumes of cloth, velvet and satin have trimmings of embroidery done in wool or silk, the latter often mingled with gold or silver thread on the more elaborate costumes.

KING OF SERBIA SENDS MESSAGE TO CANADA

Borden's Words of Greeting Meet With Cordial Response.

Ottawa, Jan. 17.—King Peter of Serbia to-day sent a cable of thanks to the Governor-General for the New Year's message sent to him and his people on behalf of the people of Canada. King Peter's message was in French. The cables which were received from other rulers of Allied countries were sent in English.

NATIONAL SERVICE WILL BE VOLUNTARY

Industrial Concription Is Not Contemplated, Premier Borden Says.

Ottawa, Jan. 19.—Industrial concription is not contemplated by the Government. The whole plan, National Service in munitions-making and other vital services is based on the voluntary co-operation effort of Canadians.

REV. JOHN McDOUGALL DEAD.

From 1860 to 1906 He Was Missionary in Northwest. Calgary, Alta., Jan. 17.—Rev. Dr. John Chantler McDougall, pioneer Methodist missionary, died at his home on Monday after a few weeks' illness, aged seventy-four. He suffered a paralytic stroke a week ago.

After Him Too.

Tommy had been naughty, so Tommy had to be chastised, and with this end in view his mother was pursuing him round the garden plot. Suddenly eluding her outstretched arms, he ran into the house and bolted upstairs and got under the bed.

Large advertisement for FRY'S COCOA featuring a man in a cap and a tin of cocoa. Text: "An Extra Run" on FRY'S COCOA. RUNNING a big Mogul on schedule time is about as complete a brain, sinew and nerve test as a man could want.

The Whig's Daily Menu

Menu for Friday BREAKFAST Fruit of Choice Nutrient Porridge Malted Chickens on Toast Whole Wheat Milk Biscuits Fruit Butter Coffee or Cocoa LUNCHEON Tomato and Cheese Toast Lettuce Salad Mock Strawberry Shortcake Tea or Milk DINNER Creamed Celery Soup Fried Chicken with Peas Baked Sweet Potatoes Country Apple Pie Coffee Mock Strawberry Shortcake Materials—Two cups cooked and

sweetened cranberries, 1 1/2 cups flour, 3 level teaspoons baking powder, 1/2 level teaspoon salt, 1 tablespoon shortening, 2 tablespoons sugar, milk. Utensils—Mixing bowl, flour sifter, 2 measuring cups, teaspoon, tablespoon, jelly cake pan, spatula, pastry brush. Directions—Sift the flour, baking powder, salt and sugar into bowl; add shortening and rub in very lightly; then add enough cold milk to make a dough. Place on jelly cake pan that has been dusted with flour and smooth even; brush with milk; bake in hot oven 15 to 20 minutes. When partially cooled, split and cover with cranberries. The cranberries must be very sweet; 1 cup sugar to the pint of cranberries is the rule, but would suggest to make 1 1/4 cups to the pint for the shortcake. Put top on and dust with pulverized sugar.

For the Housekeeper.

The bone in real lamb chops is very small and short. The house fern should not have the sun shining on it. Linen pillow slips are a great comfort to an invalid. A good and simple dessert is boiled rice and stewed figs. Left-over sandwiches can be dipped in egg batter and fried. A sheet of iron over a gas burner is a great saving of heat. Aluminum fork is excellent for creaming the butter for cake. Good butter smells sweet, is firm and the same color all through. Celery added to the creamed potatoes will give it a good flavor. A good savory soup for a cold day is a potato-soup made with leeks. When making creamed dried beef, remember that salt is unnecessary. The Sunday dessert can be made on Saturday afternoon or morning. Aluminum should never be cleaned with strong soap or scouring powder. It is never economy to allow the refrigerator to be nearly empty of ice. It is never well to bake a pie and a cake in the oven at the same time. Brown sugar used to sweeten cereals will make them taste much richer. Add a little sugar to the water when boiling turnips; it will add a fine flavor. The bones cooked in beef broth make it much more nourishing than beef tea. It is a question whether very much making over of dresses is genuine economy. A dash of lemon juice in water makes a good teeth wash and sweetens the breath. When you and I learn to meet an obligation as cheerfully as we contracted it, the dealer will always be glad to accommodate us with credit. Those who meddle with the business of others seldom have business of their own to meddle with.

Advertisement for ROYAL YEAST, featuring an image of the product and the text 'MADE IN CANADA'.

KEEP AN ACCOUNT OF EXPENDITURE

No Woman Should Run House in a Slipshod Manner—Figures Prevent Waste.

No man could expect to succeed in business who is ignorant of the details. How, then, can a woman expect to succeed in running a home, a business more intricate and many-sided than any masculine vocation, unless she acquaints herself with the thousand and one details which go to make up this purely feminine profession?

PARADIS GARAGE

FOOT OF BROCK STREET Phone: Office 222, House 611. We furnish: Auto Supplies, Gasoline at 25c, Motor Oil, Care for tires, Washing Cars, Large, 21.00, Weekly, 7.00. Excellent Service guaranteed. Give us a call. E. PARADIS, Prop.

CATARRH OF THE BLADDER

Relieved in 24 Hours. SANTAL MIDY. CATARRH OF THE BLADDER. Relieved in 24 Hours. SANTAL MIDY. Each box 50c. (MIDY) 25c. (MIDY) 25c.

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Advertisement for OXO CUBES, featuring an image of the product and the text 'A Meal in a Moment. 1 Oxo Cube: Hot Water, Siccants Sustains for Hours. OXO CUBES'.