Chase & Sanborn's Coffees have been dependable for a more than fifty



1/2, I and Z pound cans. Whole-ground-pulverizedalso Fine Ground for Perco-

### Oh

Come on over to Cooke's and have a Good Photo taken. His studio is 159 Wellington street, near Brock, right next Carnovsky's Fruit Store.

### MEN! WHY SUFFER?



DR. WARD,

In the pleasant plains beyond the moon; better than the elysium of the moon; better than the elysium of the moon; better than the Happy in the siek. One of the most scientifically in the offices in America. Every patient calling will a thorough clinical examination absolutely free. Convenient from all Railroad and Steamboat Low rate excursions to Butfalo all Summer. For further particulars and testimonials. All confidential and mailed under private cover.

In owed with milk and honey; better Nowland."

Nowland."

"And ne with milk and honey; better hone the elysium of the moon; better than the elysium of the moon; better than the Happy Hunting Grounds or the Garden of Eden."

"Better than the oasis is to the our hands desert traveler; better than the calm cach performent.

DR. WARD. BUFFALO'S LEADING SPECIALIST 79 Niagara Square, Opp. McKinley Monument BUFFALO, N. Y.

### Office Hours: -- Monday, Wednesday, Saturday-9 to 9. Tuesday, Thursday and Friday-9 to 6. Sundays-10 to 1 DRINK HOT WATER IIF YOU DESIRE A

ROSY COMPLEXION

Says we can't help but look better and feel better after an inside bath.

To look one's best and feel one's o'clock when Miss Ethel Herlehey in Peterboro. best is to enjoy an inside bath each was united in marriage to John Scan- H. W. Lockwood left on Tuesday morning to flush from the system the lan, and her sister Miss Marcella, be- for Calgary and Edmonton. Dr. H. previous day's waste, sour fermenta- came the wife of Jerry V. Lynett. Lockwood left last week for Chicago taken to Gananoque and tried by tions and poisonous toxins before it The brides, were gowned alike in to resume his studies at the Dental P.M. Carrell who sentenced him to is absorbed into the blood. Just as white satin, trimmed with Georgette college. Mr. and Mrs. James Menzie coal, when it burns, leaves behind a crepe and satin hats to match. Miss are spending a few days in Smith's hard labor. Mr. and Mrs. W. J. certain amount of incombustible ma- Marcella McGuiggan and Miss Isa- Falls. John Kelley of Chicago, is the terial in the form of ashes, so the bella Smith, who wore silk crepe de guest of Mr. and Mrs. Boburn. John food and drink taken each day leave chene dresses and wide satin hats, McCann returned home on Friday in the alimentary organs a certain were bridesmaides, while James from Kingston hospital. amount of indigestible material; Scanlan and Walter Whalen assisted which, if not eliminated, form toxins the grooms. The ceremonies were and poisons which are then sucked performed by Rev. Father O'Rourke. into the blood through the very Afterwards the newly-married cou- An Auto Skidded and L. McAvoy had ducts which are intended to suck in ples motored to the brides' home only nourishment to sustain the where a sumptuous dinner was serv- Seeley's Bay, Sept. 20.-Last Weded to a large number of guests. The nesday Lawrence McAvoy met with a

If you want to see the glow of numerous and costly presents receiv- bad accident while running an auto healthy bloom to your cheeks, to see ed attested to the popularity of the pear Inverary. The auto skidded your skin get clearer and clearer, you brides. After dinner the wedding and overturned on him pinning him are told to drink every morning upon parties left for Toronto and Niagara. underneath and breaking his arm. He arising, a glass of hot water with a The brides wore travelling suits of is now doing as well as can be exteaspoonful of limestone phosphate blue with Nile green sailor hats. | pected. in it, which is a harmless means of A very interesting real estate deal Mrs. C. Johnson, Lyndhurst, is washing the waste material and toxins from the stomach, liver, kidneys and bowels, thus cleansing, sweeten-, ing and purifying the entire alimentary tract, before putting more food

Men and women with sallow skins, liver spots, pimples or pallid complexion, also those who wake up with a coated tongue, bad taste, nasty breath, others who are bothered with headachese bilious spells, acid stomach or constipation, should begin this phosphated hot water drinking and are assured of very pronounced results in one or two weeks.

A quarter pound of limestone phosphate costs very little at the drug store but is sufficient to demonstrate that just as soap and hot water cleanses, purifies and freshens the skin on the outside, so hot water and limestone phosphate act on the in-side organs. We must always consider that internal sanitation is vastly more important than outside cleanliness, because the skin pores do not absorb impurities into the blood. while the bowel pores do.

## THE CONFESSIONS OF ROXANL

By Frances Walter.

ARTHUR AND I PLAN OUR FUTURE

(Copyright, 1916, by the McClure

Arthur, his arm still about my aist, led me to the hammock and there we seated ourselves, side by side, arms entwined about other; each with heart so full that utterance for the moment impossible. I looked him and saw that tears were standing in his eyes. My own, long before, had grown misty with happi-

"Dear Roxane!" he breathed, pressing me close to him.

"Dear Arthur!"

These were the only words we uttered for a long time. Arthur's mind must have been busy with the past, but the present was sufficient for me. I wanted nothing more; needed nothing more to complete my happiness. My husband had returned to me and was not ashamed that I had taken him back to my heart. All things else became mere trifles in comparison. The question of home, business, future, did not enter into my mind There was no room there for any ning save the present

"Roxane," Arthur's voice was hoarse and the moisture in his eyes increased. J'It has been so long since I saw you; so long since I held you in my arms. Ah, it has been an eternity of misery!"

His voice choked 780 that he had

"Don't," I pleaded. "It is all over now. Don't talk about it. We have each other once more. The past doesn't matter. Let us live for the great, glorious NOW. He pressed me close to him with

convulsive strength. "You are right," Roxane," he said. "We shall live in the NOW always. There has been too much of the past and too much of the future in our lives; there is too much of the past and the future in everyone's life. We

of the future." "Nothing shall matter." I agreed. Whatever the future may bring

shall forget the past and not think

DISEASES of MEN! He treats nothing else. For the pest 28 years he has given the best part of his life to the study of MEN'S DISEASES including America's and Europe's best hospitals. He has restored thousands of Weak, Alliag Men to Vigorous Manhood, Health and Happiness sgain. Scares have doctored eisewhere in vain. Hundreds of cured patients have recommended their softly. "How often I have uttered it lately, and there was no response Fathers have sent their sons.
The treatment they received and which you will receive is such as approved and recommended by the best medical authorities the world over! It is just the treatment for YOU—the BEST—SAFEST, and SUREST Cure known to medical science.

I ately, and there is such as gentle voice come if speak to you."

Hush!" I crie upon his lips. Now you are in my arms and your gentle voice comes back to me when

"Hush!" I cried, placing my hand upon his lips. "We were not to

"The sweetest land in all the world. Better than the land which

er; better than sleep that 'knits up ing on his shoulder.

WESTPORT SISTERS

or the stars ever twinkled."

Took Place in St. Edward's

Church, Westport.

the raveled sleeve'; better than any- Outside the summer house I could brought me around to face him. thing upon which the sun ever shone hear the bees buzzing in the sun-"And it is our land, Arthur-this hen was clucking to her brood of and lovingly into my eyes.

We walked through the garden until we came to the great swing, where we sat when we planned our marriage, ale at a

home in it-our new home. Now as well as Nowland."

He broke into a short, happy laugh, the very sound of which seem-If you are a sofferer from any NERVOUS, KIDNEY.

BLADDER or STOMACH All,MENT, PILES, FIS.

TULA, or RECTAL MALADIES, consult DR. WARD

FREE stonce—his treatment in such cases has not only proven invaluable, but SUPERIOR to the ordinary treatment you read or hear about, and the Treatment that you will Eventually take when all other methods have

If you are a sofferer from any NERVOUS, KIDNEY.

live in the past; not, to mention it.

We are living in the NOW."

"It is a very delightful place in the stopped suddenly and looked at me, his face growing white.

I pressed his hand reassuringly for the stopped suddenly and looked at me, his face growing white.

I pressed his hand reassuringly for the stopped suddenly and looked at me, his face growing white. I pressed his hand reassuringly for riage.

understood. "Be as happy as you wish," I told flowed with mifk and honey; better him. "There is no law against it in

"And never shall be, so long as told him, rainbow; better than the Happy you and I rule over it," he replied. Silence again fell upon us. He had "Better than the oasis is to the our hands were clasped as we sat, phy, and the summer house where desert traveler; better than the calm each perfectly contented, side by we learned that our love could never harbor is to the storm tossed voyag- side, in the hammock, my head rest- die."

also in the welfare of the town.

MET WITH BAD ACCIDENT

sound parred the stillness. But of "And the home shall be called these we were only remotely con-Now, and it will be in the City of scious. Our hearts were too full of ourselves.

Finally I arose.

"Come." We walked through the garden unfor he stopped suddenly and looked til we came to the great swing where we had sat and planned our mar-

"Do you remember?" I asked him. He smiled his answer. "It is the dearest place in the world to me, with two exceptions," I

"And they?" "The little home where we first removed his arm from my waist, and learned the falseness of our philoso-

> He took me by the arms and "You are the sweetest woman in

shine, and further back a fussy old the world," he said, gazing steadily

went through last week when Pte. E. visiting her old home and friends WEDDED TOGETHER O. Whitmarsh sold his meat shop to here for a few days. G. D. Gilbert, R. W. McDonald. Pte. Whitmarsh Gananoque, visited friends here last expects to leave for overseas the last Tuesday.

taken to Kingston General Hospital interest in the sporting circles and last Friday for treatment died last Sunday, caused by an abscess on the Miss Nettie Taggart and Miss brain. The body was brought to her Westport, Sept. 19. - A double Marie Whelan left last week to take father's, S. Caird's, and kept till wedding took place in St. Edwards a year's course in normal college. Tuesday and then taken to Elgin for church Monday morning at 8.30 The former in Ottawa and the latter interment.

> rested a few days ago by Constable C. Brady near Lyndhurst and was six months in Central Prison with Berry and son, Hilliard, Gananoque, visited friends here a few days ago. Mrs. McTur, Bath, visited her daughter who is assistant teacher in the public school here, a few days ago. Miss Blanch Shook a nurse-in-training at Cornwall, is spending a few holidays at her old home here.

Why Prize List Was Delayed. The Kingston post office is making a record for itself in prompt delivery. An official of the Inverary Fair mailed the prize list to the Whig on either Sept. 13th or 15th-the date on the postmark is not quite clear. The first notification the Whig had was on the forenoon of Wednesday, the 20th nst., when an unpaid card was sent us showing that the letter was repos ing in the Kingston post office awaiting the payment of 4c. Such a card publishing this information so that our readers in the country will understand why the prize list was not printed sooner. Apparently the post office authorities think we are publishing a monthly magazine insteady of a daily newspaper.

Mrs. George Davis, accused of shooting and killing Fred Spencely

Eliza Frederick, wife of Gilbert Frederick, died at Belleville on Sun-Directions-Put the milk on in top day after two months' illness. She

# IF YOU DO NOT LIK YOUR MONEY BACK

### Save the Babies

FOR THE EMPIRE'S SAKE **USE ONLY PASTEURIZED MILK** Our Milk is Thoroughly Pasteurized and sold in Sealed Bottles.

Phone 845

### Horodome D' J. Collis Browne's HE ORIGINAL AND ONLY GENUINE.

Acts like a Charm in DIARRHOEA Specific in CHOLERA and DYSENTERY.

Checks and arrests those too often fatal diseases-FEVER, CROUP, AGUE. The best Remedy known for COUGHS, COLDS, ASTHMA, BRONCHITIS. Effectually cuts short all attacks of SPASMS. s the only pulliative in NEURALGIA, RHEUMATISM, TOOTHACHE

Colorodyne is a liquid taken in drops, graduated according to the malady. invariably relieves pain of whatever kind; creates a calm refreshing sleep; allays irritation of the nervous system when all other remedies fail, leaves no bad effects; and can be taken when no other medicine gan be tolerated. INSIST ON HAVING

Dr. J. COLLIS BROWNE'S CHLORODYNE. The immense success of this Remedy has given rise

to many imitations. N.B.-Every bottle of Genuine Chlorodyne bears on the stamp the name of the inventor, Dr. J.

Wholesale Agents, Lyman Br os. Co., Limited, Toronto.

CONVINCING MEDICAL TESTIMONY WITH EACH BOTTLE. Sold by all Chemists. Prices in England: ole Manufacturers: J. T. DAVENPORT.

LONDON.

to Oct. 8th, inclusive, at following

Vancouver. Victoria. Prince Rupert. New Westminster. and Nelson, B.C.

Los Angeles,

San Diego, and

Portland. Oregon, seattle. Tacoma, and Seattle, Wn.

San Francisco. Proportionately low rates to other points. For full particulars apply to J. P. Hanley, C.P. & T.A., Corner

Johnson and Ontario streets.

CANADIAN SERVICE MONTREAL TO LONDON

Sept. 5 ... ASCANIA ... Sept. 23 Cabin and Third Class

MONTREAL TO BRISTOL (Avonmouth Dock) Sept. 26 ... FELTRIA ... Oct. 12 Oct. 3 ...... Folia ..... Oct. 24

For information apply Local Ticket Agent, or The Robert Reford Co., Limited, 50 King Street East, Toronto.

Cabin Passengers Only.



Lv. Glasgow Lv. Montreal Sept. 2 Pretorian Sept. 16

CAN. PAC. LINES Lv. L'pool. Lv. Montreal Sept. 15 Missanable Sept. 30 Sept. 29 Metagama Oct. 14 For Rates, Reservations, Etc. apply Local Agents, or ALLAN LINE

95 King St. W., Toronto L E. SUCKLING. King St. E., Toronto General Agents Passport application forms furnished on request.

The Montreal City, and District Savings Bank has made a subscription of two million dollars to the war

# Is Going to Control Sales of the In Your Territory?



Plays

Standard

Records

The demand is here and must be supplied. We help you with, our big advertising campaign. People are enthused over this musical innovation. Sales' possibilities are immense. Our arrangements are liberal. You must act promptly as territory is being rapidly taken up. Write or wire.



TORONTO

The Nightingule of Phonographs

# "Low Cost of Living" Menu

Menu for Friday

Milk or Ten DENNER anned Small Plob Hashed Potatoes calloped Tomstoes Cocoa Cornstarch

Materials-Two cups milk, 1 tablespoon cocoa, 2 tablespoons sugar, 1 tablespoon cornstarch, 1/4 teaspoon

ing cup, teaspoon, tablespoon, mix- say on Nov. 14th.

gar and salt with a little cold milk and add to the boiling milk and boil ten minutes. Pour into glass dish or ice-cream glasses. This is a very attractive descent if served with a tractive dessert if served with a sociation

Double Marriage Ceremony of September. He will be missed in Mrs. Ezra Baxter, Jones' Falls, Westport as he always took a keen

William Oatis, a vagrant, was ar-

should have been sent immediately upon receipt of the letter. We are

at Kinmount on Sept. 6th, was com-Utensils-Double boiler, measur- mitted for trial for murder at Linds

spoonful of whipped cream on top and Don't think for a minute that the a quarter teaspoon red jelly on the actors and actresses kiss every time they wake up.