THE CONFESSIONS OF ROXANE "Low Cost of Living" Menu For the Laundry

By Frances Walter.

MARIAM IS AGAIN

MY COMFORTER. (Copyright, 1918, by the McClure Newspaper Syndicate)

I am realizing more and more as this chronicle progresses how diffi-cult a thing it is to tell one's own life story. When I began this narrative I intended that it should be an unvarnished account of the salient features of my married life. Time after time I have paused to ask myself if I was setting forth facts just as they occurred. Human nature, I know, is such that one always wishes to appear in the most favorable light possible. The temptation to omit or alter where the good opinon of others is at stake oftentimes is very great, and in my desire to write an unprejudiced story of my career I have frequently been compelled to rewrite many paragraphs before it had finally seemed to me that I had not taken enough blame upon myself.

I have never, even in my most satisfied moments, conceived the idea that I was faultless. On the con-trary, I know that I possess many shortcomings, But when I reached the point of laying bare these faults, the tendency was to gloss them over. whereas those of another have been presented in bold relief.

In the rest of this history I shall endeavor to be as truthful as I have been heretofore. I will not spare myself, however much I may wish to do so, nor will I hesitate to put down in plain words the situations which were responsible for filling my life with so much anguish. I trust that whatever fault may be found with this narrative I shall not be accused of dishonesty, and should it turn out that any part of what I say is not truthful I would have my readers believe that it was accidental and not premeditated.

Another difficulty which is encountered by a woman who tells first-hand her own experiences is, that she may sooner or later charged with putting herself

my story to avoid the ego as much ings Mariam was standing before said. 'I will bathe your forehead at a discount just now, and the cleanly you spare a hungry man a meal of as possible, yet it is present more me clapping her hands and laugh- again." than I would wish to have it. My ing gaily. one excuse is that it seems necessary "Awake, awake, Roxane!" she almost completely, and in a few is bealthier and cleaner than a cheap my husband." to a faithful narrative, and I hope cried. "It is only the slothful who minutes my composure had al- and soiled paper. that those who peruse this autobio- sleep at this time of day!" graphy will overlook this seemingly The girl's laugh struck a discordnecessary fault and give heed only to an't note, but I was too weak to pro- ers," said Mariam, "I should not the substance of what I write. I test am actuated only by the hope that "We should have brought our althose who read these lines may learn arm clock," laughed Mariam. alesson from my own career; that | might have slept until dark." and thereby save themselves many | for she cried out in dismay:

sight it seemed to me for a moment them for awhile, and then running gone out of my life. Was this the dripping handkerchief and wiped my "Why, Roxane!" she cried, "Wha end of my happiness, the beginning brow. Then she drew my head over are you saying?" of my despair? I closed my eyes upon her shoulder, and while she "Let us forget it." I told her. "Let as a sickening depression swept over caressed my face uttered many en- us forget it if we can." My heart, which had pounded couraging words

NAVYMEN IN GRAY.

Prevent the Ailles Entering Germany.

dam correspondent telegraphs the Germany following: "It is clear from infor-

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heat is always under perfect control.

rangements in order to release every easy reach of the east or west fronts. Scouring Country for Men To single available fighting man. Every Thus I learn that Cologne recently garrison has been practically clear- had to provide room for 130,000 ed of every trained man, feaving a men. Germany's man-power may, minimum of inefficients with exper- therefore, be regarded as now at the ienced officers for any normal and absolute maximum on all fronts, the possibly abnormal duties that may authorities having been forced by the

My mind was deprived of its nor mal functions. I lay inert, alm much in the foreground. It often violently at the sight of Arthur, grad-, "Oh, my dear," she said, "I am happens that the reader becomes ually stilled and at length seemed so frightened! Do you feel better?"

satiated with the personality of the almost to stop beating. An extreme | Warmed by her tenderness, the infection. one who tells her story in the first lassitude seized me. I could not feeling of langor gradually person. No one likes to see the move. My mind was deprived of me, and presently I sat up pronoun "I" used excessively, no its normal functions. I lay inert, | looked confusedly about me. more than one cares to listen to a almost without consciousness, un- a great effort I controlled myself person whose every sentence is in- able to move or think coherently . | and thanked Mariam faintly for her troduced by this ever-present word I do not know how long I re- goodness. I would have risen, but

mained thus, but when I awoke to she checked me. It has been my endeavor in telling the full realization of my surround- "Wait until you are stronger." she distempered instead. Paperhangers are

have brought you here." "Yes," I returned, "the air "Wel deadly. It suggests something unthey may take warning and avoid I roused myself with an effort, but a scene from some novel I have read, ton. He said the common people ate

the thorns that are in every path; the face that I turned to my little where the air was poisoned and the dinner at 12, the next above them at 1, that they may profit by my mistakes friend must have been and haggard, noxious fumes were concealed by the merchants at 2, the representatives "Oh, Roxane! You are ill! thought you were asleep."

As Arthur and the beautiful young | Instantly, she was all anxiety. have been poisoned ourselves with woman by his side passed out of my | Seizing my hands she chaffed out knowing it." that all the brightness and joy had to a fountain she came back with a death," I told her.

the heavy perfume of flowers." I "How fantastic!" exclaimed Mar- cabinet at 5 and the vice president at 6. iam, with a shudder. 'We might "There are worse things tha (To be Continued.) the German military staff in Berlin forces. The men thus collected have congregation of St. George's Cathin readjusting home military ar- been sent to certain centres within edral, \$64.06.

most entirely returned.

London, August 8 .- An Amster- possibly arise in the towns through urgent necessities of the military situation to adopt extreme and heroic "This latest and probably the last | measures in a final desperate effort mation reaching Holland that the mustering of men has secured a very to hold up the Allies' advance toward German soil. The minimum number of German munition workers compatible with safety has been retained in the workshops, recourse being had to foreign lapor on even a greater scale than hitherto.

"A decision so far as the present type of warfare is concerned is fully expected before the end of the summer. I am told that even large numbers of men of the navy have teen brought ashore and put into field gray and trained for land tighting. I have every reason to believe this statement to be accurate.

Wnen Wagner Fled. Richard Wagner, the composer/was an ardent republican in 1849. In the archives of Dresden there is a document setting forth a case of high treason against the musician. He was accused of having written to a friend a letter proposing to turn Saxony into a republic. "But whom shall we make president?" he asked. "I see nobody competent for the office except out present sovereign, Frederick Augustus II." Frederick Augustus does not seem to have appreciated the humor of the suggestion that he should doff the crown and content himself with the dignity of a republican president. For this flash of unconscious fun Wagner had to bolt to Switzerland.

Cottage Bedspread. Nothing is more appropriate for the immer cottage than a bedspread decgrated with colonial applique embroidery, which is nothing more or less than patchwork in a glorified state. bleached muslin is used for the spread, and it is bound with an inch and a half border of blue chambray. A design in vines and flowers is cleverly carried out, with blue and yellow chambray for the flowers and green for the vines. A long sham to cover both pillows may be worked out in the same me

Menu forWednesday

Silced Bananas or Stewed Fruit Cereat of Choice Fried Bacon on Toast Whole Wheat Madins with Rais-

Coffee or Cocon LUNCHEON OR SUPPER Hashed Brown Potatoes, Relish Iced Melon Milk or Ten

Deviled Crabs
Tomatoes Stuffed with Potato Peach or Berry Rolly-Poly Coffee or Tea

Tomatoes Stuffed with Potato

matoes, 4 cups potato salad, 1 cup of and put into buttered pudding pan, mayonnaise or boiled dressing, 4 brush the top with milk, sprinkle stuffed olives, 4 cups shredded let- with sugar and put the butter that tuce, or finely cut cabbage, parsley or is left in small pieces on the top.

matoes; cut off stem end and remove tions.

centre. Fill with potato salad, hav-ing top rounded, and put a teaspoon of dressing and half a stuffed offive on top. Line shallow plate with lettuce or cabbage. Garnish edge with parsley or celery top.

Peach or Berry Rolly-Poly Materials—One cup flour ,1 teaspoon baking powder. 1/2 teaspoon salt, 1 teaspoon shortening, 2 cups of berries or 1 quart of sliced peaches, 1 cup of sugar, 2 teaspons butter, 1

Utensils-Mixing bowl, flour sifter, two measuring cups, teaspoon, table-spoon, bakeboard, rolling pin, pud-

Directions-Sift the flour, baking powder and salt into a bowl, rub in the shortening very lightly, and add just enough water to hold the dough together, roll out to eighth of an inch thick, cover with fruit and su-Materials—Eight even-sized to sprinkle on top; roll like jelly roll

Bake in moderate oven twenty Utensils-Mixing bowl, knife, minutes covered and twenty minutes teaspoon, tablespoon, measuring uncovered. When removing the cover you can add 1 cup of milk if de-Directions-Wash and dry the to- sired. This makes four large por-

THROW AWAY YOUR RUBBISH.

he Wisdom of Cleaning Out A mulations of Gowns and Mustiness.

the street brought in on dirty boots also get into both carpet and flooring. It is cheaper to do away with rub-

If household furnishings are worn and out and there is difficulty in renewing them, better eliminate them than retain them to the detriment of health. The bare room is a healthy room. If rooms require repapering have them distemper which many women who victuals?" The cold, damp cloth restored me are handy can manage by themselves

"It was the perfume of the flow-When Jackson Dined. When Colonel David Crockett was a member of congress and was at his home in Tennessee some one asked real. Somehow, I am reminded of him about the dinner hour in Washing-

at 3, the senators at 4, members of the "But when does the president dine?" "What! Old Hickory?" said Crockett, anxious to fix a time that would suit his idea of Jackson's greatness, "Well, he doesn't eat till next day!"

Trade acknowledges the following he concludes that the man is forehand-subscriptions to the Belgian Relief ed, looks out for his wife's comfort, Fund: Fireman John Hall, \$2; Capt. does not spend his rainy days at the Fred Hall, \$2; Capt. Fred Reid, \$5;

Some people marry for love and lend .- Youth's Companion. remain married for spite.

The Smallest Capital.

From the tourist point of view Cetinje is probably the least interesting as well as the smallest of European In some houses the first thing that capitals. The principal building is the greets one is a faint musty odor aris- ancient monastery, in front of which ing from carpets which have grown is the old palace, now the home of the old, but which, though probably swept | bishop and still known as "The Bilfrequently, have never been sent to liards," because until recently it boastthe cleaner's and, being down for years, ed the first and only billiard table in have accumulated deposits of dust un- the kingdom. The new palace is a derneath them. In old houses, too, the | modest chocolate colored villa, and by flooring will have shrunk and provided far the most imposing buildings in the receptacles for insects under the car- little city are the Russian and Auspets. Constant traffic and the soil of trian consulates.-London Globe.

Sensibility

Two highly respectable citizens of bish of all kinds than to suffer the re- Brooklyn were strolling past the old sults in ill health. Bedrooms are often Kings county penitentiary, now nothused as receptacles for stores of old ing but a memory. They noticed a gang clothes, old trunks and other things, of convicts working on the road and the occupants forgetting that these paused to watch the prisoners, who apthings are but so much cubic capacity | peared to be harder than the stones cut off from the air space of the room | they were breaking. The guard, a and that they harbor germs and cause | tough looking man, came along and

> "Beg pardon, gentlemen. You will have to move on. It embarrasses the boys to have their friends see them in such a predicament."-New York Post.

Fine Scorn. "Lady," said Plodding Pete, "could

"You go away from here, or I'll call "Is that there stoop shouldered man

plowin' corn in the next field your hus-"Yes, it is."

"I take back what I said. I've got a heart in me, I have, If you've got a meal o' victuals for a poor starvin' man give it to your husband."-Washington Star.

The Woodshed Test.

A city man, familiar with life in the country, uses the "woodshed test" to determine whether it is safe to lend a farmer money. If he finds a good stock of wood on hand, with plenty of it split and neatly piled and some split The president of the Board of very fine, so that it will kindle easily, store and is a good risk. If the woodshed shows shiftlessness he refuses to

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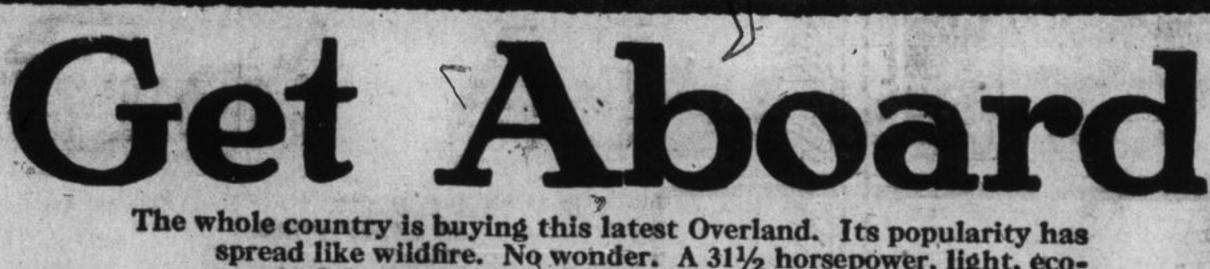
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