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coughs worth; into a 16-oz bottle and fill the bottle with plain granulated sugar syrup and shake thoroughly. You then have 16 ounces-a family supply-of a much better cough syrup than you could buy ready-made for \$2.50. Keeps perfectly and children love its pleasant taste.

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FESSIONS OF ROXANE Christmas Romance Santa's Christmas

(By Frances Walter)

CHECK HARRY PENDLETON'S

DESIGNS UPON ME

(Copyright, 1916, by the McClure Newspaper Syndicate). As Harry Pendleton and I left the vately. I looked about helplessly as man. The hardness is with the oth-I moved toward the door, and as I ets. To make this splendid cough syrup, Howard, who was moving across the Harry gravely. "There are many up instantly and I beckoned to her. of all my friends, Miss Howard."

cause it has been so long deferred," he murmured with perfect compos- has to spend the greater part of the cars, and if so Jim and me would a "I have come in search of one Lin-"She has been in Mexico for several months," I hastened to say. "That ers," I said. "Some preach on the

ed so long for. Now that she is here, some preach on Sunday and indulge however, I hope you will be very good in mild forms of wickedness through friends. Pendleton. "I never had much re- ever they go and by their influence

spect for that gentleman, however, rather than by any premeditated act because his attitude indicated so little lead others into larger and sane Carpenter and Builder aggressiveness. A man may be will- views of life. But, as you say, there ing enough and yet may lose many are comparatively few reformers. things because he doesn't possess oth- rest of us are content either to adopt er qualities than willingness."

> double meaning which I hoped Mr. of influencing others we allow our Pendleton would detect. "It takes selves to be influenced; instead of more than aggressiveness coupled standing for what is right we join with willingness to obtain some with those who are little better than

> thing he wants has at least the virtue scheme we have concocted, we take of directness."

> "and nine times in ten such a man de- ever we see a husband or wife who serves to win; that is, of course, if he can be pried aloose from his or her seeks what is right and just."

wants than upon whether it is just the time will ever come when mer and right that he should have it," said will possess an innate respect for the I. "As a matter of fact, I think just- possessions of others." ice and righteousness do not play "Considering the lapse of time minds to possess an object and seek ed Mariam. or some other man's wife that is was merely giving vent to some new- Christmas season at South Cove she

view of life once more." "My view of life is rapidly becom-

Menu forWednesday

BREAKFAST

Bolled Cereal with Fruit Juice

Tonst or Crisp Rolls Jam or Jelly

Coffee or Coron

LUNCHEON OR SUPPER

Botted Rice and Cheese Sauce

Carrot and Celery Saind

Pudding from Yesterday's Dinner

Ten or Milk

DINNER

Tomato Soup

Eggs a la Japan

Baked Apple Dumplings

Utensils-Saucepan, two measur-

and fatigue, and digestion fails,

ing cups, teaspoon, tablespoon, cups, coarse grater.

with 1 teaspoon salt; put in oven peppers or parsley.

physician and used other medicines markable cure."

Weakened by Anaemia

teaspoon paprika.

cream sauce.

Whole Wheat Bread

ng fixed and hardened," I said bit "It is the result of observawhat they have no right to possess: when I see them disregard all the laws of society and right living and high thinking it does not follow that drawing room I felt that I was not I am becoming bitter because I see equal to the task of hearing him de- aright. Indeed it is not I that am

did my eyes fell upon pretty Mariam | "rMs, Pembroke is right," said room toward us. My mind was made things going on about us these days day earning a living."

"There are reformers and reform-

was why the pleasure had to be wait- streets after their day's work is done; the week; others carry the principles "My name is Barkis," smiled Mr. for which they stand with them whera hands-off policy or else we fall in "It is not good sometimes to be too with the passing throng and acquire aggressive," I interposed with a the morals of the multitude. Instead scavengers. Whenever we discover "Grant you, but you must admit that a man can be separated from hat a man who goes straight for the some of his money through some wily the money and think we have taken "Yes, indeed," declared Mariam, another step toward success; whenmate, we immediately lay our plans "It depends more upon what he accordingly. I sometimes wonder if

much part these days in men's since Adam, I should say it already

It may be some other man's money dently unable to decide whether sought. The fact that the object al- ly acquired opinion or whether there had had a lonesome life. ready is owned by another does not was something deeper back of my Two months after the Christmas enter into the calculation. All that is utterances. Mr. Pendleton, who had that was to have been Betty's wedding considered is the desire of the one listened, who had listened gravely. day her aged father had been carried "How cynical you have become, Mariam, but I did not believe he sus slone in the world. With no other Roxane!" cried Mariam. "I should pected that I was preaching directly never have left you alone in this big to him. However, I was convinced those at South Cove Betty remained city if I had thought you would have that I had checked his plan of de in the little fishing town in which she developed any such ideas as those by claring his love for me and I was con- had been born nearly twenty-seven the time I returned. I shall have to tent for the time being. A few motake you in hand and change your ments later I found an excuse to leave him and Mariam alone together. (To be Continud.)

for a few minutes; spread on l

Carrot Salad.

Utensils-Knife, two measuring

rots on the downward stroke (coarse

tablespoon butter, 1 tablespoon flour. French dressing flavored with one ta-

teaspoon salt, dash white pepper, 1/4 spoon finely chopped parsley or green

strainer, platter, small saucepan for Wash, scrape and grate the car-

Said She Was Threatened With Consumption, and

Gave Her Three Weeks to Live.

suitable as a treatment for ing used the Nerve Food for six

Mrs. J. Adams, Port Hope, Ont., Chase's Nerve Food alone and after "About six years ago I was my discouragement from the use of

This letter proves its ef- months. I want my friends to know

Doctors Gave No Hope

Me preparing for Christmas-me. tion. When I see men ruthlessly take thing to eat to-morrow, which happens gave way to grief, but in the present

preparing for that day a special." Betty Green sighed as she placed - in the next room childish voices

which would not have been tolerated for Christmas like other folks. If That was all that mattered. reforming people, especially when one now would a been liking dolls or tin stood on her tiny porch.

about ships loe.

just that much sooner, and

The bright eyes of Betty Green were wet with tears as she opened the oven door to raise the pie to a higher shelf. Ever since Jim Busby thoughts. They usually make up their has been a long time arriving," laugh | falled to return in time for the wedding which Betty had so carefully preit, irrespective of the morals involved. She was studying me curiously, evi- pared for four years ago-a wedding which was to be the big event of the

apparently was as much in doubt as to the village cemetery, leaving her

With the baking finished, Betty left the kitchen and went into her bedroom. She wanted nothing so much as to be alone in that room that had been her father's-in that room where she kept carefully preserved the wedding clothes she had lavished so much care upon four years ago. These clothes and the faded photograph of

Jim Busby on her bureau were all that were left her of her romance. With these she would spend her Chrismas eve, would live over again the courting days. And Jim should be there with her. That would be her platter. Shell the hard-boiled eggs. Christmas.

Cut three in slices lengthwise and lay fourth egg and chop the white; add The pretty wedding dress which Goodwin found himself feeling hapfourth egg and chop the white, add to the cream sauce; then pour over to the cream sauce; then pour over yes, she would put it on to-night just before. Was it the knowledge that as she had planned to four years ago. the rice and eggs; grate the yolk as she had planned to four years ago. he had been the Good Fairy in this yo. 18—Mail 1.40 a.m. 2.17 a.m. over the top and garnish with the Jim would like her to do that; he small family, or was it something to 16—Fast Ex. .. 2.58 a.m. 3.35 a.m. chopped parsley and dust with pa- had always like to see her prettily dressed, and maybe Jim might see crept into his mind?

Sauce-Put the butter into sauce- her from the spirit world to-night. pan over fire; when melted add the As she fastened the gown she alflour, mix well and add the cold most forgot that Jim could not be milk slowly, stirring until smooth there, that it was all a make-believe. and creamy; add the salt and pep- As she stood before the mirror the per and chopped white of one egg smile of four years ago came back One teaspoon curry powder added to again. She noted the color in her the sauce will make a very pleasant cheeks; it was like a bridal blush.

A rap at the door dispelled the illusion she had permitted herself for a few moments. She could not go to Materials-2 cups raw grated car- the door in that dress. The caller Materials-1 cup rice, 4 eggs; 1 rots, 2 cups shredded lettuce, 1/2 cup would have to wait, but he did not cup milk, 1 tablespoon parsley, 1 blespoon of grated onion, 1 table-

"Jim! My Jim!" she answered, as she pulled open the door of her bedroom and sprang into the arms of a strong, bronzed sailor.

Far into the night she listened to Directions-Wash and boil the grater). Put on shredded lettuce. Jim's tale of shipwreck on the Patarice as usual, blanch and sprinkle cover with dressing and sprinkle with gonian coast, of the months and years of practical captivity before he could get back to a seaport.

"And now," he said, "I am home to

claim my Christmas bride." "And I have our Christmas baking done," said Betty.

SUPERSTITIONS

between eleven and twelve on Christmas night you will hear what most concerns you in the coming year. Anaemia is indicated by thin, wa- | was looking through Dr. Chase's Al- forth from the house on Christmas tery blood. The gums and eyelids manac and read about the cure of morning until something has been grow pale, there is great weakness anaemia by the use of Dr. Chase's brough

Nerve Food. I began the use of this If the fire burns brightly on Christ Since Dr. Chase's Nerve Food treatment at once and am now well mas merning it betokens prosperity; forms new, rich blood, it is naturally on the way back to health, after hav- if it sm

that my cure was effected by Dr. mas day taken with very weak spells and other treatments, I feel it my duty to

though I doctored with the family let everybody know about this re- observed between 180-190 A.D. Old Christmas fare did not include for two years, I got very little re- As a restorative for persons who the turkey, now the modern Christman lief and, in fact, continued to grow are pale, weak and run down there bird. In the olden days a rossted pea weaker. I was so weak I could not is no treatment to be compared to cock took its place on the festire

wait on myself or raise my hand to Dr. Chase's Nerve Food. Gradually board.
my head and decided to go to my and naturally the red corpuscles are daughter in Toronto. When examin- increased in the blood, the color is ed by Toronto doctors they pronoun- restored to the cheeks, and the strenced me to be in a dangerous condi- gth comes back to wasted nerves and ed to appear charged with keeping on Nov. 25th of Walter Wright. He tion, threatened with consumption muscles, Dr. Chase's Nerve Food, 50c liquor in a place other than her dwel- was born in the Township of Augusta, and other allments and said I would a box. 6 for \$2.50, all dealers, or Ed- ling, pleaded guilty and paid a fine at Wright's Corners, now Algonquin, not live for three weeks. One day I manson, Bates & Co., Ltd., Toronto. of \$200 and costs.

Goodness knows I wisht I was, but the tears that squeezed at last Christmas doing ain't for me no more. through tired eyelids. It was not And just because I was a-baking some- often that the brave little homemaker to be Christmas, she thought I was moment she seemed unable to control

the pie in the oven, and pulled a kit- prattled joyously. Lindenette had not then chair up beside the stove. The found the heart to tell them that new neighbor, who had but recently Christmas would have to come and moved into the town, and who knew go without the much heralded visit nothing of Betty's history, had just from Santa Claus. Since the loss of left. With the Christmas spirit every- both parents Lindenette had managed where she had thought of course Betty to keep a roof over the heads of her was preparing a feast for the day. small brother and sister and had pro-"Now, if Jim hadn't never sailed vided food for their slight frames. away on that water-logged old Mary What did it matter if her cheeks had Ann, as he did a-going on four year lost their roses and her lips their ago, l'guess I could a been preparing cheery bloom? The smile lingered.

"Mr. Pendleton," I began as she in years gone by even by a society there hadn't been nobody else, Jim | She brushed her tears aside and came up." I want you to meet the best more callous in many respects than and me could of enjoyed Christmas, arose to answer an unexpected sumours to-day. But what can one do? and then maybe there'd a been some mons from the knocker. She looked "The pleasure is all the greater be- One cannot go into the business of body else-somebody what just about her surprise at the great man who

> been having a den Lane," the stranger said with a Christmas tree | smile to which the girl responded. "The name is unusual," admitted body, and we'd Lindenette, "and my own is even be a-having more impossible—being Lindenette best Lane. May I ask you in from the Christmas in cold?" She opened the door and Marall South vin Goodwin entered the pitifully barren room into which she led him. "My, how I His eyes followed the girl rather than did try to keep the contents of the room.

Jim from sail- Two small, pale faces peered at ing in that him from the kitchen door, and Good-Anybody what | "Do I look like Santa Claus?" he knew anything asked them by way of breaking the

knew she "No, you don't," returned the boy. wasn't fit to go bluntly. "Besides, Linda says it may to sea in, but be too cold for Santa Claus to come Jim says it's out this year." There was a wail the only berth from the little sister, and the boy he's likely to strove vainly to conceal his disappointget, and tak- ment at this announcement.

ing it would Linda gave them each a hug and bring about told them to run along. When they our marrying had gone she turned to Goodwin with inquiry in her eyes.

"My errand is a pleasant one," he the Mary Ann said quickly, for his own voice was or Jim ain't never been heard of since none too controlled. "It will add to she left that South American place your happiness, I know." He drew to go round the Horn on her way to a memorandum from his pocket, and after consulting it, asked: "Your



in Stillwater, Minn., 22 years ago?" "Yes," replied Linda, with a flush of excitement lending roses to her cheeks. "I was born there."

"Then, to come directly to the oint," Goodwin told her, "we find two deposits of \$25 each in two of our banks there. One Linden J. Lane opened the account 22 years ago." Linda laughed softly. "My father used always to fear bank

fattures, and put small amounts in many banks." She turned sparkling eyes upon Goodwin. "We thought we had collected all his savings," she

ed," the man laughed, "and the hens have been laying golden eggs. You have, at this very minute \$800-" "Three hundred dollars! Oh!" she impulsively held out her two toil-With care she took each garment worn little hands, "It is a fortune!

more subtle, more wonderful that had He laughed a trifle nervously. "I am going to ask for immediate

payment for the joy I have found for you," he said and when Linda's questioning eyes met his he said impetuously: "Let me come to-morrowand help make Christmas glad for the Halifax, Boston and New York. children. May I come?" Linda glanced at him with a new shyness. "Yes," she said, simply.

to J. P. Hanley, Agent, corner John-"If you like I will go with you to help iron and Ontario Streets, Kingston Cut Agency for all Ocean Steamship get that Christmas tree. Next morning Linda and the child- Lines.

The crackling of the fire as it roared up the stovepipe created a spirit of cheerfulness that greeted Marvin Goodwin when he presented himself "Oh!" shouted Bobby, "here's our

own Sants Claus!" His eyes were glued to the armful of packages Goodwin deposited on the table. "Bobby!" cried Linda. "Haven't you ever been Santa Claus

before?" queried Peggy. "Never! This is my very first exto Halifax perience. I hope I will acquit my. Dec. 2 acif with proper dignity."

And Linda's eyes, over the heads
of the children, looked down deep into Goodwin's big soul, and unconsciously she let the man read what her heart

"Next Christmas," he was saying manent roses in her cheeks, and her eyes will be mine, and that will be all the happiness one Santa Claus

Christmas in France When Christmas draws near every French family in easy cfreumstances sends for a cask of wine and lays to a stock of southern fruit. Those who have been enemies pardon each other; narriages are fixed; married pairs

Bessie's Plea "Say, mamma, please don't make any fire in my bedroom grate," beg ged little Bessie.

who have been separated are re-united

"Why, you'll freeze." "I don't mind being cold, just so long as Santa will be able to get down the chimney all right."

Mrs. Leah Lillie, Athens, summon- The death took place in Winnipeg

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or ice or slimy mud? Put on chains and have control of your car. All sizes carried in stock.

roads are covered with snow

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