

Told in the Twilight --- In the Realm of Woman

THE CONFESSIONS OF ROXANE

By Frances Walter.

I ALMOST ANSWER ARTHUR'S LETTER

(Copyright, 1916, by the McClure Newspaper Syndicate.) It may seem remarkable at first...

I awoke in the morning much refreshed and after I had made my toilet I felt much more able to cope with the situation...

Isn't it strange that women are so much less selfish than men? I refer to the average woman and the average man...

As these thoughts passed through my mind I began to feel my own superiority to Arthur.

Suddenly I thought of Mr. Gordon and the time we were in Audubon Park—the time when he had all but told me of his love for me...

I called for pen and paper and began to write. I am disconcerted with him and sought a third. I am setting down these thoughts in something like the way they came to me...



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"Low Cost of Living" Menu

Menu for Sunday

- BREAKFAST: Cantaloupe or Fruit of Choice, Boiled Cereal, Baking Powder Cinnamon Bun, Coffee or Cocoa. DINNER: Roast Leg of Lamb, Browned Sweet Potatoes, Succotash, Coleslaw on Lettuce Leaves, Frozen Peaches, Coffee. SUPPER: Bread and Milk, Fruit, Coconut Loaf Cake, Iced Cocoa.

Materials—Half cup grated coconut, 1/2 cup butter, 1 cup granulated sugar, 2 eggs, 1/2 cup milk, 2 cups flour, 2 level teaspoons of baking powder.

Menu for Monday

- BREAKFAST: Stewed Plums, Cereal of Choice, Boiled Eggs, Marmalade or Fruit Butter, Coffee or Cocoa. LUNCHEON OR SUPPER: Fried Eggplant, Hashed Brown Potatoes, Pickled Beets, Cookies, Milk or Tea. DINNER: Irish Stew, Cabbage Salad, Huckleberry Fluff, Iced Coffee or Tea.

Irish Stew Materials—One and a half pounds

ACTIVITIES OF WOMEN

Women enjoy trapshooting more than any other sport. Germany's surplus of women now totals nearly 1,000,000. The munition industries in France employ over 100,000 women. Woman telegraph operators in this country number over 3,200. Massachusetts has over 9,000 school teachers on the pension fund. London has a school where women are given a course in grocery salesmanship. Miss Guard, the motion-picture actress, never had any stage experience. Canadian women are organizing to boycott German and Austrian manufactured goods. Miss Oma E. Pluke has been appointed commissioner of charities in Middletown, N. Y. Several thousand women clad in overalls recently paraded the streets of London. Birmingham is the only city in England where women are licensed as taxi drivers. The price of women's shoes will be increased from twenty to forty per cent. during the coming winter. In a few years Germany will have more women attorneys than any other country in the world. The chairman of the League of Nations, Georgia and Albania, are working for compulsory educational laws. New York city has 500 mother police who act as unpaid assistants to the regular police force. From the time of the last century the women of Russia have assisted the dragoons for professional training. Many British women doing men's work are wearing trousers, as they are more comfortable and convenient dress. Mrs. Charles E. Hughes, wife of the Republican candidate for President, is a graduate of Wellesley college. Although not a sailor's wife, Mrs. Elizabeth W. Joy, Baltimore, Md., has crossed the Atlantic ocean 29 times. One of the results of the present war is the astonishing increase of women students in all German universities. Mrs. Martin ... still keeps up her interest in the purchase of the home of Thomas Jefferson at Monticello. Miss Elberta Foundry has charge of the Bureau of Life Tables in the United States census bureau. Miss Marie A. Peary has taken up aviation and is contemplating a trip to the north pole in an airship. Mrs. O. H. P. Belmont has pledged herself to raise a fund of \$500,000 to secure the passage of a federal amendment granting suffrage to women. Miss Etta M. Burkhardt of Sheridan, Wyo., is conceded to be the queen of potato growers in the United States. She has a record of raising 640 bushels to the acre. In the districts of Poland, now occupied by the Germans, all healthy women are compelled to work in the military bakeries, washhouses and other military army institutions. Several cities in England now employ women as car conductors. Among the largest are Glasgow with 1,200; Birmingham with 700; Liverpool with 300; Sheffield with 600 and Leeds with 400. Miss Lotta Crabtree, once one of the feted idols of the American stage and now nearly 70 years old, has joined the artist colony at Gloucester, Mass., and recently began the study of art. Twenty thousand clubwomen in Texas are working for good roads. They have built rural clubhouses, established markets for farm women and offered prizes for the best conducted rural schools. Countess von Bernstorff, formerly Miss Jeanne Luckmeyer of New York city, and wife of the present German ambassador to the United States, has not seen her husband since the outbreak of war. The state railways of Wurtemberg, Germany, have appointed the first woman stationmaster in that country. She has complete charge of a station and directs the incoming and outgoing of all trains. The labor reserves in America to supply the existing demand are women. Many thousands of them have already been drawn into industry for the first time without adequate provisions for housing and protection being made for them. Investigations among the three great industries—the southern cotton group, the glass industry and the Pennsylvania silk group—show that more than two thirds of the girls employed are under twenty years of age, while the proportion of married women runs from ten per cent. up to 50 per cent. When President Wilson ordered the national guard to the Mexican border, Mrs. Charles E. Hughes, Mrs. L. M. Garrison and Mrs. George W. Wickersham conceived the idea of a Women's American Supply League and are seeking the co-operation of all women who have time and money to give forward to their aims. Plans were made recently in New York for a woman's motor brigade as an adjunct to the national guard to be ready to act in emergency. The brigade will consist of three divisions of automobile owners, women who drive their own cars, women who will learn to drive them and women who will allow the use of their cars at all times. Mrs. Esther Cleveland, daughter of President Cleveland, is studying the Braille system of alphabetical instruction for the blind at the Pennsylvania Institution for the Instruction of the Blind. She is doing this so as to prepare herself for her proposed trip to France, where she will teach the soldiers who have lost their sight in the war. Fraulein Kadner, of Popendorf, Saxony, is the first woman who has been successful in passing examinations as a slaughterhouse assistant. She is an expert in the killing of calves. The German Woman's Franchise union, whose constitution demands political equality and the Reichstag for women, has over 4,000 members.



(Continued from page 7.) Among those present at the Yacht Club tea on Wednesday afternoon were: Mrs. J. M. Campbell, Mrs. W. R. Givens, Mrs. Campbell Strango, Mrs. John McKay, Mrs. J. J. McKay, Mrs. R. S. Waldron, Mrs. C. Livingston, Mrs. R. D. Sutcliffe, Mrs. Norman Fraser, Mrs. R. J. Gardner, Mrs. Hubert Ryan, Mrs. Harold Lewis, Mrs. James Rigney, Mrs. D. G. Laidlaw, Miss Mamie Garrett, Miss Winnifred Claxton, Miss Sarah Willis, Miss Whitehead, Miss Marjorie Lowe and Miss Aileen Regan. Mr. and Mrs. E. N. Cokfarr and Mr. Russell, of New York, motored to Kingston this week, and are the guests of Mrs. Leighton Guess, Brock street. Mrs. Bell, of Sydenham, spent a few days in town this week. Miss Edna and Miss Marion Booth, who have been spending the summer at Collins Bay, returned to town on Monday, and are again at the Avonmore. Miss Helen Rew, New York, is coming to Kingston on Monday, and will be the guest of Mrs. Gamsby, King street. Mr. and Mrs. W. A. Gunn returned to town on Thursday, after spending the past three weeks at Wellington. Miss Ethel Milligan, who has been visiting Miss Flora Stewart, left on Thursday for Montreal en route to her home in St. John. Mrs. Farrell and Miss Beattie Farrell, who have been spending the summer at Thousand Island Park, returned to town on Friday, and are at the Avonmore. Mr. and Mrs. Rudolf, who have been visiting Mrs. Leighton Guess, returned to New York on Thursday. Miss Georgina Elder returned home on Thursday after visiting her sister, Mrs. W. G. Robinson at Transcona, Manitoba. Miss Grace Cokfarr, of New York, is visiting Miss Helen Baxter, Barriefield. Miss Marion Booth is spending the week end in Toronto. Dr. Kirtley F. Mather, who has been in Colorado for the past two months, returned to Kingston early in the week. Mrs. James Boyd and little son, Gordon, who have been the guests of Mr. and Mrs. Philip Haffner, 409 Johnston street, for the past month, have returned to their home in Toronto. Mr. and Mrs. George Kemp, of Rochester, are the guests of Mrs. Bates, Princess street. Mr. and Mrs. Bert Thompson, Martia Albert and Mrs. A. Hopkins, Stuart street, left on Thursday for Toronto, accompanied by Miss Isabelle Thompson. Mrs. T. J. Larkin and children, who have been visiting Joseph McBridge, Princess street, will return to Toronto, accompanied by her sister, Mrs. George Irvine. Miss Phyllis Munro Welsh, formerly of Kingston, is in the city to spend two weeks with friends. Baked Hash Put what is left over from Saturday's pot roast through the meat chopper, and for every cup of meat mince allow one medium sized onion and one potato. Boil the potatoes until nearly soft, then put in the peeled onions and cook until the potatoes are mealy; the onions should be rather hard. Chop the onions and mash the potatoes, add the meat and a heaping tablespoon of drippings or butter. Back rather solidly in a well greased pan and cook in a moderate oven while the raised rolls are baking. The hash should have a crisp brown crust on the under side. Woman's World for September. Baked Lima Beans and Pork Cook a four-inch square of salt pork or bacon until done, then take out and in the same water cook a quart of lima beans, measured after shelling. When the skins turn back when you blow on it, drain beans, put pork in the centre of baking dish and pile beans around. Bake until pork is browned. In the winter dried limas may be used after soaking.

MAGIC BAKING POWDER advertisement with image of a woman and product tin.

Allenburys' Foods advertisement with image of a baby and product tins.

Lantic Sugar advertisement with image of a sugar bag and text: 'Do ALL your preserving with Lantic Sugar. Pure cane. "FINE" granulation. High sweetening power. Order by name in original packages. 2 and 5-lb Cartons 10 and 20-lb Bags. Free This Book of printed and gummed labels for fruit jars. Atlantic Sugar Refineries, Ltd. Power Bldg., Montreal 25'

Century Salt advertisement with image of a woman and text: 'You will like this Salt! It will please you just as it did me with its wonderful whiteness, its strength, its purity, and free-running properties. "the Salt of the Century" is made by Sarnia's oldest and best equipped works. The superior vacuum processes used give Century Salt a decided preference for either table, dairy or farm use. All leading grocers can supply you. DOMINION SALT CO., Ltd., Sarnia'

McCormick's Sodas advertisement with image of a soda box and text: 'What could be more appetizing than fresh, crisp, McCormick's Jersey Cream Sodas which have been baked in white enamelled revolving ovens, by men in snowy white suits? Sold fresh everywhere in different sized packages.'

Corson's Orchid Talcum advertisement with image of a talcum bottle and text: 'CONSIDER YOUR COMPLEXION. If you have a proper regard for it you will insist upon the purity and antiseptic qualities of your talcum. CORSON'S ORCHID TALCUM will not clog the pores. Prepared from the most expensive talc, it is impossibly fine and smooth. It imparts a freshness and bloom that women everywhere find charming while its fragrance has a dainty appeal to the fastidious. 25c. For Sale At All Druggists, Sovereign Perfumes, Ltd. 146 Bloor Ave., Toronto'

Ivory Soap advertisement with text: 'The Lather's the Thing THE delightful lather from Ivory Soap is due to several things. First, is the high quality of the soap. Second, is its freedom from unsaponified oil. Third, is the nature of the lather's formation—an endless series of minute bubbles, light, lively, copious. You'll like the Ivory lather. 5 CENTS IVORY SOAP 99 1/2% PURE IT FLOATS. Procter & Gamble Factories in Hamilton, Canada'