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when boiling turnips; it will add a fine flavor. By placing your order now for your spring suit you will save 25%. Also skirts and Dresses made to meamake it much more nourishing than sure for very low prices.

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The King of Sweden displayed un- obligation as cheerfully as we coneasiness concerning his country's tracted it, the dealer will always be ability to maintain neutrality. glad to accommodate us with credit. A \$3,000,000 munitions plant en-Those who meddle with the busiploying 800 or 1,000 men will be esness of others seldom have business tablished in Toronto at once. of their own to meddle with.

## THE CONFESSIONS OF ROXANE

(By Frances Walter)

PREACH A SERMON AND HARRY | that MAKES A GOOD RESOLUTION.

(Copyright, 1916, by the McClure Newspaper Syndicate) "Roxane," began Harry, "did I say anything last night that I should not have said?"

tion which I might have expected at ing to be very happy." that moment from him that I almost started. After a brief period of silence I-glanced up at him.

"That is an unfair question," I parried. "If I were ready to reply in the affirmative I would be placed in the position of condemning you, while if I replied in the negative I might unwittingly tell a fib.'

"Do you mean as to the possibility f telling a fib?"

night that I would not for the world tunity to make her happy or to seek upon the belts, cuffs and collars of undertake to remember them all, nor to bind her closer to you. everything that you said was emin- Harry. I haven't the right, nor do I jacket. Branching patterns may be

DR. DeVAN'S FRENCH PILLS hie Re- cussed under any circumstances," he may not fully appreciate now what I gulating Pill for Women. \$5 a box or three for finally said with the air of a man who am saying, but you will some day. has something disagreeable to utter You will then understand it more and doggedly goes at the task. "You completely, no matter what happens PHOSPHONOL FOR MEN. Restores need not answer unless you want to, to you. Both for your sake and for but I would like to know, Roxane, if hers I hope that in a few years you Vitality; for Nerve and Brain; increaces 'grey but I would like to know, Roxane, if hers I hope that in a few years you matter '; a Tonie-will build you up. 23 a box, or L. did say anything to you about - | can look back and realize that you two for \$5, at drug stores, or by mail on receipt | well, about my rersonal affairs - have made the most of your oppor-

> I nodded. "I thought so," he returned, with very happy or very miserable.

I nodded again. "Oh, what an ass I am!"

for a few minutes in silence.

you, if you can, to blot it from your ing thing in the world." memory. Try to consider that I I paused and looked up at him. He never attempted to discuss any such did not speak for a moment. Then subject with you, will you?"

replied, trying to smile. "I know clared firmly. that we all were tired last night and

Menu for Friday

BREAKFAST

Fruit of Choice

Oatment Porridge

we said a great many things which would not have said had we been in normal condition,"

"It is good of you," he said gratefully. I do not want you to think. nor do I want any one to think that Evelyn and I are not happy. She

meant what he said.

proud to be her husband, while you, embroideries, "You said so many things last I am sure, will never lose an oppor-

ently proper. You may have said occupy that high ground of moral used effectively for trimming the some things which I did not hear." | rectitude which entitles me to preach, coat in this fashion. A fitted coat "You are evading the question, but since you have brought up this which resembled a basque was trimwhich makes me think that I must question and have asked for my help. med with embroidery in rose foliage have let my tongue wag too much." I do want to tell you that you will design. The design branched out the greatest chance of your life if from the middle of the bodice. The "I have a faint recollection of at- you do not seek by every means in tempting to discuss a certain matter your power to tie Evelyn to you in with you which I should not have dis- the firmest bonds of affection. You about Evelyn, for instance. Did I?" tunity to instill love in the heart of

life. These are the days when in the fall sleeves. Evelyn's heart is plastic, when you he can mold it as you wish. She is entering a new world, and you are the KING OF SERBIA SENDS He turned and strode up and one she looks to for guidance. If you down the room several times. Re- will give her those little attentions turning at length to my side he stood which are so dear to a woman, if you will show her that you want her "Roxane," he said presently, "I love and tat she has yours, she will do not want you to think that I am a soon astonish you with the depth of complete cad. I have an idea what I her devotion, for the depth of a wosaid to you last night and I want man's devotion is the most astonish-

he turned toward me. "I'll try to "I have forgotten it already." I make her love me, Roxane," he de-

MADE IN

CANADA

**E 4 图 H** 

## EMBROIDEREY WORK ON ALMOST EVERY GOWN

All Manner of Costume Have Handiwork Features-Appropriate for all Occasions

Almost every gown has now a bit embroidery somewhere about it, and therefore the expert embroiderer has an unusually good opportunity to add beauty and modishness to her wardrobe at very little expense. Street costumes of cloth, velvet

and satin have trimmings of embroidery done in wool or silk, the is the finest girl in the world and latter often mingled with gold or The question was put so abruptly will make the finest wife that any silver thread on the more elaborate and was so different from any ques- man could desire. I think we are go costumes. The wool enbroideries, done in several shades are used His voice lacked the note of not only in woolen fabrics, sincerity, but I preferred to take him but on velveteen, velvet and even at his word and try to believe that he satin. They seem especially appropriate to the soft, thick wool vel-"I hope you will be," I declared ours and similar fabrics. Most of truthfully, as I thought of Arthur the embroideries used on street cosand Evelyn. "Nothing would give tumes are rather heavy and as a me greater pleasure than to see you rule geometrical designs are chosen settle down into contented married for these costumes. When gold life. And I do not see why you thread is used on a more elegant cosshould not. Evelyn certainly is tume the design is lighter than those beautiful enough for any man to be employed for the wool of heavy silk

would I undertake to say whether "I am not trying to preach to you, orating the fronts of the bodice or sleeves also were embroidered on the outer side at the top. The fur collar of the coat and the bands of fur around the sleeves toned in color with the embroidery. The material of the suit was of pale wood color and the embroidery was done in silk which was very much the shade of the blue fox fur that formed the remainder of the trimming.

Plastrons, chemisettes, tiny waistthe woman who can either make you coats and belts embroidered in colors are the sole trimmings of many exevident remorse. "I recalled it only "I will not admit to myself or to tremely chic gowns. A lovely dark faintly, and could not tell whether I you that there is a possibility of your gray taffeta gown had bits of blue had dreamed it or whether it really not being happy, but I do tell you and gold embroidery used as a plaswas true. So I did discuss Evelyn that this is the critical time in your tron and for little straps which held

## **MESSAGE TO CANADA**

Borden's Words of Greeting Meet With a Cordial Response.

Ottawa, Jan. 17 .- King Peter of Serbia to-day sent a cable of thanks to the Governor-General for the New Year's message sent to him and his people on behalf of the people of Canada, King Peter's message was in French. The cables which were received from other rulers of Allied countries were sent in English.

The cable of King Peter was as follows: "I thank you very sincerely for your cordial telegram which you have addressed to me from the Government of Canada. This spontane- KEEP AN ACCOUNT ous manifestation of sympathy very pleasant to my people and to the Serbian armies, and encourages swetened cranberries, 1 1/2 cups flour, them to be unfaltering to the end in 3 level teaspoons baking powder, 36 performing their duty."

## level teaspoon salt, 1 tablespoon shortening, 2 tablespoons sugar, milk. Utensils-Mixing bowl, flour sifter, NATIONAL SERVICE 2 measuring cups, teaspoon, table-WILL BE VOLUNTARY

industrial Conscription Is Not Contemplated, Premier Borden Says.

scription is not contemplated by the profession? and smooth even, brush with milk; Government. The whole plan of Na- Without business management no bake in hot oven 15 to 20 minutes. tional Service in munitions-making home can be well run, and the wo-

Sir Robert Borden to the annual exchange, to the pint for the shortcake. Put delegation of representatives of the Dominion Trades and Labor Congress which waited on the Govern- if they do not keep an acocunt of the ment with its usual list of requests | money spent each week, if they do

> REV. JOHN McDOUGALL DEAD. From 1860 to 1906 He Was Mission-

ary in Northwest. Calgary, Alta., Jan. 17 .- Rev. Dr. John Chantler McDougall, pioneer fered a paralytic stroke a week ago. Born in Owen Sound, Dec. 27th. dians, he was probably the first how much money she can count upon stairs, got down on his knees, and white child born in the then wilder- each week to run her household. He spoke the Indian Ojibwa language | she thinks best-so much for rent, it is said, before he learned Eng. so much for light, etc. lish. In 1851 he went with his par- Unless she keeps a strict account ents to the Soo, and here on the of her exepnditures she will never be north shores of Lakes Superior and successful as a housekeeper. Many Huron he began his life work of a women dislike account keeping, for pioneer missionary. Here for six they feel that in this way the husyears he was interpreter, lay reader, band can keep his eyecon every cent teamster, pilot, guide, steersman and that is spent, general helper to his father. He attended Victoria College, Cobourg, accounts should be kept for the 1857-60, clerking at intervals at Or- wife's eyes alone, if she has any obillia at \$5 a month and board. He Jection to showing her books to her located at Norway House, Lake Win- busband. They will help her impipeg, 1860-2, and thereafter en measurably to see just where her gaged in missionary work through- money is going to-if too much is out the west until 1906, when he was being spent here, to little there. superannuated. In his time he act- In this way she is able to detect ed as peace commissioner for the any mistakes in the butcher's or Hudson's Bay Co. and as Dominion Government commissioner, preparing knowing that their bills are under the way for the N.W.M.P. In 1906 strict supervision, will not be apt to he was appointed Doukabor commissioner and special commissioner for the Indian Department. He had also, to the present time, occupied a post in connection with the enforcement of the provincial liquor act. He was the author of several books dealing with western life. Twice married, he leaves five sons. three in the army, and one daughter.

In many instances the welfare against the world, the flesh and the devil ceases the moment you are off the church property.

The head of the family often ought to be the one that wears the calico and looks after the wants of the



it imparts.

well as a delicious beverage.

DUNNING a big Mogul on schedule time is about as

could want. So when the order comes for "An Extra

Run" that engineer is wise who fortifies himself with

a cup of FRY'S COCOA. FRY'S, because it builds

for "nerves of steel." It's such a splendid food as

Drink FRY'S regularly yourself and note the vigor

Trade Supplied by

J. S. FRY & SONS, Limited

complete a brain, sinew and nerve test as a man

"An Extra Run"

FRY'S

COCOA

in a Slipshod Manner-Figures Prevent Waste. No man could expect to succeed in

business who is ignorant of the details. How, then, can a woman expect to succeed in running a home, a business more intricate and manysided than any masculine vocation, unless she acquaints herself with the thousand and one details which Ottawa, Jan. 19 .- Industrial con- go to make up this purely feminine

When partially cool, split and cover and other vital services is based on man who is content to let her housewith cranberries. The cranberries the voluntary co-operate effort of hold run along in a haphazard manner is unworthy of the confidence of Such was the assurance given by the man she has married, says an

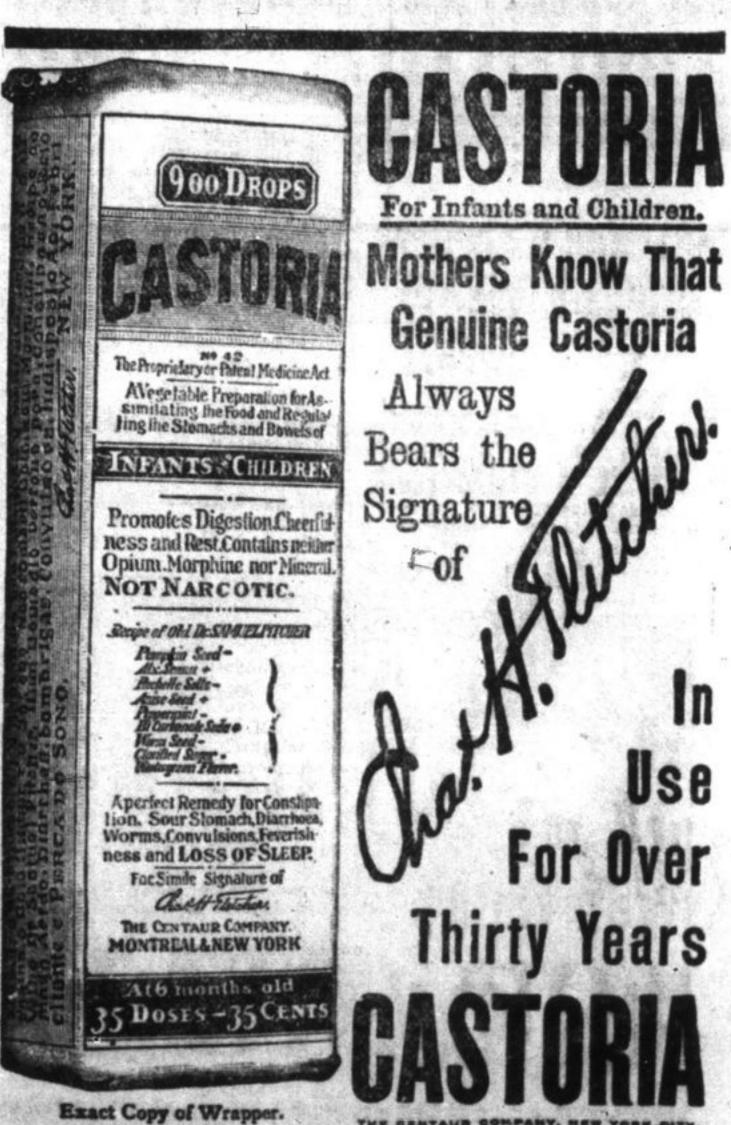
Most housewives will indignantly deny that they are extravagant. But for legislation for the workingman. not ascertain that they receive from the butcher the amount of meat they pay for, that the grocer is not overcharging or the milkman skimping their milk, they are practicing an extravagance just as fatal as if they bought high-priced delicacies out of

The first step toward a business Methodist missionary, died at his administration of the home is for the home on Monday after a few weeks' wife to ascertain just what capital illness, aged seventy-four. He sut- she has and how much she can afford to spend. It is the duty of every husband to have an understanding 1842, son of a missionary to the In- , with his wife, to let her know just ness of the coast of Georgian Bay, Then she must portion this out as

But there is no reason why the

baker's bills, and these tradesmen,





overcharge, should their tendency be in this direction. If you have never taken the

trouble to keep an account of your household expenditures begin now Don't delay any longer. You will find the business of housekeeping considerably simplified by this process, and that your home will be run on an efficiency instead of a haphazard basis.

Afterwards.

Gee, 'tso still an' lonely; since muvver's went away. I diden' know, I loved her so 'til jes 'is very day,

Th' kishen s'awful still; so still, mos' makes me wan' a cry. An' when daddy takes me up to bed I tell him so, and nen he'll sigh, An hoi' me close, nen blow his nose, and nen he'll kiss me too,

An' a dreat big fing tums in my froat, 'at makes me hard to swalher fru. -Arthur Francis Stilson in Pietorial Review.

FOOT OF BROCK STREET

Phones: Office 322, House 611. We furnish: Auto Supplies, Gazoline at \$3c. Motor Oil. Care for Hire. Washing Cornt Large, \$1.00. Small, 75c. Efficient Service guaranteed.



Minced Chicken on Tonni spoon, jelly cake pan, spatula, pastry Whole Wheat Milk Biscuit brush. Fruit Butter Directions-Sift the flour, baking Coff to or Cocon powder, salt and sugar into bowl; LUNCHEON add shortening and rub in very Tomato and Cheese Tonst lightly; then add enough cold milk to Lettuce Salad make a dough. Place on jelly cake Mock Strawberry Shortcake More than Soap pan that has been dusted with flour Ten or Milk DINNER Cream of Celery Soup Fricadellas with Peas Baked Sweet Potatoes Retish must be very sweet; 1 cup sugar to Canadians. Country Apple Ple the pint of cranberries is the rule. but would suggest to make 1 4 cups fock Strawberry Shortcake top on and dust with pulverized suaterials-Two cups cooked and gar. After Him Too. Tommy had been naughty, so For the Housekeeper. Tommy had to be chastised, and with this end in view his mother was pursuing him round the garden plot. The bone in real lamb chops Suddenly eluding her outstretched very small and short. arms, he ran into the house and The house fern should not have bolted upstairs and got under the ishes after the sun shining on it. Linen pillow slips are a great "All right, my boy," panted his comfort to an invalid. mother, "wait till your father comes A good and simple dessert is boilin, I'll tell him." ed rice and stewed figs. Soon after the father came home Left-over sandwiches can be dip- and his wife proceeded to tell him ped in egg batter and fried. of his son's wrongdoings. A sheet of iron over a gas burner Reaching for a cane, he went ups a great saving of heat. An aluminum fork is excellent for looked under the bed. But before creaming the butter for cake. he could say a word his young hope-Good butter smells sweet, is firm ful burst out with: and the same color all through. "Hullo, dad, is she after you, Celery added to the creamed pota- too?" ties will give it a good flavor. A good savory soup for a cold day is a potato-soup made with teeks. When making creamed dried beef, remember that salt is unnecessary. The Sunday dessert can be made

on Saturday afternoon or morning.

Aluminum should never be cleaned

It is never economy to allow the

It is never well to bake a pie and

Brown sugar used to sweeten ce-

eafs will make them taste much

Add a little sugar to the water

The bones cooked in beef broth

It is a question whether very much

A dash of lemon juice in water

When you and I learn to meet an

ins the breath.

with strong soap or scuring powder.

refrigerator to be nearly empty of ice

a cake in the oven at the same time.