

Told in the Twilight --- In the Realm of Woman



(Continued from Page 3.)
 Cadet S. Lyon McClellan, Royal Military College, spent Easter with his parents, Mr. and Mrs. S. McClellan, Ottawa. Mrs. Stewart McClellan entertained on Saturday at a banquet in honor of the young people at the Rivermead Golf Club.

It is understood that Lady Hendrie will give a reception at Government House for the delegates to the annual meeting of the National chapter, I.O.D.E.

Miss Marion Thompson, Ottawa, entertained informally at the tea hour in honor of Miss Katherine Hart, Kingston.

Mrs. E. H. Hurd, Kingston, is the guest of her daughter, Mrs. Frederick J. Miller, Brockville.

Mrs. Gordon Cumming, Ottawa, is attending Queen's University Convocation. She is the guest of Prof. and Mrs. E. S. Scott for the week.

Miss Vivienne Petrie who has been in Winnipeg for the past two years will this week from St. John on the S. S. Metagama, for England where she has received an appointment in the Queen Alexander, Imperial Nursing Corps.

Miss Katie Hamilton spent Easter in Smith's Falls with her mother, Mrs. Macfar, Sydenham street, spent Easter in Gananoque.

Cadet Glasgow is spending the Easter holidays with his parents in Toronto.

Mrs. M. Buck, who has been spending the past two weeks with her sister, Mrs. Leighton Gues, Brock street, returned yesterday to her home in Sydenham.

Miss Helen McKay who has been with her parents, Mr. and Mrs. John McKay, Sydenham street, for the holidays returned to Toronto yesterday.

Harold Stewart, Toronto spent Easter Monday in town.

Mr. and Mrs. A. B. Cunningham left on Monday to spend a few days in Toronto.

Miss Flora Rees, Miss Violet Britton and Miss Edith Stark are three Gananoque girls who will come up for the Queen's Battery dance on Friday evening.

Miss Marjorie Gansby, King street returned home yesterday after a short visit with Mrs. C. W. C. Bate in Ottawa.

Mrs. Bernard Browne and Miss Hazel Browne, Kennington Place, spent Easter in Ottawa with Major Ernest Hubbell.

Miss Constance Fornari, Alfred street, was the guest of Mrs. Austin in Montreal, for the week-end.

Mrs. Carter and Miss Gwendoline Carter who have been in Kingston all winter left this week for their home in Calgary.

Miss Mary Hale, Queen's University, spent Easter in Gananoque with her parents, Mr. and Mrs. W. Hale.

Miss Louise McClelland, Toronto, spent a few days this week with Miss Margaret Cunningham on her way to Montreal.

Leut. and Mrs. Hugh Ryan, Toronto, have been the guests of Mrs.

two with Mrs. Henry Joseph in Montreal on her way home from New York.

Prof. W. E. Macpherson and wife, Albert street, are in Toronto.

Miss Aiken, Earl street, is visiting her aunt, Mrs. E. F. Ely, Toronto.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

two with Mrs. Henry Joseph in Montreal on her way home from New York.

Prof. W. E. Macpherson and wife, Albert street, are in Toronto.

Miss Aiken, Earl street, is visiting her aunt, Mrs. E. F. Ely, Toronto.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Miss Audrey MacLeod who has been Miss Edith Carruthers' guest returned with her yesterday to Toronto where they will continue their studies at Haverhill.

Mrs. E. J. Adams who has been spending the winter with her sister, Mrs. James Craig, Earl street left yesterday for her home in Ottawa.

Miss Waldron remained a day or this week.

Miss Jean Young, Union street, returned from Toronto on Monday after spending Easter with friends.

Sleepytime Tales

HOW TEDDY BOSSSED BEAR.
 Once upon a time Larry took his dog, Teddy, out for a walk and when he came home he found his little brother, Loony, sound asleep with the little dog he had given him, named Bear. Now Teddy was much smaller than Bear but he thought Bear must do just as he wished him to, and he looked out for him just as Larry looked out for his little brother, Loony.

When the two dogs were out Teddy would run along close beside Bear and if Bear wished to go a different way Teddy would run up to him and make him go the way Teddy wished him to go. After the dogs had lived together for several weeks, Bear had grown to be almost twice as large as Teddy, but still Teddy thought he should look after Bear as closely as ever.

One day the dogs were playing out in the yard. Larry had gone to school and Loony was in the house taking his nap, when all at once Teddy ran up to Bear and began to push and growl at him because the larger dog did not do just as the smaller one wished him to. Bear stood a minute, took a long look at little Teddy, then walked up to him, took him up by his neck in his teeth and walked into the house where he put Teddy into his basket just like a baby.

Teddy was so astonished that he didn't move for a second, then he started to get out of the basket, but Bear pushed him back every time he tried, until at last Teddy seemed to understand that Bear was now his master and he must mind him.

When Larry came home from school there were the two dogs; Teddy in his basket and Bear sitting close beside him watching to see that he didn't get out until Bear was ready to let him. Bear didn't jump up to greet Larry as he almost always did, but just looked out of one eye as much as to say: "You see, Teddy must do as I say now." Ever after that Teddy did just as Bear wished him to do and never tried again to boss his larger playfellow.

"Low Cost of Living" Menu

Menu for Thursday	
BREAKFAST	Corned Beef Hash Oatmeal Muffins Coffee
LUNCHEON	Chicken Soup Cheese Puffs Steamed Apples Tea
DINNER	Oyster Soup Boiled Mutton, Indian Sauce Potatoes Mixed Salad Baked Coconut Pudding
BREAKFAST	Oatmeal Muffins—Mix one cup of milk, one cup of rolled oats, half a cup of sugar, a cup of graham flour, a heaping tablespoon of lard, a teaspoon of baking powder and one egg. Beat one minute and bake in muffin tins.
LUNCHEON	Cheese Puffs—Mix a cup of water with a level tablespoon of lard and a
DINNER	Oyster Soup—Boil one quart of milk, add a pint of oysters, a large piece of butter and boil five minutes. Season and serve at once. Boiled Mutton—Wash the meat and boil slowly until tender. Serve with a sauce made of two tablespoons of chili sauce, four tablespoons of mayonnaise and half a teaspoon of curry powder. Mixed Salad—Mix a cup of raw chopped cabbage with half a chopped green pepper, ten olives cut fine, three sour pickles cut in small pieces, and half an apple sliced. Pour over a mayonnaise and serve on lettuce. Coconut Pudding—Mix two eggs with two cups of milk, two tablespoons of sugar and three of grated coconut. Bake in a moderate oven.

Saved in Waste, Gained Property

Letter in Toronto Globe.
 Did I tell you the day, you may remember, you said you envied me the possession of a little bit of property that is all my own? Well, that came entirely out of household economizings.

Here are a few more waste-savers which I practise:
 When apples are cheap in early fall I can enough to last all winter for pies and apple sauce.
 Then I buy a pig's head and a shank of beef and always make the old-fashioned "collared head." This helps to lower the meat bills through the winter and if kept on an outside porch, the basin holding it tied over with cloth, it will keep as long as the cold weather lasts.
 To cut down the gas bill I make five pounds of split peas into soup at one time, a saver not only of fuel but time, as pea soup requires long cooking and frequent stirring. This also will keep a long time in the cold. I keep it in small pots and bring in one at a time, as required.
 In the fall, when celery costs far less than at any other time of the year, I dry all the green tops and use them for cream of celery soup and for soup stock all through the winter. By the way, the celery soup made entirely from these green tops with milk, flour, butter and water, is delicious.

The Vogue For Stripes.
 Stripes have quite a vogue this year, and perhaps the chief reason for this is the effectiveness on the golf course, the tennis court or the shaded porch of the country club. Their neatness and style make them acceptable as well to the business woman, and as they may be had in cheap, cool materials, there is no need to doubt that they will be one of the most popular designs this summer.

One frock especially pretty for playing tennis used a combination of white silk and a wide, dark blue stripe, with two narrow yellow lines on a white background. The skirt was made of the striped material. The blouse, very much like a middy blouse, was of white silk. It was slit in front through which a white silk sash was caught. The sash ends were tied in the back and hung down almost to the hem of the skirt. Cuffs of the stripe were used, and the collar which began in the front as a sailor, ended in a rolling top, which was split and separated. A sailor tie of dark blue was used.
 Another frock used white silk to form a Russian blouse, which was belted in with a 3-inch band of old-rose striped with silk. The sailor collar was banded with the same material, and the peplum, which was long at the sides and very short at front and back, was further elaborated by square pockets of the stripes laid lengthwise on the white silk.

SIFTO SALT
 IT FLOWS
 It's damp-proof, it never hardens.

In handsome, dust-proof cartons, at the better grocers.
 Dominion Salt Co., Limited, Sarnia

CARPETS

You will be delighted at the restoration of your carpets and rugs by a new and exceptionally thorough process of cleaning.

We have every facility for dyeing carpets of every description, without unripping them.

Advice regarding cleaning and dyeing willingly given.

PARKER'S DYE WORKS
 LIMITED
 69 Princess Street, Kingston, Ontario.

Paris opened its universities to women in 1868.

Fresh from the Gardens

of the finest Tea-producing country in the world.

"SALADA"
 TEA
 B 74
 Sealed Packets Only.
 Try it—it's delicious. BLACK GREEN or MIXED.

WHY should you pay 8 cents, 10 cents or 25 cents for a small cake of soap that cannot be a particle better than the 5-cent, six-ounce cake of Ivory Soap?

Ivory Soap is as mild and as pure as soap can be. It agrees with the skin as well as any "complexion" soap. It is the most pleasant and refreshing soap that ever entered a bathroom. And you get a big cake for 5 cents.

5c
IVORY SOAP
 • IT FLOATS •
 Made at Hamilton, Canada

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

Frock For Gala Occasions.

inch lining and is made first, for reasons easily acknowledged. Begin by pinning the lower edges of the front as indicated. Next close under-arm and shoulder seams and hem the front. Stitch 2-inch beltting to position, lower edged even with underbody.

Next, close the sleeve seam as notched. Gather on crossline of small "O" perforations and 1/4 inch above; draw gathers to the required size and attach tape underneath. Sew in armhole as notched.

Then close the right shoulder and underarm seams of the outer front and back as notched. Finish the left shoulder and under-arm edges for a closing. Gather the lower edge of waist, then

NEWMAN & SHAW
 Princess Street

Fancy frocks of satin crepe are well established in smart favor. This design is in all white, except for belt and 2 1/2 inch bow of turquoise satin.

Here is a charming crepe de Chine, with full skirt trimmed with a series of straight ruffles and a bodice with rounded neck and full gathered sleeves. In medium size the dress requires 5 1/2 yards 36-inch material, but if the ruffles are omitted, 4 1/2 yards will be sufficient.

The belt may be of contrasting material.

The underbody calls for 3/4 yard 36-inch material.

© Pictorial Review Costume No. 6581. Sizes 16, 18 and 20 years. Price, 15 cents.

Above Patterns can be obtained from
NEWMAN & SHAW,
 Princess Street

Tea, Coffee and Children

It would be difficult for any parent in the Dominion to find a physician of modern education who would contend that tea and coffee are not harmful, especially to growing children.

The fact remains, however, that many parents give these beverages to their little folks and allow their use in older children at a time when physical and mental development is the most rapid.

The drug, caffeine, in tea and coffee retards growth and interferes with school progress. Disturbances of eyesight, headaches, nervousness, irritability, indigestion and other ills appear in many, seemingly without cause, and the damage often occurs at the most impressionable period of life.

No parent should permit the use of tea and coffee in the growing young; for the men and women of to-morrow will be what the parent of to-day makes the children by wise upbringing.

Children as well as adults need an invigorating, warm drink, and in a growing number of Canadian homes it has been found that the most wholesome table beverage is

Instant Postum

This pure food-drink, made of prime wheat and a bit of wholesome molasses is readily prepared at the table, a cup at a time.

A level teaspoonful of Instant Postum in a cup of hot water, with cream and sugar added, makes an attractive, healthful drink, and its pleasant flavor wins children and usually the parents.

"There's a Reason"

Grocers everywhere sell Instant Postum.

Canadian Postum Cereal Co., Ltd., Windsor, Ont.