

# THE CONFESSIONS OF ROXANE

By Frances Walter

This is the second instalment of a married life series which is destined to be the most interesting narrative of the kind ever published. The author, Frances Walter, writes from the viewpoint of a woman, but her cleverness enables her to appreciate also the man's side. Read these remarkable chapters each day on this page.

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### I DO SOME THINKING

I have begun wondering why I am penning this narrative. I do not expect it shall ever reach the world, and yet I hope it will. Is it not possible that the thought of this generation trends with a greater broadness in the direction of my vague dreaming when a girl? It has been my impression, gained through contact with the younger element in our present set, that up-to-date thought is esoteric, rather than general. The improvement of the world is not so much the goal of the individual to-day as the improvement of the individual. How often I have heard young men and young women say that their chief purpose in life was to be a splendid animal, feeling that the attainment of that splendor brought with it all the development which in the aggregate, makes for human perfection.

I feel that, should my story reach the world, it may do much toward eradicating the false ideals that are blighting the lives of men and women. I have come to the conclusion that happiness is one of the privileges of the human species, and that to meddle with it is a crime. To deliberately disregard the instincts impelling us to do things which must inevitably bring us happiness because these instincts are considered out of date, trite or banal, I now know to be foolish. Scientific theories are based principally upon the person evolving them, and do not often apply to the whole of humanity. How apt is the adage, in connection with this, that one man's meat is another's poison!

Arthur and I had felt, or pretended we had felt, that the attainment of joy should be our purpose. The word regret was not in our vocabulary. We felt that all the futile things of life should be considered non-existent, for if, for instance, there was joy in the doing anything, that joy was surely sufficient to great to overbalance anything of regret. Every memory we possessed should be a sweet memory, and, should there be any bitterness lurking in it, that bitterness should be disregarded, for the sweet of life is the best



With her unusual ideas of marriage at the outset, it will be interesting for the reader to watch just how and by what influences Roxane's views are changed. Put yourself in her place, if you are a woman, and criticize or sympathize just as you please. After all, though, real life works many changes and it is likely Roxane will change.

eyes just as the light began to come through the window and I slept until I heard Arthur's big voice quoting: "Awake for Morning in the bowl of Night."

Has cast the stone that puts the stars to flight?"

When I was awake and had smiled him a good morning, he said: "And besides, the birds have but got a little way to flutter so make haste. The breakfast is served in the dining car—last call. The cow's in the corn, the porter is busy, all's your ready with, and will proceed to imbibe some of the railroad's coffee and explore some guarantee eggs."

With that he was gone and I dressed. The dining car was crowded. There were only two seats, and they were occupied by a couple who also had obviously just been married and were having their first breakfast together. A look of impatience shone on their faces when the waiter ushered us to their table. I did so want to let them alone, but there was nothing else to do and we had to sit down.

I had seen them when they were chatting when we entered the dining car, but as soon as we took our seats there was an ominous quiet, which was not dispelled as the breakfast proceeded. Once, indeed, when their coffee had been served, the bride took the sugar from the waiter and put two lumps in her husband's cup. A deep blush spread over her face as she did this. "Sweet of you to remember that, Betty," he said sheepishly, as she looked down into her cup.

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(To be continued tomorrow)

"I feel that, should my story reach the world, it may do much toward eradicating the false ideals that are blighting the lives of men and women." of life—that was what we felt. Obviously our thought had a beautiful trend, but how easily one observes after years of rubbing shoulders with all of humanity, that theories of this character do not work out. The reality is that bitterness is infinitely more poignant, more lasting than joy. There is something about it that lingers and there is nothing in our minds sufficiently strong to enable us to banish it. I have been told by my confidants that whatever bitterness I have had in my life, whatever of suffering, has been caused by useless and unqualified fear. Perhaps it is so. I know

Mrs. Harriet M. Martin of New Castle, N.H., who is now 99 years old, enjoys the distinction of being the oldest office girl in the country. She takes care of the office of a doctor who has offices in her home.

Mrs. William S. Holmes, daughter of the late William M. Evans of New York, has been appointed official dog catcher in Freehold, N.J.

### FRENCH LANGUAGE IN HOUSE

Provision is Made by Law for Use of Two Tongues in Parliament.

The use of the French language in the proceedings of the Dominion House of Parliament has, from the earliest days of the parliamentary history of Canada received the sanction of custom and law. At the first session of the Legislative Assembly of Lower Canada, in 1792, it was resolved that no motion should be debated or put to the House, unless it was first read in English and French. It was also decided to have the journal and the bills printed in English and French. When the two provinces of Upper and Lower Canada were united under one Parliament, in 1841, it was provided by the 41st section of the Act of Union that the journal and the legislative records should be in the English language, and though translations might be made, no copy of them should be kept among the records or be deemed in any case to have the force of an original record. This law naturally created great dissatisfaction among the French-Canadians, and it was finally repealed by the Imperial Parliament after an address to Queen Victoria had been passed by both Houses. The use of the French language in Parliament is provided for in the British North America Act, which is the written constitution of the Dominion. Section 133 of the Act reads as follows: "Either the English or the French language may be used by any person in the debates of the Houses of Parliament of Canada, and of the Houses of the Legislature of Quebec, and both these languages shall be used in the respective records and journals of those Houses. The Acts of the Parliament of Canada and of the Legislature of Quebec shall be printed and published in both these languages." In Parliament all motions, bills, etc., are printed in both languages, so, too, are the journals, the statistics, and the reports of the debates.

### Crops Are Behind.

An important bulletin issued the other day by the census and statistics office at Ottawa, gives the usual preliminary estimate of the areas sown to grain crops in Canada and the condition of these crops as reported by correspondents on May 31. The reports show that the spring this year is late, and that heavy rains throughout the Dominion have in many places made it difficult to work the land. In eastern Canada seeding at the end of May was considerably behind hand, especially as compared with last year, and in parts of the west the sowing of oats and barley had not been completed. According to the preliminary estimates of correspondents, made in many instances before the completion of seeding, wheat in Canada this year will occupy a total area of 11,491,600 acres. This is 1,149,800 or 11.5 per cent. below the high record of 12,986,400 acres which were harvested, but 1,187,700 acres or 11.6 per cent. above the harvested area of 1914, which was 10,293,900 acres. The area to be harvested of fall wheat for 1916 is 3,042,200 acres, leaving the area estimated to be sown to spring wheat as 10,449,400 acres. In the three northwest provinces the area sown to wheat is estimated at 10,471,200 acres, as compared with 11,744,700 acres, the area of 1915, and with 9,335,400 acres, the harvested wheat area in the north-west provinces for 1914. In Manitoba the area sown to wheat for 1916 is placed at 2,904,400 acres, as compared with 3,342,900 acres last year; in Saskatchewan it is 5,889,100 acres, as against 6,838,100 acres, and in Alberta 1,677,700 acres, as against 1,563,700 acres.

### Alberta Leads.

According to Ottawa despatches, Alberta has raised 2,656 men more than her proportion of the 500,000 British Columbia is only 2,100 short, and Manitoba and Saskatchewan are short only 7,017. Ontario has yet to raise 41,500, Quebec 105,000, and the Maritime Provinces 36,000.

There is much talk in Pembroke at present in favor of the town separating from Renfrew county for municipal purposes, and a movement in that direction in the near future is not improbable. Fire broke out in Dr. DeMille's boathouse, Pictou harbor, and destroyed it and his boat.

## "Low Cost of Living" Menu

**Menu for Wednesday**

**BREAKFAST**  
Raspberries, Bottled Whole-Wheat Cereal of Choice, Scrambled Eggs with Fried Beef Slices or Toast, Orange Marmalade, Coffee or Cocoa.

**LUNCHEON OR SUPPER**  
Rice and Fish Salad, Bresa Bread and Butter, Strawberry Cake, Buttermilk or Tea.

**DINNER**  
Lamb Broth, Pot Roast Lamb with Brown Potatoes, Steamed New Carrots, String Beans Salad, Pineapple, Pineapple Coffee.

**Rice and Fish Salad**  
The left-over fish is freed from bone and skin. Mix milk, salad dressing to taste; place in centre of deep plate that has been lined with lettuce leaves. Then place a border of the rice salad around the edge.

**Materials**—Three cups cold boiled rice, 1 green pepper, 2 tablespoons grated onion, 1 tablespoon chopped parsley, 1 teaspoon salt, ½ cup French or boiled dressing, or mayonnaise, 2 cups shredded lettuce.

**GILLETT'S LYE**

HAS NO EQUAL

It not only softens the water but doubles the cleansing power of soap, and makes everything sanitary and wholesome.

REFUSE SUBSTITUTES.

There is a rumor in Pembroke at present that Major G. V. White, M. P., who went to England as second officer in command of the Forestry Battalion, is soon to return home to organize and take command of another battalion. The death occurred in Chicago on Friday evening last of Mrs. George H. Longmore, a former well-known resident of Cobourg, in her seventy-seventh year.

### WHERE SUGAR COMES FROM

Some Interesting Facts About a Big Canadian Industry.

We will have to revise our school books to let the next generation know the real facts about sugar.

So fast moves the world that each fresh edition of an encyclopaedia has to take back much that was published in the former edition. Small wonder, then, that most of us are hopelessly behind the times in our knowledge of even the most commonly-used commodities.

Sugar is a good instance of this. About all we know of sugar is what we learned in school. Even the housewife who buys it and uses it still thinks it comes from sugarcane, cane that grows in the tropics. Now that is still as true as it ever was. But it is not the whole truth—not by millions of pounds.

A large percentage of the world's supply of sugar does not come from the tropics at all. England, Germany, France, the United States, all grow sugar beets, and these beets make the very finest of sugar.

In recent years Canada has entered the field as a grower of beets—and with splendid success. Indeed, it has been found that certain parts of Canada are quite ideal for the growing of this remarkable plant, and with modern manufacturing methods our Canadian-grown beets are producing a sugar that is the equal of any.

"Can it be as good as the sugar refined from cane?" is the natural question of the housewife. The best answer to give is that she is probably serving this Canadian sugar—sugar refined from Canadian beet roots—on her own table every day in the year. A goodly percentage of the sugar sold in Canada to-day is this very sugar that comes from the beet.

In this use of beet root for sugar refining Canada is but following Europe's lead. There is even a larger percentage of the sugar used is refined from beet root. In England this sugar is used almost exclusively, both for table use and for preserving. England's jam manufacturers, famous the world over for the excellence of their products, use beet sugar in the making of those delicious preserves. England's housewives, in a land celebrated for its discrimination in culinary matters, use this type of sugar almost exclusively for everything they cook or serve.

Now, let us see what all this means to Canada.

It means for one thing, an industry already very important from a labor-employing standpoint; an industry that keeps two huge Canadian plants busy, with another still finer factory now being built. It means, furthermore, an industry that supports, on an exceedingly profitable basis, hundreds of farms in Western Ontario.

In the counties of Essex, Kent, Lambton, Waterloo, Wellington, and Huron thousands of acres are devoted to the growing of the sugar beet; and every day 1,800 tons of these beets are made into sugar. The new plant, soon to be completed, will add to this a further capacity of 1,500 tons per day, bringing Canada's capacity for sugar refining from beets up to a point where it can take the product of 28,000 acres of our land. That would mean \$2,000,000 paid out yearly for beets alone.

The Agricultural War Book, published by the Canadian Department of Agriculture, pays special tribute to this comparatively new industry, pointing out that it is only a matter of time until Canada can produce at home an even larger proportion of the sugar consumed. All the leading economists and agriculturists approve of the growing of beets for the making of sugar, not only because of its importance as a staple crop, but from the ground up, a Canadian product.

### Working Drawings for Farmers.

The British Columbia Forest Branch is issuing well-printed and illustrated bulletins dealing with the erection of farm houses, barns, silos, root cellars, and other farm buildings, to be made of wood. The buildings are specially designed for the prairie purposes. The department further offers its services to farmers of the prairie districts by supplying them with large scale working plans of any building desired, at very moderate cost per plan.

An additional jitney service has been established in Renfrew.

**Lantic Sugar**

is packed by automatic machinery in strong white cotton bags and cartons at the refinery.

This is far safer and more sanitary than sugar packed by hand in a weak paper bag which breaks at a touch. No hand touches LANTIC SUGAR until you open it yourself. Just cut off the corner of the carton and pour out the sugar as you need it.

2 and 5-lb Cartons  
10 and 20-lb Bags

"The All-Purpose Sugar"

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**CASTORIA**

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Bears the Signature of

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INSURES A STEADY EVEN FLAME

This flame is the secret of the popularity of the New Perfection. As quickly and as easily regulated as gas, it insures perfect heat for any cooking.

It can't creep up or down—it stays just where you put it. It won't smoke or smell.

The New Perfection saves labor, time and money. 1, 2, 3 and 4 burner sizes at these dealers:

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