

"I FEEL LIKE A NEW BEING"

"FRUIT-A-TIVES" Brought The Joy Of Health After Two Years' Suffering



MADAM LAPLANTE, 85 St. Rose St., Montreal, April 4th. "For over two years I was sick and miserable. I suffered from constant Headaches, and had Palpitation of the Heart so badly that I feared I would die. There seemed to be a lump in my stomach and the Constipation was dreadful. I suffered from Pain in the Back and Kidney Disease.

I was treated by a physician for a year and a half and he did me no good at all. I tried "Fruit-a-tives" as a last resort. After using three boxes, I was greatly improved and twelve boxes made me well. Now I can work all day and there are no Headaches, no Palpitation, no Heart Trouble, no Constipation, no Pain or Kidney Trouble and I feel like a new being—and it was "Fruit-a-tives" that gave me back my health."

MADAM ARTHUR LAPLANTE, 50c. a box, 6 for \$2.50, trial size, 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa.

BIG GAME IN BRITISH COLUMBIA



(1) A herd of caribou. (2) Mountain goat near Banff. (3) Fine black bear.

WING to its immense areas of forest and mountain, British Columbia has remained a stronghold for the wilder forms of big game, which at one time were fairly numerous also in Wyoming and Montana, but which have practically disappeared in the United States, owing to the advance of settlement and insufficient game protection. The heavy snowfall which makes the ten-thousand-foot-high peaks inaccessible in winter is the natural refuge of the grizzly bear, the mountain sheep and the mountain goat—peaks and heads of which are three of the most prized trophies of the big game hunter, while in the untrodden forests of the Kootenays and the Cassiar district the most antlered moose—the last surviving of the prehistoric giants—ranges undisturbed except for the bolder spirits who with pack horse and canoe and guide come upon him unawares.

The moose of British Columbia are claimed as being the largest in North America. They are especially numerous in the northern interior of the province, where they have a particular liking for the banks of the Finlay and Liard rivers. Excellent hunting can be had in the vicinity of Atlin, and also of Cassiar, north east of Queen's Lake. As the moose was protected in the Kootenay district for a time, the animal is again becoming numerous there. Hunting the moose is one of the most attractive of sports, and happy is the hunter who succeeds in shooting one of these antlered monarchs of the forest.

Not less fascinating than the moose is the caribou, of which there are two varieties, the woodland and the barren ground caribou. The caribou develops to its greatest size at Cassiar. Not long ago an entry from this place won the gold medal at an exhibition in Vienna. Glacier Athabasca (on the Kootenay Central Railway), Revelstoke, and Cranbrook are good points from which to start in search of caribou. Hunting districts in Lillooet can be reached from Ashcroft and Lytton. The caribou of the Columbia or coast deer are found all along the west coast of British Columbia as far east as the Cascade Range and all through the Crow's Nest Pass. British Columbia has an increasing number of mule deer. A deer of this variety also got a gold medal prize at the Vienna exhibition. These deer are found over the whole of the interior of the province, but there are some spots which are more congenial to them than others; they are most plentiful in the Lillooet district. White tailed deer abound in East Kootenay.

URGES EVERYONE TO QUICKLY GET ON WATER WAGON

Drink Glass of Hot Water Before Breakfast To Wash Out Poisons.

To see the tinge of healthy bloom in your face, to see your skin get clearer and clearer, to wake up without a headache, backache, coated tongue or a nasty breath, in fact to feel your best, day in and day out, just try inside-bathing every morning for one week.

Before breakfast each day, drink a glass of real hot water with a teaspoonful of limestone phosphate in it as a harmless means of washing from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases and acidity and gives one a splendid appetite for breakfast.

A quarter pound of limestone phosphate will cost very little at the drug store but is sufficient to demonstrate that just as soap and hot water cleanses, sweetens and freshens the skin, so hot water and limestone phosphate act on the blood and internal organs. Those who are subject to constipation, bilious attacks, acid stomach, rheumatic twinges, also those whose skin is sallow and complexion pallid, are assured that one week of inside-bathing will have them both looking and feeling better in every way.

To Reduce Your Weight Easily and Quickly

If you are overweight the cause of your over-stoutness is lack of oxygen-carrying power in the blood and faulty assimilation of food. Too little is being made into muscle and too much into little globules of fat. Therefore you should correct the manufacturing power of the blood. To do this, go to any good druggist and get half a dozen capsules of original capsules and in capsule form, and take one capsule after each meal and one at bedtime till your weight is reduced to what it should be on all parts of the body. The effect of all of these capsules form, is remarkable as a weight-reducer and it is perfectly safe.—E. J. T.

Any druggist will supply you or a large size box will be sent on receipt of \$1.00 postal note or money order. Address the E. J. Little Drug Co., Box 1240, Montreal, Can.

PHOTOS for Xmas The Cooke Studio 150 Wellington St., near Brock.

Give it Fair Play

Why not decide NOW to give ZUTOO Tablets, the remedy so generally used for headache, a fair and square trial? If there is any doubt in your mind as to the worth of these tablets or of their harmlessness, try them and KNOW the truth.

Don't sacrifice your comfort on account of prejudice or skepticism. Try the tablets and know. 35c at dealers or by mail from E. N. Robinson & Co. Reg'd. Coaticook, Quebec.

Zutoo

NEWEST NOTES OF SCIENCE

If milk be used to soften shoe polish it will improve the gloss.

The normal population of Paris is about 115 to the acre to 50 in London.

Motor driven windlasses have been designed for raising circus tent poles.

The first coal mine in the Malay peninsula recently was put in operation.

Ball and socket fasteners to hold shoe tongues in place have been patented.

French wine makers are experimenting with ultra-violet rays for aging wines.

Vacuum cleaners have been designed especially for cleansing school blackboards.

The so-called Chinese rice paper is made from the pith of a tree growing in Formosa.

A detachable wheel and motor have been invented for propelling railroad velocipedes.

French textile experts have developed a method of printing silks by color photography.

The velocipede and hobby horse have been combined in a new toy by a Saint Louis inventor.

Towns in the Canary Islands are to be provided with a long distance telephone service.

Soft iron castings and forgings can be changed into hard steel by a new electrical process.

The city of Venice is planning to open a technical school of arts and handicrafts for boys.

A revolving steel barrel to test the relative durability of paving blocks has been invented.

Italians are succeeding with experiments in the producing of cotton on the cases of Tripoli.

A paste made of kerosene and wood ashes will hurry a slow fire with little danger to its user.

An English scientist has discovered that Equidnaux has two more ribs than any other human race.

Tongs that grip a door frame have been invented for hanging babies' chairs or swings in doorways.

tion, creates a new siphon for removing cream from bottles of milk.

The Brazilian city of Para is planning to sterilize all of its drinking water with ultra-violet rays.

One per cent of the water in the oceans would cover the land areas of the world to a depth of 290 feet.

Since it was discovered in Auckland in 1852 that New Zealand province has exported gold worth \$116,796,000.

Shoes have been invented from which the uppers and heels can be removed to enable them to be worn as slippers.

Experimenters that will cover three years are being made in Siberia to determine if sugar beets can be grown there profitably.

Connected with a convenient light socket, a new electric motor automatically winds the spring of a photograph as it runs down.

British experts have found that silica can be profitably grown in South Africa and are urging the establishment of plantations.

The reservoir of a new fountain pen holds as much as an ordinary small bottle of ink and is shaped to fit the hand comfortably.

A plant growing on mountains in Central Europe develops enough heat to push its flower stalks through snow and produce blossoms.

Loose woolen trousers for athletes to slip on over their scanty attire while resting, such as sweaters are worn, are a novelty.

Portugal has the world's greatest deposit of wolframite, the mineral from which tungsten is obtained, that now is being exploited.

Cranks turned at the top of a vertical shaft knock the dust out of carpets and rugs laid on the ground with a beater than recently was patented.

Glasgow has begun to provide its policemen with warm food and tea when on night duty by installing a number of electrically heated plates in signal boxes at a number of points easily reached.

In a new sound muffler to prevent persons standing near a telephone hearing what is spoken into it the sound waves and air expelled from the user's lungs pass through a non-vibrating aluminum coil.

Steel, thinly veneered with wood, has been invented for interior finish of railroad cars, having the advantage that it will not splinter in event of accident, beside being a non-conductor of heat and cold.

The tips of a new German aeroplane propeller trend forward when stationary, but are straightened by centrifugal force when revolving, which the inventor claims lessens the danger of them being broken by the strain.

Introduced into Bohemia ten years ago, the American muskrat has spread over a wide area and now is regarded as a serious pest, the government advocating the destruction of the animals wherever found.

PERSONALS. Ontario Women.

Chatham, Ont.—"Some time ago I had a general breakdown. It terminated in quite a bad case. Dr. Pierce's Favorite Prescription was recommended to me by a friend who used it and received much benefit. I began taking it and in six months I was completely cured of my ailment and have never had any return of same. I can recommend this medicine as being good, if one will give it a fair trial."—Mrs. JOHN ACKER, 67 Edgar St., Chatham, Ont.

FINANCIAL MATTERS

Extra and Special Dividends by General Chemical Co.

New York, Nov. 24.—The General Chemical Company has declared a quarterly dividend of 2 per cent on the common stock, an extra dividend of 5 per cent, and a special dividend of 15 per cent in cash. The 2 per cent quarterly dividend is an increase of 1/2 per cent over the dividend paid in the preceding quarter.

Earning \$77 a Share.

New York, Nov. 24.—The International Mercantile and Marine Company in the year ended Dec. 31, st. according to estimates, will have net operating income of approximately \$40,000,000. This is at the rate of \$77 a share on the preferred stock.

Big Four Earnings.

New York, Nov. 24.—Earnings of the Big Four for October are reported the largest in the road's history. The property is in fine physical condition, and the management is able and conservative. When compared with Chesapeake and Ohio's earnings, mileage and fixed charges, the Big Four is considered worth \$10 more a share.

American Express Dividend.

New York, Nov. 24.—The American Express Company declared an extra dividend of \$2 on its stock in addition to the regular quarterly dividend of \$1.50. This establishes the stock on an 8 per cent basis.

Tom Lawson on Steel.

Boston, Nov. 24.—Thomas N. Lawson, of Boston, declares that he has wagered \$5,000 even money that U.S. Steel would go to 140 before it touched 105. This was when the stock was selling around 120. He has offered to wager another \$5,000 on the same terms.

Big Contract For Boxes.

Montreal, Nov. 24.—Word was received here that the Toronto Furniture Co. closed a contract for 400,000 boxes. The company had previously turned out and delivered 200,000 of similar boxes and undertakes to make delivery of the 400,000 now contracted for between now and next summer.

American Linsed Disbursement.

New York, Nov. 24.—The American Linsed Company declared a dividend of 1 1/2 per cent on its preferred stock, which is the first dividend paid by the company since 1900. This dividend is payable January 1st next and another dividend of 1 1/2 per cent was declared payable July 1st next.

To Make New Record.

Toronto, Nov. 24.—Further additions to the output of the Rioridon Pulp & Paper Company will be made in a few days when the old mill at Merriton, Ontario, will start turning out bleached pulp.

This was originally an unbleached pulp mill, but has recently been converted into a bleached pulp mill and will have a capacity of thirty tons per day. As it costs about \$40 per ton to produce this pulp, and the market price is now in the vicinity of \$160 per ton, some idea of the profits can easily be estimated.

A whole lot of us want to put up a \$25 a week style on a \$10 a week salary.

THE STANDARD BANK OF CANADA HEAD OFFICE - TORONTO FARMERS Advances to farmers are made a special feature by this Bank. KINGSTON BRANCH, H. E. Richardson, Manager

She Will Not Have to do This or That if You Provide The Manufacturers Life Insurance Company HEAD OFFICE, TORONTO, CANADA M. G. JOHNSTON, Manager, Kingston. The inventor of a windmill with horizontal vanes has so sheltered those that move against the wind with a hood that they do not feel its force, thereby permitting increased size and power. To prevent stone buildings absorbing dampness from the ground a process has been developed in Europe which consists of cutting slots in their walls and inserting asphalt coated lead plates.

A Very Merry Christmas The Gift That Gets A Smile - because it guarantees unequalled service - from Christmas to Christmas - over and over again - is The Gillette Safety Razor It's the "safest" gift you can select, for every man shaves, and knows that in the Gillette you are giving him the best equipment that money can buy. His appreciation will be SURE and LASTING. Christmas Gillette displays will be in the windows of all the hustling Gillette Dealers—Drug, Jewelry, Hardware and Men's Wear Stores—in a dozen styles or more—priced from \$5 to \$25. Gillette Safety Razor Co. of Canada, Limited Office and Factory, Gillette Building, Montreal