


The Rexall Stores
CANADA'S FAVORITE DRUG STORES



A Touch of Catarrh?
Disagreeable isn't it—but quite unnecessary.

Rexall Catarrh Jelly

Is soothing, cleansing and gives immediate relief. It is excellent for cold in the head, hay fever, and other catarrhal affections of the nasal passages.

Guaranteed to give satisfaction or money back.
Sold exclusively at Rexall Drug Stores.
25c.

Geo. W. Mahood, Kingston.

WE ARE HERE TO SERVE YOU

My Kidneys
are a constant worry to me.

That is because they are weak. Let Dr. Cassell's Tablets give them Strength and Activity.

A little strength is worth a lot of drugs in curing kidney trouble. Vital strength, generated in the nerve-centres—the power-stations of the body—is the living force that keeps the kidneys healthy and active.

That explains why Dr. Cassell's Tablets are so good for your trouble. They nourish the nerve-centres, and thus keep the kidneys supplied with all the motive power, all the strength they need. There is nothing random in that method of treatment; it is wholly scientific. Test it, prove it by taking Dr. Cassell's Tablets. They must help you as they have helped others. Read what a scientist says of them:—

Dr. CHAS. FORSHAW, F.R.S., F.R.C.S., D.S., a well known English scientist, writes: "My knowledge of Dr. Cassell's Tablets leads me to the opinion that the ingredients form a remarkably potent and safe medicine for young and old in cases of nervous prostration, debility, anaemia, malnutrition, and many forms of stomach and kidney trouble."

Dr. Cassell's Tablets.

Dr. Cassell's Tablets are Nutritive, Restorative, Alterative and Antispasmodic and of proved therapeutic value in derangements of the nerve or functional systems of old or young. They are the recognised remedy for:

Nervousness	Sleeplessness	Indigestion
Nervous Breakdown	Anaemia	Palpitation
Neurasthenia	Malnutrition	Kidney Trouble

Sold by Druggists and Storekeepers throughout Canada. Price, one Tablet 10 cents, six Tablets for the price of five. Postage and packing extra.

FREE SAMPLE. On receipt of 5 cents to cover mailing and packing, a generous free sample will be sent at once. Address: Harold F. Ritchie & Co., Ltd., 10, McCaul Street, Toronto.

Sole Proprietors: Dr. Cassell's Co., Ltd., Manchester, England.

Our Made to Measure Service

REAL VALUES IN FIVE IMPORTED FABRICS—TAILORED TO YOUR INDIVIDUAL MEASUREMENTS

\$25.
\$30.

Roney's
PRINCESS STREET.

See Our Classy Neckwear, 50c, 75c, \$1.00

FROM THE COUNTRYSIDE

Frontenac

BREWERY'S MILLS.
Nov. 21.—The Sisters of the House of Providence, Kingston, are making their annual visit this week. Miss Karsh, who has been ill, is recovering. Miss Josephine Rocheforte has returned from Rochester, N.Y. Miss M. J. Berrigan, Kingston, is visiting Mrs. James Dockrill. Miss Olive Todd spent a few days with her sister, Mrs. W. Anglin, Batterssea, J. Naylor, Kingston, at James Keys, James McKendry, at his father's; Mr. and Mrs. D. J. Murphy spent Sunday at Chaffey's Lacks; Miss M. E. Milne has returned home after spending a few days in Kingston.

KEELVILLE.
Nov. 22.—Jack Frost has stopped the cheese factory by bursting the pipes. The patrons had a very successful season. Handsome checks were plentiful. Threshing is all done. The grain and potato crops were almost a failure. Fox hunting is all the rage, and quite a number of hares were killed. Erwin Caird and James Moore are hauling wood to Batterssea. James McRoy sold \$800 worth of fat cattle recently. James Boal shipped a large consignment of pigs. Charles Clark and J. E. Anglin motored to Kingston in fifty minutes Monday. It was a Ford car. Thomas Clark and family, of Cedar Lake, took a spin in their fine new auto car and spent the day at Charles Clark's recently. Quite a number from here attended the bazaar at Batterssea on Tuesday night. Miss Winifred Thompson, teacher, was the guest of Miss Allie Jamieson on Sunday at Batterssea. Miss Mildred and Pauline Anglin of Sydenham High School spent the week-end at home. Samuel Jamieson and Elwood Keeler, Batterssea, are at J. E. Anglin's. Mr. and Mrs. William Dixon at William Smith's on Sunday. William Yatenam is drawing home considerable shorts and bran. John Morhan and William Yatenam traded horses. William Knapp and Earl Lake, of Batterssea, shot two fine deer in the woods here. They must have strayed here from the North country away from the hunters. The farmers who haven't their turnips and cabbage housed for the winter are lamenting. Ross Clark and Joseph Anglin spent the week-end together. Miss Jennie Clark and Miss Gladys Robb are visiting at Lynhurst.

Leeds

YONGE MILLS.
Nov. 20.—Mrs. N. Gardiner, of Brockville, spent a few days last week with her sister, Mrs. N. L. Gardiner. Mr. Haller, of Lyn, spent the week-end guest of H. T. Gibson. Mrs. J. White and daughter, Miss Jessie White, of Gravenhurst, were guests of Mr. and Mrs. James Purvis last week. Miss May Pergeau, Lyn, spent Thursday guest of Miss Addie McLean. P. J. Purvis spent a couple of days in Ottawa last week. Mrs. Hudson spent Sunday with her sister, Mrs. J. A. Dickey. Miss Mary Cochran is visiting friends in Sydenham.

MORTON

Morton, Nov. 21.—At the commencement exercises in Athens High school on Nov. 17th Miss Blanche Willis was awarded a junior leaving certificate and matriculation together with three medals. One was donated to the pupil obtaining the highest number of marks in the junior leaving examination. The others were for the highest standing in chemistry and French. This talented young lady is a daughter of Wm. Willis, Morton, and is at present a student of Ottawa Normal College, consequently she was unable to attend the exercises.

NEWBORO

Nov. 22.—George Fleming and wife arrived from Kingston a few days ago, and are making their home here. Mrs. Benjamin Leggett, had the misfortune to fall down stairs some time ago and fractured several ribs. She is confined to her bed. John Kilcoytre, Wilkesbarrie, Pa., is at the Hotel Rideau and is enjoying himself.

HAD INDIGESTION Could Keep Nothing on Stomach

Indigestion is one of the worst forms of stomach trouble. The stomach becomes upset and you have a raw, debilitated feeling in it.

After a meal you feel that you must get rid of that nasty, bilious, burning sensation; that souring and rising of the food which is so unpleasant and in many cases very painful.

It is not necessary for you to be troubled with indigestion when Burdock Blood Bitters may be so easily obtained. This old and well-known remedy, which is a combination of nature's best roots, herbs, barks and berries, will cure indigestion and all stomach troubles.

Mr. Lazare Savor, Pokemouche, N.B., writes: "About two years ago I was troubled with indigestion that had I could keep nothing on my stomach. I was sorely disappointed in everything I tried to relieve me. At last a friend advised me to try Burdock Blood Bitters. I took four bottles and can now eat anything that is set in front of me."

That grand old medicine, B.B.B. has been on the market for the past forty years, and we claim, without any fear of contradiction, that it is the best cure for all stomach troubles.

Manufactured by the T. Millburn Co., Limited, Toronto, Ont.

the salmon fishing. He landed a twenty-pound beauty last week in the big Rideau. Potatoes are a luxury in this section and cannot be obtained at any price. Miss Topping has resigned as assistant at the Post Office. Mrs. Leggett's brother, Mr. Tracey will assist her in office in future. It is with regret that the news were received here of the death of Pte. Hutch Kerr from several wounds at the front. Deceased was a favorite with old and young. His parents have the heartfelt sympathy of all in this community.

TOLEDO.

Nov. 21.—The members of the Orange Order have sold their hall to W. Hull and have bought the hall from the A.O.U.W. Lodge. The clover huller is in this vicinity and farmers are preparing their seed for another season. Mr. and Mrs. Lewis Johnston have moved into part of the house occupied by Mrs. Sharkey. Mr. and Mrs. R. Tallmann and Pansy have returned from their winter at their home here. Mrs. Letitia Holmes died at her home on Monday last after an illness of a few days. She leaves a son and a daughter. They are Mr. James Holmes and Mrs. W. Gray, both of Toledo. The Orange men given last week by the assembly was a great success and the proceeds amounted to over \$100. An Edison concert was given in the Town Hall Tuesday night by Mr. Wright, Brockville, in aid of Red Cross work.

ELGIN.

Nov. 20.—A special canvas for the Red Cross Society was made of the township last week. Mr. and Mrs. D. M. Hilborn, Plum Hollow, were guests of relatives. W. Pearson was the guest of relatives at Merrickville last week. Mr. Watson has arrived as manager for the Merchants' Bank. He is assisted by Mr. Lamonde and Miss M. Fahey. Mrs. W. A. Coon was at Belleville for a few days last week. Mr. and Mrs. S. H. Robbin, Athens, spent a few days with friends. Mrs. Prissilla Smith is confined to the house by illness. Inspector McGuire, Westport, made his official visit in this vicinity last week. Mrs. E. V. Halliday still continues ill with little change for the better. Miss Jean Taber, Brockville, spent Sunday with Miss Mary Halliday. A number of letters are being received by boys of the 156th who recently landed in England and are now at White Camp. All report a rough voyage. The young people purpose packing a quantity of Christmas cheer this week for the boys in England. Mr. and Mrs. Windsor, the former manager of the Merchant's Bank for some years, were given a purse of gold on the day of their departure for Egansville by the congregation of the Anglican church. Both of them proved ardent workers in the church.

MOREWOOD.

Nov. 20.—Henry Dillabough and family have moved in the home purchased from Mrs. Moffatt. Warren Feeley has rented Henry Dillabough's farm and is moving from Russell. Mrs. Roy Fetterly gave a Red Cross tea at her home on Friday evening. The first of the boys from this part to serve his life for his country was William Fetterly, son of Levi Fetterly, who died from gunshot wounds on the 31st of October. News from the boys of the 154th arrived Monday. They went over inside of five days, and are now at Bramshott camp. Rev. D. D. Elliott went to Kenilworth on Tuesday to spend a few days with his brother, who is ill. Mr. W. Gardiner and daughter Jean, and Miss McMillan and Mr. and Mrs. George McGregor, Cornwall, were recent visitors with friends here. Mr. and Mrs. James Edgerton entertained a few friends at their home on Friday evening, the occasion being the baptism and Mrs. daughter Bessie. Rev. D. D. Elliott, were present. Rev. D. D. Elliott, Maithon Barrington, and Mr. and Mrs. Ira Barrington, spent Tuesday with friends at Russell. Mr. and Mrs. George Reveler, Winchester, were guests here last week. Mrs. W. Barrington, Russell, is staying with her parents, Mr. and Mrs. E. Gardiner, and nursing her sister, Miss Addie, who is very ill. Thomas Faulkner and Mr. and Mrs. Wesley Reveler were recent visitors to Cornwall. Mrs. Merrill Mountain was a guest at the home of her sister, Mrs. C. Larke. Mrs. Stephenson, Ottawa, is spending some time with her mother Mrs. McCormick. A memorial service was held in the Presbyterian church on Sunday morning for the late Berns Fetterly. The church was crowded to capacity. A Red Cross tea is to be held at the home of Mrs. J. B. Longrigg on Friday.

Lanark

MABERLY.

Nov. 21.—The sympathy of this community is extended to James McCord of Zealand, in the loss of his wife and son from diphtheria. Mr. and Mrs. R. Munroe were called to Sharbot Lake on account of the serious illness of Mrs. Munroe's sister, Mrs. James Erwin. A number of the farmers are shipping fowl to Montreal, good prices being paid. The infant child of Grant Donnelly passed away on Thursday. Miss Cora Buchanan is spending a few days in Smith's Falls. The cheese factory closed for the season on Friday. Mr. and Mrs. William White spent Sunday at D. Buchanan's. Mr. Warwick has moved to the village and is occupying P. Munroe's house. John Blain has opened his blacksmith shop.

John Sebbin, a Dereham township pioneer, and late resident of Ingersoll died at London in his ninety-seventh year.

For Delicate Children Vinol Creates Strength

Vinol is a wonderful health builder and strength creator for puny, ailing children, because it contains in deliciously palatable form the oldest and most famous reconstructive tonics known to medicine. During the last sixteen years it has brought health and happiness to thousands of children.

Vinol
Full Formula on Every Bottle

is always sold with a definite guarantee to return the purchaser's money if it fails to give satisfaction. Very few bottles are returned.

MAHOOD DRUG CO. LIMITED,
KINGSTON, ONT.

Also the best druggist in all Ontario towns.

Whether Your Dessert Be

Ice Cream or Blanc Manger—Pie or Pudding—Cake or Custard—it will be all the better for being made with

BENSON'S CORN STARCH

For more than half a century, BENSON'S has helped the good cooks of Canada to make dairy desserts—to improve the smoothness and richness of sauces and gravies—and to bring out the flavor of everything in which it is used. But—be sure to insist on having BENSON'S—then your recipes will turn out right, and your favorite desserts will taste last night. Every grocer in Canada has BENSON'S Corn Starch. You'll find a lot of unusual ways of using it in our new Recipe Book, "Desserts and Cakes." Write for a copy to Montreal Office.

THE CANADA STARCH CO. LIMITED
MONTREAL, QUEBEC, BRANTFORD, FORT WILMOT
Wholesale: "Crown Brand" and "Lily"
"Silver Glass" Laundry Starch, 213

Representations are being made at Ottawa favorable to the accession to the Cabinet of Sir Charles Hibbert Tupper as Minister of Militia in succession to Lieut.-General Sir Sam Hughes.

St. Catharines City Council will arrange for a series of lectures and demonstrations for housewives who are unable to bake bread. The Lyndhurst Fair Grounds will be sold by auction.

Britain's Generous Handling Of Crude Rubber Situation

Has Held Down Cost of Rubber Footwear While Prices of Other Necessities Soar

When, some twenty years ago, Great Britain began to establish great rubber plantations in her tropical Dominions, the outside world's industrial experts laughed in scorn. Were there not thousands of square miles of wild rubber trees in Brazil and elsewhere simply waiting to be tapped? Were not the marvellous chemists of Germany working diligently to devise a process for making synthetic rubber at a fraction of the cost of the natural article? Britain, they averred, was wasting time and money.

Six years ago the price of crude rubber jumped to \$3.00 a pound, because the 60,000 or 70,000 tons which seemed to be the limit of the forests fell far short of the enormously increasing demand—and the synthetic rubber promised by Germany failed to materialize. The 8,200 tons produced by the British plantations in 1910 was more than welcomed, and the scolding ceased. By 1914 the plantations were producing nearly 100,000 tons, or 60% of the world's supply, and the price had been reduced to one-third of the 1910 figures. This year the plantations are contributing 150,000 tons—75% of the total production—and Britain holds a monopoly which has been of vital importance in the War.

Controlling the seas as well as the supply, the British Government has effectually cut off the Teutons, while providing an abundance for the Allies. To neutrals, who might easily have been forced to pay any price, the monopoly has been truly a benevolent one, for so long as they resell none to the Germans; they get all the rubber they want at a lower price than before the war.

No nation, neutral or belligerent, benefits more generally from Britain's foresight and generosity in this matter than Canada. Besides the general use of the scores of rubber products, practically every Canadian uses rubber footwear more or less for at least six months of the year. Now that leather has gone up 80%, and shoes are costing two to five dollars a pair more than normal, the advantage of wearing rubbers and overshoes this winter is strongly emphasized. They cost so little compared to the shoes whose term of service they practically double, that it certainly is economy to wear them at any sign of bad weather. And there's another point, even more important:

The need for leather at the Front is so great, and the scarcity so serious, that it is a patriotic duty to save it all we can by wearing rubbers and overshoes.

GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table

IN EFFECT JUNE 25TH, 1916.
Trains will leave and arrive at City Depot, foot of Johnson Street.

Going West		Going East	
No. 19—Mail	Lv. City, Ar. City	No. 18—Mail	Lv. City, Ar. City
No. 12—Fast Ex.	12:30 a.m. 1:25 a.m.	No. 16—Fast Ex.	2:55 a.m. 3:55 a.m.
No. 27—Lcl. to Tor.	9:30 a.m. 9:55 a.m.	No. 22—Lcl. to Brockville	8:15 a.m. 8:50 a.m.
No. 1—Int'l.	1:45 p.m. 2:12 p.m.	No. 6—Mail	12:30 p.m. 12:52 p.m.
No. 7—Mail	3:04 p.m. 3:40 p.m.	No. 14—Int'l. Lcl.	1:53 p.m. 1:58 p.m.
No. 31—Lcl. to Belleville	6:45 p.m. 7:37 p.m.	No. 24—Lcl. to Brockville	6:48 p.m. 7:37 p.m.

Going East		Going West	
No. 18—Mail	Lv. City, Ar. City	No. 19—Mail	Lv. City, Ar. City
No. 16—Fast Ex.	2:55 a.m. 3:55 a.m.	No. 12—Fast Ex.	12:30 a.m. 1:25 a.m.
No. 22—Lcl. to Brockville	8:15 a.m. 8:50 a.m.	No. 27—Lcl. to Tor.	9:30 a.m. 9:55 a.m.
No. 6—Mail	12:30 p.m. 12:52 p.m.	No. 1—Int'l.	1:45 p.m. 2:12 p.m.
No. 14—Int'l. Lcl.	1:53 p.m. 1:58 p.m.	No. 7—Mail	3:04 p.m. 3:40 p.m.
No. 24—Lcl. to Brockville	6:48 p.m. 7:37 p.m.	No. 31—Lcl. to Belleville	6:45 p.m. 7:37 p.m.

Nos. 1, 6, 7, 12, 14, 16, 18, 19 run daily, other trains daily except Sunday. For Pullman accommodation, tickets and all other information, apply to J. J. Hanley, Agent, corner Johnson and Ontario Streets, Kingston. Ont. Agency for All Ocean Steamship Lines.

CUNARD LINE

CANADIAN SERVICE Halifax-London Passenger Service

From London	Halifax	From London	Halifax
Nov. 28	ASCANIA	Dec. 21	ASCANIA
Dec. 14	AUSONIA	Jan. 4	AUSONIA

CABIN AND THIRD CLASS.
For information apply local Ticket Agent or The Robert Hood Company Limited, General Agents, 50 King St. East, Toronto.

OUR NEW FRUITS

HAVE ARRIVED
Raisins, Currants, Peels, Dates, Figs,
New Walnuts and Almonds,
Choice Mince Meat
at THE PREMIUM STORE

J. R. B. GAGE
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Open Day and Night.
Repair Work of All Kinds.
Cars Stored Until May 1st:
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