

What Thin Folks Should Do To Gain Weight

Good Advice For Thin, Underdeveloped Men and Women
Thousands of people suffer from excessive thinness...

A few weeks systematic use of Sargol should go far to produce flesh and strength by correcting faults of digestion...

GRAY HAIR BECOMES DARK AND BEAUTIFUL

Try Grandmother's Old Favorite Recipe of Sage Tea and Sulphur.

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray.

Nowadays we simply ask at any drug store for "Wyeth's Sage and Sulphur Compound." You will get a large bottle of this old time recipe improved by the addition of other ingredients for about 50 cents.

MOTHER OF FOUR CHILDREN

How Lydia E. Pinkham's Vegetable Compound Kept Her Well and Strong.

Lincoln, Illinois.—"I have used Lydia E. Pinkham's Vegetable Compound for ten years with good results and I have four healthy children.

My baby was a girl and weighed 14 pounds at birth, and I recovered very rapidly which I am sure was due to your medicine. I am well and strong now, nurse my baby and do all my work.

JOHN M. PATRICK

Sewing Machines, Umbrellas, Suit Cases, Trunks, repaired and re-fitted.

149 Sydenham Street SEND CHRISTMAS CHEER TO YOUR BOY OVERSEAS.

There is a tendency this year to curtail the expenditure on luxuries. People are buying with more care and discrimination.

FRUIT CAKE, PK. FIGS, NUT BARS, MILK CHOCOLATE, TURKISH DELIGHT, TOFFEE.

P. H. BAKER & CO. 302 King St. Phone 141.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

IT APPEARS THAT MR. PENDLETON MAY BECOME A FRIEND.

Harry Pendleton's high-handed manner of carrying me away and virtually making me a prisoner in the library while my guests were in the drawing room should have met with the severest of condemnation...

When we entered the room and he had closed the door and turned to me, I admit that my heart came up into my throat, not from fear of what he might do, but because I had dared to let him carry me away, and, furthermore, had dared to be happy because he had.

"We will let them enter if they dare," he said, with mock seriousness. "Personally, I do not believe they will come. Tomlinson is holding them too fast with that Ancient Mariner eye of his."

"Low Cost of Living" Menu

Menu for Saturday
BREAKFAST: Oranges or Stewed Fruit, Cereal of Choice, Poached Omelet, Baked Apples, Coffee or Cocoa.

Was Completely Laid Up With Severe Case of Piles

Sworn Statement From a Man Who Has Unbounded Confidence in Dr. Chase's Ointment.

There is no longer any debate as to the best treatment for itching, bleeding or protruding piles. But since about one person in every four suffers more or less from this annoying ailment it is necessary to keep on telling people about Dr. Chase's Ointment.

the tactics you suggest. I want to be a full-fledged member. "You would better consider well before you take the final step."

"I am determined," declared Mr. Pendleton. "I have seen enough to understand the situation, yet I shall not falter. I shall ask Mr. Pendleton to stand for me."

(To be Continued.)



HON. A. E. KEEMP, Minister of Militia.

WHEAT FOR EXPORT

Nearly One Hundred Million Bushels Can be Sent Overseas.

Ottawa, Nov. 24.—The surplus of wheat available for export during the present crop year ending August 31st, 1917, is estimated at 99,500,000 bushels.

REJECTED, TRIES MURDER

Widow of Henry Mann Shot by Rejected Suitor.

New York, Nov. 24.—Mrs. Edna C. Mann, widow of Henry Mann, widely known as an editor and author, was shot twice and severely wounded by Alfred Henriksen, 51 years of age, a friend of the family, after she had rejected his proposal of marriage.



H. C. BREENSTER, Formerly installed as Premier of British Columbia.

EMPEROR BACKS CHANCELLOR

Kaiser Defends Bethmann-Hollweg Against Bitter Attacks.

Berlin Nov. 24.—Emperor William has just taken occasion to declare publicly his support of Chancellor Von Bethmann-Hollweg against attacks upon him by his opponents at home.

HAD ORIGIN IN NORWAY

Warns New York Against Recurrence of Infantile Paralysis.

New York, Nov. 24.—The outbreak of infantile paralysis in this city last summer had its origin in an epidemic that visited Norway in 1905.

Norman Hawkin, lumberman, of Parry Sound, was nominated by the Liberals of Parry Sound as Federal candidate at a convention at Emsdale.

This Advertisement

may induce you to try the first packet of

"SALADA"

but we rely absolutely on the inimitable flavour and quality to make you a permanent customer. We will even offer to give this first trial free if you will drop us a postal to Toronto.

We Have Manufactured a Choice Line of CANDIES, CHOCOLATES AND

For The Soldier Boy!

CANDIED PEELS Specially Boxed to Send Overseas. Our Candy is pure and wholesome, packed in 2, 3, 5, and 10 pound packages. All Seasonable Fruits.

New York Fruit Store

PETER DAFNIS, Prop. Phone 1405. Opposite St. Andrew's.



Never Sticks in Package or Shaker. REGAL Table Salt.



"Good bye and good luck!"

"Thank you for the wishes and for

WRIGLEY'S

"THE FLAVOR LASTS"

This great little pick-me-up is full of vigor and vim for the jaded soldier. It quenches thirst, allays fatigue, gives new life to enervated spirits—sustaining and refreshing.

Every package or parcel for your soldier friend should contain a few packages or a box. Appetite, digestion and spirits are the better for it.

Sold Everywhere WM. WRIGLEY JR. CO., Ltd., Wrigley Bldg., Toronto

The Flavor Lasts!

Over-gaiters

In all the newest shades and choice materials, in

White, Fawn, Champagne, Battleship Grey, Light Grey, Cream, Black, Etc.

From 50c to \$3.00.

The Sawyer Shoe Store

THOMES COPLEY Telephone 987

wanting anything done in the carpenter's line. Estimates given on all kinds of repairs and new work.

Justice J. J. McLaren has been confined for a week to his home in Toronto by serious illness.