for Christmas were a little late arrivwe would advise early buying, as stocks in some lines are limited.

New Sultana Raisins New Seeded Raisins New Seedless Raisins New Table Raisins New Currants New Lemon Peel New Orange Peel New Citron Peel New Dates New Prunes New Calarab Figs New Spanish Figs New Cooking Figs New Shelled Almonds New Shelled Walnuts New Crystallized Cherries New Glace Cherries **Maraschino Cherries** Creme de Menthe Cherries

Uverseas **Boxes**

We are still packing boxes for glad to offer assistance and sugges-We have the latest boxes for filling in two sizes-10c and 15c.

The following are always appreci-

Milk Chocolate Sweet Chocolate Nut Chocolate Oxo Cubes Sterno Stoves Chocolatta Coffee, Milk and Sugar Cocoa, Milk and Sugar Washington Coffee Cigarettes Tobacco Sharp's Kreemy Toffee **Everton Toffee** Turkish Delight Marshmallow Figs in packages Dates in packages Biscuits in packages Toilet Soap Colgate's Tooth Paste Colgate's Talcum Powder MacLaren's Cream Cheese Sardines Potted Meats Gum Candles New Table Raisins

We would like to call special atten-

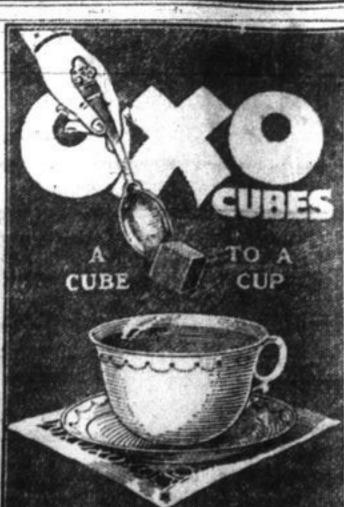
The ready to use Chocolate con-tains Chocolate, Milk and Sugar prepared instantly by adding boiling wa-

Nutritious, Delicious, Digestible—25c and 50c tins.

Tom Smith's **Xmas**

have arrived. .. Full particulars later.

Phones 20 and 990





ACUTE COLDS AND held his emotions in check only un-THROAT TROUBLE.

CALIFORNIA FRUIT

GROWERS EXCHANGE

Soon Cured by

it cures those acute colds and throat me. troubles that are so prevalent at this a real lung and chest healer, and en- ton and me on the other was in the away. ables you to throw off the trouble at process of being woven? It was a cents, from druggists and stores throughout Canada.





Health Triumphs over disease every time you use Lifebuoy Soap. For its mild healing and cleansing oils are charged with cleansing properties that make it simply

LIFEBUOY HEALTH SOAP Mild and pure enough for Baby's skin-therefore eminently suitable for yours.



PARTY SHOULD GO

Among the many matters in regard to which dissatisfaction has been steadily growing are the fol-lowing: Passiveness of naval policy, failure to solve the submarine problem, the blockade of Germany, indequate use of our superiority in the air, backwardness in bringing excluding of Ireland from the Compulsory Service Act, the foleration of enemy trade, delay in winding up German banks in the United Kingdom. Of these and other questions there have been sharp exchanges in the House,

(By Frances Walter)

TAKE STOCK OF MY TANGLED

AFFAIRS. (Copyright, 1916, by the McClure Newspaper Syndicate).

I do not know how long I sat there n the conservatory after Harry Pendleton and Miss Phillips had de parted. At first I could not realize what it was Mr. Pendleton was say He in love with me? Impossi-It was incomprehensible, inconceivable! Why, I had brought everything I could control to bear to Phillips. Instead, I had just heard that he loved me, despite my husband, despite Evelyn, despite every-

Is it any wonder that I was shocked into a condition of numbness which rendered me for the moment powerless to move? To wake suddenly and find that everything about you has precisely the opposite aspect from what you dreamed it had; to to it. start toward the north and suddenly find that you were headed toward the south; to jump into what you thought was a warm bath and discover it was icy cold-these are some of the things which would have been easy to comprehend as compared with the inexplicable tangle in which I found myself.

As I looked back upon my brief acquaintance with Mr. Pendleton, could not recall a single instance when he had given me a look or had uttered a word which I might have construed as indicating more than the affection of a new-found friend. Yet I had it from his own lips that he was in love with me; that he had til he could decide whether he should confide in me. All the time that I was using a woman's wiles to cast him under the spell of Evelyn's beauty, he was coming under my own in-VENO'S LIGHTNING COUGH CURE fluence. And the very woman whom I get a glass of water." I had selected for him was the one to Veno's is no ordinary cough mix- whom he confided his love for me! ture, but an absolute specific for The strangeness of the situation every kind of cough, cold, or throat gripped me no less than its serioustrouble. It is just wonderful how ness-seriousness for him and for them away.

had it from no less an authority away from me! than Mr. Pendleton that Mr. Pendle-

ton was in love with me. The only ones, apparently, who had not committed themselves were Arthur and I-and we had no right to love anyone except each other.

So far as my own emotions were concerned I could answer for myself. It is possible that I did not love Arthur with the passion which a wife should feel toward her husband, but one thing was certain-I did not love Harry Pendleton. Could I answer for Arthur also? Could he say that, while he questioned the make him fall in love with Evelyn depths of his affection for me, he had no love in his heart for Evelyn? Everything that I had observed of

Arthur's relations with Evelyn indicated that he was infatuated with her. If this proved true, and if Mr. Phillips was right in his observations, then there was but one conclusion to reach, so far as Arthur and Evelyn was concerned. They loved each other and that was all there was

The next question which came to my mind was, granted that they loved each other, what will come afterwards? Could they cast aside the conventions which surrounded them and respond to the call of the sex, or would they be held apart by that strange power which sometimes defies this strongest of all attractions between human beings.

I arose wearily and made by way toward the drawing room. As passed a mirror I was startled at the pale face which stared back at me from its depths. Yet I did not stop. I felt that I must rejoin the others. Something was calling to me and I was compelled to obey.

As I entered the drawing room Harry was the first to notice me. In an instant he was beside me. "You are ill!" he cried, seizing my army to support me. "Sit here while

The others crowded about-Mrs. Tomlinson, Mr. Henderson, Arthur, Evelyn and the others-all eager to minister to my needs. But I waved

"It is nothing," I told them; "Just Could it be possible that a love- a momentary weakness which came season. A few doses of Veno's and tangle involving Evelyn and Arthur upon me while I was seated in the the boys at the front, and are always you are well again because Veno's is on the one hand and Harry Pendle- conservatory. It will soon pass

once. There is no dope in it, so you question which I had to face, and beside Evelyn. Her beauty cut me can take it freely, and give it to chil- one to which there seemed to be but like a knife. Bitter as it would be dren, too. Prices 30 cents and 60 one answer, and that was an affirma- for me to have to acknowledge her And They Will Be Scarcer in England as a rival I had the satisfaction of I had it from Mr. Phillips' own lips knowing that it required loveliness that Evelyn was in love with Arthur, as great as hers to win my husband



SILVIO HEIN Producer of Shakespear's comedy, "The Merry Wives of Windsor." At the Grand on Tuesday, Dec. 12th, with Thomas A. Wise, Constance Collier, Isabel Irving and thirty-five others in the all-star cast.

Menu for Friday BREAKFAST Oranges Fish Hash Tonst Coffee LUNCHEON Salmon and Rice Bread and Butter Baked Apples DINNER Regis Scalloped Oysters

cod and one cup of mashed potatoes Fry brown on both sides. Salmon and Rice Line a mould with cooked rice, fill "for most conspicuous bravery. Durthe centre with creamed salmon, ing an attack when a party of an-

an hour. Serve with cream sauce. St. Regis Scalloped Oysters. spoons of water. Dip a quart of lieved. Later, when the advance oysters, one by one, in the egg mix- was checked, during a bombing atture, then in cracker crumbs, and lay tack he forced his way forward and in a buttered baking dish. To each found four or five men of different

Fish Hash.

Fried Carrots Quince Pie

MADE IN CANADA Bread is the cheapest food known. Home bread baking reduces the high cost of living by lessening the amount of expensive meats required to supply the necessary nourishment to the body. REFUSE SUBSTITUTES. EW.GILLETT COMPANY LIMITED TORONTO ONE WONT



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FARM HANDS SCARCE.

When War is Over.

The Journal of Agriculture (Eng.) in a discussion on the English agricultural labor problem says it is estimated that 320,000 men have left the land in the United Kingdom since the beginning of the war, and to this figure will have to be added the number leaving between now and the end of the war; the number who will not go back to the land is estimated at twenty-five per cent, of the enlistments, or at least 80,000.

From examination of the means to be adopted, to meet this serious shortage the committee which has incuired into the matter are forced to the conclusion that unless the agricultural production and population are to be further reduced, a considerable number of ex-service men who were not employed in farm work on the outbreak of the war will have to be brought into English agriculture.

Referring to the possibility of the ex-service man settling in the Dominions, or in foreign countries, the committee think a great deal might be done, not only to bring home to him the comparative advantages of life in a more settled country, but to improve the conditions that have hith-

erto prevailed. As a means of improving condiments of land be made near towns so that artisans engaged in industrial employment in those towns may provide at least a portion of their food supply in their spare time. It is furan added stimulus to general farming, that duties be placed on agricultural produce imported, which will be sufficient "to give the protection that is necessary to the farmer." It is evidently the intention of those behind what is proposed keep at home the prospective farm

laborers it was hoped might be attracted to this country. It also appears probable, in addition to this, Canadian farmers may find, after the war, that the United Kingdom will no longer offer a free market for their produce.

Canadians Get V. C.

The Victoria Cross has been awarded to Lieut. Thomas Orde Lawler Wilkinson, North Lancashire Rifles, killed July 25, aged twentytwo. He was the second son of C. E. Wilkinson of Comox, B.C., and was a surveyor in Victoria when he enlisted originally, early in the war, in the Canadian Gordons. Lieut, Wilkinson was decorated

cover lightly with rice and steam half other unit were retiring without their machine gun, Lieut. Wilkinson rushed forward, and with two of his men, got the gun into action and Beat two eggs with two table- held up the enemy till they were relayer add sait, pepper, a drop of on-ion juice, and a tablespoon of chop-earth, over which the enemy was ped celery. Repeat until the dish is throwing bombs. With great pluck full, then add a cup of rich milk, and and promptness, he mounted a madot the top with butter. Bake about chine gun on top of the parapet and dispersed the enemy bombers. Subsequently he made two most gallant attempts to bring in wounded men but in his second attempt was shot through the heart, just before reaching his man. Throughout the day he set a magnificent example of courage and self-sacrifice."

The Victoria Cross also is awarded to the Rev. William Robert Addison, chaplain, who early lived in a Canadian lumber camp. He carried a wounded man and assisted several others to cover. By his splendid example of utter disregard of danger he encouraged the stretcher-bearers to go forward under a heavy fire.

No man ever does as much today

The score of mailed to any size of the stretcher-bearers of the stretcher of the stretche

as he is going to do tomorrow.

Drink Hot Water! Have Rosy Cheeks and a Peachy Skin

Says we will both look and feel clean, sweet and fresh and avoid illness.



To see the tinge of healthy bloom in your face, to see your skin get clearer and clearer, to wake up without a headache, backache, coated tongue or a nasty breath, in fact, to ther suggested, with a view of giving feel your best, day in and day out, just try inside bathing every morning for one week.

Before breakfast each day drink a glass of real hot water with a teaspoonful of limestone phosphate in it as a harmless means of washing from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. I cleans out all the sour fermentations, gases and acidity and gives one a splendid appetite for breakfast.

A quarter pound of limestone phosphate will cost very little at the drug store, but is sufficient to demonstrate just as soap and hot water cleanses sweetens freshens the skin, so hot water and limestone phosphate act on the blood and internal organs. Those who are subject to constipation, bilious attacks, acid stomach, rheumatic twinges, also those whose skin is sallow and complexion pallid, are assured that one week of inside-bathing will have them both looking and feeling better in every way.

AT THE

UNIQUE GROCERY

Pure Cane Syrup, 15c pint. Maple Butter, 25c lb. Peanut Butter, 25c lb. Pure Jam and Jelly, 25c lb.

C. H. Pickering

490 and 492 Princess Street.

A-Coo

Oomph?

LIVESTOCK **EXPOSITION**

Chicago, Ill. Dec. 2nd to 9th, 1916.

Round trip tickets will be issued good going on December 3rd, 4th, and 5th, 1916, valid to return until December 13th, 1916, Fare \$26.20.

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For tickets and information apply to J. E. Ivey, Station Agent, or M. C. Dunn, City Agent, or write to R. L. Fairbairn, General Passenger Agent, 68 King St. E., Toronto Ont.

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60c and 70c a quart.