

Fruit Grower & Dealer Juice

PRESERVING FRUIT WITHOUT SUGAR

The Recipe.
The fruit is prepared in the ordinary way, the jars are cleaned and scalded while the rubbers and tops are boiling. The fruit is then placed in the jars, in which COLD water is placed. When the jars have been sealed air-tight they are placed in a boiler filled with cold water and brought to the boiling point. Berries will do if removed when the boiling point is reached, while large fruits, such as peaches, cherries, plums and apricots, should get 20 to 30 minutes boiling. Keep cover of wash boiler on tight.

A Good Substitute for Can Rubbers.
When about to close a jar of preserved goods, the housewife very often finds herself short of a rubber band, or else the last one breaks. A good substitute can be made from newspaper. This is better than other paper, because, as plumbers say, "It packs better." They often use it to make small pipe joints air and water-tight. Cut several layers of the paper the required size, put them on the can and screw the lid down as tightly as possible. If preferred, rings of soft leather, cut from the tops of old shoes, may be used, but they are not as satisfactory as those made from newspapers.

Raspberry Crown.
Two tablespoons water, 2 tablespoons corn starch, 1 cup boiling

raspberry juice, 1 egg, pinch of salt, lemon extract, Creamy Raspberry. Put into moulds. When cold serve with raspberries or whipped cream.

Raspberry Tapioca.
Put 3-4 cup tapioca into a kettle, cover with 4 cups boiling water and cook until transparent. Stir into this 1 pint of fresh raspberries, adding sugar to taste. Pour into a mould. Serve cold with cream.

Raspberry Cake.
One cup white sugar, 1-2 cup butter, 2 eggs, 2 tablespoons buttermilk, 1-2 cups flour, 1 teaspoon cinnamon.

mon, 1 teaspoon soda, nutmeg, 1 cup raspberries (to be added last). Bake in layers.

Raspberry Vinegar.
Put 1 quart of raspberries into a suitable dish, pour over them a quart of good vinegar, let it stand 24 hours then strain through a flannel bag and pour this liquor on another quart of berries do this for 3 or 4 days successively and strain it; make it very sweet with loaf sugar; bottle and seal it.

Raspberry Creams.
Stir enough confectioners' sugar

into a teaspoonful of raspberry jam to form a thick paste; roll it into a ball between the palms of your hands. Put a lump French Cream into a teacup and set it into a basin of boiling water, stirring it until it is melted; then drop a few drops of cochineal coloring to make it a pale pink, or a few drops of raspberry juice, being careful not to add enough to prevent its hardening. Now drip these little balls into the sugar cream, giving them two coats. Lay aside to harden.

Raspberry Pie.
To 2 cups raspberries add 1 cup of red currants and 1 cup granulated sugar, with which a teaspoonful of flour has been mixed; stir together. Line a plate with flaky pie crust, put in the fruit, cover with a tolerably thick sheet of paste, make several incisions for escape of steam, and bake until the crusts are nicely browned. Serve cool.

Raspberry Shortcake.
Bake sponge cake in 2 layers or split one thick cake; put in between them a thick layer of berries, and on top put whipped cream and more berries.

Raspberry Fruit Basket.
Bake plain paste over inverted party pans, roll paste 1-8 in. thick, and cut in strips 1-4 inch wide. Twist strips in pairs and bake over a 1-4 lb. baking powder box; thus making handles. Fill cases with raspberries sprinkled with sugar. Garnish with whipped cream.

Some where in France, Jan. 10th, 1916. President Canadian Club, Hamilton, Ont. Dear Sir: On behalf of the N. C. and men of

"B" section, 5th Field Ambulance, Capt. W. F. Nicholson, Temporary Commander, I wish to express the deepest appreciation on the foresight of your association in forwarding for our use, fresh preserved fruits, which we received quite recently, and which are being consumed with a relish that gives testimony to the splendid resourcefulness of the Canadian Club of Hamilton. As far as we are aware the consignment was put up by the women of Hamilton and district.

For their benefit I might be permitted to say that the preserves are so superior to the usual canned stuff issued, that those of us privileged to partake of both, compare them as syrup to vinegar. This comparison is not made as a means of depreciating the quality of the latter, but merely to illustrate the vast difference in home-made goods and the manufactured article, as we out here find them.

Before closing I would draw your attention to the enclosed label. It was stripped from a jar containing black currants put up by the ladies of First Congregational Church. To them as well as to the others engaged in the work of preserving, and to the fruit growers through whom this was possible and to your wonderful organization, the boys of "B" section again give hearty thanks, Believe me, I am, Most sincerely yours,

A. F. PATTERSON, Staff Sergeant. This is a glorious work. We hope the women of this district will not be found wanting. Preserve fruits for the returned Soldiers' Homes. A woman's teeth usurp the functions of her tongue when they chatter.

FRUIT BULLETIN

Buy your Cherries now; White, Black, Red Sour, all Peninsula grown are now most plentiful. The Red Sour is the par excellence for preserving. Have your grocer secure your needs at once. Raspberries begin to arrive in a few days.

Look for this label on the basket. It is your guarantee of Honest fruit, Niagara Grown. Note the Grower's number. It is his personal Guarantee of Good Fruit from top to bottom. Insist on the label with the Map and Grower's Number. **EAT MORE CANADIAN FRUIT.**



PROMINENT CITIZEN DEAD.

Was Founder of Packing Business of Matthews-Blackwell, Ltd.

Lindsay, July 17.—George Matthews, Lindsay, one of the best known and most highly respected men of this part of the country, passed away on Friday in his eighty-second year. Mr. Matthews was born in Warwickshire, England, in 1834, and came to Canada in 1851. In 1860 he settled in Lindsay and has been a resident of this town since that date. He married Miss Ann Smithson, daughter of William Smithson, of Peterboro County, Ontario, who survives him with five sons and four daughters. He was a personal friend of the late Sir John A. Macdonald. Mr. Matthews was well known as the founder of the business of Matthews-Blackwell, Limited, with large packing plants in Montreal, Toronto, Hull, Peterboro, and Brantford.

Township Councils

LOUGHBORO.
Sydenham, July 3.—Council met at 2 p. m. All members present. Minutes of last meeting adopted. Bills ordered paid. \$18. George Green, job on Hartman Hill; \$14. Daniel Ryan, job on 2nd concession; \$17.75. William Van Koughnet, job on Portland boundary at Storm's school house; \$5. Thomas Hogan, job near James Lyons; \$11.90. John Karley & Sons, hall supplies; \$453.10. S. H. Alport, cement walks, crossroads and job on James O'Brien's road; \$165. Timothy Freeman, shovelling snow on Portland boundary; \$100. Treasurer Red Cross Society. Council adjourned to meet Monday, August 7th, 2 p. m.

News From Eastern Ontario Points

NEWS FROM THE DISTRICT

CLIPPED FROM THE WHIG'S MANY BRIGHT EXCHANGES.

In Brief Form the Events in the Country About Kingston Are Told—Full of Interest to Many.

J. C. Jamieson, Picton, left on Wednesday for Winnipeg, to remain several months.

Mr. and Mrs. E. R. Thomas, New York, are occupying their summer home above Rockport.

Mr. Richard Hadden, Picton, left on Monday for Toronto to enter the Curtiss Flying School.

Robert B. Goodwin, Cherry Valley, has purchased the property of J. B. Shaw, East Lake Road.

Judge McDonald, Brockville, has a hen which a few days ago laid an egg which measures eight inches in circumference.

The stores and equipment of the 3rd Prince of Wales Dragoons, Peterboro, have been turned over to Major W. W. McCullough, Wellington.

Miss Sara Marguerite Moore, daughter of Mr. and Mrs. John Moore, Picton, is one of a class of eight nurses who graduated at the Osewego Hospital.

Laura Ann Scott, widow of the late John Scott, died in Belleville on Saturday. Surviving are two daughters, Mrs. Dr. Tucker, Orono, and Miss Gertrude, at home.

The home of Mr. and Mrs. A. Brown, Milford, was the scene of a very pretty wedding on June 28th, when their only daughter, Mary O., was married to David H. McKee.

William Dyer, Calgary, Alberta, has purchased part of the Soper estate on the river bank east of Brockville and will erect a handsome bungalow.

The death occurred on Friday of Catharine Amelia Hawley, wife of William Ryan. Deceased was born in North Fredericksburg on July 6th, 1840, thus being in her seventy-sixth year.

Percy Wanamaker, who has for the past five years been acting as fireman and assistant engineer at the Picton Electric Light and Waterworks Plant, has been promoted to chief engineer.

Captain Lafferty, of Calgary, member of a family well known in Pembroke, and who shortly after the outbreak of war joined the Imperial army, attached to the Eighth Lincoln, has just returned to London with a wounded arm.

In St. Peter's Church, Cobourg, on Monday last the marriage took place of Miss Nora Ottilie Wark, third daughter of the late Thomas Wark and of Mrs. Wark, Cobourg, to T. C. McMillan, Regina, son of Mr. and Mrs. J. F. McMillan, Cobourg.

Chalmers M. Busby, Philadelphia, a prominent Quaker from the city of Brotherly Love, is the guest of Mr. and Mrs. Jonathan Talcott, To Whare, Bloomfield. Mr. Busby has made several visits to Prince Edward and is delighted with the climate and scenery.

Alan G. McLeod, B.Sc., Montreal, died on Thursday after an illness of four months. The deceased graduated in science in 1911 at McGill University, where he had taken a transportation course, going from the university to Hawke's Ont., as trainmaster with the C. P. R.

BELLEVILLE WELCOMES ITS ALDERMAN-HERO.

Thousands of Citizens Turned Out to the Splendid Home-Coming.

Belleville, July 17.—Capt. E. D. O'Flynn, of one of the infantry battalions of the First Canadian Contingent, who suffered from shell-shock at Ypres in June, and was the last remaining of the original officers of this unit, was given a grand reception on his arrival here on Friday on Saturday afternoon. Thousands of citizens were at the G. T. R. station to welcome him, and many decorated cars joined in the procession to the home of the captain's parents. As the captain stepped from the car in front of his home he was cheered. He ascended to the balcony and addressed a few words of appreciation to the citizens. Mayor Ketcheson thanked the public for the reception of this unit, and declared that nothing that Belleville had was too good for Capt. O'Flynn. F. E. O'Flynn, father of the soldier, expressed his gratitude to the citizens of Belleville for their kindness to his son. The gathering broke up with cheers for Capt. O'Flynn's mother. Capt. O'Flynn has been on active service since the first week in August, 1914. At time of enlistment he was an alderman of the city. He is a lawyer by profession. He has gone through every engagement of note with the Canadian from February, 1915, to June, 1916.

THIRD SERIOUS FIRE AT RENFREW PLANT.

O'Brien's Munitions Plant Burned—Loss is Estimated to Be \$175,000.

Renfrew, July 17.—Fire, known to have been purely accidental in origin, broke out at the O'Brien munitions plant on Saturday evening and destroyed four of the company's series of buildings, entailing a loss of about \$175,000, which is covered by insurance. The loss would have been much less had not the fire pressure at the time been weak. Explosions occurred during the progress of the fire, but only one man was hurt and he not seriously. Work on the reconstruction of the buildings destroyed will be begun at once and work will be rushed. The big force of workmen regularly employed by the company will probably not be more than ten days idle. The fire, which was the company's third, occurred just as the daily output had reached the maximum.

A Wonderful Rose Bush.

Pembroke, July 17.—J. H. Burritt, K. C., has at his home a rose bush which has given him a real surprise. It has bloomed for the first time and when he went to it this morning the blooms were all blown out, presenting roses of variegated shades, though the coloring is uniform on every stem. Each stem bears a cluster of two pink, two red and one white rose, and there are hundreds of these clusters on the bush. Mr. Burritt does not know how to account for the strange yield.

New Intake at Cobourg.

Cobourg, July 17.—Plans are out for a new intake pipe to be installed at Cobourg by the Ontario Hydro-Electric Power Commission, Central Ontario system. It is to be a 24-inch pipe, extending 900 feet into the lake. With the filters now in use here there will give Cobourg a splendid water supply. It is expected that the work will be carried out this summer.

Gananoque

July 17.—Court Thousand Islands, No. 66, C.O.F., celebrated its memorial day yesterday, when the graves of departed brethren at both Willowbank and Gananoque cemeteries were decorated with bouquets of flowers. An impressive memorial service was also conducted at the town park at 3 p. m., when addresses were given by Revs. C. E. Kidd, W. S. Lennon, and Walter Cox, as well as by prominent members of the C. O. F. The Citizens' Band furnished a nice musical programme, and the Gananoque Male Quartette gave some selections. The park was crowded almost to its limit.

At the home of her daughter in Berryton, on Friday evening last, Margaret Snider, relict of the late John MacFarlane, of Leeds township, passed away in the seventy-eighth year of her age. Deceased resided for a number of years in Gananoque after the death of her husband, and only went to her daughter's a few weeks ago. The remains were brought to Gananoque, and the funeral was held yesterday afternoon from the home of her son, Mark MacFarlane, Charles street, to Willowbank cemetery, and was quite largely attended.

At the Driving Park on Saturday afternoon Gananoque's semi-professional baseball team and the Gouverneur, N.Y., team battled for twelve innings for supremacy, victory finally coming in a local direction by a score of 11 to 10. There was a fair attendance. The game was good and snappy throughout.

Walter Cotton, Toronto, is holidaying in town with his parents, Mr. and Mrs. Charles Cotton, Hickory street. Mr. and Mrs. George W. Scott spent Sunday at Atkinson with the former's sister, Mrs. Johnson. The popular Sunday evening services at Half Moon Bay have been started for the season and the service last evening drew out quite a large attendance. Miss Lella I. Douglas, Strathroy, has been engaged by the Board of Education to fill the vacancy on the High School staff occasioned by the resignation of Miss A. A. Howson, teacher of moderns in that institution. Miss Douglas was chosen from some fifty applicants, and comes very strongly recommended by Inspector Wetherell, who for many years was principal of the Strathroy C. I.

Rev. H. E. Pringle, who with his mother has been spending the past two weeks in Gananoque, have left for their home at Plevea, Miss A. A. Howson, Peterboro, former moderns teacher in Gananoque High School, has accepted a position in North Bay. Miss Nellie Lake, for the past year and a half teacher in the Sudbury Public School, is holidaying here with her parents, Mr. and Mrs. Schuyler Lake.

SUCCESSFUL CANDIDATES.

They Have Passed the High School Entrance Examinations.

Athens, July 17.—Successful candidates for admission to the high school: Maria Alguire, Hubert Beale, Clifton Cassell, Garfield Claxton, Hubert Craig, Cecil Earl, Harold D. Eaton, Manford Flood, Mary Flood, Francis Flood, Gordon Gibson, Katherine Heffernan, James Heffernan, Trevor Hollingsworth, Douglas Kendrick, (honors); Veronica Leader, Hattie Moore, Nina M. Mulvena, Norma Richards, Albert Scott, Hope Swayne, Hubert Topping, Roy B. Wiltsie.

*Under consideration by department.

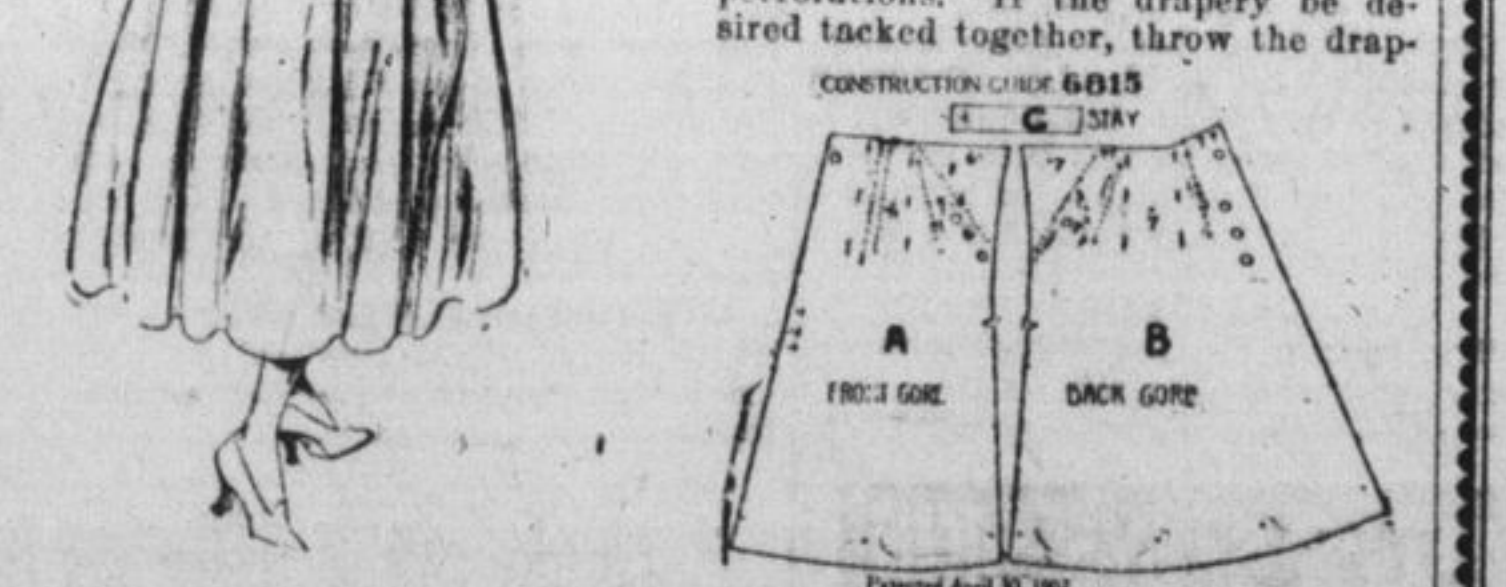
Easy & Practical Home Dress Making Lessons

Prepared Specially for This Newspaper By Pictorial Review

A Graceful Back View.

left of center front under the plain and may be in a clearing or shorter lengths. For the stay 3/4 yard shorter will be required.

The actual process of making is not difficult. First, study the construction guide, because this is always important. Now, taking the sections which have been carefully cut, slash the front gore to the left of center front along line of double "o" perforations; finish edges for a placket. Form plaits in gores, and bring fold edges to corresponding lines of small "o" perforations. Stitch along small "o" perforations. Join gores as notched, and leave the seam free above large "O" perforation in front gore. Bring the side edges of the gores (above the side seam) together and stitch through both gores along line of small "o" perforations. If the drapery be desired tacked together, throw the drapery



A lovely frock of satin crepe featuring a three-piece skirt with cascade drapery at the sides, and a bodice with surplice back.

Nothing more graceful could be conceived than this frock in satin crepe with draped skirt and fitted blouse, the back of which is draped in surplice style. The front of the waist is shirred below a round neck and finished in a point below the waistline, the belt appearing only at each side. The sleeves have insect puffs of lace to match the guimpe. In medium size the design requires 5 yards 44-inch satin crepe, 1 1/4 yards 36-inch all over lace for guimpe and sleeves and 1 yard 36-inch lining for the waist.

The skirt will be taken up as the subject of today's home dressmaking lesson, because of the great demand for a draped effect that is simple enough to be generally worn. It is a three-piece model, closing to the

Pictorial Review Waist No. 6793. Sizes, 34 to 44 inches bust. Price, 15 cents. * Skirt No. 6815. Sizes, 22 to 32 inches waist. Price, 15 cents.

THE WORLD'S NEWS IN BRIEF FORM.

Tidings From All Over Told in a Pithy and Pointed Way.

Four of the Entente Allies have arranged a new financial agreement. There are now over 1,000 men absent without leave from Camp Borden.

Vanzia was occupied by Italian troops, despite very unfavorable weather.

A daughter has been born in London to Lieut.-Commander Kitson, whose wife is daughter of Lady Strathcona.

D. W. Jamieson, of the law firm of Jamieson & McHugh, Toronto, died at the General Hospital.

Capt. Fred Howarth, who caught German spies at Vancouver, and was promoted from the ranks, is in Toronto on leave from the front.

At Laredo, Tex., Jose Anton's Arre, Jesus Maria Cerda, Paulina Sanchez and Vincente Lira, the four alleged bandits were sentenced to death.

Lawrence Joseph Cosgrave, president of the Cosgrave Brewery Co., Toronto, a prominent citizen in the commercial life of Toronto for more than a decade, is dead.

William C. Gales, an American traveller, while repairing his own automobile near Hatley, Que., was

struck and instantly killed by another car.

The Welland canal boat Gista has been acquired by Norwegian interests for ocean traffic.

Rev. Dr. Covert, of Chicago, told the congregation of Victoria Presbyterian Church, Toronto, that there was not one pro-German in his congregation of over 1,500.

The Spanish Government has established a military censorship of all press despatches. Martial law was declared throughout Spain on Thursday, as a result of the railway strike.

Paul Smith, vice-president of the Chalmers Motor Company, was instantly killed when he either jumped or fell from the window of his room in the tenth floor of the Hotel Billmore, New York.

Samuel A. Kimball, paymaster of the Colonial Car Company, Boston, was robbed of a pay roll of \$2,000 by two men, one of which fired a shot which struck him in the head.

Prof. Ello Metchnikoff, the world-famous exponent of theories for the prolongation of human life, and discoverer of the sour milk cure and other treatments for old age, died in Paris on Saturday.

The Canadian branch of the Ford Motor Car Co., is reported to have earned \$5,000,000 for the current fiscal year. The production of the plant is increased, it is reported, over 800 per cent.

Tone That's where the Victrola is pre-eminent

The Victrola brings to you the pure and varied tones of any musical instrument, and the beauty and individuality of the human voice—all absolutely true to life.

Such fidelity of tone was unknown before the advent of the Victrola—the first cabinet style talking machine; and this pure and life-like tone is exclusively a Victrola feature.

"Why exclusive with the Victrola?"

Because of the patented Victrola features, which have been perfected after years of study and experiment:

- "Goose-neck" sound-box tube—the flexible metal connection between the sound-box and tapering tone arm, which enables the Victor Needle to follow the record grooves with unerring accuracy.
- Concealed sounding-boards and amplifying compartment of wood—provide the very limit of area of vibrating surface and sound amplifying compartment, so absolutely essential to an exact and pure tone reproduction.
- Modifying doors—may be opened wide thereby giving the tone in its fullest volume; or doors may be set at any degree graduating the volume of tone to exactly suit every requirement. Closed tight the volume is reduced to the minimum and when not in use the interior is fully protected.
- Victor system of changeable needles—a perfect reproduction is possible only with a perfect point—therefore a new needle for each record is the only positive assurance of a perfect point. You also have your choice of full tone, half tone or further modification with the fibre needle.

It is the perfection of every part, and its perfect combination with all other parts, that gives the Victrola its superior tone—that makes the Victrola the greatest of all musical instruments.

There are Victrolas in great variety from \$21 to \$305. Come in any time and we will gladly demonstrate them and play any music you wish to hear. We'll explain our system of easy terms, too.

C. W. LINDSAY,
121 Princess St.
Kingston,
Ont.

Hot Weather Items

Athletic Underwear—W. G. & R. make, \$1.00 per suit

Cool Socks for tired feet, 25c to \$1.00 pair Silk, Wool, Lisle, Cotton.

Summer Headwear 50c to \$7.50

Silk Caps, Straw Hats, Panama Hats.

Roney's,

127 Princess Street