### Sleepytime Tales

RODNEY'S FISHING TRIP

er had promised him that the next it was the new fish-pole. me he went fishing he would take in the morning, for if you can you trout Rodney's mother had cooked can go fishing with me?" Rodney, for them. Rodney's father promised

When they came to 'the brook sees that it is in good shape to go where his father said they would their next fishing trip. y first, he handed Rodney a bright ew fishing rod just like the one he could hardly keep still, he knew he where it was, but she didn't know mustn't make any noise to frighten she hadn't seen it. Rodney was sure the fish so he nodded thanks to his be had deft it in the closet in his father and they started to fish.

first fish which was a good sized one ready for school -a trout. He baited his hook with another tug and up came another year old sister fishing for the gold

off the hook and threw it back into trout that day, while his father only her and forgave her

with him, so his father said to they were both very tired, but not a: "Rodney, can you get up early too tired to eat some of the nice a may be sure, was up bright and to take him and her-time and ever

One morning when he went to room, but although he looked and All at once Rodney felt a little looked he could net find it and he tug at his line and he pulled in his had to ston hunting for it and get

fore he had time to think, he felt think? He found his little four- to be thankful for. fish in the bowl with his pole, This his father thought was too didn't take very long for him to take small and he very carefully took it it away from her and tell her she was the brook, where it swam off as fast pretty fish. She promised she never as it could. Rodney caught ten would do it again, so Rodney kissed

# "Low Cost of Living" Menu

Menu for Saturday

BREAKFAST

LUNCHEON Boiled Ham, Potatoes

Baked Heans, Brown Brend Chopped Cabbage Sponge Cake, Silced Pineapple

BREAKFAST.

together one cup of flour, three ate oven six or seven hours.

greased waffle irons, and spread with softened butter before serving. LUNCHEON.

slices and broll over a quick fire. over a little minced parsley, pepper and salt.

Potato Chips-Pare raw potatoes and slice lengthwise as thin as possible. Fry in deep fat DINNER.

again, place in a bean pot, and add or homeless through fire. half a pound of fat pork, a teaspoon of mustard, salt, pepper and half a

tablespoons of cornstarch and one Brown Bread--- Mix one cup each of and a half teaspoons of salt. Beat Indian rye, and graham flour. Add one egg until light, add two cups of a cup of molasses, half a cup sour milk in which one teaspoon of seeded raisins, a teaspoon soda has been dissolved, pour out soda, and water to make a soft batthe liquid gradually into the dry ter. Steam three hours in a cov- the public back. The soldiers were

#### Back Was Lame and Ached; street and we stood and had a friendly chat with many of them. They had the lightheartedness always Could Do Very Little Work found amongst soldiers, even in the worst circumstances, and the sight of them gives one courage.

Suffered Much From Kidney Disease for Years, but Cure was not safe to go any farther as holder of the title. The first holder Came With the Use of Dr. Chase's Kidney-Liver Pills.

but failed to get at the cause of "For several years I suffered fire. We came back to Trinity Col- who was created Earl and Marquis trouble, probably because they relied greatly from kidney disease. I was lege, and went up Dame street as far of Wharton, and was the author of on medicines which act on the kid- weak and could do very little work. as the Castle. The miltary are in the "Lilliibulero," the song which sang neys only. The strong feature about My back was lame and ached and I windows and on the roof of the Dr. Chase's Kidney-Liver Pills is suffered much from headaches. Tried Castle, and the sentries are on duty their combined action on liver, kid-doctors and obtained no relief. Dr. neys and bowels. In many of these Chase's Kidney-Liver Pills were recases the disease is so complicated commended by a friend, and after that ordinary kidney medicines fail taking four boxes I think I can say to be of much benefit. Under such that I am cured, for I feel as well conditions Dr. Chase's Kidney-Liver as I ever did." Pills usually touch the spot and ef- - This statement is endorsed by Mr.

Doctors had tried to cure this man Orchards, Birchbank,, B.C., writes: corner to let us see the results of the was the father of Thomas Wharton,

Harry Anderson, J.P., who writes:-

Had they been only moderately "This is to certify that I am persuccessful Dr. Chase would never sonally acquainted with Mr. Simeon have selected them for world-wide Shieloff and believe his statement in distribution. As it was, the de- regard to Dr. Chase's Kidney-Liver mand for these pills resulted natur- Pills to be true and correct." ally from their superior merit, and Dr. Chase's Kidney-Liver Pills there was nothing else to do but one pill a dose, 25 cents a box, all

Mr. Simeon Shieloff, Birchbrook pany, Limited, Toronto. Whether Your Dessert Be Ice Cream or Blanc Mange-Pie or Pudding-Cake or Custard-it will be all the better for CORN STARCH For more than half a century, BENSON'S has helped the good cooks of Canada to make dainty desserts — to Improve the smoothness and richness of sauces and gravies—and to bring out the flavor of everything in which it is used.

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(Continued from page 9.) Once upon a time Rodney's fath- champion, but Rodney said he knew Red Cross came in with them. She said she is a dispatch rider from Bel-When they came home that night fast," The Sinn Feiners have a staff of women wearing the Red Cross, but under the direction of the War Counthey do not look like nurses.

Canon D called this afternoon tion with the scheme for finding emfears a great many soldiers have been settling them on the land. An enkilled. Canon D spent last night deavor will be made to place the solin a hospital attending the wounded.

Saturday, April 29.

hearted and fearless! We were sur- war. prised they were not fired on from the College. The machine-guns and snipers continued incessantly until Broiled Ham-Cut in very thin five p.m. and then all was quiet. Later we noticed more people than usual Spread with butter and sprinkle strolling about and some of the owners of the motors have come and taken them away.

What glorious news! A woman passing by told us that the rebels have surrendered, and how very thankful we feel that these awful Baked Beans-Soak a quart of times are nearly ended. Such a resmall beans one hour in cold water. lief after the suspense of wondering Drain and boil half an hour. Drain whether we might be shot or starved,

Five of us nuses went out immediately to look around. We were to be Samson. It was a pity to Cornstarch Waffles-Mix and sift cup of molasses Bake in a moder- longing to see Sackville street. Such change the name of Samson to Alexan eventful walk! Arriving at the ander." corner of Grafton street we found the soldiers there not allowing anyone to pass down the street. However, seeing us in uniform they beckoned to us to come on, while they still kept standing along down each side of the street and we stood and had a friend-

When we got half way down Westmoreland street a soldier told us it there is still some sniping about of the title was born in 1495, and there. However, another soldier said he would conduct us as far as the

all along the street. We walked down Parliament street to the Quays and crossed the bridge. We returned home through Grafton street, which in an awful state with broken glass, papers, and "loot" all over the

Throughout Australia local com-

mittees are being formed to work

To Employ Soldiers.

cils in the different States in connecand had prayers with us. He says he ployment for discharged soldiers and dier-settlers in groups, so that it will be easy to appoint an overseer or expert agriculturist to supervise their work and give them advice. Yesterday we had some of our This will enable men to interchange meals in the back kitchen for safety. farm implements and belp each other Meals! At which we wonder how in the preparation of the land and much longer we will have to live on the gathering of the crops. The the stores in the house. There is no Sydney War Council have received meat, and we have bacon, ham, and a number of applications for land. sardines, enough bread to do for Some of the returned soldiers merely Just before he started he went in- some days, and the milk man still ask for a poultry run, but some of fresh bait, threw it in and, almost to the sitting room and what do you calls every morning so we have much the more ambitious desire grazing farms. One suggestion is that these The machine guns are active in the soldier-farmers should not be put or It College again, and in some of the the land without their fitness for the houses alongside it. We can see the work being first accertained, and smoke every time they go off. The that in order that the authorities military are in the Shelbourne. An might arrive at a decision on that officer and soldier appeared in the point the men should be given a pro-Park about 10.30, both of them | bationary period in the State expericarrying revolvers. These are the ment farms. In New South Wales first we have seen in the Green since recently steps were taken by a com-Monday. They climbed over the rail- mittee to clear an area of several ings, came across the road, and ex- hundreds of acres. It is intended to amined the motors. They passed a cut this land into "farmlets" of a few few pleasant remarks to us in the acres each, and to make the blocks. windows, and strolled towards Har- ready for settlement, available for court street. They seem so light- the soldiers as they return from the

> More Appropriate. Sir George Alexander is drawing all London by his remarkable acting in that delightful comedy, "The Basker," at the St. James' Theatre. As many people are aware, Sir George's original name was Samson before he went on the stage, and apropos of this fact, a good story is told. A well-known theatrical manager was once discussing Sir George

with a friend "By the way, Alexander isn't his right name, is it?" enquired the

"No," said the manager. "It used

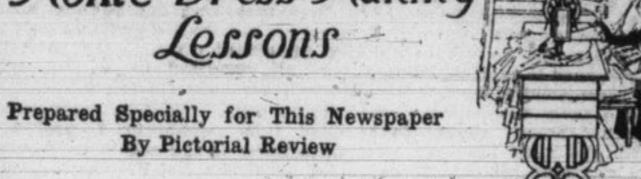
"Oh, but Alexander conquered the

"Yes," answered the manager, theatrical man. Have you forgotten that Samson was the first man who. brought down the house?"

Old Barony Restored,

The Barony of Wharton has been restored after being in abeyance for nearly two centuries, and Lord Wharton recently took his seat in the House of Lords as the eighth was summoned to Parliament as a

Easy & Practical
Home Dress Making Lessons



Pink Lawn, White Yoke, Revers and Collars.



Dainty separate waist of pink lawn with a deep yoke of white. Revers nd collar of white have a pink hem.

One of the charms of this separate blouse is its color scheme. The model is fashioned from pink lawn. but the deep yoke is of white, with collar and revers of the same. A pink hem is hemstitched to the collar and revers, giving the necessary touch of color after a sudden "break' from pink to white in the waist and yoke. In medium size the design requires 2 yards 36-inch pink and %yard 36-inch white lawn. Either pink or white may be used for the narrow ruffle that outlines the deep

Since a contracting material is used for the yoke, unusual care must waist. Note the part of the cutting guide which shows the placement of yoke and revers. This shows that the pattern must be placed on a lengthwise thread of an open width of material. Now, this rule must be followed in using white lawn, just as If the waist were being developed entirely in pink.

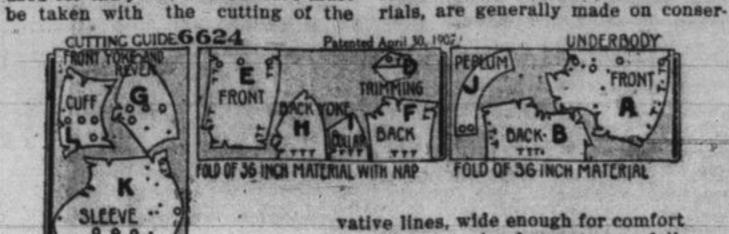
The sleeve and cuff, however, are laid on an open width of pink material, after which the lawn is folded to cut the remaining parts of the walst. A strip of lawn long enough to accommodate the back yoke will have to be cut from the white material and the yoke placed on the lengthwise fold as illustrated, with the collar included. The back of the waist is laid on a lengthwise fold of pink lawn, while the front and trimming piece are placed on a lengthwise thread

The underbody requires 1 yard of 36-inch material and this is folded as also shown in the cutting guide. Place the back directly on the lengthwise fold, then put the peplum and front on a lengthwise thread.

With the various pieces properly placed, the home dressmaker may that there will be no waste of material, nor mistake in the work.

proceed with the cutting, confident The smartest of the new blouses feature deep yokes which are made of all kinds of materials in contrast to the waist proper. Herein lies a strong hint for the dressmaker who has a genius for combining small quantities of goods into a delightful

Separate skirts usually fashioned



vative lines, wide enough for comfort in active exercise but not over full, well supplied with pockets and a trifle high in the waistline.

Pictorial Review Walst No. 6624. Sizes 34 to 42 inches bust. Price, 15c,



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# A Tip for the Soldier Lads

Take the advice of seasoned chaps. They will tell you that the secret of keeping fit and hearty is - an occasional piece of

## WRIGIEYS THE PERFECT GUM

It's the best little refreshment a soldier can carry. The sealed package keeps it always full-flavored, fresh and clean.

The delicious mint flavors sweeten the breath, prevent acid mouth and make smoking doubly enjoyable.

It cleanses the teeth, aids appetite and digestion.

