

IF FOOD DISAGREES DRINK HOT WATER

When food lies like lead in the stomach and you have that uncomfortable, distended feeling it is because of insufficient blood supply to the stomach, combined with acid and food fermentation.

Ontario Under Prohibition

FOR the first time prohibition of the sale of intoxicating liquors in Ontario came into effect on the night of September 16th.

The success of all such measures depends upon a proper enforcement of the law. The record of the Conservative Government in Ontario is a guarantee to the Province that this legislation will be properly enforced.

As a war measure it stands for three years; its permanency will be decided by a vote of the people. But in view of the serious crisis facing this country at the present time, a crisis not emphasized by the noise of battle, but none the less serious, the Government of Ontario has shown courage and leadership in taking this stand.

Prohibition in any event will not be without some cost. The loss in revenue will be a serious item to the municipalities. Last year the municipalities received as their portion of the revenue from the liquor traffic \$356,921.76.

There is one other thing. With the advent of prohibition the alcoholic habituate has not been left stranded to suffer or go to worse excesses. A humane amendment was made to the Hospitals for Insane Act last session at the instance of Mr. Thos. Hook, M.P.P. for South East Toronto.

FLOWER POTS AND BUTTER JARS

Almost everyone knows that Sage Tea and Sulphur, properly compounded, brings back the natural color and lustre to the hair when faded, streaked or gray.

Wyeth's Sage and Sulphur Compound, you will get a large bottle of this famous old recipe, improved by the addition of other ingredients, for about 50 cents.

Wyeth's Sage and Sulphur Compound is a delightful toilet requisite for those who desire dark hair and a youthful appearance. It is not intended for the cure, mitigation or prevention of disease.

Books are desirable companions; when they bore you it is an easy matter to shut them up without giving offense.

Few men have will power enough to do the things they don't want to do and don't have to, but should do.

KILLED IN INDIA

Canadian Officer Gave Life to Empire on Indian Frontier. The death of Captain Elmes P. Henderson, which occurred on the 25th June last, on the Indian frontier, marks the passing of a gallant Canadian soldier who was making a name for himself in the permanent forces of the Empire.

The late Captain Henderson was the third son of Mr. and Mrs. Elmes Henderson, of Toronto, and was born on the 27th June, 1885, and after being educated at the Toronto Church School, and the Royal Military College, Kingston, he graduated with a commission in the Indian army, and was gazetted to the Royal Sussex regiment then stationed at Umbala. After a year's training there, he was nominated by the late Lord Kitchener, then Commander-in-Chief in India, to the 106th Hazara Pioneers, with headquarters at Quetta, Baluchistan.

He studied the native languages, and passed excellent examinations in Urdu, Pushtu and Higher Persian. While still a junior officer, he was appointed adjutant of his regiment by Colonel Jacob, and filled that arduous post with the satisfaction of three successive colonels.

When the Governor of the Province of British Baluchistan made an official State journey to neighboring Indian Potentates, Captain Henderson was selected to accompany the party, and made many interesting observations of his experiences of peoples and places on that occasion. Colonel Carter of the 106th Hazara Pioneers writes, giving the circumstances under which Captain Henderson lost his life.

Colonel Carter says: "It was one of the best planned little shows which has taken place on this side of the frontier for several years. Captain Henderson then sent some of his men, under Captain Partridge, to search some scrub jungle where other outlaws were supposed to be, and when his men were fired on, he was himself shot and killed.

Many Students at Front. According to President Falconer, all the faculties of the University of Toronto will continue for the academic year of 1917. The attendance at the whole university, it is anticipated, will be very much lower than last year.

The splendid response of Varsity's students to the call of patriotism has affected heavily the attendance in nearly every faculty. In the Faculty of Arts next year may see a heavier attendance of women students. In medicine, the registrar's office reports very many inquiries during the last week from prospective first-year men.

Trade Diamonds Lost. A package of diamonds consigned to the Canadian Government has been lost in the mails. The stones were sent to the Trade and Commerce Department by an English firm on the order of a New York house to be delivered to a Canadian customer. They have not arrived.

Me Caught a Cold. The Indians at Camp Borden are faithful patrons of the Y. M. C. A. canteen, and one lady who has spent several weeks helping in the canteen takes a particular interest in them.

A Patriotic Gift. Sir Thomas White has received a cheque from the Toronto firm of Messrs. R. H. Howard and Company, as a donation toward the general war expenditures of the Dominion. The amount is not stated, but it is understood to be a substantial one.

Any man who can catch a sea in the dark can hoe his own row in politics. There is no hope for the man who acts the hypocrite even when he is alone.

CASEIN

Canada Could Make Money out of the Ivolette Products of Skim Milk. With a hundred thousand capital and a supply of casein I could turn out, at a figure that would hold the Canadian market, about half a million worth of buttons and other goods that are being brought in annually from Europe.

He says the scarcity of the element casein, which is derived from skim milk and curds, separated from the water and dried, and used extensively in paper-making, has led to inquiries from suppliers being made in countries where dairying is carried on extensively. Moscow dairymen have been approached with a view to their supplying casein to the United States market, where there is a large outlet for that commodity.

It is estimated by Canadian investigators who have been studying the question that it takes one hundred pounds of skim milk to produce four pounds of casein, which means that, in Canada, if the farmers or the creameries gave attention to the production of casein they would get approximately 25 cents for each pound of skim milk.

It is estimated that the value of goods imported into Canada that are made very largely of ivorette, or, as the French call it, "gallilith," is about \$1,000,000 a year. The process of producing ivorette is known in Canada, and the practicability of utilizing it depends upon the quantity of casein that can be procured. The inventor from Kitchener to whom reference has been made is of the opinion that a campaign amongst the farmers not in a position to ship their fresh milk for distribution in large urban communities would result in a very large quantity of skimming milk being obtained for the purpose of casein production.

During the twelve months ending with August, their financial year, the milling companies, says the September commercial letter of the Canadian Bank of Commerce, have done an abnormal business, from which satisfactory profits have been derived. The output was thirty per cent. greater than in the previous year, and the greater part was exported. For the twelve months ending May last, the latest period for which trade returns are available, exports of flour amounted to 6,764,583 barrels valued at \$27,252,852. The excellent quality of last year's crop made the surplus wheat readily marketable, with the result that the amount carried over is not more than 30,000,000 bushels. In addition, an unusually large proportion of the crop was ground into flour at home, with resulting benefit to home industries, and the additional quantity of subsidiary products was readily absorbed by the home market.

There has been a yearly increase in the amount of foreign business transacted by the Canadian mills, in spite of variations in the amount of the crop and of the wheat exported. This progress has been hampered somewhat by the lower freight rates on wheat than on flour, but despite this disadvantage, the annual gains are substantial.

Team Work Lacking. Preachers who choose striking titles for their sermons should not fail to consult their choirmasters as to the solos or anthems which are to be rendered, otherwise the juxtaposition of titles is apt sometimes to produce amusing results. An issue of The Cobalt Nugget in the earlier days of the camp contains the following paragraph one Monday afternoon: "Samson Kicked Himself" was the title of the sermon preached in Halseybury Methodist church last night by Rev. A. G. Hudson. A very appropriate solo, "Ours Surely Solomon Thought," was rendered by Miss Donaldson.

You may be deceived some day by an imitation of "SALADA"



and possibly you will not detect this imitation until the tea-pot reveals it. Demand always the genuine "Salada" in the sealed aluminum packet, and see that you get it, if you want that unique flavour of fresh, clean leaves properly prepared and packed.



See Rexall Stores FAVORITE DRUG STORES

For Hair Health Use Rexall "93" Hair Tonic.

If it does not improve the health of your hair and scalp we will pay for what you use in the trial.

Buy a bottle of Rexall "93" Hair Tonic, use it as directed for 30 days, then if not entirely satisfied, come and tell us and we will promptly hand back your money. Rexall "93" Hair Tonic is pleasant to use, has a faint agreeable odor and is sold at Rexall Drug stores exclusively, 50c. and \$1.00 bottles.

Rexall "93" Shampoo Paste is recommended to keep the hair clean, soft and beautiful—25c.

MAHOOD DRUG CO., Limited. Kingston.

WE ARE HERE TO SERVE YOU



"Please send me some Chewing Gum:"

WRIGLEY'S

is the kind the boys all like. It's sealed in a wax-wrappers. Air, moisture and dirt can't harm it.

The chap with some Wrigley's to pass around is 'cock of the walk.'

It's so refreshing and thirst-quenching. Send some of both flavors.

The boys like WRIGLEY'S SPEARMINT after smoking and WRIGLEY'S DOUBLEMINT after eating."

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