### THE CONFESSIONS OF ROXANE

By Frances Walter.

PARTLY EXPLAINED

I had persisted in asking my attend-ant the day before, was the first one put to her now.

Where is my husband?" "In New York," she replied with-

ew York?" I repeated slowly

he-" My voice faltered. of course," smiled the nurse, se name I had learned was Miss . "How else could he be in

was too much troubled to note

iddenly I remembered the night arrived in New Orleans and my husband's insistence that I go and dine with the Regliers. So he had carried his cruelty even farther! He and left me when I was desperatly

left," said Miss Thompson. "Or if you were he did not know it." "How strange!"

One might have thought that the nurse wished to defend him. She

"Of course I do not know as much about the circumstances as you would like to hear, but I was instructed to tell you that Mr. Pem-broke departed burriedly that after-noon you were out with Miss Howard and her uncle. Mr. Pembroke tried to find you at that time, but it was necessary for him to catch a certain train, and the best he could do was to leave you a note. If merely stated that he would wire you immediately upon arriving in New York, and would tell you in the telegram where he would be. Letters addressed to him at the Waldorf-Astoria would reach him mean-

"When you became ill the note was found on your dressing table. Mr. Gordon wired him the next day that you were sick, but the message did not say your condition was serious. Since then Mr. Gordon has serious. Since then Mr. Gordon has serious. Since then Mr. Gordon has serious at the total tot opened the telegrams partly to be sure that he was still in New York he was getting the messages which were sent to him. The last message which came this morning, said le was leaving last night for home. Ie will be here tomorrow.

She went to another part of the room and returned with a handful of legrams. "Here they all are," she said. "Shall I read them to you?" "Read the note first," I told her.



I waited until what I thought was an auspicious moment, and when the urse came to my bedside, I caught h er hand and detained her. She searched the sheaf of mes-| Thompson declare. "It must have

"I know where it is," she cried as I ran over the messages. Evidentif suddenly remembering. "I show- ly Mr. Gordon, for some reason, had

This proved to be true. The note I was well again. was in Arthur's big boyish handwriting and evidently had been hastily The missive told repeatedly of the at once, and then went on to tell reap as a result. There was enthusme, as the nurse had said, that he lasm to be read in every sentence would wire his address and would and between every line. They were write fully as soon as he could.

"But the letter he mentions," asked, "Where it it?"

sages but could not find it. been missent."

written by the Arthur I knew before I came to New Orleans; in the days when we were supremely happy in our little nest back North:

## Northern Ontario Fire Relief

A Committee has been formed to receive Funds for the Relief of Sufferers

The Northern Ontario Fire Relief Committee, consisting of representatives of the Dominion and Ontario Governments, City of Toronto, Ontario Associated Boards of Trade, Toronto Board of Trade, and Canadian Manufacturers' Association, has been formed at the request of the Ontario Government to solicit and administer funds for the immediate relief of fire sufferers. The Dominion and Ontario Governments have each subscribed One Hundred Thousand Dollars, and the City of Toronto Fifty Thousand. It is estimated that at least Four Hundred Thousand Dollars is needed to effectively relieve the situation, which is very serious. Citizens are urged not to make contributions through other than the Toronto central organization, in order that duplication and waste may be avoided.

Subscriptions are earnestly and urgently requested, and should be made payable to T. Bradshaw, Commissioner of Finance, Toronto, Treasurer of the Fund.

> ARTHUR HEWITT, President Toronto Board of Trade, Chairman.

### NORTHERN ONTARIO FIRE RELIEF COMMITTEE

ARTHUR HEWITT ...... Chairman T. BRADSHAW ...... Treasurer

F. D. TOLCHARD (Toronto Board of Trade). Secretary

R. C. HARRIS S. R. PARSONS FRED. DANE Representative to be Appointed by the Dominion Government.

# Public Opinion



The first taste of New Post Toasties reveals the fact that something different-something better - has arrived for the breakfast table.

The secret is in the flavor—a self-developed flavor of pearly white Indian corn-not the flavor of cream and sugar upon which other flakes have to depend.

And notice, too, the appearance of New Post Toasties, particularly the tiny "bubbles" on the surface of each flake. These bubbles are a distinguishing feature—produced by the quick, intense heat of a

new patented process of manufacture. New Post Toasties do not "chaff" nor crumble in the package and they don't mush down in cream like other flakes. They're more substantial and are altogether more satisfactory than any flakes that have preceded them.

The proof is in the eating-have your grocer send you a package.

Made in Canada-By Canadian Postum Cereal Co., Ltd., Windsor, Ont.

tured him the day he came home and The priceless things of a nation told me of his promotion and instructions to go South. It had meant Not 'gainst defenceless women so much to him, yet in the wake of this seeming good fortune had come the keenest anguish I had ever Not gainst the weak and fallenknown!

(To Be Continued.)

It isn't the way of the British, On the fair, white field of their valor The shadow of shame to bring. There isn't a lad in the army, There isn't a lad on the sea,

By a deed of infamy. It isn't the way of Britain To grasp with greedy hand. and hold with a despot's power. Domain in friendly land.

Would dim the light of his honor,

But she fights for "a scrap of paper," She dies for "an old colored rag When the one is her word of promise And the other her blood-stained

It isn't the way of the British, With ruthless hands of hate,

To plunder and desecrate. And children their guns are

It isn't the way of the British To strike like the heathen hordes, To torture the helpless captives They take at the point of their

Her strength is the strength of In the fight for country and King For her sons in the far-flung warfare,

There were thirty or more of our

gunners-It was but a week ago-

It was certain death, and they knew But the valour in each heart

Again came the short, sharp sum-

turned: That isn't the way they've learned.

swords. That was never the way with Britain,

Fight like gentlemen.

Were called to a post of peril, In the path of the furious foe.

"Good-bye, good-bye to you fellows! They called and never returned.

And there dashed through the sulphurous smoke.



richly deserve."—Dr. Alexander Bryce, D. P. H. (Camb.)
Author of the Laws of Life and Health and Dietetics, etc.

HE reason why Kellogg's Toasted Corn Flakes appear regularly on the breakfast and luncheon tables of thousands of Canadian homes is chiefly because they combine all the qualities of a highly nourishing and palatable food without making any special demand upon the

THE BATTLE CREEK TOASTED CORN FLAKE COMPANY, LIMITED

"Low Cost of Living" Menu

### Menu forWednesday

Stewed Penrs Cereal of Choice Creamed Codfish on Tonst Coffee or Cocon

LUNCHEON OR SUPPER Codfish Cakes with Tomato Sauce Fruit of Choice Cookies or Crackers

Lamb Broth Browned Sweet Potatoes
Lima or String Beans
Lettuce Saind
Lemon Sherbet

Creamed Codfish on Toast

Materials—One package of codfish,

1cup milk, 1 tablespoon butter, 1 tablespoon flour, 1/2 teaspoon grated

and press out all the water; add to Utensils—Measuring cup, teathe cream sauce. Serve on rounds of spoon, tablespoon, saucepan, toast; garnish with sprigs of pars—Directions—Cook the above inley. The reason for pouring the boil- gredients slowly until thick. Serve ing water over the codfish is to re- hot or cold with codfish cakes, same move the extra salt.

Sauce-Put the butter into saucepan; when melted add the flour and stir until smooth and creamy; add the cold milk slowly, stirring until Upheld by the hosts of heaven smooth and creamy; add onion and salt and pepper to taste. Boil three

Codfish Cakes With Tomato Sauce Materials-One quart potatoes, codfish which was pressed and not used for the creamed codfish for breakfast, 1 tablespoon butter, 1 teaspoon grated onion, dash paprika 1 egg and breadcrumbs.

Utensils—Saucepan, potato mash-er, tablespoon, teaspoon, two soup plates for flour and egg, eggbeater. Directions-oBil and mash the potatoes, and add the codfish, the butter, onion and paprika. Mix well. Make into twelve small cakes; dip in flour, then in egg, which has been mixed with a little cold milk, and last in breadcrumbs. Fry in deep

Utensils — Colander, measuring tomatoes, 1 tablespoon grated onion, cup, teaspoon, tablespoon, saucepan. I teaspoon sugar, ½ teaspoon salt.

Directions—Put the codfish into ¼ teaspoon paprika and a little mixcolander; pour boiling water over ed ground spice.

While a wreath of smile outbroke-Thirty follow the thirty.

And eager ranks close in That is the way with the British. That is the way they win. That is the way of the British-In the strength of their righteous

They strike for their king and usual hour, and after partaking of laws.

From what do they shrink—our well. His aflment increased in in-

Then here's to you, lads in the army. And here's to you, lads on the sea; To your hands that are strong and

Their lives, but never their honor,

Who fight in the British way.

To your hearts that are true and It cometh at last-the day.

bled for. You shall win in the British way. -Lillian Leveridge.

### Quite A Sudden Death.

Belleville, Aug. 14.—Elias Smith, a well-known resident passed away Saturday morning after a brief filness, at his home on Great St. James street. Deceased arose at his tensity and in a few minutes death They may lose in the fearful fray, resulted from heart trouble. Mr. Smith was seventy-three years . of age, and had resided in Belleville many years. An aged widow and family survive.

dount Etna in Eruption Rome, Aug. 14.-The Etna observatory reports that the centre of the crater of Mount Etna, now 1,200 Though long it be era the dawning, feet deep, is in full eruption. Lava is flowing to the south-west

THE CANADA STARCH Makers of "Crown Brand" and "Lily White" Corn Syrups, and Benson's Corn Starch:

More Blouses, Lingerie and Skirts - more Table Linen -more Sheets and Pillow Cases - more Curtains - are