A Smooth, White Skin That Defies Weather

During the coming months of biting winds and intense cold, you who would keep your skins smooth, white and velyety, should turn your attention to mercolized wax. Nothing else will so effettively remove a chapped, roughened or discolored surface. By gradually absorbing the weather-beaten cuticle, the complexion is kept in perfect condition, and even the beauty of expression appears more pronounced. If your skin be blotchy, pimply freckled, coarse, sallow or over-red, why the most unsightly complexion in less than a fortnight. Use the wax rightly like cold cream, washing it

refreshing face lotion prepared by dissolving one ounce of powdered saxolite in a half pint witch hazel. The firme smoother skin, the more youthful appearance, even after one application.

LESS MEAT IF BACK AND KIDNEYS HURT

Take a Glass of Salts to Flush Kidneys if Bladder Bothers

thority, because the uric acid in meat excites the kidneys, they become overworked; get sluggish; clog up and cause all sorts of distress, particularly backache and misery in the kidney region; rheumatic twinges, severe headaches, acid stomach, constipation, torpid liver, sleeplessness, bladder and urinary irritation.

The moment your back hurts or kidneys aren't acting right, or bladder bothers you, get about four ounces of Jad Salts from any good pharmacy; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is lemon juice, combined with lithia and has been used for generations to flush clogged kidneys and stimulate them to normal activity; also to neutralize the acids in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts cannot injure anyone; makes a delightful effervescent lithiawater drink which millions of men and women take now and then to keep the kidneys and urinary organs clean, thus avoiding serious kidney

The consciousness of having the hair and scalp sweet and sanitary, brings a feeling of comforting self assurance

Refreshing HERPICIDE Exquisite:

Applications at the better barber shope Guaranteed by The Herpicide Co.

GOWNS

A ball gown, a tea gown, or a favorite dress that has been entrusted to us for dyeing and cleaning, is returned to you ready for another season's wear.

The cost of the seryou have a gown that is certain to fit and suit you.

Our booklet gives particulars. Write



PARKER'S DYE WORKS 69 Princess Street, King-

ston, Ontario.

Soap and Ointment Samples Free by Mail A simple, easy,

speedy treatthe pimples with Cuticura Ointment, wash off in five minutes with Cuticura Soap and hot

water and continue bathing for some minutes. Use night and morning. For pimples, redness, roughness tching and irritation, dandruff, itching scalp and falling hair, red, rough hands and baby rashes, itchings and chafings these fragrant, supercreamy emollients are wonderful

Phones: Office 222, House 611.

We furnish: Auto Supplies, Gasoline at 33c. Motor Oil. Care for litre.



(By Frances Walter)

SPEAK ILL OF MR.

HARRY PENDLETON

(Copyright, 1916, by the McClure Newspaper Syndicate).

The first chapter of my experiment with Mr. Pendleton and Evelyn was only partially successful. His face was wreathed in smiles and his eyes shone brightly when he escorted her to dinner, but Evelyn's countenance did not exhibit the same delight. do not mean that she came in frownling or that, as Arthur would say, she had a "grouch." She, too, was all smiles, but as I studied her face was compelled to admit that her good humor was not due to the fact that she was with Mr. Pendleton. How did I know? Why, simply because a woman sees such things with an infallibility unknown to the sterner sex. Nor can we always tell why we know, although we knew that we know. This particular case was an example of the existence and activity of the

sense of which I speak. Evelyn regarded Mr. Pendleton with as much indifference as a polite and exceedingly agreeable young woman could regard a gentleman of produces kidney trouble in some fine presence, wealth, and intelliform or other, says a well-known au- gence. She was as pleasant to him as any other young woman of her character could have been. Had he: been of a less discerning nature he might even have suspected that she flattered him by showing a liking for his company. But I knew better. There was none of that heightened color, none of that apparent desire to linger in his company, none of that subtle atmosphere which bespoke the attraction of sympathetic temperaments. I was forced to acknowledge that she treated Mr. Pendleton as she might any other man she had met only once or twice.

But I did not despair of bringing them together. I do not know why I clung to the hope that I might be able to make a match between them unless it was because I felt that my own happiness was at stake. If I could divert her attention from Arthur; if I could render it impossible for her to feel the influence of his personality, this new and great problem which confronted me would be solved. should again have my husband all to myself. We should be left alone to work out our destiny in our own way and in our own time.

As soon as I had an opportunity to speak to Evelyn I referred to the matter nearest to my heart, always guarding against the possibility of discovering my secret purpose. I did not attempt to speak well of Mr. Pendleton nor undertake in any manner whatsoever to commend him, knowing too well that the bait which is dangled most invitingly before the eyes of a woman is usually the last at which she will nibble.

"I am so glad you have found Mr. Pendleton agreeable," I said. "He

a man who might cause some girls o retire within themselves, but you are different. I know that you have been able to form an accurate opinion

She looked at me in astonishment. and well she might seem astonished. or not only was there an intimation in my statement that Mr. Pendleton was not all he should be, but there was something very close to offense in my remark. I could see the change instantly as she drew herself up and waited for me to continue the at-

worth any girl's good opinion," she finally said, intentiously misunderstanding my implication.

I gave Miss Phillips a quick glance, and saw that she really felt that I was impeaching Mr. Pendleton's cha-

"Of course." I replied, as though hedging," "he is a very estimable oung man. Not only that. He is his uncle's heir." Evelyn was puzzled, and I chose to

let her remain so. I had accomplish- Limited Toronto, Ont. ed my purpose. By my remark I had aroused her interest in Mr. Pendleton. To be sure I had sacrificed, for the time being, at least Evelyn's re-So far as her regard for me was concerned. I felt that, if I proved a good matchmaker, she would forget that was a cat. If I failed, then it might be war to the knife between us anyhow. So, while watching Evelyn out of the corner of my eye, I proceeded serenely on my way. (To be Continued.)

The Bread Problem is not a problem in the home where Shredded Wheat is known. The whole wheat grain is the real staff of life. and you have it in Shredded Wheat Biscuit prepared in a digestible form. It contains more real body-building material than meat or eggs, is more easily digested, and costs much less. The food for the up-and-coming man who does things with hand or brain-for the kiddies that need a well-balanced food for study or play. -for the housewife who must save herself from kitchen drudgery. Delicious for breakfast or any meal, with milk or cream.

Made in Canada.

"Low Cost of Living" Menu

Menu for Thursday

BREAKFAST Apple Sauce Boiled Rice Crisp Roll Jam or Fruit Butter

Coffee or Cocon LUNCHEON OR SUPPER Rice Fritters Stewed Fruit Ginger Snaps Milk or Ten

> DINNER Bacon and Spinach Rice Border Spiced Apples Grape Whip Spanish Bun

Spiced Apples.

cups, téaspoon, knife, large saucepan, or until done

Directions-Put the vinegar, water, sugar and spices on and boil for ten minutes. Wash, pare and quarter the apples; put into saucepan and pour the boiling vinegar over; put on and boil five minutes; remove cover and boil slowly until the apples are tender. Leave the spices among the apples.

Spanish Bun. Materials-One-third cup shortening, 1 cup sugar, 1 egg. 1/2 cup milk, 1 cup cleaned currants, 2 cups flour, 2 teaspoons baking powder.

Utensils-Mixing bowl, 2 measuring cups, teaspoon, tablespoon, eggbeater, bowl to beat egg in, sifter, smal bowl, turk's head or brick pan. Directions-Cream shortening and sugar together; add the well-beaten eggs and then the milk slowly. Add 1 cup flower, which has been sifted Materials-One-quarter peck ap- with the baking powder. To the ples, 1/2 cup vinegar, 1/2 cup water, 1 other cup of flower add the currants, cup brown sugar, 3-inch piece stick then add to the mixture; mix all well innamon, 1/2 teaspoon whole white together. Line turk's head or brick cloves. 1/2 teaspoon whole allspice. pan with paper; pour in dough; Utensils-Saucepan, 2 measuring place in moderate oven forty minutes



(Continued from Page 3.) Major L. F. Goodwin, entertained street, St. Thomas, at dinner at the Frontenac club, on Monday evening afterwards ta'ing present were Mr. and Mrs. Hubert Ryan, Miss Marjorie Pense, Miss York, will receive with her, Mamie Garrett, Miss Mildred Jones, Captain Kidd and Captain Birdsall. Boston is the guest of Miss Muriel

Mrs. E. L. Fortt, left today for Seattle, where she will visit mother, Mrs. Keenan.

town for the medical dance; the guest | pbell, Emily street. of her brother, Arthur B. Whytock, Guelph yesterday after a short visit | Pepler. with Mrs. A. W. Brown, Barrie

Mrs. Charles Low, whose husband Lieut.-Col. Low formerly of Kingston is overseas, spent the week-end and Mrs. Fielding, to John Allan playful child again. A thorough "in- newspapers, wrung nearly dry and torn

CASTORIA For Infants and Children In Use For Over 30 Years with Mrs. T. H. Huthchison, Pearl

Mrs. Gamsby, Hales Cottage, King street will receive on Saturday when her sister, Mrs. P. H. Rew, of New Miss Margaret Cruikshanks, of

Walsh. Miss Flora, Miss Helen and M.ss Edith Rees, were in town from Gananoque for the medical dance and Miss Whytock, of Madoc, was in were the guests of Miss Helen Cam-

Miss Constance Grange, Napanee, Miss Grace Gummer, returned to is the guest of her aunt, Mrs. Arthur

The marriage of Mrs. K. N. Mac-

Rev. Dr. and Mrs. McTavish, To- Ask your druggist for a 50-cent botronto, announce the engagement of the of "California Syrup of Figs, their daughter, Jean, to Captain Hermon B. Van Wyck, M.D., adjutant in
children of all ages and for grownbert of Corbyville, to Pte. Canniff
no. 4 Base hospital, Salonika. The
ups plainly printed on the bottle.
Ross Foster was solemnized Saturburgh, Scotland, before the end of made by the "California Fig Syrup thodist church, Belleville, Dr. C. T.

WITH BACK For Ten Years.

Women are the greatest sufferers from weak, lame and aching backs wing to the continual stooping. pending and lifting so necessary to perform their household duties.

The cause of the baskache comes from some derangement of the kidneys, for were there not something wrong with the kidneys the back would be strong and well, and without a pain or an ache. Doan's Kidney Pills will take out

all the stitches, twitches and twinges, limber up the stiff back, and give perfect relief and comfort to all poor, weak backed, suffering women. Mrs. Chas. Thibeau, Church Point, N.S., writes: "For ten years I suffer-

ed with my back, and was so weak could not do my washing or any hard work, just a little around the house. "I am quite sure Mr. Pendleton is One day a friend advised me to use Doan's Kidney Pills, and they helped me so much I could do my washing and since then I have been in perfect

Doan's Pills are the original kidney pills. Do not accept any substitutes put up under similar names. See that you get the oblong grey box, the trade mark a "Maple Leaf." Price 50c. or three boxes for \$1.25,

at all dealers or mailed direct on receipt of price by The T. Milburn Co., Specify "Doan's" if ordering dir

AGAIN SERGE.

One Afternoon Frock For Early Fall Looks Like This.

Navy blue serge combined with nav satin gives this attractive juvenile raiment. Wing drapes on the sides of the skirt are a graceful touch. What give



the gown distinction, however, are the dashes of metal embroidery around the knees and a triangular patch on the

HAVE EGGS IN GERMANY

Can Get at Least One a Week There -Diet Rules Rigid.

New York, Nov. 29 .- Mrs. Aileen Winslow, wife of Laurence Winslow, third assistant secretary of the American Embassy at Berlin, who arrived here today from Germany by way of Copenhagen, was reluctant to talk of conditions in Germany, but said rigid diet rules were maintained. A piece of meat three inches in diameter and one egg were allowed once a week. For the rest, food consisted solely of potatoes and cereals, Mrs. Winslow

Cheese sold at Belleville at 23 9-16

CHILD GETS SICK CROSS, FEVERISH

"California Syrup of Figs" Harm Tender Stomach Or Bowels.

A laxative to-day saves a sick chil to-morrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish;

coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs." then don't worry, because it is perfectly harmstipation poison, sour bile and fermenting waste will gently move out the carpet to carry the dust along; it daughter of the Hon. W. S. Fielding of the bowels, and you have a well, will make the carpet brighter. Cameron, son of the late Hon, John side cleansing" is oftimes all that is into bits, are also good dust collectors Cameron, took place very quietly in | necessary, It should be the first treat- when sweeping. Ten leaves are good ment given in any sickness.

Beware of counterfeit fig syrups. pets.

MODERN LINGERIE.

Two Charming Garments Made of Silk Jersey Cloth.

and trimmed with val lace and medallions gives this camisole. The panta-



BOUDOIR TOGS

loons are of rose silk jersey with three ruffles of self toned taffeta. A brocaded robe in poppy colors is suitable for fastidious lonfers.

SAVORY BOILED FISH.

A Delicious Way to Serve One Course of Your Dinner.

One three or four pound haddock, a cupful of vinegar, a large onion (sliced), a bay leaf, a lemon (sliced), half a teaspoonful of salt, two cupfuls of cream, two egg yolks, two tablespoonfuls of whole black peppers and one tablespoonful of whole cloves.

Clean the fish and leave it whole, retaining the head. Wrap in a fish cloth of cheesecloth or thin muslin. Boil in water to cover, to which has been added the vinegar, onion, bay leaf, sliced lemon and salt. Cook very gently, allowing two hours in the fireless cooker and using one radiator. When done beat together the cream and egg yolks and cook in a double boiler, stirring frequently until the mixture gets a little thick. Then thin with about one-third cupful of the stock in which the fish was boiled and add lemon juice, salt and paprika to taste. Pour over the fish and serve garnished with parsley and sliced lemon. This is a very nice way to cook shad or bluefish, and the same seasonings and sauce can be used for halibut, smelts, lake trout and salmon

FOR OUTDOOR WOMEN.

Footwear That Is Modish and Leggins

By all means use woolen stockings Get a shoe whose sole is at least as big as your stockinged foot when you put your weight on it. Get a heel as broad and low as you can comfortably walk with, and remember that walking on earth trails and leaf mold is infinitely easier on the nerves than walking on cement.

Have your shoe five to seven inches high; not lower, because rain and cold and mosquitoes have an affinity for unprotected ankles; not higher, because you add expense, weight and stuffy heat without gain. Leggins, if you want them, will protect the calf. They should be of material resem bling your skirt and knickerbockers.

Fashiongrams, A frock launched forth for fall is made of beige cloth and velvet. Even the tiny ruffles on the skirt and sleeves

are of velvet. One couldn't help calling a hat military when it is made of khaki silk and trimmed with red ribbon in cartridge

Two toned underwear is something of a novelty. The two shades, which are very pale, are interwoven in pink and blue, white and pale gray or primrose with powder blue. On hats of felt are narrow hat bands

of engraved leather. A black satin skirt is part of a stunning afternoon costume. The other part is a white broadcloth coat having Look at the tongue, mother! If pockets, collar and cuffs of the satin A white felt hat trimmed with black satin gives the finishing touch.

> Sweeping Carpets. sweeping, sprinkle a handful of salt on

to sprinkle on all but very delicate car-

Of course, you can

buy cheaper teas, but

is undoubtedly the most economical and what appears to be 'cheap' in price will prove to be extravagant in use. The fresh young leaves of "Salada" will yield you generous value for your money.

Good Shoes Need Protection From Wet, Like Good Clothes!

High Price of Shoes, and Low Price of Rubbers and Overshoes, Spreading This Commonsense View

Many a man, and woman, too, who would never think of letting a good suit get damp, will thoughtlessly splash through slush and water with an expensive pair of shoes, caring little so long as the feet do not get too wet.

This treatment takes it out of shoes just as much as it would out of clothes, for none that the heaviest waterproofed leather, unsuitable for general wear, can stand repeated wetting and give more than half the service it should. In these days, with shoes costing two to five dollars a pair more than before the war, no one who is at all in sympathy with the Empirewide movement for thrift will deliberately continue such waste.

Fortunately, indeed, rubber has not followed the upward trend of almost every other necessity of life, but in the raw state is even cheaper than before the war. So, though labor, fabrics and chemicals cost more, and a war tax is paid on crude rubber as well as on the other materials, rubbers and overshoes, except in a few cases, have not advanced in price. Thus a pair of rubbers, costing perhaps one-fifth as much as your shoes, will practically double their service and save you repair bills. At the same time they will be protecting you from colds by keeping your feet really dry and comfortable in any weather.

Save Costly Shoes and Doctor's Bills by Wearing Rubbers or Overshoes This Winter



GRAND TRUNK SYSTEM

LIVESTOCK **EXPOSITION**

Chicago, Ill. Dec. 2nd to 9th, 1916.

Round trip tickets will be issued good going on December 3rd, 4th, and 5th, 1916, valid to return until December 13th, 1916, Fare \$26.20.

For Pullman accommodation, tie kets and all other information, apply to J. P. Hanley, Agent, corner Johnson and Ontario streets, Kingston, Ont. Agency for all Ocean Steamship Lines.

Halifax-London Passenger Service

London ASCANIA Dec. 21 Nov. 28 CABIN AND THIRD CLASS. For information apply local Ticket Agent or The Robert Reford Company Limited, General Agents, 50 King St.





As I have decided to vacate my present premises in the early spring of 1917, I am now prepared to make reductions on any monument that I have in stock. If it is your intention of purchasing it would be to your advantage to buy now.

J. E. Mullen, Cor. Princess and Clergy Sts., Kingston

Save the Babies

FOR THE EMPIRE'S SAKE **USE ONLY PASTEURIZED MILK** Our Milk is Thoroughly Pasteurized and sold in Sealed Bottles.