

Thorough mixing is what makes cake delicate and tender

Lantic Sugar

makes the best cake becauseit creams quickly and thoroughly with the butter which is the hardest part of the mixing. Its purity and extra "fine" granulation make it dissolve at once.

2 and 5-lb. Cartons 10 and 20-lb. Bags

"The All-Purpose Sugar"

Bring Out Your Hidden Beauty

Beneath that soiled, discofored, faded or aged complexion is one fair to look upon. Mercolized wax will gradually, gently absorb the devitalized surface skin, revealing the youthfully fresh white and beautiful skin underneath Used by refined women who prefer com-

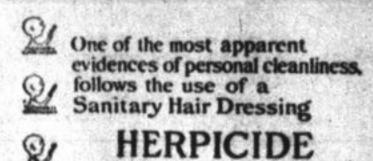
FEATHERS

The Cleaning and Dyeing of Feathers is a most important branch of our business, and one to which we devote a great deal of attention. Feathers can be cleaned or dyed very successfully.

We carry at all times an extensive stock of feathers manufactured in our own workrooms, which are on sale at very moderate

PARKER'S DYE WORKS LIMITED

69 Princess Street, Kingston, Ontario.



Guaranteed by The Herpicide Co.

When Your Daughter Gives a Party

birthday soon? And will she give a ped parsley. party to her little friends? For an occasion of this sort we suggest a nice birthday cake with her name and age on it. We make a special layer (colored) at 60c. Get one her next birthday.

Phone 141 Commerce from Canadian Trade





Cuticura Soap Cutlcura Ointands. Wear old Sample Each

Free by Mail Boston, U. S. A."

At Brockville Luella Levere, a married woman, charged with vagrancy, was sentenced to six months in Central Prison. Lena McAvoy, a sister of the Levere woman, was charged by her father with the same offence, and was sentenced to two years in the Andrew Mercer Reform-

THE CONFESSIONS OF ROXANE

(By Frances Walter)

ARTHUR AND I SPEND

(Copyright, 1916, by the McClure

Newspaper Syndicate). happy. He was now the head of a his own fireside."

was miserable. One evening as we sat in our cosy lips. sitting room the feeling came over me that I could not stand it any longer; that there must be a change. I turned to him.

not join a club.

The feeling had come over me that I would rather he would not be home. than to be sitting there stlently reading his newspaper. I wondered what picion who has been in my mind for enjoyment he got out of the place which I had fitted up for us both; what possible pleasure he could derive from my company when he would go for hours, as it seemed, without addressing me.

import of my question reached his because of a desire to please me." stared at me.

"Why don't I join a club?"

"What is the matter?" he asked. "There is nothing the matter with "Oh, yes there is. What is it?"

asked you a plain question. don't you." "Well, supposed I should say that prefer home to a club? "And I might believe it and

Another long silence. At length: "What would I gain by spending night, are you?" plexions of true naturalness. Mercol- my evenings at a club I assume meant to ask me, wasn't it-why I when I say I would like to talk to Friday.

> "Suppose, as I said, that I should reply that I prefer to be at home? Surely this place is as comfortable as any club I could find." "Yes, it is comfortable. I grant

place—a less comfortable place?"

wondering why you preferred home," pelled me to look into his face. faltered.

away from clubs than go to them," time. there to whom one does not wish to

talk. Occasionally one meets a con-AN EVENING AT HOME. genial spirit, but not often. The gay and boisterous or the old and grouchy make up the rank and file of a club's street, is visiting in Toronto. membership. The healthy, busy, thur and I had every reason to be for such surroundings. He prefers towards the end of this season.

great company, and I was installed in I had noticed that the reasons Garry have taken Mrs. George Bura handsome home, with money to which he gave for wanting to stay nett's house on Wychwood Park, Toprovide anything my heart might de- home all concerned his own comfort, ronto, for the winter. stre. Yet I was miserable, and he I could not help uttering the catty remarks which came suddenly to my ton, is spending a few days in Ottawa the guest of Mr. D. M. Finnie.

comfort, then?"

He glanced quickly at me. "Arthur," I began, "why do you demanded, frowning. "What is the land, Maine, matter with you to-night, Roxane?' "There is nothing the matter with

> some time.' ing the pause which followed. "Well '

"The suspicion was amply veri- dere. fied," said I. "You stay home be-He stirred in his seat as the full cause it affords you comfort and not visiting Mrs. W. Muirhead, Clergy consciousness, and turned slowly and "Good heavens!" he almost shouted. "What are you talking about?"

ing voice. "You do not stay home on with friends in Toronto. He gave me another sharp look, my account. So far as I am concern- Miss Mildred Jones, King street, and then turned back to his news- ed you might as well be at your office was hostess at the Bridge Club on or anywhere else. I see you when Tuesday evening. you haven't got the newspaper covering you, but that is all. You seldom guest of her sister, Mrs. E. F. Torspeak to me, and when you do it is rance, Princess street, in monosyllables. You are either "Nothing," I insisted. "I have reading or thinking of your business, the guest of Mrs. Buxton Smith at and most of the time you are uncon- "The Wellington." scious of my presence."

brought both heels to the floor with was the hostess.

he inquired. "You are not ill to- town.

do not spend my evenings away from you? Is that a symptom of illness?" Master Stratford Dawson, who has "Go to bed," he urged gently, "You day. are tired and are not yourself. To-

morrow you will feel better." There was something in his voice Portsmouth. "Then why should I seek another which recalled the earlier days of Miss Helen Nicol, Cataraqui, will our married life, yet I did not permit entertain at a young people's dance I saw that I could not pursue the myself to be deluded into thinking on Saturday evening. matter without danger of a quarrel, that even for the moment we were as so I attempted to gradually retire close to each other as we had been in Brockville for a few days this week. from the field. I had poor success, those days. Nevertheless I obeyed "I have heard of so many men who him and started towards my room. belonged to clubs and spent their When we reached the door he took evenings at them that I was merely my face in both his hands and com-"I don't understand you," he said

"There are more men who stay sadly, after gazing at me for a long was his comment. "I do not go be- Looking back, I cannot blame him.

cause clubs bore me. One meets men I did not understand myself.

"Low Cost of Living" Menu

Menu for Thursday

Stewed Fruit Hominy and Bacon Bran Bread am or Fruit Butter Coffee or Cocos

UNCHEON OR SUPPER Inked Benns Cheese and Tomato Tonat Grapes or Apples Milk or Cocoa

Tripe and Oysters Cabbage Saind Rice Pudding

Cheese and Tomato Toast Materials-Eight slices of thin. brown toast, 1 tablespoon grated cheese, 2 cups strained and seasoned tomatoes, not thickened, 1 table-Is your little daughter to have a spoon grated cheese, I teaspoon chop-

New Zealand's Share,

According to a report to the Ca-

adian Department of Trade and

Complissioner Beddoe of Auckland

New Zealand has now seat 60,00

men to the front out of a total

white population of 1,000,000. The

Dominion is now providing 2,40

at the front. The total amount rais

ed for war expenditures now exceeds \$55,000,000, and more than \$15,-

Proportionately to population it will be seen that New Zealand has

apparently done better than Canada

A Luncheon Dish.

Mix a large cupful of well shredded

ceoked, cold fish with a half cupful of

milk, a tablespoonful of flour and a well beaten egg. Place in a saucepan

and cook until it thickens. Let the

mixture cool. Roll it in brend or crack-

er crumbs and fry in deep fat like

in its contribution, both of men and

money, to the Empires' war forces.

000,000 of this amount will be m

by this year's surplus revenue.

men each month to maintain its army

over the hot tomato sauce and sprinkle with cheese; put in hot oven 10

Tripe and Oysters. Materials-One pound boiled tripe 25 oysters, 1 tablespoon butter, 1 ta blespoon flour, 1 cup milk, 1 teaspoon salt, 1/4 teaspoon white pepper, dash paprika, 1/2 teaspoon onion juice or 14 teaspoon nutmeg.

Utensils-Knife, saucepan, measuring cup, teaspoon, tablespoon, shallow pan for oysters, large saucepan. Directions-Wash and cut the tripe into inch lengths, put into in Australia. At present they are saucepan, cover with boiling water. working on a plan in Australia, tendadd I tablespoon cut onion and boil ing to considerably lessen the inter-1 hour. Drain and add to the cream mediary cost. The honorable genile

Put the oysters in shallow pan, cook until the gills curl, drain and try like Canada, a 3-pound loaf of add to the tripe and sauce. Sauce-Put the butter into sauce- Toronto. In Australia the fixed price pan over fire; when melted, remove.

add the flour, mix well and return to cents. Shortly after the outbreak of Utensils-Platter, measuring cup, fire, add the cold milk slowly; stir war the Australian Government comuntil smooth and creamy; add the mandeered the wheat and fixed prices Directions-Put the toast on plat- salt, pepper, paprika, onion juice or ter that can be put in oven; pour grated nutmeg; boil three minutes.

> Maria Serviss, widow of the late Simeon Doran, for over forty years a resident of Brockville, passed away on Saturday at the age of seventytwo years, after an illness which last-



about three months.

A Hot, Nourishing Mealone that will put vim and energy into the worn-out another proposition that the combody and fortify it against alon of a beneficial "Hog Trust" for the good of all. Both in Canada and exposure Shredded Wheat Biscuit (heated in the oven to restore crispness) with hot milk supplies all the strength needed for a half-day's work. | A Welshman himself. Mr. Rees is naturally delighted with the proud Also delicious with bananas or other fruits. Made in



Told In Twilight

(Continued from Page 3.)

Mrs. Charles Livingston, Barrie The Marchioness of Aberdeen and To all outward appearances, Ar- normal American man does not care Temaire is expected to visit Canada Hon. T. W. McGarry and Mrs. Mc

Rev. Dr. Bidwell, Bishop of Kings-

"It is purely a matter of personal Mrs. H. B. Mills, who has been in hospital for several months suffering from inflammatory rheumatism, left "What do you mean by that?" he on Monday for her new home in Port-

Mrs. W. Glidden. Brock street. me," I replied a little bitterly. "I leaves this week for Denver, Colorwas merely seeking to satisfy a sus- ado, where she will spend the winter. Mrs. W. M. Elliott, Toronto, is in the city to be with her sons, Lieuts. He continued to stare at me dur- Alexander and Fraser Elliott, taking a course in the Royal Artillery School. She is stoping at the Belvi-

> Mrs. Barnett, Utica, N.Y., has been street, for the past few days.

Miss Muriel Brooks, Earl street, "Just that," I replied, with a shak- leaves on Friday for a short visit

Mrs. Haultain, Cobourg, is the

Miss Minnie Smith, Montreal, is The L.C. Reading Club met on

Arthur threw down his paper and Monday afternoon, when Miss Betts Lieut, Clarke, 230th Battalion, "What has got into you, Roxane?" Brockville, spent the week-end in

"Ill?" I asked as my voice broke Mrs. W. Claxton and Miss Winifred ized wax in one ounce package, with that that was, in effect, what you into a sob. "You ask if I am ill Claxton expect to go to Toronto on

My nerves had got the better of been with his grandmother, Mrs. me and I buried my face in my hands Loucks, and Master Walton Smith, and wept. Arthur came over to my who has been visiting Mrs. Buxton chair and patted me on the shoulder. Smith, returned to Montreal on Sun-

Miss Kellogg is the guest of Mrs. J. O. Crisp at St. John's Rectory. Carroll Ashby was in town from

PROGRESS IN AUSTRALIA.

Endeavoring to Bridge Guif Between Producer and Consumer.

Hon, R. B. Rees, M.P., of Melbourne, and practical farmer from the great wheat belt in the Wimmera district, Australia, was a visitor in Toronto recently, and in the course of an interesting interview gave some of his impressions of Canada and incidentally some valuable information regarding the great Commonwealth to which he

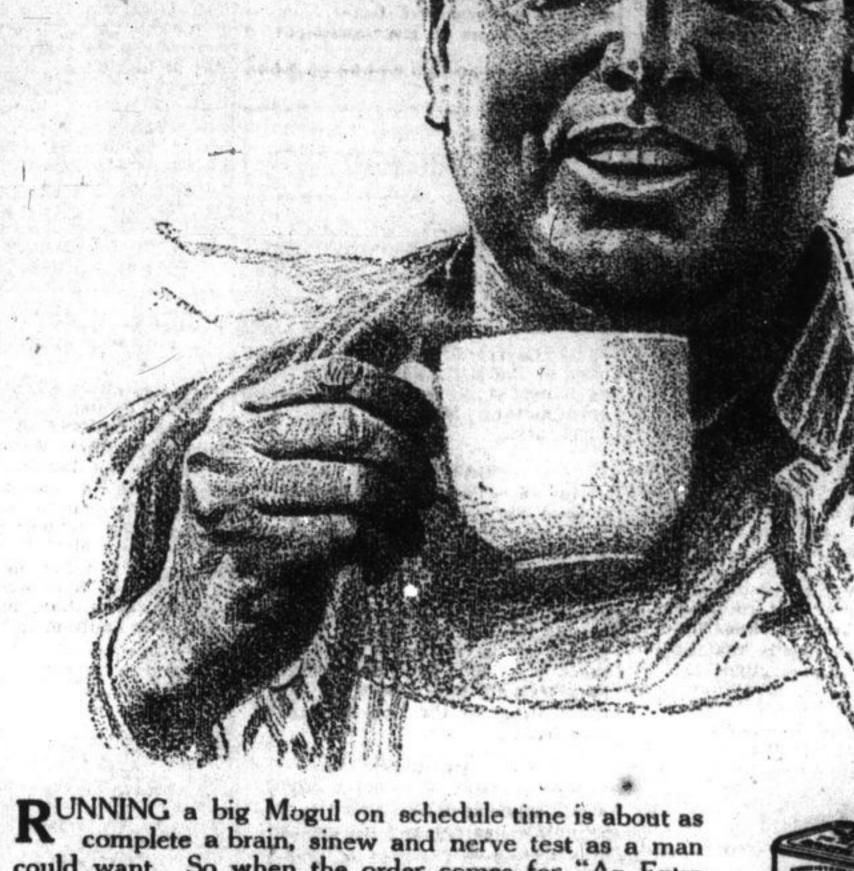
As a member of a Royal Commission of Australia he has been traveling through Canada and the United States observing the methods employed in Landling, transporting, minutes, or until the bread has ab- and selling of grain. Mr. Rees has sorbed the tomato and the top is had ample opportunity to gather a wealth of first-hand information on such a live question. Shipment of wheat in bulk as employed in Canada does not obtain in Australia. where all cereals are shipped in

> While in Winnipeg he visited the Grain Exchange and from his observations there was convinced that the methods used in Canada in getting the grain from the grower to the consumer are too complicated and costly. The same complaint obtains man was greatly struck with the facthat in a great grain growing coun bread should cost sixteen cents in for a four-pound loaf is thirteen for local consumption and export and

read, with profit to the farmers. ind benefit to the consumer. Another point brought out by Mr tees was that there is a great deal of alfalfa grown. It was found that he middlemen were keeping down prices for loose hay, where the armers were concerned. But in selling it to the Government for war surposes, \$2 a ton in excess of the narket price was charged. Here the Government Commission intervened in the interests of producer and con-

it the same time fixed the price of

istinction that has come to Lloyd George and the Hughes. Leaving here, Mr. Rees goes to rance, where he has two sons doing their bit in the world's great strug-He will remain there indean itely, but hopes to soon see the Allies invade German territory. Some three years before the war Mr with the deference paid to the mili-



"An Extra Run"

FRY'S

COCOA

could want. So when the order comes for "An Extra Run" that engineer is wise who fortifies himself with a cup of FRY'S COCOA. FRY'S, because it builds for "nerves of steel." It's such a splendid food as well as a delicious beverage.

Drink FRY'S regularly yourself and note the vigor it imparts.

Trade Supplied by J. S. FRY & SONS, Limited Truro, Montreal, Toronto, Winnipeg, Calgary, Edmonton, Vancouver, Victoria.



A Woman's - Problem

How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:-



Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and backache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. Margaret Grassman, 759 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life.—I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. George A. Dunbar, 17 Roundy St., Beverly, Mass.

Erie, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help hem as it has me."-Mrs. E. KISSLING, 931 East 24th St., Erie, Pa.

No other medicine has been so successful in relieving woman's inffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

gage to Copenhagen.

to Copenhagen, marking the pack- Sweden.

FALSE LABEL ON NICKEL. | Johanne and Ole Olson, declared there was no intent to violate the Stuff Sent From New York as Bag- law in his act, but stated the goods were shipped as baggage in order to protect his principals abroad from New York, Nov. 7 .- Theodore the effect of the British blacklist. Fridland pleaded guilty before Judge He maintained the nickel and antim-Thomas of sending packages of an ony were not for Germany consump-timony and nickel from this country tion, but were intended, for use in

Thomas fined Fridland Fridland, who was indicted with \$500.

OUR NEW

HAVE ARRIVED Raisins, Currants, Peels,

Dates, Figs, New Walnuts and Almonds, at THE PREMIUM STORE

J. R. B. GAGE Montreal St.

gaiters

all the newest shades and choice materials, in

White, Fawn, Champagne, Battleship Grey, Light Grey, Cream, Black, Etc.

From 50c to \$3.00.

Clothes do not make the man and breach of promise suits may even un-