

The trouble with most thin rolks was very mich and says now she has heard all the mer. Miss Josephine Milne is also mereday morning with a good supply was going to have. When she heard circus and next year she can go just spending Easter week at home. Mr. spending to have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone: to see and won't have to use her ears her father say over the telephone in the father say over the telephone me foolish physical culture stunt, Odessa, are visiting at Frank Angte the real cause of thinness goes lin's.

There is a preparation known to reliable druggists almost everywhere
which seemingly embodies the missing
elements needed by the digestive or
gans to help them convert feed into
rich, fat-laden blood. This modern
rich fat-laden blood. This modern
hallers. Sargol aims through regenbuilders. Sargol aims through regenerative, re-constructive powers to coax
the stomach and intestines to literally soak up the fattening elements of
your food and pass them into the
blood, where they are carried to the
streed, broken-down cells and tissues
of your body. You can readily picture
what result this amazing transformation should produce as with increased
weight the cheeks fill out, bollows
about the neck, shoulders and bust disappear and from 10 to 20 pounds of
solid, healthy flesh is added to the
body. Sargol is absolutely harmless, appear and from 10 to 20 pounds of solid, healthy flesh is added to the body. Sargol is absolutely harmless, inexpensive, efficient. All leading druggists of this vicinity have it and will refund your money if you are not satisfied, as per guarantee found in every package. If you find a druggist who is unable to supply you, send \$1.00 who is unable to supply you, send \$1.00 money order or registered letter to the National Laboratories, 74 St. Antothe National Laboratories, 74 St. Ant days treatment will be sent you post- ed in the factory here May 1st. fiesh builder and while excellent is improving. He was very ill with

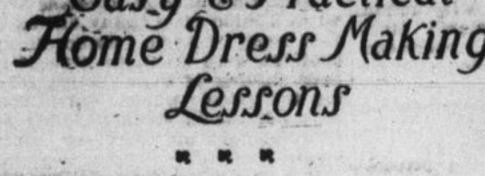
etc., have been reported care should be taken about using it unless a gain Verona, is engaged to teach the pubof weight is desired.

New Buckwheat Flour **Table Syrup** Coffee

We have the best brands. D. COUPER, Phone 76. 341-3 Princess St.

Seal Shipt Oysters. You're not the only one-there are ent. Miss Robinson, teacher,

others who talk too much. Home Dress Making



Prepared Especially For This Newspaper by Pictorial Review





ing upper edge of back belt section Buttons formed by twisting satin along upper row of gathers in back; overed cord into fanciful shapes rould be effective as a trimming.

China blue satin, with chiffon of the ame shade, is used for this lovely louse. The underbody is of chiffon, wilt upon a silk lining and across the ront of the lining a band of wide lace stitched to show through the chiffon. The front is ornamented with a bretelle ib of satin, this material being used leo for the collar and deep cuffs. In edium size the design requires 1% ards lining, 11/4 yards lace 11 inches wide to gather on the lining, 1% yards 10-inch chiffon and 1% yards 36-inch ed to extension; lap extension, match-

First make the underbody, extending ing. Sew to sleeve as notched, small rations to form a yoke. Close sleeve; and bring the seam of cuff to

neck and add the lace. Pictorial Review Waist No. 6626. Sizes 34, 36, 33, 40 and 42 inches bust.

Price, 15 cents. Above Patterns can be obtained from

NEWMAN & SHAW. Princess Street

OM THE COUNTRYSIDE

GLENDOWER.

at Holleford; running a drill.

BREWER'S MILLS.

April 25 .- On Sunday afternoon

GLENVALE.

work this season. Leonard Meeks

and Mrs. Tuggey spent Easter in

Kingston. Visitors: Mrs. Joseph Al-

len and Mrs. Edith Allen, Toronto,

and Mrs. H. L. Bauder, Desert Lake,

April 25 .- The quarterly meeting

of the Methodist Church will be held

much pleased with the Easter ser

nobly. Sunday School is to com

mence the first Sunday in May wit

Herbert E. Johnston as superintend

spending her holidays at her hom

Next, gather the shoulder edge of the

front of the chiffon overblouse, then

gather the lower edge. Arrange trim-

ming piece, or bretelle bib, on the right

blouse front, notches even. Close un-

der-arm and shoulder seams and gath-

er lower edge of blouse between dou-

ble "TT" perforations; gather back

along small "o" perforations. Bring

small "o" perforations at lower edge of

trimming piece to corresponding per-

Arrange blouse on underbody center-

fronts, center-backs and under-arm

seams even; stitch lower edges to-

Sew collar to front edge of trimming

left of center-back and finish for a

closing. Adjust belt to position, stitch-

Close sleeve seam as notched; gather

ing small "o" perforations when clos-

lower edge between double "TT" per-

forations. Close seam of cuff as notch-

leave the lower edge of belt free.

foration in peplum and tack.

center-backs even.

vice. Both preacher and choir did

the city. Miss Eveline Donnell has returned home after spending some James Colter, and two sisters, Mrs. John Donnell's; Rev. Mr. Snider, come to town in a few days. Thomas Fitzgerald and Mrs. Michael Kingston, at John Redmond's; Miss There was a big picture of a clown no, as she would be apt to get worse

> at George Lawson's. CALIFORNIA.

April 24.-Mrs. C. Burtch passed in her hand. Weight Keys is on the sick list. Miss Mag. held at the Union Church, California, yes, I guess so," answered her fa- fix it so Jane could listen over the gie Nobes is visiting her parents. on Tuesday. The sermon was preach- ther. "We will all go." Miss Lens Harte is spending the ed by Mr. Druce, Seeley's Bay. The Jane thought of nothing but the everything that went on. ing her leg broken a few week's ago. "Is this the circus? Reserve me at all. Robert Barter and sons, are blasting the cellar for their new house. Barter made a big improvement April, 24.—Rev. Mr. Codling gave to his house by erecting a verandah. at Kingston.

MAPLE GROVE April 21 .- A pleasant event was of milk and boil one minute. Stir given by Miss Flossie Kemp on in a tablespoon of dissolved flour and young people were entertained and ute and serve. dancing were indulged until the wee sma hour. Born to Mr. and Mrs. Allard a son. Mrs. J. Whaley, ill next Sunday morning. All were guests at Miss L. Grainger's.

CAINTOWN

April 25 .- Mr. and Mrs. Alfred m. to-day. Salter and Steven Wilcox of Poole's Resort called on relatives in Caintown on Sunday last, Pte., William V. Stride of Mallorytown called on Caintown friends on Sunday evening last. Nurse Burtch of Rockport is attending Mrs. B. Poole, who is very ill. Wilson Morrow, who has been spending a few weeks with his son at Float Island, has returned, home. The post office inspector made be a day or so until there will be if ville. Another one of Odessa's his annual trip through here last there is no more rain. Sugar mak- boys, in the person of Wilfred Hartlast in Kingston.

April 25 .- M's. (Rev.) McAlpine is spending a few days in Kingston. O'Mara at Mr. and Mrs. John O'Ma- 146th, Kingston, spent the week-end Miss Sara Pierce of Newcastle is ra's; Miss Agnes Manion at home; at his home here. J. H. Babcock spending the Easter holidays at Mr. and Mrs. Selwyn Black and two took a business trip to Toronto last home, also Vera Calvert of Belleville daughters, Edna and Bessie, also week. Mrs. G. W. Lucas spent Sun-Ladies' College. Miss A. E. John- Luther Hawley, Hay Bay, motored day with her parents, Mr. and Mrs. son is still confined to the house out and spent Friday at John Joy- Isaac Fraser. Miss Marguerite through illness. The Women's Mis- ner's, Mr. and Mrs. Marshall Barn- Vrooman has gone to Kingston to resionary Society held its thank-offer- hart, Hay Bay, recently with friends side. ing meeting on Good Friday at the home of Mrs. E. A. Pierce. A good programme was given and refreshments were served at the close. W. Roberts has moved into the Wood's property. Mrs. W. A. Russell is visiting friends in Brockville, Miss Fahey has been unable to teach the last two weeks owing to illness. who spent the winter with her sons, Sergt. Laffeche is spending a few Thomas and Charles Strong here. April 24.—Taylor Buker is leaving days at home. Miss Quella Stevens has gone to Kingston to visit her Mr. Gray's farm and is having a sale. tions even; and to neck edge of walst, of Queen's is home for the summer. daughter, Mrs. T. G. Nicholson. James Deacon is painting and home. Miss Grace Mackie of Smith's The shareholders of Star Cheese fac- Weatherhead is spending his Easter on outside on small "o" perforations. Falls is visiting Mrs. W. W. Stafford. tory met on April 19th to arrange holidays at his home in Westport. Electric Lights are being installed in matters for the season. All are ex- Miss Edna Mauders is home from the back belt section, drawing gathers to the Methodist Church. Miss Vera pecting a favorable year. The cows Normal school in Ottawa, Miss Stella fit, large "O" perforation indicates up- Birch is spending a few days in To- all came through the winter in good Flemming is spending Easter at home per edge. Leave the belt free to the ronto.

have finisped their exams and gone Brisco, W. J. Thompson, R. C. Johns- few days with friends in Maberly. to their homes for the holidays. T. ton, Bryan Brisco and James Avery. Mrs. Woods and Dora are visiting at T. Shaw, former editor of the Athens James Wilson was elected president, Mrs. R. Hughe's. Thomas Buchanan Reporter, (which plant has been pur- W. J. Thompson sales manager, E. is visiting at J. H. Buchanan's. A. chased by A. Tribute), has bought a Wilson cheesemaker. Mr. Thomp- number from here will attend the newspaper in Renfrew and will move son is to secure a secretary and treas- 130th farewell concert in Perth on his family there shortly. David urer. There are a large number of Monday night. The Maberly cheese Perry has bought the Charles Bates patrons. Mrs. S. Parks, who is very factory will commence operations on farm at Glen Ellie, about three miles ill is holding her own wonderfully, the 1st of May. from here. Miss N. Donnelley, Star- considering the seriousness of her ling Morris and Kenneth Rappell, condition. Farmers have put up a Queen's, Kingston, came home for nice quantity of maple syrup and April 24 .- Mrs. P. Barr, Poland, the holidays. Miss Arthur, Tren- sugar for home use. The season returned home Monday from Kingston, has been engaged to fill the va- was very short. T. McNaught, ton where she has been for the past cancy on the high school staff caused Presbyterian Missionary, Montreal. two weeks with her husband, who by the resignation of Miss Ney. "Re- will soon arrive to take charge of underwent an operation in the Hotel solved That the United States Should the mission field here. Archibald Dieu. Misses Clara and Elsie Lee Enter the War on the Side of the McPherson and John McDonald, returned home last Friday after two Allies" was the subject of an inter- have the contract of driving logs out weeks' visit with friends in Montreesting debate at the high school on of Cotten Creek for the Dempsey Co. al and Winchester. Mrs. H. Thommost arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams and small "o" perforation in sleeve. Sew most arm and shoulder seams are should be derbody, sew standing collar to the "o" perforations even, easing in any friend. There was a good attend- has finished assessing the Township Mr. and Mrs. W. Thomas, "Hillview Mrs. William Wright, a son. Miss have put in an early appearance and spent Easter holidays with her par-Emma Scott was found dead in bed have killed some valuable sheep. on Saturday morning at the home of ces were conducted on Monday morning at ten o'clock, by her pastor, Rev. odist Church on Sunday last her brother, Alpheus Scott, with George Edwards. Members of the Whatsoever" Bible Class and the Woman's Missionary Society. of home in Rochester, N.Y., after spend- end.

walk with her father. Jane loved time in Kingston. An epidemic of to go with him because she could see

Kelley. The remains were buried Els'e Lawson, Sydenham, with her with his funny white face, jumping if she did. in the Roman Catholic cemetery. Mrs. uncle, Joseph Lawson; Mrs. Arthur through a loop held by a big black Jane was heart broken and when Goudy preached in the Friends' Smith and children and Miss E. M. bear; there were monkeys and lions her father was on his way home that Church last Sunday morning. Harry Townsend at T. A. Townsend's; T. and tigers and cages filled with Timmerman is working in the mines H. Lawson, Rockwood Hospital, and bright colored birds, and best of all of how badly Jane felt because she F. F. Lawrance and wife, Sydenham, was a white horse with a lady stand- could not go to the circus. "That ing on one foot on its back. She is too bad," said the man," but why

son, Charles, in Cleveland, Ohio. De- after being ill for some time. She bered seeing anything like that and hearing any of it." Her father ceased had been ailing for the past was eighty-five years of age and surfew weeks. His remains will be vived by her husband, six sons and dear, can't I go to the circus please? (right over to the manager of the

folks Easter vacation at her home in Lati- cheese factory started here on Wed- circus and told all her friends she Jane was very much delighted

HOW JANE HEARD THE CIRCUS. three of your best seats please, Mrs. Redmond is visiting friends in Once upon a time Jane went to she was so excited she could hardly about with much glee.

The next day poor Jane crept into measles has struck this neighbor- all the stores and the show windows her mother's lap and moaned: "My hood. Levi Cranston and sister took filled with so many pretty things and throat is so sore," and when her faa trip to Napanee recently. Visitors: her father was almost sure to treat ther came home he thought it best Mrs. Garrett, Zealand, at her son's, her to some nice ice cream soda. to have the doctor come. When the Thomas J. Garrett's; Miss Helen They walked down the main street of doctor looked at Jane he said: "I away last Friday morning. He had Wartman is spending her Easter the town and on billboards on each am afraid you will have to stay in been ill all winter. Deceased leaves holidays at home with her parents; side of the street were gigantic pic- the house for a day or so." "Oh, a wife and family, one brother, Edward Donnell and wife, city, at tures of the circus which was to can't I go to the circus?" sobbed Jane, but the stern doctor told her

was dressed all in white and held don't you fix it so she can listen over what Jane thought was a fairy wand the telephone and hear the music and the applause anyway? That news of the death of her youngest away on Sunday morning, April 15th It was the first time Jane remem- will not be so bad as not seeing or brought home for burial. Mrs. James three daughters. The funeral was Oh please, please let me go." "Why telephone company who promised to

"Low Cost of Living" Menu

Menu for Friday

BREAKFAST Oranges Creamed Cod

LUNCHEON Salmon Salad Tonsted Crackers Cherry Sauce. Corea

Taploca Soup Baked Fish, Mashed Potatoes Creamed Pens Cabbage Salad Irish Moss Blane Mange

BREAKFAST Creamed Cod-Soak half an hour two cups of fish, drain, add two cups boiled dressing.

Salmon Salad-Drain a can of sal- mould. Serve with whipped cream. of pneumonia, has been taken to

BETHEL. on the land as yet, but it will only and family spent Easter in Brockweek. Some farmers have commenc- ing is now a thing of the past, after a man, has donned the khaki. Miss ed ploughing. Mr. and Mrs. Thomas fairly good season. Miss Crowin is Lizzie Hartman, Irvine Burley and Powell of Escott spent Wednesday spending the Easter holidays at her Darrell Robson spent Sunday afterlast at John Kincaid's. Mrs. Martha, home near Roblin, Denwood Denni- noon and evening with Miss Leita Moore and Frederick spent Thursday son is spending a week with his fath- Simpkins. A few of the young folks er at South Napanee. Visitors: Mrs. spent Thursday evening last with James Gibson and children, Toronto, Mr. and Mrs. Harvey Laughlin, and at her father's home, Samuel Ham- presented them with a kitchen showilton's; Mrs. Joseph Dillon and Leo er. Pte. Oswald Vrooman, of the of this place, Mr. and Mrs. William Uens were in town on Saturday. Edgar Salsbury has taken Wesley Curl's farm to work on shares. .

WILSON.

April 21 .- Mrs. William Strong Dr. R. Stevens spent Sunday at Farmers are preparing for seeding, papering in the village, A. condition. The shareholders con- as also is Miss Cora Wesley, George sist of James Wilson, Charles Strong, McGregor has returned home after William Hunter, Alexander McLeod, spending the winter in Saskatoon. April 25 .- High school students S. Parks, Thomas Strong, George Miss Edith Bishop, Zealand, spent a ance. Born, April 10th, to Mr. and of Griffith and Matawatchan wolves Farm." Miss Minnie Jacob, Ottawa.

mon and free from bones. Add one shopped hard boiled egg and half a cup of boiled dressing. Serve on crisp lettuce leaves.

DINNER

Tapioca Soup-Cover a third of cup of tapioca with cold water and soak ten minutes. Add a quart of water and boil until the tapioca is transparent, then add a cup of milk and boil ten minutes longer.

Creamed Peas-Drain a can of peas, cover with milk, add a teaspoon of flour and boil one minute.

Cabbage Salad-Chop the cabbage fine, add a tablespoon of sugar, a teaspoon of mustard and cover with a

Irish Blanc Mange-Boil four cups Thursday evening when a number of the same of butter. Boil one min- of milk with one third of a cup of moss and half a cup of sugar for thirty minutes. Strain, add a teaspoon of vinegar and turn into a

Cataraqui, at M. Percy's; Miss Mabel Kingston General Hospital. A num- which organization deceased was a ing a couple of weeks with her par-Cataraqui, at M. Percy's; Miss Mabei ber of men from around here have Kidd, Camden, at Thomas Perrault's. been pike fishing near the General call came suddenly to another resi- Mr. and Mrs. W. C. Snider spent Eas-Electric mine. Trousdale Brothers dent of this vicinity on Sunday even- ter Sunday with W. J. Smythe's, Cathave opened up their mine and re- ing when Mrs. Matthew Dunham araqui. Miss Enid Fraser, A. E. commenced work. Misses F. Kemp passed away at the home of her son, Judge, I. P. Asselstine and J. R. and W. Thompson were Sunday Lincoln Dunham, Hard Island. She Parrott, of Queen's, Kingston, are was seized with a stroke Sunday spending Easter holidays at their morning. Funeral services are to homes here. Stanley Carter, of the conducted at the house at one p. Trenton, is viisting his aunt, Mrs. George Ferguson. The High School teachers, Miss L. J. Wallen, of Unionville, and Miss J. E. Shepley, of Am herstburg, are spending Easter a their homes. B. Gilbert spent Sun day afternoon and evening at William Fink's. Dr. Grant Fraser, of

Madoc, is visiting his parents, Mr and Mrs. M. S. Fraser, James Smith and James Hillier are on the sick April 24.-No work has been done list. Mr. and Mrs. R. W. Anglin

MABERLY.

LAVANT STATION. ents, Mr. and Mrs. S. B. Jacob. Mr. Powell, Queen's University has taken charge of the Mission field here





Delicious!

That is the likely comment on pie made with

Hamilton,

Hamilton,

First of all, pie properly made with Crisco looks tempting. The crust has a rich, flaky appearance that puts a new edge on the appetite no matter what dainties have gone before. Then, it is so tender that it breaks at a touch of the fork. Even the under crust which becomes tough so easily, cuts as readily as the upper crust.

Finally, it tastes rich, yet delicate; fresh, palatable, delicious in every sense. PLAIN PASTRY

11/2 cupfuls flour 1 teaspoonful salt & cupful Crisco

(Use level measurements) Sift flour and salt twice and cut Crisco into flour with knife until finely divided. Finger tips may be used to finish blending materials. Add gradually sufficient water to make stiff paste. Water should be added sparingly and mixed with knife through dry ingredients. Form lightly and quickly with hand into dough; roll out on slightly floured board, about one-quarter inch thick. Use light motion in handling rolling-pin, and roll from center outward. Sufficient for one pic.

