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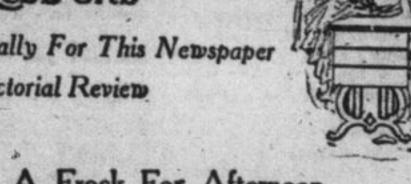
J. E. MULLEN

Cor. Princess and Clergy Sts. Phone 1417. Kingston, Ont.



Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review



A Frock For Afternoon.



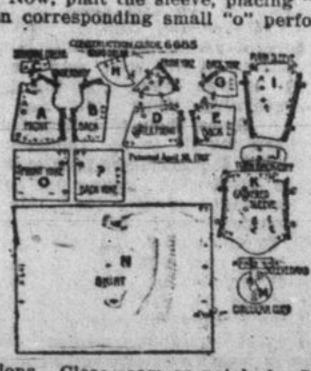
A youthful costume in rose colored voile with many possibilities of development. Embroidery or bordered material looks well after this model.

The latest frocks for the apres midi breathe of youthful happiness. This design in delicate rose voile rimmed with tucks, a round shouler yoke and a vest of chiffon cloth s marked by a charming simplicity. It is built with a sleeveless underbody, which makes it adapted to deent in sheer materials, 6 ards, 36-inch wide being required to

idents of these home dressmaking lessons will need no instruction Pictorial Review Costume No. 66 85. Sizes, 16, 18 and 20 years. Price,

as to how the underbody is made. The construction guide is also very clear on the subject. For the outer waist, however, first close the underarm seam as notched. Then gather upper and lower edges of front and back between double "TT" perforations and 2 inches above lower edge. Close shoulder seam of yoke as notched, ew to upper edges of front and back as notched. sew round collar to yoke, notches and center-backs

Now, plait the sleeve, placing "T" on corresponding small "o" perfora-



tions. Close seam as notched. Sew cuff to sleeve, single large "O" perforations even, small "o" perforation in cuff at seam of sleeve. Fow sleeve in armhole as notched, small 'o" perforation at shoulder seam, basing in any fulness.

Then, close the scam of skirt section and hem the lower edge. Form tucks as indicated, stitching lower tuck 21/4 inches and upper tuck 2 inches from folded edges. Gather upper edge between double."TT" perforations. Join the yoke sections as notched leaving left side seam free above large "O" perforation in front yoke for a placket. Turn under lower edge on slot perforations. Lap on skirt section, center-fronts, centerbacks and edges underneath even. small "o" perforation in skirt section at seam in yoke: and stitch 11/2 inch from folded edge in tuck effect. Gather upper edge of yoke between double "TT" perforations, Adjust to " position stitching upper edge over upper row of gathers in waist, centerfronts and center-backs even: side seam at under-arm seam. Stitch tape under gathers, from left side seam to

center front and finish for a closing. Edge the collar and cuff with lace and, if desired, add a bit of hand em-

Above Patterns can be obtained from NEWMAN & SHAW, Princess Street

THE MAYFLOWER OUTING.

Once upon a time the "Three E" in half an hour I will take you with home to their mother. me to-day into the country. I have Edna had brought a basket, and

that they could go, for they always ran to meet him, while Edna and litenjoyed the trips they took with the Ethel spread out the lunch on a

Edna told them a story as they woods until father was ready to go rode along, and before they knew it home.

pink, almost white, while others were pretty rose pink color, and when they were put in a bunch tochildren's father said at breakfast gether they looked very pretty, and time: "Children, if you can be ready the children agreed to take them

to go on business and the trip will after they had gathered the bunch take me very near the woods where for their mother they put the rest you children can hunt for Mayflow- into the basket to take home to their other friends. The children were very pleased Edward heard his father call, and

their father, and in a short time they mossy rock near a cool spring. What were tucked away in the bottom of a lunch it was and how the children the wagon which their father had did eat! Eric was given a chicken covered with straw. Their mother bone as a special treat, which he had given them a big box of lunch, took with a wag of his tail, and then and Eric was watching it as though ran off to eat it all by himself unhe knew he was going to get some of der a tree. When they had finished it instead of the dog biscuit he always they washed their hands in the brook and soon were ready to play in the

they were at the edge of the wood, All-at once they heard Eric bark and father was out tring the horse and bark, and they ran to see what to a tree near by. How good the he was barking at. They found the woods smelled! They found plenty dog watching a hole and barking as of flowers, but they didn't pick any hard as he could and digging with of them, but ran off to look for his paws at the same time. Their Mayflowers. They had to hunt father said he thought it was a woodhard for them and push back the soft chuck's hole, but if it was Mr. Woodearth and moss which had covered chuck knew enough to stay way down

Thirty Years "Low Cost of Living"

Menu for Friday BREAKFAST Stewed Fruit Fluffy Eggs Creamed Potatoes

LUNCHEON Sardines and Spinneh Graham Bread Cookies Sauce

DINNER Clear Soup Baked Stuffed Fish Beet Greens Lettuce Salad Chocolate Souffle

BREAKFAST

have set.

Sardines and Spinach.—Boil two minutes

A Kitchener Story.

The best Kitchener stories are those told of his tours of inspection. I said the caller at the parsonage. Kitchener. Somehow or other he managed to get his men thoroughly mixed up. In the end, however, the ting proudly up to "K. of K." reself that that was extremely well done." "Oh, excellently, excellently!" was the suave reply. "May I

Sir Ian Hamilton. General Sir Ian Hamilton recently celebrated his 63rd birthday, having been born at Corfu on January 16. 1853. In addition to being a distinguished general he is the author of three prose works-"Jaunt in a Junk," "Fighting of the Future." and "A Staff Officer's Scrap Book." as well as a volume of verse, "The Ballad of Hadji and Other Poems." Several of the latter were written while he was in India. He first saw active service in the Afghan War, and afterwards in the first Boer War and the South African War. He was also in the Nile and Burmese Expeditions. and took part in the Chitral Relief

A PROMINENT NURSE SPEAKS.

Many Nurses in Canada and Elsewhere Say the Same.



there is to-day for women who are ailing. !! -MRS. EDITH MOORE, 30 Degge St. Chatham, Ont.

THAT WEAK BACK

Accompanied by pain here and there—
extreme nervousness—sleeplessness—maybe faint spells, chills or spasms—all are ball and wouldn't mind going out signals of distress for a woman. She may | and playing a game to-day. I played be growing from girlhood into womanhood

-passing from womanhood to motherhood—or later suffering during middle

ball on the pastures of my farm with
the boys until I was 70." life, which leaves so many wrecks of women. At any or all of these periods of a woman's life she should take a tonic and nervine prescribed for just such cases by a physician of vast experience in the ses from which women suffer.

quarts of spinach, strain and chop Mix with a beaten egg, a tablespoon of milk, salt and pepper, and boil two minutes longer. Place a layer in a baking dish, then a layer of sardines. Cover with the rest of the spinach and bake ten minutes. 100 E 35 ...

DINNER

Baked Stuffed Fish .- Chop eight onions fine and mix with half that amount of fine breadcrumbs. Season well with pepper and salt and add two or three tablespoons of finely chopped tomatoes, to make the stuffing red. Add red pepper, and stuff the fish. Bake until tender.

Chocolate Souffle,-Mix a small tablespoonful of cornflower smooth-Fluffy Eggs .- Beat until stiff the ly, with a gill of milk, add two four whites from the Hollandaise ounces of white sugar and two oun-Sauce with two more whites, and ces of butter. Stir well over the fire then add the two yolks beaten well, till it boils. When cool stir in the Place in a buttered baking dish, yolks of three eggs and one and a cover with buttered bread crumbs half ounces of grated chocolate. Mix and bake until brown or the eggs all together till quite smooth, beat up the whites to a stiff froth and stir into the mixture, put in a tin and bake in a slow oven for forty

"I'm what my son calls 'easy'." Quite a gem in his way is the story "Every first of April I'm fooled a of a certain commanding officer who dozen times. You remember, I supwas putting his troops through a pose, that this is the first of April series of manoeuvers before Lord Mr. Scott. Have you been fooled this morning?"

Rev. E. E. Scott, pastor of Zion Methodist Church, Toronto, blinked C. O. bobbed up smiling, and, trot- his short-sighted eyes in a goodnatured smile. "My vision is not marked. "There, sir: I flatter my- good," said he, "but so far I have been able to see the jokes coming and dodge them.'

"I wonder how April Fool's Day ask what on earth you were trying originated; it's very old," continued the caller: "Did you ever notice how it was referred to in the fifteenth

chapter of Hosea?" Back through his wonderful memory went the clergyman's mind. At prayer meetings and other gatherings be frequently amazes his hearers by citing chapter and verse of the passages they quote, and continuing the recitation sometimes to the very end of the story. Now he tried to twist some familiar passage of Scripture to a new angle. Try as he would, there seemed nothing in the concluding chapters of Hosea throwing even a glancing gleam on the subject of All Fools' Day. He reached for a Bible and opened it at the right book. "The fifteenth chapter of Hosea,"

prompted the caller. Dexterously the expert fingers leafed towards the colsing verses—there were only fourteen chapters!

An Aged Fan.

James Quinn, of Toronto, holds distinction of being the oldest baseball fan in America. He is 108 years

Mr. Quinn reads newspapers withhave had occasion to use Dr. Pierce's out glasses, walks without a cane, Favorite Prescripand is, above all, a baseball fan. He tion quite a lot. I has six children, and he says he is always recommend going to visit them all once more it to my patients before he dies. His youngest child and it has been a is nearly 50 years old.

wonderful help to Mr. Quinn was born in Tipperary, many of them. I Ireland, St. Patrick's Day, 1808. never knew of a When 10 years old he emigrated to case where it failed. Canada with his parents and settled on a farm near Toronto. He retired who is using it from farm work at the age of 105.

"I worked hard and never touched doing fine since tak- liquor. That's why I have lived so ing it. I have long," said Mr. Quinn. "I only smoktaken it myself and got the very best reed once," he said. "I was 80 years
sults. I consider it the best medicine old then and it made me sick, so I

"I am still young," be declared. "Why," he said mischievously, "I'd enjoy swinging a girl around at a dance just as much now as I did

The Kitten Was Saved. The Deal lifeboat put out in a clinding snowstorm the other day to elp a schooner which was driving fore the gale. With great difficulty Dr. Pierce's Favorite Prescription has successfully treated more cases in the past 50 years than any other known remedy. It can now be had in sugar-coated tablet form as well as in the liquid. Sold by medicine dealers or trial box by mail on receipt of 50 cents in stamps. Dr. Pierce, Invalids' Hotel, Buffalo, N. Y.

Dr. Pierce's Pleasant Pellets clear the past the captain, his wife, the mate, and three boys were rescued. When in the lifeboat the captain said that he had left two dogs, a cat, and a kitten in the ship. But when the lifeboat was being beached a wet, bedraggled kitten leapt on shore. It had, unseen by anyone, jumped into the lifeboat at the last moment.



NO NEED TO GO

MADEIN

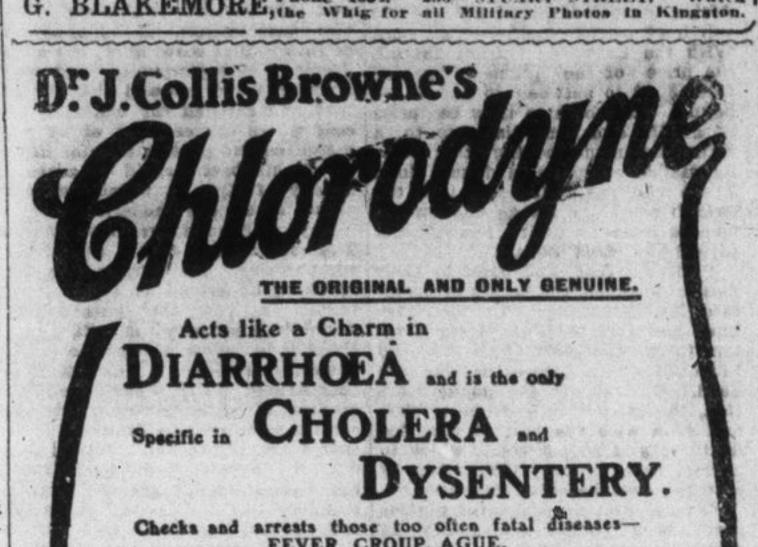
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