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LUX is something new and good. The finest essence of soap in flakes. It makes the richest, creamiest lather you ever saw. It means "luxury" in washing because it's such a clothes saver. Absolutely prevents woollens, flannels and all loosely woven garments from hardening and shrinking in the wash. Try LUX and be delighted with it.

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Sleepytime Tales

The Froggy and the Sunshade.

Once upon a time Mrs. Frog and her six children sat on a log in the warm sunshine. They had just come from a long swim and were sitting waiting until they were dry again. As they sat there two little girls came along holding bright colored sunshades over their heads. Helen carried a blue and Mary had a pink one. When the girls saw the frogs they sat down to watch them, and, as the girls didn't look as if they would harm them, the frogs just sat still and looked at them.

All at once the littlest frog began to cry as hard as ever she could and it was a long time before her mother could find out what she was crying for. What do you think this little frog wanted? She wanted a sunshade just like the girls had and she wouldn't be comforted until her mother promised she would try and get one for her.

Helen was the first to notice that one of the frogs was crying and she asked Mary what she thought was the matter. "I don't know," said Mary. "Let's stay and see." So the girls sat down on the bank and watched.

This is what happened. Mrs. Frog shook her head at all of the children and they shook their heads back at Mrs. Frog, and then Mrs. Frog slipped into the water and swam away without looking back. The little frogs sat on the log just as quiet as they could and every once in a while they would look at each other and Helen said she knew they were laughing together.

It seemed a long, long time before the girls heard a big splash and saw all the frogs jump into the water and swim off to meet their mother.

In a minute the girls saw them coming back. First came Mrs. Frog and then two small frogs, then one frog, and behind her three more frogs, all swimming as slowly as they could. And what do you think the little girl frog that was swimming between the others was carrying high in the air?

A lily-pad in the same way as Helen and Mary had been carrying their sunshades. How the girls laughed and they ran home as fast as they could to tell their mother all about the frog that carried a sunshade. Wasn't it funny?

"Low Cost of Living" Menu

Menu for Saturday

BREAKFAST
Stewed Prunes, Fish Hash
Soft Cornbread
Coffee

LUNCHEON
Rice Rissoles
Potato Chips
Toasted Crackers
Cake, Chili Sauce,
Tea.

DINNER
Swiss Steak
Baked Potatoes
String Beans
Red Pepper and Mint Salad
Banana Pie

BREAKFAST
Soft Cornbread—Put one pint of milk over the fire. When ready to boil add a little salt and in half cup of sifted cornmeal, stirred in slowly. Let this boil up once. Take from the fire and add the yolks of three eggs, one at a time and without beating. Stir the eggs well into the meal and milk. Beat the whites to a stiff froth and all last. Pour into an ungreased tin and bake in a moderate oven.

LUNCHEON
Rice Rissoles—Boil a quarter of a pound of rice in well salted water. When it is soft drain and mix with two ounces of well chopped suet and a about half a pound of minced meat.

E. H. OSLER RETIRES.
Toronto Man To Become Manager At Cobourg

Cobourg, June 14.—E. H. Osler, who has been manager of the Cobourg branch of the Dominion Bank for 36 years, is retiring from active work in the bank. He entered the Dominion Bank in 1872 at Oshawa. His place here is taken by Jack Sprague of Toronto, a son of the late Canon W. H. Sprague, rector of St. Peter's church, Cobourg.

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RUBBER SHAWL IS AN INNOVATION THIS YEAR.

Captivating beach costume of blue taffeta, trimmed with old rose crepe in a most tasteful manner. No bathing costume will be complete this summer unless the rubber shawl, an innovation in beach costumes, and the rubber pillow, are a part. The hat is also most singular in appearance.

AN ANGLO-SCOTCH HIBERNIAN.

Fiery "Red" Michael Proved Anything but an Irishman.

The countless innovations and wholesale discarding of accepted theories which mark the great war have been referred to by all the expert writers of the conflict, but perhaps the most modern development of all is the press agent who is an unnominal but very important part of a majority of the new battalions now being raised in Canada, this military publicity promoter being generally some experienced newspaper man who has answered the call of Empire and whose natural gifts are turned to good account in the work of recruiting. In the case of the 199th Irish-Canadian Rangers of Montreal, the press agent is Lieut. C. J. Hanratty, one of the best-known and best-liked of local journalists. A big recruiting rally was being arranged for, and the officers in charge were considering the choice of some eloquent and representative public man as chief speaker. Several names were canvassed and dismissed, and then Lieut. Hanratty made a suggestion.

"What about Dr. Michael Clark?" he asked. "He's a fine speaker, brimful of patriotism, has a son at the front, is widely known, and is a successful Irishman, yet I don't recall that he has ever spoken here, and so will be a novelty."

The discussion ended right there, and Dr. Clark was invited and accepted. "Now I must go down to The Star and get some dope on Michael for the advance notices," said Lieut. Hanratty. Entering the library of Sir Hugh Graham's chief organ, he opened the Parliamentary Guide, and read the staccato phrases of the official biography:

"Clark, Michael, M.B., C.M. (Red Deer). Born 1861 at Beiford, Northumberland, England. Father, English; mother, Scotch."

All of which did not prevent Dr. Clark from delivering a rousing and fiery speech which evoked thunders of applause from his hearers and brought a number of recruits to the Rangers' ranks.

THEORY IS EXPLODED.

British Columbia Skeleton is Not of Immense Age.

A theory based upon the discovery of a human skeleton in earth beds alleged to be of great age, that man had been present on the North American continent at a much earlier period than had ever been supposed, has been exploded by the results of a special investigation conducted by officials of the Geological Survey, which are published in the annual report of that branch just issued.

The discovery of the human remains, which was made near Savona, B.C., caused a mild scientific sensation. It was made the subject of a paper presented to the Royal Society of Canada at its meeting last year, the claim being made that the beds in which the remains were found were of glacial age. If this claim had been established it would have given evidence of the presence of man long years before it had been considered that anything in human form existed in North America, and would have upset many theories hitherto held on this subject.

The results of investigation, however, dispose of the claim of any very great antiquity for the remains discovered. Mr. C. W. Drysdale looked into the geology of the locality where the discovery was made, while Mr. F. H. S. Knowles, of the Anthropological Branch, examined the skeleton. Mr. Drysdale's conclusion is that "the alluvial series at this section is clearly of recent and not glacial age." Mr. Knowles, from an examination of the skeleton found, although it is in a somewhat defective condition, has been able to deduce that it is that of an Indian woman well on in years, probably about five feet in height, who suffered from chronic rheumatism, led an active mode of life in her earlier years, and was accustomed to rest in a squatting posture, as usual among primitive peoples.

The verdict of this scientific coroner's inquest is that "the woman may have been drowned in Kamloops Lake and her body buried along with the normal accumulation of silts and gravels on the lake bottom."

Understanding Canada.

Even before the alliance established by this war, Englishmen visited France, hoping to find new customs, new scenery, new points of view. Surely we in Ontario ought to look at Quebec with at least the same interest and sympathy. But as a matter of fact, we neglect Quebec. Not long ago a distinguished professor in the University of Toronto, an Englishman who could have told us a great deal about France, spoke in a manner which indicated absolute ignorance as to the people of Quebec and their homes and methods of living.

It is, of course, a good thing that we should understand how Europeans live, but it is still more essential that we should know how Canadians live—that there should be a good understanding between Ontario and Quebec, between New Brunswick and British Columbia, between the Canada of the lakes and the Canada of the prairies, and the Canada of the Atlantic and the Canada of the Pacific.—Toronto Star Weekly.

Rape With Rye.

If in the spring your stand of rye is a little thin sow four or five pounds of rapeseed per acre early and afterward give one or two strokes with the harrow. There need be but little fear of dragging out the rye, as the crop is deeply rooted, and the harrow will have but little injurious effect. Of course, if the rye is pastured close the rape plants will be nipped off when they are very tender, and this may interfere with a rank summer or fall growth.

Appointed Adjutant.

Frankford, June 14.—Capt. MacFoster has been appointed adjutant in the 240th Battalion, a new battalion that is to be raised in Lanark and Renfrew counties.

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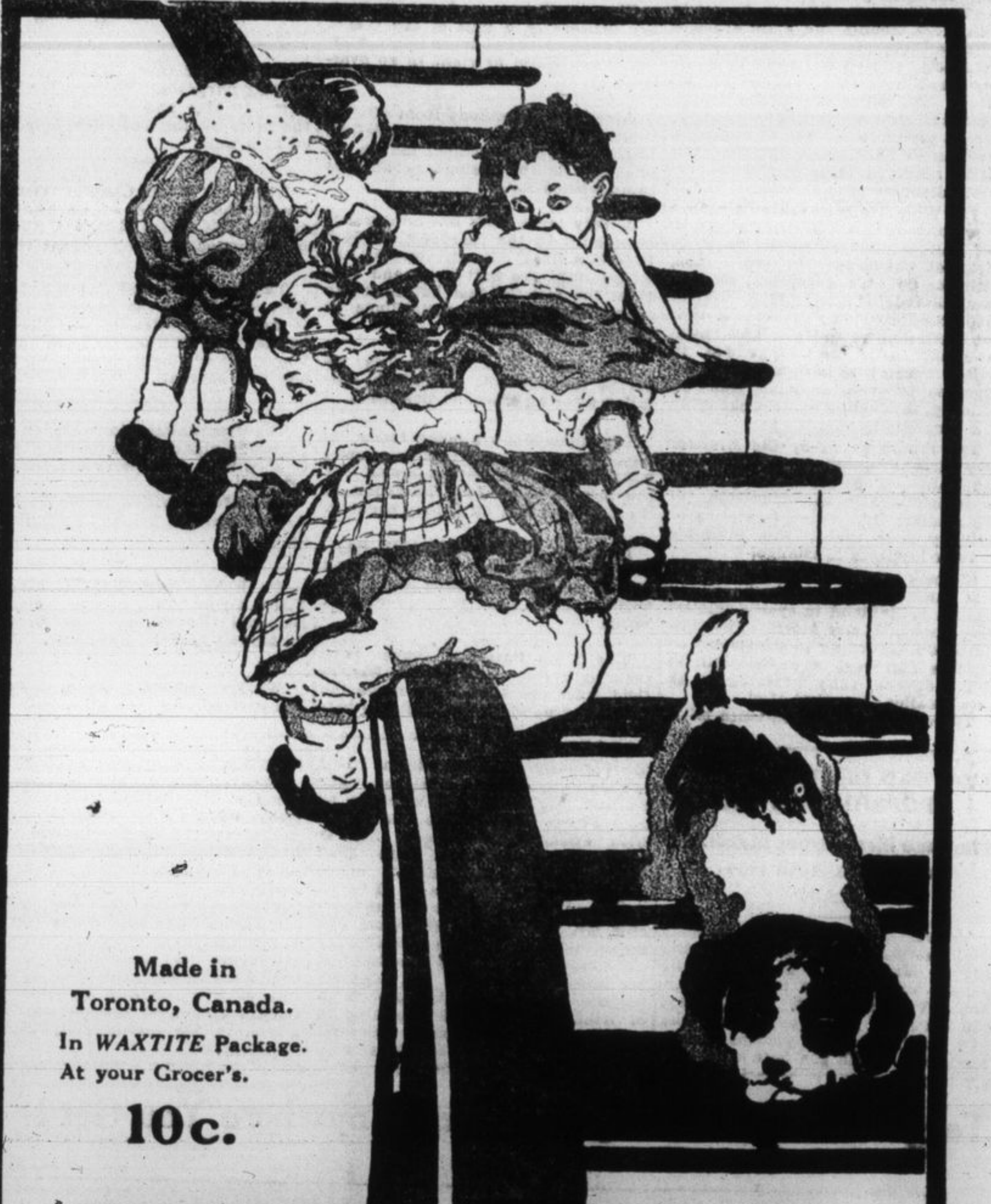
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