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SAUCE

There's economy in using H.P.—the odds and ends are made simply delicious with just a few drops of H.P. Sauce.

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LIFEBUOY HEALTH SOAP

Protect your health by washing your hands and face with it—by bathing and shampooing with it. The mild antiseptic odor quickly vanishes after use.

At all Grocers 5¢

161

BABY'S EYES WORTH $25,000.

California Court Gives Judgment Against Midwife.

San Francisco, Oct. 26.—The value of a baby's eyes was fixed at $25,000 here by Judge Frank J. Murasky in Superior Court, who gave judgment for that amount to the parents of Mary Rubic, one year old, against Mrs. Amalia Barzuoli, a graduate midwife. It was alleged that the midwife failed to care for the baby's eyes properly at birth and the child is blind.

"A pair of baby's eyes are priceless," said Judge Murasky. "No amount of money that this or any other court could give, no matter how large the amount, would compensate for the loss of this baby's sight."

THE CONFESSIONS OF ROXANE

(By Frances Walter)

I SEE THE BRIGHT LIGHTS.

(Copyright, 1916, by the McClure Newspaper Syndicate).

The glimpse of myself which I had caught in the theatre was not sufficient to cast a permanent damper upon my spirits, although it had served to cause me a backward glance of some uneasiness and dread. As we drove away I must have been unusually quiet, for Mariam rallied me once or twice and offered a total of two cents for my thoughts. Mr. Gordon, who undoubtedly understood better than Mariam the reason for my silence, gave himself up to the task of making me forget what I had seen and heard, and between his tact and Mariam's sparkling gayety they succeeded in a remarkably short time.

As we walked into the great dining-room of one of the liveliest and most fashionable places, I felt once more the thrill which comes only to the daring. With an effort I shook off the last vintage of gloom and turned a radiant face to my two companions. Both of them seemed to understand, and the knowledge drew us all closer together in a common tie.

"Isn't it magnificent!" exclaimed Mariam almost in a whisper.

Mr. Gordon smiled paternally, while I unaccustomed to such scenes had difficulty keeping myself well poised.

"It one considers only first impressions, it is grand and magnificent, replied Mr. Gordon. "Under other conditions and circumstances it might seem otherwise."

"That is too enigmatical for me," declared Mariam. "Perhaps Roxane can puzzle out the meaning, but I can not."

"It is beautiful," was my comment. "It is even more than beautiful."

"Of course it is," insisted Mariam. "Uncle John, I did not know you had become cynical."

"I am not cynical," protested Mr. Gordon. "I will tell you a story. Once when I was a boy I went to a circus. I never had seen the clowns and the riders and the acrobats before, and it seemed to me that they were the most wonderful people in the world. I had never dreamed of such handsome men or such beautiful women. I had never beheld such magnificent costumes. It was all like a vision—rose-tinted, gold-embroidered and properly perfumed.

"I carried the momory of that afternoon with me for many years. Whenever I saw any spectacle that was extraordinary I contrasted it with that circus. I say 'contrasted' because that is precisely what I did. There was no comparison between that and anything I ever had seen.

"One day I was compelled to remain several hours in a Southern city because of poor railroad connections. I did not know what to do with myself until I saw a circus poster. By great good luck, as I though, the circus was in the city that very day. I determined to go to it.

"I shall never forget the shock of my disillusionment. It was the fag end of the season, and the tinsel, which once shined and sparkled so brightly, had lost its luster. The gorgeous costumes were faded and torn. The beautiful women were painted and the handsome men had become hard-visaged and coarse. Not even the clowns could bring a smile. It was all changed because I had changed or because I saw with different eyes. I have never been to a circus since."

"But you cannot apply your experience to this beautiful place," protested Mariam. "Surely everything here is new and lovely."

"Just as the circus was the first time I saw it," said Mr. Gordon.

"But you changed as much as the circus did."

"I admit it, and so will you change. Perhaps the owner of this place will keep it looking new. He will have it painted ever so often. The owners will be renewed every day. The linen will never become soiled. The music will be just as sweet as it is tonight and the cusine may be better, but how about yourself? He has not the power to prevent your changing."

"How gloomy you are!" exclaimed Mariam. "You almost give me the creeps. What are you coming to?"

"Perhaps I should not have developed the thought," he replied. "My first remark was made as a result of a hope which sprang up in my heart as we sat down that you and Rox—Mrs. Pembroke—might not come to love such as this. I see my mistake. I should have kept my thoughts to myself and should not have put them into words."

"But why shouldn't we like it?" persisted Mariam. "Surely if is not wrong to like beautiful things."

"No, it is not wrong to like beautiful things; but is this beautiful? Is it the right kind of beauty—this that you see here?"

"Of course it is," interrupted Mariam. "I can see by Roxane's face that she it enjoying it, and if the dinner is as good as the looks of the rest, we shall both be happy, and then you will be compelled to be, whether you want to or not."

Mr. Gordon forced a smile and gave his attention to the waiter at his elbow. Evidently he was an adept at such things, for in a very few minutes he had given his orders and the waiter glided away. Once more Mariam and I turned our wide eyes to our surroundings.

(To be Continued.)

Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper By Pictorial Review

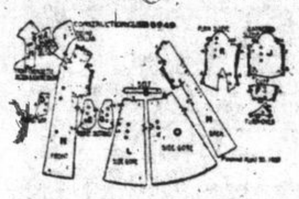
Excellent for Informal Wear.

Dark blue serge of excellent quality is used to make this informal frock. The trimming includes buttons, pockets and a collar of tan chiffon cloth.

Many of the most attractive dresses for Autumn are made of dark blue serge of excellent quality. This costume has admirable lines and is inexpensive. The open neck is finished with a large round collar of tan chiffon cloth. The skirt is in six gores, with panel effect back and front and the side gores attached to the long body below the normal waistline. In medium size the costume requires 4¼ yards 54-inch serge.

Before sewing any seams at all, find the front of the body, which is indicated by large "O" perforations Hem front edge of front, then take up two tucks in front and one of each side of center-back. Turn one tuck in front forward and one backward in box-plait effect. Turn the tuck in back forward and form plaits in front at shoulder.

Next, close under-arm and shoulder seams. Turn the edges of front and back sections under slot perforations and base. Adjust pocket lap to position. Join side gores as notched and form inverted plait in side gores and press. Adjust to position, lapping the folded edges of front and back on side gores, and close seams underneath, leaving the edges free above single large "O" perforation in side



gore for pocket. Sew the upper edge of side gores to front and back as notched. Plait front above the front edge of side gore placing "T" on small "o" perforation and tack.

The two pocket sections may now be arranged together and edges having double notches and small "o" perforations stitched together. Stitch upper edges of pocket and sew pocket to edges of side gore and front. Next, face the collar and sew to neck edge.

A pretty cuff adds chic to the sleeves. To make with this effect, close seams as notched, gather lower edge between double "TT" perforation, then close seam of cuff, finish edges below perforation for closing. Face turn-over and sew to cuff, notches and edges even. Sew cuff to sleeve, notches and seams even. Sew sleeve in armhole as notched, small "o" perforation at shoulder seam easing in any fulness.

The two belts may now be adjusted to position with upper edge of upper belt and lower edge of lower belt at small "o" perforations near center-back; close belt at left side front and finish with a bow and ends. If desired, a leather belt, or ribbon sash may be used.

Pictorial Review Costume No. 6949. Sizes, 34 to 44 inches bust. Price, 20 cents.

"Low Cost of Living" Menu

Menu for Friday

BREAKFAST
Grapes
Cold Boiled Cereal with Fruit Juice
Creamed Eggs on Toast
Rolls
Coffee or Cocoa

LUNCHEON OR SUPPER
Baked Eggplant
Pickled Beets
Steamed Apples
Buttermilk, Cocoa or Tea

DINNER
Cream of Rice Soup
Deviled Fish with Savory Rice Border.
Tomato Salad
Grape Tapioca Coffee

Cold Boiled Cereal.

Cut into slices and put in cereal dishes; pour over any fruit juice one has on hand. This makes a very pleasant change from the hot cereal and milk, and one fire does the work. All fruit juice is saved, and often one can cake it from fruit parings, and it takes the place of other fruits, when they are scarce or the housekeeper has forgotten them.

Steamed Apples.

Materials — Eight medium-sized apples, ½ cup brown sugar, ¼ teaspoon nutmeg, ½ cup water.

Utensils—Shallow pudding pan, tin to cover, paring knife, cup and nutmeg grater.

Directions—Wash and pare the apples, cut in half, put in pan cut side down, add the water, cover and put on quick fire until they boil. Reduce the heat; add sugar and nutmeg; cover and cook until tender, but not broken. Serve in ice cream glasses.

Deviled Fish with Savory Rice

Materials—Two pounds of steak fish (halibut, cod, haddock or canned tuna fish can be used), 1 cup cream sauce, 2 tablespoons finely cut parsley, 1 teaspoon Worcestershire sauce, 1 teaspoon grated onion, 1 teaspoon butter, 1 egg, ½ cup bread-crumbs, 1 quart boiling water.

Utensils—Shallow pan to boil the fish in, measuring cup, teaspoon, tablespoon, fork, small turk's head or bakedish.

Directions—Put the fish in pan, cover with boiling water; boil rapidly ten minutes, drain, remove all skin and bones and flake with fork, and add cream sauce, salt, paprika, onion, parsley, Worcestershire sauce. Mix lightly with fork. Butter mold or pan and put in the fish. Beat the egg until well mixed, and with spoon cover fish with egg; then cover with bread-crumbs. Put in hot oven and bake twenty minutes or until nice and brown.

Cream sauce recipe is given with chicken loaf with green peas.

Savory Rice.

Materials—One cup rice, 2 cups strained tomatoes, 1 cup finely cut onion, 1 teaspoon salt, ⅛ teaspoon pepper, 2 tablespoons chopped parsley or green peppers, 1 tablespoon drippings, sprigs of parsley.

Utensils—Bowl to wash the rice in; a three to four quart boiler to boil rice in, saucepan, knife, measuring cup, teaspoon, tablespoon, strainer.

Directions—Wash, boil and blanch the rice as usual. Put the drippings and onions in saucepan and cook until the onion is tender; add the tomatoes, salt, green peppers, if you have them; boil all five minutes, stirring quite often; then add rice. Keep on fire a few minutes. Put the fish in centre of hot platter with the rice around. Garnish with sprigs of parsley.

P.S.—The water in which the rice was boiled is used for soup, and if there is too much put it in a glass jar for future use.

MARRIED BY TELEGRAPH.

Parties to Contract Separated by 1,200 Miles.

Laredo, Texas, Oct. 26.—Separated by 1,200 miles of telegraph wire and represented by proxies in the persons of two telegraph operators, Byron V. Linhart of this city and Miss Ruby Swartz of Butler, Mo., were married last night according to the rites of the Episcopal church. The bride and groom, each accompanied by a clergyman, stood beside the telegraph instruments in their respective cities as the full marriage ceremony of the Episcopal church was ticked off, and after signifying their willingness to accept each other as life partners, were pronounced man and wife.

ROYAL YEAST

Has been Canada's favorite yeast for over a quarter of a century. Bread baked with Royal Yeast will keep fresh and moist longer than that made with any other, so that a full week's supply can easily be made at one baking, and the last loaf will be just as good as the first.

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WINNIPEG TORONTO, ONT. MONTREAL

STORIES OF THE "BIG PUSH."

Experiences of Some of the Wounded From the Somme.

London is now being thrilled by the stories of the push on the Somme, which the wounded soldiers have brought back. Sorely wounded as many are, and after a journey which all the care made barely endurable, the men still tingle with the thrill of the charge, and their talk is all of the rush.

"We went over in grand style," said a sergeant recalling the assault on Montauban, "and found the place in an awful mess. Most of the house had been knocked head over heels—the only ones I saw standing were a couple of cafes. As we came on we saw lots of Germans running out of the back of the village, but there were plenty of them monkeying about the ruins. We divided the company up into groups of six, but as we neared the village we joined up again. My five pals and myself saw some in a ground floor room, so we dropped a Mills bomb through the window and didn't wait for an answer.

"As we turned the corner we saw a German lying round the end of a wall. He'd got a machine gun and had made a little emplacement with bricks. He turned the blamed thing on me and got me in the foot. It didn't stop me, though, and when I was getting near to him I felt two kicks over the heart. I didn't wait to see what happened, but simply went at him and bayoneted him. I couldn't go on much farther, so I sat down to see what was the damage.

"My foot was pretty bad, but when I looked at my left hand breast pocket I saw two holes in it. I opened my pocket and found that two bullets had gone through my metal shaving mirror, through my pocket case and had nosed their way into a book I was carrying. Funnily enough, earlier in the morning my officer gave me the book and said I could read it when I got into the German trenches, so I put it in my pocket, little thinking that I should be able to read a bit of it on hospital ship coming back. The two bullets after piercing the mirror and case had met and fused into one lump of metal.

"I saw three Germans come up to two of our fellows and throw down their rifles. So our boys chucked down theirs, too, and went out for them with their fists, and they didn't half give them a dusting.

"As we were going into Montauban we saw a German machine gunner up a tree. He'd got the neatest little platform you ever saw painted so that it was almost invisible. We shot him.

"The spirit of our boys was splendid. They simply loved the fun. One of them got blown up by a shell. He seemed pretty dazed, but he picked himself up and came along. All he said was: 'Oh, there must be a war on after all, I suppose.'

"We had carried the first two lines and on getting into the third we saw the Germans coming up from the two exits of a deep dugout and pouring down the trench. Our platoon commander got into the trench and picked them off as they came out. He had the mouth of the dugout on either side of him, say fifteen yards away. He was as cool as a cucumber. He simply turned from right to left and fired just as if he was in a shooting gallery. It was the best bit of fancy shooting I've seen."

Scotch Accent Too Much for Him.

The only real blot on my visit to Glasgow, says a writer in the London Sketch, is my total inability to speak with a Scottish accent. I rather pride myself, as most people do, on my vocal imitative faculties, but I confess to all the world here and now that I cannot imitate the Scottish accent.

My Irish is beautiful; it would make all Dublin weep. My American is quite good; I could nearly always get anything that I wanted in the shops if I had the money. Anybody can talk Welsh who cares to substitute "p" for "b" and "f" for "v."

But the Scottish accent eludes me. Sometmes I speak a little Scottish tentatively to the policeman or the tram conductors or the shopkeepers. The policemen draw their clubs, the tram conductors stop their trams, and the shopkeepers put up their shutters. I am not quite sure, but I rather think that I shall abandon the unequal struggle.

The One to Pay.

When she was Lady Randolph Churchill, Mrs. George Cornwallis-West consented to electioneer for Mr. Ashmead-Bartlett in his first parliamentary campaign. Mr. Ashmead-Bartlett was married to the Baroness Burdett-Coutts, a very rich woman, who was nearly forty years his senior. Lady Randolph, with her beauty and charms, did splendid work for the candidate.

To a group of farmers she said one day:

"Won't you promise me to vote for Mr. Ashmead-Bartlett?"

"My lady," said a red-faced farmer, with a chuckle, "we'll all vote for him if every vote 'll be paid for with a kiss."

"Thank you very much," said Lady Randolph. "Your offer is accepted. I'll send for the Baroness Burdett-Coutts at once."

A Great Vocabulary.

It was the office of a great sporting newspaper, and the golf editor was taking a brief holiday. In his absence the enquiries from readers which the golfing man answered through his correspondence column was handed to the racing editor. "Which is the better course," wrote an ardent follower of the royal and ancient game, "to fuzzle one's putt or to fetter on the tee?" The turf man tilted back his chair and smoked five cigarettes before taking his pen in hand. Then, when he had come to a decision on the weighty problem, he wrote as follows: "Should a player snaggle his iron, it is permissible for him to fuzzle his put; but a better plan would be to drop his guppy into the pringle and anoodle it out with a niblick."

New Way for Women.

It is with bated breath that I offer advice to the fair sex, but—herb growing for woman is "the chance" of the day. Among those most urgently wanted by chemists and doctors are belladonna, henbane, dill, camomile, valerian, dandelion, aconite, feverfew, foxglove, opium poppy, blessed thistle, common barberry, and broom-tips. Of these foxglove, colt's foot, autumn crocus, male fern, and the like, grow wild and only need collecting. Many others will find a ready market if well grown and prepared.

Just try this Coffee

SEAL Coffee BRAND

In ½, 1 and 2 pound cans. Whole—ground—pulverized—also Fine Ground for Percolators. 172

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Barrack St.

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"Sold at Mahood's Drug Store."

GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table

IN EFFECT JUNE 25TH, 1916.

Trains will leave and arrive at City Depot, foot of Johnson street.

	Going West.	Lv. City.	Ar. City.
No. 19	Mail	12.20 a.m.	12.57 a.m.
No. 13	Fast Ex.	2.55 a.m.	3.35 a.m.
No. 27	Loc. to Tor.	9.20 a.m.	9.54 a.m.
No. 1	Intl. Ltd.	1.41 p.m.	2.12 p.m.
No. 7	Mail	3.04 p.m.	6.40 p.m.
No. 21	Local to Belleville	6.43 p.m.	7.37 p.m

	Going East.	Lv. City.	Ar. City.
No. 18	Mail	1.40 a.m.	2.17 a.m.
No. 16	Fast Ex.	2.55 a.m.	3.35 a.m.
No. 32	Local to Brockville	8.15 a.m.	8.50 a.m.
No. 6	Mail	12.20 p.m.	12.52 p.m.
No. 14	Intl. Ltd.	1.08 p.m.	1.38 p.m.
No. 28	Local to Brockville	6.48 p.m.	7.37 p.m

Nos. 1, 6, 7, 13, 14, 16, 18, 19 run daily, other trains daily except Sunday.

For Pullman accommodation, tickets and all other information, apply to J. P. Hanley, Agent, corner Johnson and Ontario Streets, Kingston. Ont. Agency for all Ocean Steamship Lines.

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CABIN AND THIRD CLASS

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(Avonmouth Dock)

From Bristol		From Montreal
Oct. 3	FOLIA	Oct. 28

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MANAGERS AND AGENTS

ALLAN LINES.

Lv. Liverpool	Lv. Montreal
Oct 27 Scandinavian	Nov 11
Nov. 10 Grampian	Nov. 25

Lv. London	Lv. Montreal
Oct. 9 Corinthian	Oct. 27
Oct. 25 Sicilian	Nov. 11
Oct. 24 Ionian	Nov 11
Nov. 7 Corinthian	Nov. 25

Lv. Glasgow	Lv. Montreal
Oct. 21 Scotian	Nov. 4
Nov. 3 Pretorian	Nov. 19
Nov. 11 Scotian	Nov. 25

CAN. PAC. LINES

Lv. Liverpool	Lv. Montreal
Oct.14 Lake Manitoba	Oct.31
Oct. 20 Missanabie	Nov. 4
Nov. 3 Metagama	Nov. 18

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ANNOUNCEMENT!

As I have decided to vacate my present premises in the early spring of 1917, I am now prepared to make reductions on any monument that I have in stock.

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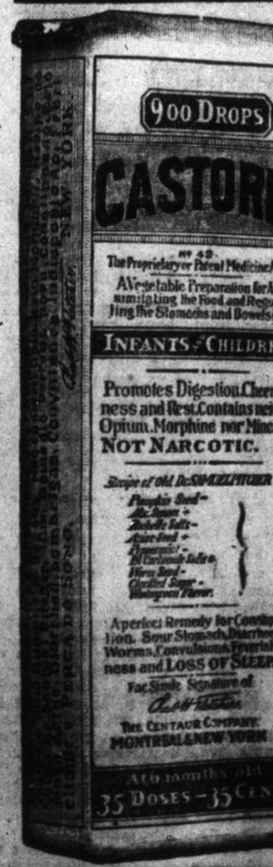

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