



Purity! Purity! Purity!

The one dominating note that runs all through the making of Sunlight Soap is Purity.

Sunlight 5¢ Soap

The most stylish foundation for the up-to-date costume is a D & A or a La Diva corset.



D & A CORSETS

HERE IS THE SECRET OF THE NEW PERFECTION OVEN

A current of fresh hot air passes continually over and under the food—drying out the steam—preventing sogginess.

The New Perfection Oil Cookstove is already cooking for thousands of housewives.

- Simmons Bros., Kingston
McElroy & Birch, Kingston
Kilgob Bros., Kingston
Taylor & Hamilton, Kingston
J. B. Bunt & Co., Kingston
H. W. Marshall, Kingston.

Royalite Coal Oil gives best results. THE IMPERIAL OIL COMPANY, Limited



FROM THE COUNTRYSIDE

Frontenac

MYER'S CAVE
May 29.—Most of the farmers are through seeding and have started planting.

OSO STATION
June 1.—Seeding is about over in this district, although somewhat late owing to so much wet weather.

WESTBROOK
May 29.—Farmers are finishing up their seeding after the heavy rains of the past week.

HOLLIFORD
May 31.—Seeding is very backward owing to the heavy rains.

There are still a few cases of mumps appearing. Mr. and Mrs. R. Martin and son Albert are with relatives.

Leeds

FRANKVILLE
June 1.—Mr. and Mrs. W. H. Gifford, Plum Hollow, visited at M. Holmes, Lehigh Corners, this week.

Morton

May 30.—C. Fahey, Kingston, spent a few days last week with his parents here.

POOLE'S RESORT

June 2.—Seeding and planting are very backward on account of so much wet weather.

Rev. Mr. Leach officiated. Sympathetic friends had draped the church and decorated it with flowers.

DARLINGSIDE

May 31.—Mrs. Myers, Club Island, has left for a short stay at her former home, Rochester, N.Y.

Lennox & Addington

BATH
June 1.—Dr. H. Northmore and wife and son Harold, are spending a few days in Toronto this week.

TAMWORTH

May 31.—Mr. and Mrs. A. Fuller of Ottawa made a presentation to the Methodist church of two handsome brass collection plates.

DENBIGH

May 30.—Miss Lavinia Berndt, who was employed in Nanapanee since last fall, has arrived home again.

CLYONE

June 2.—George Levear has moved his family to Bon Echo, where he will help with the general work this summer.

DOES THIS MEAN YOU?

Are you one of the many who are suffering with eczema, obstinate sores, ulcers or any other skin trouble?

ZAMBUK

Sleepytale Tales

THE FOOLISH MOUSE
Once upon a time a family of mice lived in a closet. They had a nice nest and so far no one had found out they were there.

"Low Cost of Living" Menu

Menu for Wednesday

- BREAKFAST: Strawberries and Cream, Boiled Ham, Creamed Potatoes, Toast, Coffee.
LUNCHEON: Lamb Hash, Hot Mince, Oatmeal Cookies, Cream.
DINNER: Cold Mince Ham, Mashed Potatoes, New Beans, Cucumber Salad, Strawberry Sherbet.
BREAKFAST: Broiled Ham—Use slices of cold ham. Have them cut a little thicker than you would serve cold, and broil over a quick fire.

Rich Yet Delicate—Clean and Full of Aroma. "SALADA" is blended from selected hill-grown teas, famed for their fine flavoury qualities.

"Silver Gloss" More Blouses, Lingeries and Skirts—more Table Linen—more Sheets and Pillow Cases—more Curtains—are starched with "Silver Gloss", than any other starch in Canada. Your grocer has it.

Turn over a new leaf Now that the warm days are here leave the heavy, overheating foods for something lighter and easily digested. Kellogg's Toasted Corn Flakes supply plenty of nourishment to the body to enable it to do its morning's work in comfort.

Different Lather YOU will find a marked difference between the lather from Ivory Soap and from ordinary soaps. The Ivory lather is full of bubbles—therefore light, lively, copious, pleasing. Ordinary lather is often but a thin, sluggish, meager soap solution.

Children Cry for Fletcher's CASTORIA The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of Dr. J. C. Fletcher and has been made under his personal supervision since its infancy. What is CASTORIA? Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee.