

Told in the Twilight in the Realm of Woman



Sleepytime Tales

EVE AND THE GARDEN.

Once upon a time the "Three E Children started to have a garden. Edward dug the ground up and Eve planted the seeds while little Ethel brought out her watering pot and nearly drowned the seeds before they had a chance to grow.

Lantic Sugar

is packed by automatic machinery in strong white cotton bags and cartons at the refinery.



2 and 5-lb Cartons 10 and 20-lb Bags

"The All-Purpose Sugar"



DO NOT RISK YOUR FAVORITE LINENS AT THE LAUNDRY, MISS, CANADA!

Have the work done at home under your personal supervision, with an

EDDY INDURATED WASHBOARD.

Made of one solid lasting piece of hardened pulp. It will neither splinter nor fall apart. The slightly rounded, even crimp is easy on the clothes and fingers, yet loosens the dirt easily.

Ask for Eddy's "Twin Beaver."

No Alkali

EXAMINE a fine lace collar that has been washed with Ivory Soap. Notice how clear it is, how much it feels like a new piece, how fresh and unworn it looks in every thread.

It is tests such as this that show you the all-round quality of Ivory Soap—its mildness, purity and freedom from uncombined alkali.

5 CENTS IVORY SOAP 99 1/100% PURE IT FLOATS

Hand Feeding Baby

Troubles and Failures.

Some of the causes of these can well be pointed out again. Ordinary cows milk is unsatisfactory—it contains too much indigestible curd, too little milk sugar, and is frequently acid. To correct these faults is more than can be undertaken successfully in the home.

Condensed Milk, as usually given, is that it contains too little curd, and too large quantities of preservative sugar added, and as with eggs milk the curd is indigestible. Consider these points, and when selecting an alternative to the natural food make sure it closely resembles healthy mother's milk. Physicians agree that "Progressive Dietary" is most valuable.

Simplicity and Success

When baby is very young or delicate, he should be given the 'Allenburys' Milk Food No. 1. This food is identical in composition with maternal milk, and can, if necessary, be given alternately, so alike are the natural and the prepared food in this instance. It is pure, completely nourishing and digestible.

After three months the Milk Food No. 2 follows. This food can be adopted at this age if breast feeding has ceased, or in place of other substitutes which it is desired to discontinue. The Food No. 2 contains all the essential additions to form bone, nerve and muscle.

When a farinaceous food can be given the Allenburys' Malted Food No. 3 provides what is necessary in an ideal form.

MILK FOOD No. 1 MILK FOOD No. 2 MALTED FOOD No. 3 From birth to 3 months From 3 to 6 months From 6 months onwards Mean Firm Flesh Strong Bone Sound Growth

The only Complete Progressive Dietary.

Every mother should study our booklet—"Infant Feeding and Management." Free on receipt of postal card.

The Allen & Hanburys Co. Limited, Toronto.

(Continued from page 1.) The ladies who will be in charge of the weekly Yacht Club tea, include Mrs. L. C. Lockett, (Convener) Mrs. G. M. Campbell, Mrs. Richard Waldron, Mrs. Iva Martin and Mrs. N. C. Polson, Jr.

Mr. and Mrs. Herbert Horsey and Miss Mildred Horsey are in town for a few days on their way from Ottawa to their summer home in Cressey. Mrs. Lawrence Abbott, Stratford, is the guest of her aunt, Miss Macanley, King Street.

Mrs. Robert O'Hara has taken an apartment at the "Belvidere." Mrs. N. C. Polson, Jr., Stuart Street, is spending this week with Miss Gladys Henstis in Toronto. Prof. and Mrs. W. E. Macpherson have moved to their new home on Clarence Street.

The first Saturday afternoon tea of the season was held this afternoon at the Country Club. Miss Laura Nicolle, 52 Barris Street, left Friday for Worcester, Mass., to visit Mrs. Seth Richard.

Mr. and Mrs. Archibald M. Henstis, of Toronto, announce the engagement of their youngest daughter, Gladys Webster to Captain G. Ashworth Fellows, 83rd Battalion, eldest son of Mrs. Rockcliffe Fellows, of Ottawa. The marriage is to take place in

How You May Change Your Face Completely

Any woman not satisfied with her complexion can easily remove it and have a new one. The thin veil of stinging half-dead cuticle is an accumulation and should be removed to give the fresh, vigorous, young skin underneath a chance to show itself and to breathe. There's a simple, old-fashioned remedy which will always do the work. Get an ounce of pure mercuric wax from your druggist and apply it at night like cold cream, washing it off in the morning. The wax will gently absorb all the lifeless, less skin and leave a healthy and beautiful complexion as fresh as a child's. Naturally it takes with it all such facial blemishes, as freckles, moth patches, sallowness, liver spots, pimples. It is pleasant to use, and economical. The face so treated soon looks years younger.

To keep the skin free from wrinkles there's nothing quite so good as the old reliable sallowite lotion. It is only necessary to dissolve an ounce of powdered sallowite in a half a pint of witch hazel and bathe the face in this as required.



A SILK SPORTS COSTUME FOR WARM DAYS. One would not hesitate to wear this attractive little suit through the city or on a train, en route to the golf club; and its silk material makes it delightfully light and cool.

MAGIC BAKING POWDER advertisement with logo and text: Magic Baking Powder costs no more than the ordinary kind. For economy, buy the one-pound tins. EWING & COMPANY LIMITED

England in July. Miss Henstis has several times visited Mrs. N. C. Polson in Kingston.

Prof. and Mrs. J. K. Robertson, Albert Street, are leaving on Monday for a week's trip to Boston. Miss Marguerite Bellhouse, Earl Street, left on Thursday for Hamilton, where she will visit her aunt, Mrs. McGregor.

Mrs. Daniel Phelan, Johnston Street, is visiting Mrs. Carol Pelletier in Montreal. Miss Lillian Kent and Miss May Rogers are spending the week-end with the girls who are camping at Thirteenth Island Lake.

Miss Katie Hamilton is spending a few days in Belleville with Miss Jessie McKenna. Miss Bertha Dodds, Toronto, is spending the week-end with Mrs. Clark Wright, Colborne Street.

Mrs. G. W. Marsh, Battle Creek, Mich., accompanied by her mother, Mrs. S. W. Scofield, is visiting Mrs. W. G. C. Allen, Aberdeen Avenue.

Mr. and Mrs. John H. Coldback, Colborne Street, announce the engagement of their youngest daughter, Gladys Irene, to Noble E. Sharpe, son of Mr. and Mrs. Harry Sharpe, Division Street. The marriage will take place quietly at the latter part of this month.

ACTIVITIES OF WOMEN

Nine out of every ten women marry. The King of Fumban, Africa, has 609 wives. There are over 1,000 women florists in the United States.

Women are now employed in the British customs service as inspectors. Native girls of New Britain are kept in cages until they marry. Chicago has a woman contractor who has made a great success of her business.

A complete woman's ticket was recently elected in the town of London Mills, Ill. Long Island is to have a school where women will be taught to be contractors, superintendents and inspectors.

Mrs. Mary Haberman, of Portland,

Ore., employed nine lawyers to recover an old hen and eleven chickens from a neighbor.

The British Dominion's Woman Suffrage Union will hold its second biennial conference in London during the first week of July.

Marriageable Italian women are said to be gravely apprehensive that when the war is over there will not be enough men to go around.

Through the efforts of Mrs. Cora Wilson Stewart, moonlight schools are held on moonlight autumn nights in the mountains of Eastern Kentucky.

W. C. Currell, president of the University of South Carolina, claims that women shouldn't teach boys in the schools as they are best for girls only.

Because of the scarcity of men to serve on the jury at a trial in Morgantown, W. Va., the justice of the peace was ordered by the constable to summon two women.

Miss Mary Kingsley was the first British woman to enter the terrible gorilla country in the Cameroons and to explore the land of the Fangues, the most bloodthirsty cannibals on earth.

Edith Helena, an opera singer, owns a 1,000-acre farm in New York state upon which she raises some of the finest grain, fruits and thoroughbred stock in America.

The first organized effort to establish women on a solid foundation in the trapshooting game came with the formation of the Nemours Trapshooting Club in July, 1912, in Wilmington, Del.

Mrs. D'Arline Holcomb, of Bowling Green, Mo., who has made a success of most everything from hauling trunks to staging plays, has now purchased a newspaper of which she will become the editor.

In the list of candidates nominated by the United Republicans to represent California in the Republican national convention are two of the most self-reliant and successful women in the west.

Patagonia was almost an unknown country until Lady Florence Dixie undertook the task of exploring it some years ago and making her life every day for her husband among the savage tribes and discovering a race of men heretofore unknown.

Over 200 women from different parts of the country are now in camp at Cherry Chase, near Washington, D.C., where they attend a first-class service school, the main purpose of which is to train women to be of real national service along lines which they can best serve.

WHY EVENING GOWNS HAVE HIGH NECKS

In searching for the reasons why several of the new evening gowns have high necks and long sleeves, it is not difficult to put the finger on them. France, where these models were designed, no longer approves of women who wear descotelet gowns.

Even at the theatres, the smartest Parisienne wears a frock that has tulle extending to the collarbone, if not higher, and this also covers the arms to the wrists. This mode of dress is considered dignified.

Another reason why France is sending over so many of these frocks is that the American and Canadian social season are supposed to be over, and our women may desire them for informal evening gowns, the kind that constitutes a large part of the Continental woman's wardrobe.

There is a growing tendency to lighten the décolletage in the front with transparent material, even though it may be low in the back; the new evening bodices are built of embroidered tulle or chiffon. Callot will take tulle in three shades of violet, like orchard, mauve, and wistaria, build it over a lavender lining and drape the tulle to the base of the neck, drop it over the back as a cape, let the fullness cover the top of the arms, and catch it up at the wrists with a bracelet of orchid satin ribbon.

Other gowns made of tulle in any color, have long, tight, transparent sleeves that reach to the wrist and are guiltes of trimming, while Lanvin puts balloon sleeves of tulle or chiffon into her evening gowns, gathering them at the wrists into a deep ruffle of lace.

A BIRTHDAY CAKE.

How to Make One Which is a Real Cake. Weigh seven large eggs (fresh), take their weight in dried flour and a little more than half their weight in sifted sugar. Break the eggs, separate the yolks from the whites, beat the former in a bowl, add the sugar to them very gradually, together with a little grated lemon rind, a spoonful of orange flower or rosewater or any other suitable flavoring. Add the other suitable flavoring. Add the flour a little at a time and continue to beat the mixture for twenty minutes. Butter a mold, sprinkle powdered sugar upon the butter, and shake off all that will not adhere. Tie a strip of buttered paper round the top of the mold to keep the preparation from rolling down the sides while it is baked. Pour in the cake, three parts; fill the mold with it. When done enough let it stand a few minutes, shake it well to loosen it, turn it out carefully, cut it in slices with a cool one-quarter of an inch thick, spread some jam over these and place five or six or more slices together, one on top of the other. Whisk together the whites of two or more eggs, according to size of cake; add half a pound of finely sifted sugar (to the eggs), a dessertspoonful of orange flower water. Whisk the mixture until quite smooth and spread it over the cake with the back of a spoon. Mark the shape of the pieces into which it is afterward to be cut. Place the cake in a very cool oven to dry the icing. Take, half an hour to prepare. Two or three drops of coloring will give it a rose tint. Send to table with lighted candles.

"Low Cost of Living" Menu

Menu for Sunday BREAKFAST Strawberries and Whipped Cream Shredded Eggs Buttered Toast Coffee DINNER Pigeon Fricassee Baked Potatoes New String Beans Onion Salad Maple Frappe SUPPER Salmon Salad Prune Bread Rhubarb and Raisin Marmalade Cookies Tea

Shirred Eggs.—Sprinkle the bottom of ramkins or custard cups with bread crumbs and break into each an egg. Sprinkle on top with crumbs and a little butter. Set in a pan of hot water and bake until the eggs are set. Pigeon Fricassee.—Cut the pigeons in half and lay in stewing pan. Add two cups of water and the same of claret, half an onion, a bunch of pot herbs, a tablespoon of butter rolled

Menu for Monday BREAKFAST Rhubarb Compote Boiled Eggs Mashed Potatoes Muffins Coffee LUNCHEON Re-heated Pigeons on German Toast Pineapple Sauce Cake Tea DINNER Cold Sliced Ham Mashed Potatoes Buttered Beans Lima Bean Salad Aster Sauce Rolls Coffee

Rhubarb Compote.—Scrape and cut in pieces three inches long five stalks of rhubarb. Roll five minutes one cup of sugar with a quarter cup of water, then drop in the pieces of rhubarb. When tender place in a dish to cool and pour over the remainder of the syrup. A teaspoonful of whipped cream is a great addition. Muffins.—Mix a cup and a half of flour, the same of milk, two eggs, two teaspoons of baking powder, a tablespoon of sugar and the same of

Housewives' Discoveries.

A Soap Economy.—Save small pieces of toilet soap until you have a sufficient quantity to bother with, then melt in just enough water to make a thick jelly. This is fine for whitening and softening the hands. To Dispose of Broken Glass.—Always put broken glass in a hot fire before throwing it out, which will melt it, leaving no sharp points or edges. Then, even if the children do manage to get hold of it, there will be no danger of cut and bleeding fingers.

Gasoline Soap.—Cut three bars of white laundry soap into a 10-pound pail filled with cold water. Set on the stove until it is dissolved. Remove and when cold, add one large cupful of gasoline and stir well. Easy Housecleaning.—I have found that my housecleaning is made much easier by carefully cleaning all bookcases, china closets, clothes closets, trunks, drawers, etc., first. This gives clean places to put away all pictures, vases, etc., and the heavier work can be done much more quickly. I try to have one or two rooms done at a time, and rearranged before the others are disturbed, as it is so disheartening

that title, will hardly meet with the approval of her country women. It is a statue of a man and a woman bound together hand and foot, every action hampered, utter boredom and unhappiness depicted on their faces.