

H.P. SAUCE

Made in England every drop, and enjoyed all over the world.

One Quality One Price

Grocers keep H.P. on their handiest shelf, it sells so freely.

Simple Way To End Dandruff

There is one sure way that has never failed to remove dandruff at once, and that is to dissolve it, then you destroy it entirely. To do this, just get about four ounces of plain, common liquid arvon from any drug store (this is all you will need), apply it at night when retiring; use enough to moisten the scalp and rub it in gently with the finger tips.

By morning, most if not all, of your dandruff will be gone, and three or four more applications will completely dissolve and entirely destroy every single sign and trace of it, no matter how much dandruff you may have.

You will find all itching and itching of the scalp will stop instantly, and your hair will be fluffy, lustrous, glossy, silky and soft, and look and feel a hundred times better.

MEN! WHY SUFFER?

DR. WARD'S speciality is DISEASES OF MEN! He treats all the ills of the male sex. He has given the best relief to thousands of men suffering from DISEASES including America's most common ailments. He has restored thousands of weak, ailing men to health and happiness. He has cured all the ills of the male sex. He has cured all the ills of the male sex. He has cured all the ills of the male sex.

DR. WARD, 79 Niagara Square, Buffalo, N.Y.

THE LONDON DIRECTORY

(Published Annually)

enables traders throughout the world to communicate direct with English MANUFACTURERS & DEALERS in each class of goods. Besides being a complete commercial guide to London and its suburbs the Directory contains lists of EXPORT MERCHANTS with the goods they ship, and the Colonial and Foreign Markets they supply; STEAMSHIP LINES arranged under the Ports to which they sail, and indicating the approximate sailings; PROVINCIAL TRADE NOTICES of leading Manufacturers, Merchants, etc. in the principal provincial towns and industrial centres of the United Kingdom.

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LUNG AND CHEST TROUBLES

Cured by VENO'S LIGHTNING COUGH CURE.

The incomparable efficacy of Veno's Lightning Cough Cure has made it the supreme remedy of modern times for lung, chest, and throat troubles in children or adults. It is sure as it is quick, and safe as it is sure. You will not be disappointed if you trust to Veno's as a remedy for coughs and colds, asthma, bronchitis, influenza, nasal catarrh, whooping cough, and bronchial troubles in old or young. Prices 20 cents and 60 cents, from druggists and stores throughout Canada.

"CANADIANS AT XPRES."

(See Store Windows)

12 outer Covers from the 60 cent size of Veno's Lightning Cough Cure, or 24 from the 30 cent size, mailed to Harold F. Ritchie & Co., Ltd., 10 McCaul-st., Toronto, entitle you to a beautiful colored reproduction of this famous Royal Academy painting. The reproduction is on view in most druggists' windows.

THOMAS COPLEY Telephone 987

Drop a card to 13 Pine Street when wanting anything done in the carpenter line. Estimates given on all kinds of roofing and new work; also hardwood floors of all kinds. All orders will receive prompt attention. Shop 88 Queen Street.

THE CONFESSIONS OF ROXANE

(By Frances Walter)

MARIAM AND MR. GORDON COME TO LUNCH AND MARIAM LEARNS MY SECRET

(Copyright, 1916, by the McClure Newspaper Syndicate.)

Mariam arrived promptly at one o'clock; all smiles and dimples and pinkness and happiness. Mr. Gordon, who accompanied her, was as calm and sleek and confident as ever. Mariam's greeting, when I entered the hotel parlor, was as warm as if we had been separated a year, while Mr. Gordon's manner was that of a friend pleased to meet again a woman who interested him. He pressed my hand ever so slightly, but in the depths of his eyes there glowed that intense feeling which so often had frightened me.

"I thought we never were going to see you again, Roxane," cried Mariam with her customary enthusiasm. "It was just awful, the many mean things which kept you busy and made it impossible for us to see you. Imagine any one being so busy that they can't have a good time."

"I must have blushed when I remembered all the excuses I had made to her," Mr. Gordon, I knew, understood it all; but Mariam had taken my very thin pleas as literally true. She had no idea that I was trying to avoid, not her, but Mr. Gordon.

"One who moves to a strange city to establish a home finds much to do."

It was Mr. Gordon who came to my rescue. His eyes, which were fixed upon my face, read my thoughts, but there was nothing about him which indicated that he saw deeper than the surface.

"But it is perfectly horrid!" exclaimed Mariam. "Just because one moves is no reason why one should become a prisoner. Roxane has been here more than a month and this is the third time I have seen her. Yet she lives in a hotel and has servants by the hundreds to do whatever she wants done. I just can't understand it."

"There is one consolation, however," put in Mr. Gordon. "That is that when one is busy it is all the greater honor to be allowed to consume her time. Mrs. Pembroke's invitation is all the more appreciated on that account."

"Invitation?" laughed Mariam. "I did not tell you how we received the invitation, did I, Uncle John? We invited ourselves."

Over my protest she went on: "I asked Roxane to take luncheon with us and before she could reply definitely I changed the invitation into a suggestion that you and I come here to the Lorelle."

We all laughed at her frank statement.

"In any event we are here," remarked Mr. Gordon.

marked Mr. Gordon, "and we are very glad to be here. Personally, I would like to invite myself oftener if I thought we would be as graciously received as we have been on this occasion."

"What a stately statement!" cried Mariam. "Uncle John, I do believe you would have made a good center in Queen Bees' time. All that you need is a pair of short trousers and a wig, and you would be a second Sir Walter Raleigh."

"Not Sir Walter," he objected. "I believe he lost his head, didn't he?"

"And so may you," cried Mariam, "when the right woman is met. If Roxane wasn't married I believe you would lose it now."

I felt my face growing red, but Mr. Gordon's manner was unruffled, as he replied:

"Married women cost more heads than the unmarried. Mariam, it seems that the beauty is unspoiled by the rites of the altar, and the mere fact that they are unattainable adds to the lure. I have heard of men who became desperately in love with paintings, and I will wager that the average married woman is more attainable than a portrait."

"Why Uncle John, how foolish you talk. As though you know anything about love!"

A dull red crept up to Mr. Gordon's eyes. I could not tell whether it was caused by Mariam's flippant and disrespectful remark or whether it was due to something else which he or I might explain if we wished.

"That is a mistake which the young often make," he replied after a pause. "They think we old men never understand things which concern young people. As a matter of fact, old as I am, I was young once and, even though you may not guess it, I had the very same ideas as you have. Very few of us are born old."

"What a solemn conversation this is," interrupted Mariam. "Besides I am hungry and I know Roxane has ordered a good luncheon for us."

She twirled her arm around my waist.

"I don't know what is the matter with me to-day, Roxane," she said in a penitent tone. "I am just hurried, am I not? First, I am impatient to Uncle John, and then I accuse him of always being old. Why, he's the dearest youngest, sweetest old thing in the world, isn't he?"

"Of course he is," I agreed.

"We moved out into the corridor toward the dining room. Mariam's arm still about my waist, whispered to me: "Please forgive me, Roxane. I know I have been as foolish as I could be, but I have just made a discovery which upset me terribly. You know, I think Uncle John is in love with you."

It was a full minute before I could trust myself to reply.

"Low Cost of Living" Menu

Menu for Friday

BREAKFAST
Stewed Quinces
Cold Mashed Potatoes
Egg Omelet
Cream Muffins
Fruit Butter
Coffee or Cocoa

LUNCHEON OR SUPPER
Rice a la Creole
Japanese Pickles with Warm Thickened Fruit Syrup
Buttermilk, Milk or Tea

DINNER
Oatmeal soup
Deviled Fish
Creamed Potatoes
Stuffed Peppers with Cabbage
Cocoa
Coffee

Directions—Wash and boil the rice as usual; spread on platter and cover with a sauce made as follows:

Put the onion and bacon in pan and add the flour, which has been mixed with a little cold water; boil three minutes. Cover over with rice, and sprinkle with the chopped parsley.

TIDINGS FROM TWEED

Death of Mrs. J. Benson—The Fair a Success.

Tweed, Oct. 7.—On Wednesday morning, 4th inst., at the home of her parents, Mr. and Mrs. O'Coin, North Victoria street, occurred the death of Mrs. J. Benson of Rochester, N.Y. About a year ago Mrs. Benson was stricken with a lingering and painful disease, and it was then that she decided to once more visit home and friends, thinking to that the change of climate would prove beneficial to her health, but her obstinate illness resisted alike both climatic change and medical treatment. Though for months it was apparent to all that life was ebbing away it was not until a couple of hours prior to death that she lost hopes of recovery. Besides her parents she leaves two sons, two sisters and five brothers, her husband having preceded her to the grave about three years ago. The funeral was held on Friday morning when a lengthy procession of friends followed the remains to St. Carthage church where a requiem mass was sung by Rev. Father Quinn, after which interment took place.

The fall fair held here last Friday was the largest and best in the history of Tweed fairs. The weather was ideal and crowds came from far and near, evidently bent on sport. One feature that seems worthy of mention is the unusual large number of motor carriages seen on the streets. The races, which were good, offered one of the greatest attractions of the day, though many enjoyed, even more, a trip through the pavilion, where the ladies exhibit their wares, and the men, of all former years. Yet many said that they enjoyed most of all the quick hitching contest. In this contest only two young sports were to be found who possessed sufficient nerve to enter, but they proved themselves experts in the work.

F. Bouchette is back to work again after spending a couple of

weeks confined to his room by illness. Many of the teachers have gone to their respective out-of-town homes to spend Thanksgiving Day. Wednesday visiting Tweed friends Wednesday leaving for Toronto where he has gone to pursue his studies.

He is indeed course of nature who will point the finger of derision at misfortune.

Mother-Made, Quick Acting Cough Syrup

Should be Kept Handy in Every Home—Easily Prepared and Costs Little.

Mothers, you'll never know what you are missing until you make up this inexpensive, quick-acting cough syrup and try it. Children love its pleasant taste and nothing else will loosen a cough or ease cold and heal the inflamed or swollen throat membrane with such ease and promptness. It's equally as good for grown-ups as for children.

This splendid cough syrup is made by pouring 2 1/2 ounces of Pinex (20 cents worth) into a 10-oz bottle and filling the bottle with plain granulated sugar syrup. This gives you 16 ounces—a family supply of much better cough remedy than you could buy ready-made for \$2.50—a clear saving of \$2.

The moment it touches the inflamed, cold-congested membranes that line the throat and air passages, the healing begins. The highest fevers, soreness, hoarseness, cough, croup, and even whooping coughs are conquered by it in 24 hours or less. Excellent for bronchitis, whooping cough, spasmodic croup, bronchial asthma or winter cough.

Pinex is a highly concentrated compound of genuine Norway pine extract, combined with glycerol, and is famous for its quick healing effect on the membranes.

Beware of substitutes. Ask your druggist for "16 ounces of Pinex" with directions and don't accept anything else. Guaranteed to give absolute satisfaction or money refunded. The Pinex Co., Toronto, Ont.

THE RURAL SCHOOL FAIR

HELD AT MOUNTAIN GROVE ON 6TH OF SEPTEMBER.

Those Who Won Prizes—Harold Johnston and Vera McDonald Made the Best Showing in School Fair Week.

The second annual rural school fair for Olden township was held at Mountain Grove on Wednesday, September 6th. The exhibits were fair considering the backward season, and a good deal of interest was shown both by parents and pupils in this work. Dinner was served in the Orange Hall by the Ladies Aid Society of Mountain Grove.

By one o'clock the exhibits were all placed in the hall and the judges placed the awards. The judges were: Sewing, cooking, flowers, etc., Mrs. J. Shibley, Harrowfield; Essays, penmanship and drawing, M. R. Reid, M.A., Sharbot Lake; poultry and vegetables, W. H. Smith, B.S.A., Athens.

About 1.30 o'clock the crowd gathered in a nearby field, where an athletic programme was conducted. At four o'clock the hall was opened and after giving everyone an opportunity to see the exhibits, the names of the prize winners were announced, and the prize money paid. The prize winners were:

Potatoes—Irish cobbler—Earl Youmans, John Price, Gerald Cronk, Bertha Gorr, Fred Conboy, Martha Lutz.

Potatoes—Irish Cobbler—Arthur Dusharne, Harold Johnston, Earl McDonald.

Potatoes—Davies Warrior—Carrie Raymond, James Conboy, Fred Keilar, Arthur Charlton, Hiram Hawley, Everett Price.

Potatoes—Best kept plot, inspected in summer—Harold Johnston, Arthur Charlton, James Johnson, May Fox, Earl McDonald, Elsie Wood, Willet Gowdy, Bruce Barker, Hillyard Lutz.

Potatoes—Empire State grown from 1915 seeds—Cecil Kimberley, Fred Conboy, Everett Price, Egerton Barker, John Price.

Mangolds—Yellow Leviathan—Eileen Burke, Percy Short, David Chambers, Cassie Short.

Mangolds—best kept plot, inspected in summer—Norman Hawley, Ellen Burke, Noel Parker, Hiram Hawley.

Oats—Arthur Abbott, Murvil Cox, Everett Price, Wilfrid Burke.

Oats—Best kept plot, inspected in summer—Murvil Cox, Arthur Sly, Hillyard Lutz, Wilfrid Burke.

Oats—grown from 1915 seed sent out by department—John Price.

Oats, sheaf, five inches in diameter out of home farm, Victor Dorr, Everett Price, Willie Gorr, John Price.

Barley, Wilfrid Burke.

Barley, best kept plot, inspected in summer, Wilfrid Burke, Arthur Charlton, Collin McPherson.

Barley, sheaf, five inches in diameter, from home farm, Everett Price, Wilfrid Burke.

Sweet corn, Golden Bantam, Vera McDonald, Fred Alexander, Gerald Cronk, Earl Youmans, Leslie Conboy, Wilfrid Price.

Sweet corn, best kept plot, inspected in summer, Bryon Hawley, Earl Youmans, Fred Conboy, Vera McDonald, Robeyle Ball, Blanche Collins, Garnet Coulter.

Dent corn, stalk with ears, James Johnson, Herbert Conboy, Earl Barr, Kenneth Thompson.

Dent corn, best kept plot, inspected in summer, James Johnson, Jewel Parker, Douglas Hawley, Stewart Gosport, L. C. Teasdale.

Asters, Giant Comet, Rose Wood, Laura Barr, Evelyn McDonald.

Asters, best kept plot, Elsie Wood, Rose Wood, Laverne Tomlinson, Letta Asselstine, Mary Raycroft.

Sweet peas, Spencer Mixed, Ellen Burke, Vera McDonald, Fern Wood, Georgina Abbott, Mariel Sanderson.

Sweet peas, best kept plot, Vera McDonald, Norris Thomlinson, Ellen Burke, Mabel Johnson, Rose Collins.

Purly, Barred Rock, Earl McDonald; best cockerel, Earl McDonald, Kathleen Price, Winston Sanderson; best pullet, Earl McDonald, Clarence Cox, Cecil Kimberley; three birds from home flock, Kitson Thompson, Arthur Abbott.

Livestock, colt, led by pupil, Arthur Sly; led by pupil, Everett Price, Archie Barr.

Essay, "Our Three Worst Weeds and How to Control Them," Harold Johnston, Gertrude Price, Muriel Sanderson.

Essay, "My Plot" or "My Chickens," Lily Barr, Earl McDonald, Murvil Cox.

Weeds, best collection, named—Harold Johnston, Gertrude Price, Kathleen Price. Weed seeds, collection, bottled and named—Harold Johnston, insects, collection, mounted and named—Harold Johnston, Kathleen Price, Matilda Johnston, Dolly Bell, and Brown. Plant diseases, collection mounted—Harold Johnston, Layer cake—Rose Wood, Pearl Dawson, Lily Barr, Cookies, girls under 10—Della Drew, Rubie Allen, Wava Wood, Cookies, girls over 10—Bessie Allen, Dulcie Drew, Lily Barr; Bread—Murvil Cox, Muriel Sanderson, Rose Wood. Apron, handmade—Gertrude Price, Florence Steele, Iva Brown, Mittene—Dulcie Drew. Plain hand sewing—Kathleen Price, Luella Hartwick, Jean Fitchett. Fancy sewing—Dolly Bell, Iva Brown, Eida Brown. Apples, winter variety—Ethel Cox, James Johnston, Ellen Burke. Apples, fall variety—Everett Price, Victor Drew, Rose Wood. Milking stool—Clarence Barr, Ivan Allen, Russel Drew. Drawing (to scale) school grounds—Gordon Barr, Laura Barr, Fred Alexander, Evelyn McDonald. Drawing (to scale) landscape—Harold Johnston, James Conboy.

Penmanship, first verse of "God Save the King"—Kathleen Price, Laura Gorr, Murvil Cox, Irene Gendron. Penmanship, "Rules and Regulations of the Fair"—Gertrude Price, Harold Johnston, Vera McDonald, Pearl Dawson.

Boy making best showing in school fair work—Harold Johnston.

Girl making best showing in school fair work—Vera McDonald.

One of the most effective peace making words in the English language is "please."

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\$25 COMPLETE

Plays All Standard Records

The demand is here and must be supplied. We help you with our big advertising campaign. People are enthused over this musical innovation. Sales possibilities are immense. Our arrangements are liberal. You must act promptly as territory is being rapidly taken up. Write or wire.

Carola

COMPANY OF CANADA Limited
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CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria Always Bears the Signature of Dr. H. H. Mitchell In Use For Over Thirty Years

CASTORIA

Exact Copy of Wrapper.

900 DROPS

Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Alcohol. NOT NARCOTIC.

35 DROPS - 35 CENTS

Ladies Stylish Shoes

In the Frank W. Slater Strider Shoe.

\$4.00 and \$4.50.

H. JENNINGS, King Street

GRAND TRUNK RAILWAY SYSTEM

Local Branch Time Table IN EFFECT JUNE 20TH, 1916.

Trains will leave and arrive at City Depot, foot of Johnson street.

Going West	Lv. City	Ar. City
No. 18—Mail	12.20 a.m.	12.27 a.m.
No. 18—Fast Exp.	1.55 a.m.	1.58 a.m.
No. 27—Local to	8.25 a.m.	8.54 a.m.
No. 27—Lcl. to Tor.	8.25 a.m.	8.54 a.m.
No. 1—Int'l. Lcl.	1.41 p.m.	1.12 p.m.
No. 1—Mail	1.41 p.m.	1.49 p.m.
No. 31—Local to Belleville	6.48 p.m.	7.37 p.m.

CUNARD LINE

CANADIAN SERVICE

MONTREAL TO LONDON

(Via Palmouth)

From London	From Montreal
Sept. 23	AUSONIA
Oct. 14	ASCANIA

MONTREAL TO BRISTOL

(Via Plymouth Dock)

From Montreal	From Bristol
Sept. 20	AUSONIA
Oct. 3	FOLIA

Cabin Passengers Only.

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CANADIAN PACIFIC OCEAN SERVICES

LIMITED

MANAGED BY AGENTS

Lake Manitoba, Oct. 29th. Excellent accommodation. Best cuisine.

ALLAN LINES.

Lv. Liverpool	Ar. Montreal
Sept. 27	Scandinavian Oct. 12
Oct. 13	Carmania
Oct. 27	Scandinavian Nov. 11
Nov. 10	Carmania Nov. 25
Nov. 24	Scandinavian Dec. 9
Dec. 8	Carmania Dec. 22
Dec. 22	Scandinavian Jan. 5
Jan. 5	Carmania Jan. 19
Jan. 19	Scandinavian Feb. 2
Feb. 2	Carmania Feb. 16

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1 King St. E., Toronto General Agents.

Especially application forms furnished on request.

Pillow cushions sometimes fall because they do not get up with you in the morning.