

Purity! Purity! Purity!

The one dominating note that runs all through the making of Sunlight Soup is Purity. The \$5,000 Guarantee you get with every single bar is not a mere advertisement. It marks a standard set for the buyers who select the choice Sunlight Soap materials—for the soap boiler—for the expert chemists-for the girls, even, who wrap and pack Sunlight.

All are mindful of the Guarantee -it is a source of gratification to all the Sunlight workers. . .

Sunlight 5¢ Soap





FROM THE COUNTRYSIDE

Frontenac

MYER'S CAVE May 29 .- Most of the farmers are through seeding and have started planting. Mr. and Mrs. James Perry spent Sunday at T. D. Perry's Mr. and Mrs. David Rintoul called on friends in Harlowe last week. Miss Susie Cox was a week-end visitor at Charles MacGregor's. Mr. Harper made a business trip here O. Thompson took tea at Joseph

OSO STATION

June 1 .- Seeding is about over in owing to so much wet weather. ning. The funeral on Tuesday after-Mrs. William Dickson have returnwith friends at Powassan. Mrs. Archibald Gray called at Alexander day at his home here. England's on Sunday evening. Mrs. W. Loyst spent Sunday at her father's, H. Lutzes. Her sister Letitia returned to Arden with her on Monday. Miss Edith Crawford has gone to Kingston. Mrs. Robert Henderson has returned to Kingston after spending some time with friends here.

WESTBROOK. May 29 Farmers are finishing up their seeding after the heavy rains of the past week. A number from here attended the celebration in Kingston on Wednesday. P. M. grass is improving his residence with a new roof and is making several other minor improvements. J. A. Sproule lost a valuable cow last week. Mr. and Mrs. Nuton Ames spent Sunday last at C. Redden's, Harrowsmith. Mr. and Mrs. Byron Scanlon after spending the past week at D. Sheehan's returned to Marysville on Friday. Miss Lorraine Smith of Kingston spent the week-end at her home here. James Howie of Glenburnie, spent Friday last at D. Sheehan's. A. Howie and family, accompanied by Mr. and Mrs. G. Cadott, spent Wednesday last flishing at Loborough Lake.

HOLLEFORD.

May 31.—Seeding is very back ward owing to the heavy rains. The cheese factory is getting a good supply of milk. Miss Annie Vanleuvan is on the sick list. Miss Jessie Amey has returned after spending a week with her aunt at Verona. On the 27th inst. Mr. and Mrs. James Walker attended at Sydenham the twenty-fifth anniversary of Mr. and Mrs. David Walker's wedding. Quite a number from here spent the 24th in Kingston. Others celebrated by private picnics. W. Babcock wife and family of Hartington spent Sunday at G. T. Babcock's. Mr. Hogan and family visited at Harrow-Rev. Mr. Humphrey filled his appointment Sunday afternoon. accompanied by Rev. Mr. Folks, a former pastor, who addressed a peo-

appearing. Mr. and Mrs. R. Mar- thetic friends had draped the church tin and son Albert are with relatives and decorated it with flowers. A at Verona. Mr. and Mrs. T. Red- solo was rendered by Miss Grace mond, Sydenham, visited at A. Red- Burtch, "Some Day the Silver Chord

FRANKVILLE

ed after spending their wedding trip ter, Mrs. H. York. Number from Everything promises well for a good here attended the celebration of the fruit yearr. John Conby and Miss Edna Warren 24th at Jones Falls. Miss Grace spent a couple of days in Perth and Coon spent Monday at Athens. Mrs. Bathurst last week. Miss Blair B. Simpson, Jones Falls, is spending spent a few days last week with ton Laming, Portsmouth, spent Sun-

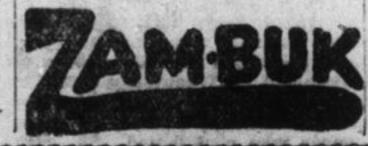
POOLE'S RESORT

June 2 .- Seeding and planting are backward on account of wet weather, Mrs. B. Poole and children, Caintown, are visiting at visiting at S. D. Wilcox's. recent guests at Thomas Powell's. Escott. Private Fred Salter spent Saturday last guest of his brother Alfred. A very impressive memorial service for the late Mrs. S. D. Wilcox was held in the Methodist Church at Rockport on Sunday last.

are suffering with eczema, obstinate scres, ulcers or any other skin trouble? If so, lose no time in trying Zam-Buk, and you will be amazed at its curative powers. The healing power of any ointment is in proportion to its medi-

cinal ingredients. Ordinary ointments being composed chiefly of animal fats, with only a small percontage of medicinal ingredients, have not sufficient healing power to overcome a bad case of skin trouble. Zam-Buk, of the contrary, is purely herbal, and is all medicine, which explains its superiority over other ointments, and its many

Besides being best for eczema, ulcers, and skin diseases of all kinds, it is equally good for bloodpoisoning, piles, burns, cuts, heat rashes, sore and blistered feet, insect bites and sunburn. 50c. box all druggists, or Zam-Buk Co., Toronto. Send 1c. stamp for postage on free trial box.



THE FOOLISH MOUSE Once upon a time a family of mice, it,

they did they would never get home trap. again. They all promised and for a So she edged closer and closer unwouldn't go near it.

and she was sure mother was mis- cheese again without her mother.

taken. Anyway she was going to try

lived in a closet. They had a nice So she began to run toward it then of Revision was held at the Denbigh nest and so far no one had found stop a second, holding up her little House on Saturday last. There were out they were there, although they head and sniffing, then run on a bit, heard Cook say she knew there were stop, look and sniff again. Yes, she will be held tomorrow in G. Adams' mice in the house and she must set a would get all she wanted she de- hall by Judge Lavell of Kingston. trap for them. Their mother told cided, and then she would bring Some interesting cases are reported them they must be very careful and home a piece to her mother to show to be heard. William John is away never, never go mear a trap, for if: her how wrong she was about the again on business in New Ontario.

while they were careful and, even 'il she had her nose all ready to though the toasted cheese did smell stick in the hole. Then she suddengood, they ran back home and ly felt the most awful tug at her will help with the general work this tail and back she fell just as the But one day she was very hungry trap gave a click and shut down. and she smelled cheese and knew When she picked herself up and things in running order. They expect that Cook had ordered some fresh turned around her mother was stand- a busy season. Roy Hawley, Mrs. just that day. Very carefully she ing beside her looking frightened. crept out of the closet into the "Didn't I tell you not to go near kitchen and then to the pantry. Yes, trap? I came by just in time to are all able to be out. William Mayshe could smell the cheese and it was save you!", exclaimed the mother. in that round piece of paper she was Poor little mouse looked very crest- and Mrs. Andrew Meeks, John Winsure, so she went slowly up to it and fallen and ran home very humbly ters and family have resumed their looked. It didn't look like a trap and she has never gone looking for farm after having spent the winter

'Low Cost of Living" Menu

Menu for Wednesday BREAKFAST

Strawberries and Cream. Boiled Ham, Creamed Potatoes. LUNCHEON

Ostmen! Cookles. DINNER. Cold Silced Ham. Mashed Potatoes, New. Beats, Cucumber Salad.

Lamb Hash. Hot Biscutt.

.. Strawberry Sherbet.

BREAKFAST. ham. Have them cut a little thicker of strawberries, add two cups of sugbroil over a quick fire. Spread with add the juice of one lemon, six cups and gall.
butter, pepper and salt and garnish of cold water and stir well. Strain All who write resolutions of conwith a few sprigs of parsley. - and freeze,

Oatmeal Cookies-Melt a table

spoon of lard in a cup of warm water. When dissolved add two cups of oatmeal and half a teaspoon of soda. Roll out thin and bake in a rather slow oven.

DINNER

down and around with a sliver fork. farm. P. A. Wikwan has been re-Slice thin and lay in ice water for newing acquaintances in this vicinity. an hour. Serve on tettage with a Joseph Wise is improving his store dressing made from a tablespoon of by a coat of paint. The soldier boys tarragon vinegar, two tablespoons of are all at Barriefield now, with the common vinegar, salt, pepper, a exception of a couple who jumped the pinch of dry mustard, and four table- job. Elgin Brown and Albert Spenspoons of olive oil. Beat two min- cer are rejoicing over the arrivals of utes with a silver fork.

Broiled Hams-Use slices of cold Strawberry Sherbet .- Mash a quart

Will Break." The service was largely attended. Relatives from a distance were Mr. and Mrs. William Buell and children, Dyer,

DARLINGSIDE May 31 .- Mrs. Myers, Club Island. has left for a short stay at her former home, Rochester, N.Y. Mr. Pouch is making considerable improve ments to his boat house. David June 1 .- Mr. and Mrs. W. H. Gif- Robertson has the work in hand. ford, Plum Hollow, visited at M. Mr. Cook, Montreal, owner of Sur-Holmes, Lehigh Corners, this week. veyor's Island, is putting a new roof Henry Johnston of the West is vis- on his summer house, together with iting his sister, Mrs. Enos Soper. other repairs, Mrs. James Chisa-Perry's Sunday evening. Little Isaac George H. Donaldson and his daugh- more, who is in the General Hospital ter, Mrs. C. P. Livingston, have been at Kingston, is said to be improving been visiting in Brockville this week. nicely. Mrs. William Latimer continues very poorly. J. D. Latimer. who was recently injured in a runa-May 30 .- C. Fahey, Kingston, way accident, is able to be about this district, although somewhat late spent a few days last week with his again. Fred. Latimer is suffering parents here. E. Jones has gone to from a bad attack of neuralgia. Thomas Webster died on Sunday eve- Toronto to spend a few days. B. N. There is a splendid growth of grass Henderson spent Tuesday at Lans- and in consequence cows are milking noon was well attended. Mr. and downe. Mrs. P. Wing, Smith's Falls, exceedingly well. William Latimer is spending a few days with her sis- lost a valuable horse a few days ago.

June 1 .- Dr. H. S. Northmore and wife and son Harold, are spending a few days in Toronto this week. Rev. Mr. Sexsmith left on Tuesday for Mr. and Mrs. Delmer Williams were Peterboro, where he is attending the meeting of the Methodist Conference Mrs. Webster of Belleville is visiting at her sister's Mrs. D. H. Robinson's, Mr. Ewart, Hamilton. is here on a fishing expedition. Sev. eral young men left this week for Kingston to work on the Government survey boat.

TAMWORTH

May 31 .- Mr. and Mrs. A. Fuller of Ottawa made a presentation to the Methodist church of two handsome brass collection plates, which were presented by James Aylesworth,in remembrance of his father, John Wesley Fuller, and his son John Wesley Fuller. Mr. Aylesworth made a few remarks on behalf of Mr. and Mrs. W. A. Fuller. Eugene O'Brien left last week for California to reside with his parents. D. B. Floyd made a flying trip to Lowville last week to attend a funeral. Miss Card died May 21 and the funeral took place on May 23 at Brown Lake cemetery. The soldiers left on Monday of last week for Kingston. W. J. Paul made a short address on behalf of the village and county. Rev. Mr. Rock is attending conference at Peterboro. Orley Thompson of Sand street was taken to the Kingston hospital today, Miss Aylesworth, nurse of Toronto, has been nursing Mr. Fleming who, is much better. Mrs. Anderson Prout died

DENBIGH

May 30 .- Miss Louise Berndt, who was employed in Napanee since last fall, has arrived home again. Mrs. A. Fritsh left last Wednesday on an extended visit to Rev. and Mrs. J. Reble at Linwood and other friends at Berlin. Miss Edith Slater of Slate Falls and Lorne Bert Lambert, now of Napanee, were joined in wedlock by Rev. C. F. Christiansen on the 16th inst. Albert John, son of Wiliam John of this village and Anson Pringle, son of Mrs. S. Wright of Slate Falls settlement, have enlisted for overseas service at Elk Lake where they were employed. The Denbigh cheese factory is in operation again. Thomas Love has again seen engaged as cheesemaker. Court only a few appeals. Division Court

CLYONE. June 2 .- George Leveair has mov-

ed his family to Bon Echo, where he

summer. Messrs Dunyer and Baker are at the Inn now getting Cole Cummings and Mrs. John Mc-Causland, who were on the sick list, nard has taken up residence with Mr. at the camp. Miss Adda Roy is visiting there. James Perry and Cole Cummings have returned from a trip to Niagara. Charles Rosenplot has moved to James Hawbly's place. Much sympathy is extended to 'Sand' MacNicoll's family, mho have received word that Alexander is reported missing from the trenches. They are still hoping that he may be discovered. Mrs. Thompson, of Port Credit, is visiting her daughter, Mrs. Bunt. Rev. Bunt is attending conference at Peterboro. Mr. McMillan has been on the sick list. Part of the hotel is quarantined with measles. The "Old Folkes Concert" held in the church was quite a success. The proceeds amounted to over \$25, and will be given to patriotic causes. William Cucumber Salad .- Pare and draw Cade has moved on Thomas Storey's

Oftentimes ability had rather take than you would to serve cold, and ar and let stand four hours. Then a back seat than mix with conceit

dolence are not really grief-stricken.

Rich Yet Delicate-Clean and Full of Aroma.

is blended from selected hill-grown teas, famed for their fine flavoury qualities. Imitated yet never equalled.

"Silver Gloss"

> THE CANADA STARCH CO. LIMITED MONTREAL, CARDINAL. BRANTFORD, FORT WILLIAM. Makers of "Crown Brand" ana "Lily White" Corn Syrups, and Benson's Corn Starch.

More Blouses, Lingerie and Skirts-more Table Linenmore Sheets and Pillow Cases - more Curtains - are starched with "Silver Gloss", than any other starch in

Canada. Your grocer has it. Laundry Starch

Now that the warm days are here leave the heavy, overheating foods for something lighter and easily digested. Kellogg's Toasted Corn Flakes supply plenty of nourishment to the body to enable it to do its morning's work in comfort. The thin, brown flakes are palatable as well as being quite digestible.

Different Lather

TOU will find a marked difference between the lather from Ivory Soap and from ordinary soaps. The Ivory lather is full of bubbles-therefore light, lively, copious, pleasing. Ordinary lather is often but a thin, sluggish, meager soap solution.

IT FLOATS

Procter & Gamble Factories in Hamilton, Canada

Children Cry for Fletcher's

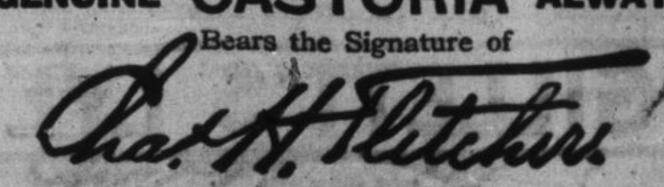
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Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea-The Mother's Friend.

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