

HOW THIN PEOPLE CAN PUT ON FLESH

Thin men and women—that big hearty, filling dinner you ate last night. What became of all the fat producing nourishment it contained? You haven't gained in weight one ounce. That food passed from your body like unburned coal through an open grate. The material was there, but your food doesn't work and stick, and the plain truth is you hardly get enough nourishment from your meals to pay for the cost of cooking. This is true of thin folks the world over. Your nutritive organs, your functions of assimilation, are probably sadly out of gear and need reconstruction. Cut out the foolish foods and funny unwholesome diet. Cut out everything but the meals you are eating and eat with every one of those single Bargaol tablets. In two weeks note the difference. Let the scales be the judge. Five to eight good solid pounds of healthy, "stay-where" fat may be the net result. Bargaol aims to charge weak, stagnant blood with millions of fresh, new red blood corpuscles—to give the blood the carrying power to deliver every ounce of fat-making material in your food to every part of your body. Bargaol, too, mixes with your food, to prepare it for an easy and complete assimilation. This people tell you they have gained all the way from 10 to 20 pounds a month while taking Bargaol and say that the new flesh stays put. Bargaol tablets are a careful combination of six of the best assimilative elements known to chemistry. They are 40 tablets to a package, are pleasant, harmless and inexpensive, and all good druggists in this vicinity will be glad to supply you. If you find a druggist who is unable to supply you, send \$1.00 to the National Laboratories, 1000 Avenue St. Montreuil, and a complete Bargaol supply will be sent you postpaid in plain wrapper.

Every 10c Packet of WILSON'S FLY PADS WILL KILL MORE FLIES THAN 58 WORTH OF ANY STICKY FLY CATCHER. Clean to handle. Sold by all Druggists, Grocers and General Stores.

Tanked Our modern 40 gallon Tanked Tanks are capable of handling any number of films a day. We are now getting through from 50 to 60 rolls, and with increased staff of operators can promise the same prompt service at 15 cents a roll. Films We guarantee to sell you the best films made and will replace any which are defective. Supplies We can supply the most satisfactory papers and developers used to-day. Cameras of all makes sold, changed, rented and repaired. Best's The Popular Drug Store. OPEN SUNDAYS.

Jenkins' Half Price Sale Straw Sailors Commences Saturday Don't come in when they are all gone, and want them; now is your opportunity. All Panamas, All lines reduced. Men's, Ladies' and Children's. E.P. Jenkins' Clothing Co. The Wm. Davies' Co., Ltd. Phone 597

PEPSIN IN THE CHEESE

DAIRY COMMISSIONER CONTRADICTS STATEMENTS. All That Is Necessary Is That Pepsin Is of Good Quality and Properly Used—Tests Made at Dairy Station. Pepsin of good quality, so long as it is properly used, is not at all injurious to cheese. Certain reports have been going the rounds to the effect that pepsin has been spoiling the cheese. Regarding the matter, J. A. Ruddle, Dairy Commissioner, Ottawa, has written to the Frontenac Cheese Board as follows under date of August 2nd. "It appears that certain persons, for reasons best known to themselves, are circulating reports to the effect that cheese made with pepsin 'does not keep,' etc. In view of the quantity of pepsin now being used, it might be injurious to the good name of Canadian cheese if such assertions were allowed to go uncontradicted. "During the week ending May 27th several lots of experimental cheese were made at the Finch Dairy Station, from mixed milk divided into two vats, one of which was 'set' with pepsin and the other with rennet extract. These cheeses are still on hand in the curing room, and no difference can be found in the flavor of the two cheeses in any of the tests. Any statements to the effect that cheese made with pepsin are inferior to cheese made with rennet extract are absolutely unfounded, providing, of course, that the pepsin is of good quality and is properly used. "There are different forms and strengths of pepsin being offered at the present time, and cheesemakers should be careful not to use anything which has not been carefully tested, and proved to be suitable for the purpose by some disinterested and competent person. "Pepsin is now being used at the Finch Dairy Station, and its use there will be continued until we can purchase rennet extract at no more than \$5 a gallon. "It was stated at the meeting of the Frontenac Cheese Board on Thursday that rennet was now selling at \$10 a gallon.

CALVARY LAWN SOCIAL. Held on Thursday Evening—Large Crowd Was Present. Calvary Congregational Church held a most successful lawn social Thursday evening when a good crowd gathered and helped to clear away most of the ice cream, lemonade and other tempting things displayed on the table. The lawn was tastefully decorated and lit up; commending the skill of the young men in the congregation who had the arrangement in hand. The young ladies did excellently in the sale of candies made by themselves, and home made cakes given by ladies of the church. The following are the stall keepers: Ice cream—E. Thompson, I. Perryman, I. Revell. Lemonade stall—Mrs. G. Allen and the Misses Lasage. Candy stall—Miss E. Revell, F. Sloan, G. Milon. Melon stall—Misses Hamilton and Watt. Fish pond—Mrs. Lasage and Mrs. Colson and Misses Abot and Redden. Miss Jones acted as flower girl and disposed of a good many bouquets. The army band charmed the gathering with sweet music and a goodly sum was realized to help paint and beautify the church. Page & Shaw Chocolates. This candy of excellence is fresh every week. Exchanged if not perfectly satisfactory. Mahood's Drug Store. Nothing is calculated to jar a pretty girl like the masculine attentions bestowed upon another girl who is homely. Physicians always recommend Nelson's Ice Cream Bricks from Gibson's Red Cross Drug Store. A pig has as much use for a tail as a man has for the two buttons on the back of his frock coat. "Ice Cream Bricks," Gibson's. It's a case of love's labor lost unless it gets into the union. Eastman's kodaks and films. Mahood's Drug Store. It's impossible for a woman to preserve a secret so it will keep. Perhaps the best way to kill falsehood is to let it lie. "Wild Strawberry Compound," Gibson's.

DOCTORS FIND A CURE FOR ERUPTIVE TYPHUS. New Serum Reduces Death Rate From 25 to 3 Per Cent. Paris, Aug. 4.—A cure for eruptive typhus, the disease which made such terrible ravages in Serbia, has been discovered by Doctors Nicolle and Blaisot. The physicians describe their discovery to the Academy of Medicine. It is a serum which they found after exhaustive experiments. So far 33 serious cases have been treated by injections, which were followed by rapid recovery in a number of the patients. In addition the injections of the serum prevented complications so frequent in this disease and reduced the death rate from twenty-five to three per cent.

500 BANDSMEN AT CANADIAN NATIONAL. Musical Festival Will Be Led By Conway's Famous Band of Soloists. Over 500 Bandmen will be engaged for the musical programme at the Canadian National Exhibition. In all over 20 bands have been engaged to play at various times, and there will be nearly 400 each night in the massed concert in connection with the Federation of Empire Spectacle. The musical festival will be led by Conway's famous band of soloists, the Director of which has the reputation of being the king of programme makers. There will be concerts throughout the grounds every hour of the day and well into the night.

CAN'T HAVE REFERENDUM ON PROHIBITION ISSUE. Government Has No Power to Ask Now for Opinion of People. Toronto, Aug. 4.—"The government hasn't the power to submit a referendum now on the prohibition issue," Premier Hearst reminded the World yesterday when asked concerning the story in an evening paper. The premier admitted that only the legislature could change the legislation now on the books. And as Premier Hearst is leaving for England there does not seem much likelihood of a special sitting.

WILL HOLD SECURITIES OF FOE AS CONTRABAND.

British Government Waives Right in Order Not to Damage Neutral Interests. London, Aug. 4.—Without waiving the right it claims to seize international securities as contraband, the government has decided to release a number of such consignments and permit them to be forwarded to their neutral destination. The foreign office has given out the following explanation of this action: "In recent months His Majesty's government has detailed and placed in the courts a large number of consignments of securities of enemy origin amounting to several million dollars, passing in the mails between Holland and certain houses in the United States. "Various representatives have been received from the Government of the United States as well as other governments concerned. His Majesty's government believe they have the right to treat such securities, when found in the mails, in the same way as other contraband, and they understand from the notes regarding mails addressed to them from the Government of the United States that the latter does not claim that these securities are entitled to special immunity as postal correspondence. "In view of representations received regarding the damage caused genuine neutral interests by seizures made in the mails, His Majesty's government have decided to waive their right to seize such securities and to release a number of these consignments and forward them to their destinations. The allied governments maintain their right to intercept such securities in the future, but they have concluded arrangements whereby neutral business will be safeguarded from inconvenience and neutral transactions may be made with certainty of freedom from seizure."

PAIR LEAP ASHORE AS BOAT SINKS. Clayton Youth and Maid Escape River—Hole Stove in Motor Boat. Clayton, N.Y., Aug. 4.—Hayes Lafave, of this village, an employee during the summer of the Standard Oil Co., station, and Miss Florence McKinley, who was out with him in a motor boat, were barely able to reach shore before their craft sank after a hole had been stove in her side by collision with another motor boat. The little craft scuttled by the accident is owned by Will Burgess, and lies at the Hayes House dock just below water, on the river bottom. Young Lafave and Miss McKinley were coming down river, diagonally toward the shore, it is said, when Lee Denney, a guide, came upstream with his motor boat, having aboard a lady visiting the river, as a passenger. In some unknown manner the two boats came into collision, the Denney boat striking Lafave's craft and smashing a hole in her side. With water pouring into his boat through the rent in her side and threatening to swamp his motor, young Lafave put on every atom of power his engine would generate, and steered for shore. Just as the water reached the engine and the motor stopped, the boat grated against the side of the Hayes House dock, and as Miss McKinley, with the aid of Lafave sprang ashore, the boat went down almost from beneath her feet.

SEEKING A WAY TO CURB EPIDEMIC. Leaders of Medical Service Are Holding Sessions in New York. New York, Aug. 4.—A series of investigations, with the object of solving problems which have arisen from the epidemic of infantile paralysis in this city, began yesterday by several of the leading pathologists and bacteriologists of the country. Dr. Simon Flexner of the Rockefeller Institute for Medical Research will preside at the investigation. When the physicians meet it is planned to discuss thoroughly the nature of the epidemic and its progress. Then the doctors will be organized into committees to divide the work of investigation. Sessions will continue today after which the physicians will take cultures of the disease to their laboratories and endeavor to find a specific.

GERMAN INHUMANITY. Pope Asked to Plead Cause of Conquered Peoples. Paris, Aug. 4.—Cardinal Luçon, Archbishop of Rheims, has sent a statement to Pope Benedict relative to the alleged inhuman treatment of the population of the invaded regions of Northern France by the German authorities. In the statement the Cardinal urges Pope Benedict to use high influence "to secure a remission of such conditions, which are manifestly contrary to humanity, international conventions, the rights of nations and morality."

Major Gault Operated Upon. London, Aug. 4.—Major Hamilton Gault, of the Princess Patricia's, underwent yesterday a further operation found necessary for the comfort of his amputated leg. He has been making satisfactory progress, and has been going out for frequent drives. Page & Shaw, the chocolates of excellence. Mahood's Drug Store. If a girl knew how pretty she doesn't look when she cries she wouldn't do it. The British War Office announces the damage from Wednesday night's raid was astonishingly small. Nine horses were killed and three injured. CASTORIA For Infants and Children In Use For Over 30 Years Always bears the Signature of J. C. Watson

GO FROM THE TRAIN TO THE BATTLEFIELD.

Bitter Fighting Proceeds on Stokhod River—Germans Are Desperate. Russian Army Headquarters on the Stokhod Front, Aug. 4.—Fighting of the most desperate character is in progress on all portions of our fronts. The Germans, driven to absolute desperation by their losses in guns and men, have been launching counter-attacks almost without cessation. Monday and Tuesday they were pouring fresh divisions, which proceeded from the trains to the battlefields, where they were mowed down by the Russian fire. With huge losses in all attacks which so far have been delivered, they have been beaten back. Cannonading continues night and day, at times reaching such violence that it is impossible to distinguish individual sounds. It is simply a continuous roar like thunder. At night the whole sky is illuminated by burning shells, searchlights and star bombs. The towns are filled with German and Austrian wounded. The Stokhod position is extremely strong. Indications accumulate daily that the Germans will hold this line until the last moment. The allied victories both in the east and west have not sufficiently reduced the morale of the Germans to give ground for a supposition of a sudden collapse of their military strength. The bitterness is extremely great above their persistence with which enemy flyers are bombing hospitals and dressing stations, which occurs on an average of twice daily.

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Probs: Fair, very warm; thunder storms Saturday.

SATURDAY! A Sale Day of Sensational Bargains. NEW YORK WAISTS 300 charming new voile and organdy waists, white with lace and embroidery trimmings, in this assortment are awning stripes and jabot effects. The regular prices are \$1.50, \$1.75 and \$2.00. Bought by our resident buyer in New York at a fraction of their regular price for cash. All sizes from 34 to 44. Saturday 95c. NOVELTY WAISTS 120 beautiful waists in white and colored striped fancy and plain effects. Well made waists, smartly trimmed in the season's most wanted fabrics. All exclusive styles in sizes 34 to 44. Regular \$2.25 to \$3.00 each. Saturday \$1.39. A Final Clearance of Suits Coats & Children's Dresses

SUITS 1 cream serge suit, 1 green silk suit and 1 navy serge suit in sizes 18 to 38. Priced from \$25.00 to \$65.00. Saturday \$15.00. WASH SUITS 6 only, made of linen in the natural shade, in small sizes only. All new styles, reg. \$9.00 to \$15.00. Saturday \$4.95. AWNING STRIPED COATS 10 Silkenfiel coats in black and white, rose and white and Copenhagen and white. Regular \$19.50, in sizes 16 to 42. Saturday \$7.95. 12 corduroy sport coats, black morie and novelty coats, priced from \$5.00 to \$22.50. HALF PRICE. CHILDREN'S DRESSES 42 gingham, print and percale dresses, "Detroit Princess" make, made in the latest summer styles, in sizes 6 to 14 years regular \$1.75 to \$3.50. Saturday 98c. 24 rompers, dresses and Oliver Twist Boys' suits in sizes 2 to 6 years. Price from 60c to \$1.25. Saturday 39c.

Our Entire Stock of Trimmed and Untrimmed Hats Half Price! American Percalés 36 inches wide, 12c. 1500 yards "Red Cross" brand, American percalés, a big assortment of new patterns to choose from. All light ground, full yard wide, at today's price worth 18c a yard. Saturday 12c. A limit of 15 yards to a customer. Pure Linen Napkins 50 doz. John S. Brown's Shamrock Brand double damask napkins, size 24 x 24 (dinner size) regular \$6.00 dozen. Saturday \$3.75. 25 doz. size 23 x 23, hemmed ready for use, at today's price worth \$2.50 a dozen. Saturday \$1.48.

STEACY'S Low Shoe Sale Sale Price \$3.49 TANS, BLACKS AND PATENTS. THE REGULAR PRICE, \$5.00. JACK JOHNSTON'S Shoe Store 70 Brock Street. The British bluejackets debate what many, as the case may be, to do. They have hardly a clasp knife amongst them. The Germans outnumber them and attack is ruled out. They sit up and sing. "Rule Britannia." The Germans at once reply feelingly with "The Hymn of Hate." Each crew gives three cheers and resumes its journey in the general direction of England or Germany. The rafts slowly approach. The British bluejackets debate what many, as the case may be, to do. They have hardly a clasp knife amongst them. The Germans outnumber them and attack is ruled out. They sit up and sing. "Rule Britannia." The Germans at once reply feelingly with "The Hymn of Hate." Each crew gives three cheers and resumes its journey in the general direction of England or Germany.