

Sleepytime Tales

THE MEN AND THE EASTER EGGS

Once upon a time Helen and her little brother had colored some eggs for Easter. Helen had put them in a basket and had forgotten them when some children called to her to come and play. After supper she remembered the eggs but when she went to look for them they had disappeared. They looked everywhere for the eggs but could not find them or the cap and the children went to bed in tears.

The next morning, bright and early, they were both out looking for the lost eggs but couldn't find any trace of them and they came in to breakfast feeling very much puzzled indeed. Just as they were sitting down to breakfast their father came into the room laughing as hard as he could. "Look, children,"

he said, "see what I found in the hayloft," and he held out for them to see his brother's cap with the eggs in it.

"I found it out in the barn at the hayloft," he said, "and old Brown Betty was setting on the eggs. How she managed to get them away up there I don't know but she did somehow, and she ruffled up her feathers and pecked at me when I tried to take them away from her."

Helen and her brother looked at the eggs over but they looked just as good as before Betty had tried to hatch them into chickens and Helen said she thought their friends would like them all the better if they knew the Easter eggs had been set on by a real live hen. Poor Brown Betty. She lost her eggs, but I suppose she would be setting on them now if someone hadn't found and taken them away from her.

"Low Cost of Living" Menu

Menu for Friday

BREAKFAST
Bananas
Vegetable Hash
Toast
Jelly
Coffee

LUNCHEON
Eggs with Mushrooms
Graham Bread
Oatmeal Cake
Jelly
Tea

DINNER
Barley Soup
Broiled Cod
Mashed Potatoes
Lentzen Salad
Rice Pudding

can of mushrooms and chop. Dredge with flour and fry in butter five minutes, being careful they do not burn. Add three beaten eggs and two tablespoons of milk. Season and stir until the eggs are creamy. Serve on toast.

DINNER

Barley Soup—Cover a beef bone with cold water and simmer two hours. Strain, return to the fire, add a quarter of a cup of barley and boil half an hour.

Broiled Cod—Brush with butter and broil over a good, quick fire. Serve with tartar sauce made by adding a chopped sour pickle and a teaspoon of chopped parsley to a mayonnaise dressing.

Rice Pudding—Mix three tablespoons of rice, four of sugar and four cups of milk. Turn into a baking dish and bake in a very slow oven three or four hours. Serve with whipped cream.

BREAKFAST

Vegetable Hash—Chop boiled cabbage, parsnips, carrots, turnips, and half the amount of potato. Fry brown in butter stirring all the time and serve very hot.

LUNCHEON

Eggs With Mushrooms—Drain a

SAY DR. WAITE IS SANE.

Examining Alienists Find Peck Slay-er 'Somewhat Abnormal.'

New York, April 20.—Alienists who spent more than an hour examining Dr. Arthur Warren Waite, confessed slayer of his father-in-law, John E. Peck, a wealthy drug manufacturer of Grand Rapids, Mich., reported to District Attorney Swann that in their opinion Waite is sane, but somewhat abnormal.

While being returned to the Tombs from the District Attorney's office, Waite is alleged to have declared to detectives that he was anxious to pay the penalty for his crime, "and have it over with as soon as possible."

GEN. STEELE'S ASSERTION.

With "Bobs" Advice Taken Would Have Been No War.

London, April 20.—Acknowledging the gift of the Y.M.C.A. but opened at Shorncliffe for the Canadian soldiers, General Steele said that those who were soldiers had foreseen the present war. If Lord Roberts' advice had been listened to, there have been no war. Britons would first teach Germans not to break treaties, and then teach them the greatness of British trade.

Richard Harding Davis, the American author, left an estate of \$250,000.



What About Starchy Foods?

Aren't starchy foods all right? They certainly are. The starch of grains is one of the chief sources of food energy.

But some stomachs are not able to digest the starches as presented in ordinary foods, such as white bread and white flour products, which are often the unsuspected cause of digestive troubles—imperfect assimilation, fermentation and gas, biliousness, headache, constipation, anemia, and other common ills.

One food that supplies the valuable starch elements in easily digestible form is

Grape-Nuts

It is made of the energizing grains, whole wheat and malted barley, the starch cells of which are largely converted by long baking into dextrin and grape-sugar which are readily assimilated by even weakened digestive organs. Grape-Nuts digests in about one hour.

This food comes ready to eat, nourishing and delicious; and as it retains all the nutriment of the grains—including the mineral elements largely lacking in the usual dietary—it is a wonderful builder of well-balanced bodies, nerves and brains.

"There's a Reason"

Grocers everywhere sell Grape-Nuts
—Made in Canada.
Canadian Postum Cereal Co., Ltd., Windsor, Ont.

MADE IN CANADA

TOAST CAKES

Bread is the cheapest food known. Home bread baking reduces the high cost of living by lessening the amount of expensive meats required to supply the necessary nourishment to the body.

REFUSE SUBSTITUTES.

E.W. GILLET COMPANY LIMITED

1000 TORONTO ST. TORONTO

PORTSMOUTH'S RECORD

100 ENLISTED IN THE SERVICE OF THE KING

Two Have Given Up Their Lives— Few Places Have Done So Well As Portsmouth.

The little village of Portsmouth is certainly doing its "bit" in the great European war. This is shown in the fact that 100 of her sons and daughters heard the call to service and responded by donning the khaki and nursing uniform.

Some Portsmouth men went with the first contingent but the majority joined the colors after the first "bunch" and are now on the firing line or preparing to leave for the front.

A number of the sons of Portsmouth figured in the battle of Langemarck. Pte. T. Stephenson, of the 2nd Battalion, gave up his life for his country in that battle, as he has not been heard from since. Pte. Thomas Smith of the same battalion was taken prisoner-of-war by the Germans and is now in a German camp.

"Scotty" Davidson, who was probably one of the best hockey players Canada produced went with the first contingent. He defended the fair name of Canada on the battlefield of France until he was stricken while bombing a German position. Officers who served with him speak of him as one of the best soldiers who went over with the first contingent.

There are seven nurses from the Rockwood hospital serving with the Ontario Hospital in England.

It is doubtful if any village in the Dominion can boast of such a record as Portsmouth presents.

The following list of Portsmouth boys and nurses serving their King and Country was prepared by a resident of the village:

Major L. W. Gill, O. C. Queen's Battery.

Capt. Edward Ryan, Ontario Hospital, Orpington.

Capt. D. L. Kennedy, Ontario Hospital, Orpington.

Capt. G. Platt, Queen's Hospital.

Lieut. E. H. McCammon, No. 1 Tunnelling Company.

Lieut. H. Ryan, Ammunition Column.

Nursing Sisters H. Black, E. Mills, M. McKenna, B. Kennedy, C. Van-alynia, Ontario Hospital, England.

Nursing Sisters, M. Fay and M. Moran, Queen's Hospital.

Sergt.-Major M. Moran, C.A.S.C.

Sergts. E. Beaupre and C. McQueen, 13th C.M.R.

Sergt. Thos. McCammon, 59th Battalion.

Sergt. Maurice Webster, Ordnance Corps.

Sergt. F. Webster, Bandsman, 80th Battalion.

Sergt. A. Davidson, 146th Battalion.

Lance-Corp. Allan Davidson, 2nd Battalion (killed in action).

Pte. T. Stephenson, 2nd Battalion, missing since Langemarck.

Pte. John Stephenson, 13th C. M. R.

Signaller S. Stephenson, 21st Battalion.

Pte. K. Johnston, 13th C. M. R.

Sapper R. Germaine, Queen's Engineers.

Gr. M. Burke, 33rd Battery.

Trooper E. Grant, 13th C. M. R.

Pte. Thomas Ralph, Queen's Hospital.

Trooper Allan Forsythe, 8th C. M. R.

Pte. Robert Lemers, 146th Battalion.

Pte. V. Simmons, 14th Guard.

Pte. D. Gallan, Queen's Hospital.

Trooper P. Grant, 8th C. M. R.

Pte. J. Lawless, Queen's Hospital.

Trooper Allan Forsythe, 8th C. M. R.

Trooper "Andy" Forsythe, 13th C. M. R.

Pte. W. Cross, 14th Guard.

Pte. Thomas Doyle, 59th Battalion.

Pte. W. Tatton, Ordnance Stores.

Pte. A. Shelley, 14th Guard.

Pte. W. Ewart, 146th Battalion.

Trooper R. Ewart, 13th C. M. R.

Sergt. Joshua Ewart, 2nd Battalion.

Trooper Melville McGeen, 13th C. M. R.

Driver W. Webb, Queen's Battery.

Pte. J. Weaver, 146th Battalion.

Pte. J. McDougal, Queen's Hospital.

Pte. J. Holland, Queen's Hospital.

Trooper J. Smith, 13th C. M. R.

Pte. T. Smith, 2nd Battalion (prisoner of war).

Bugler J. Halliday, 21st Battalion.

Pte. J. Atkins, 2nd Battalion.

Trooper N. Holland, 13th C. M. R.

Trooper S. Holland, 13th C. M. R.

Sergt. W. Holland, 146th Battalion.

Pte. Sterling Holland, 14th Guard.

Pte. George Wickham, 2nd Battalion (wounded).

Trooper Charles Wickham, 8th C. M. R.

Trooper J. Scanlon, 13th C. M. R.

Pte. W. Watts, 21st Battalion.

Pte. W. Grant, 14th Guard.

Pte. W. Baker, 14th Guard.

Pte. H. McCammon, C. A. S. C.

Trooper H. Fisher, 13th C. M. R.

Pte. F. Holland, 146th Battalion.

Pte. F. Shaw, 146th Battalion.

Pte. E. Drawbridge, 146th Battalion.

Pte. Dunca Kennedy, 146th Battalion.

Pte. George Pratt, 146th Battalion.

Trooper Melville Moore, 8th C. M. R.

Trooper Amos Nicholson, 13th C. M. R.

Pte. K. Nicholson, 59th Battalion.

Trooper R. Butler, 13th C. M. R.

Bugler A. Butler, 146th Battalion.

Trooper E. Butler, 13th C. M. R.

Trooper F. Atkinson, 13th C. M. R.

Pte. W. Pabst, Queen's Hospital.

Pte. J. Scott, 21st Battalion.

Pte. J. Greenhouse, 21st Battalion.

Trooper Phelan Kennedy, Lord Strathcona Horse.

Pte. Charles Burke, 2nd Battalion.

Sapper Edward Burke, Queen's Engineers.

Pte. W. Bourke, 14th Guard.

Pte. W. A. Nicholson, 14th Guard.

Pte. T. A. Smith, No. 3 C. A. M. C.

Pte. "Jack" Shannon, C.A.S.C.

Pte. W. Barrett, 21st Battalion.

Pte. G. Barrett, 21st Battalion.

Pte. J. Barrett, 146th Battalion.

The following have enlisted, but their attachment is not known:

Henry Richardson, George Giles, George Blaney, Jr., George Blaney, Jr., J. Langford, A. Langford, F. Linsky, W. Cornish; also four Dennis brothers, two of whom have been killed in action.



MARIE CARROLL.
In the big comedy success "Rolling Stones" she is presented with the original cast and production direct from New York, at the Grand, on Easter Monday, matinee and night.

COMPLETES 50 YEARS SERVICE.

Honored by Staff With Presentation Of Fifty Roses.

George H. Millen, president and manager of the E. B. Eddy Company, Limited, Hull, Canada, has to-day completed fifty years of service to the late E. B. Eddy and the present company. Mr. Millen was born in Glen Falls, New York, in 1838, where he spent his boyhood days. When he was but a young man, the call to arms came, when he enlisted and saw active service throughout the Civil War. Not long after the conclusion of the war, he arrived in Hull, on the 14th of April, 1866, when he made arrangements with the late Mr. Eddy to take charge of a small saw-mill which he had rented from the Wright family. At that time, Mr. Eddy owned some match and pulp machinery, but not a foot of real estate in Hull.

Mr. Millen has been connected with the business ever since, never having been off duty for two weeks at any one time, either on account of sickness, pleasure, or business. He has had the superintending and building up of the factories, mills, etc., from the beginning, in fact he built and rebuilt them, owing to the entire plant having been destroyed by fire on two different occasions, and to-day many massive structures, with their equipments, testify to his great mechanical genius.

When the Eddy Company was formed into a joint stock company in 1886, he was elected a director, and on Mr. Eddy's death, was elected joint manager with the late Mr. Rowley, and on the death of Mr. Rowley, a little over a year ago, he was elected president and manager of the company, which position he still occupies.

This morning the counting house staff presented Mr. Millen with a beautifully decorated basket, containing fifty roses, one for each year of their chief's connection with the various departments are wearing a rose in honor of the occasion. The day, throughout the whole establishment, is being marked as an event of

Indigestion Resulted From Bad Case of Inactive Liver

Experience Proved That Dr. Chase's Kidney-Liver Pills Were Exactly What Was Needed.

In every sufferer from indigestion would study his case as did the writer of this letter the great majority would find sluggish action of the liver and bowels to be the cause of trouble.

It is then an easy step to finding a cure, for there is nothing like Dr. Chase's Kidney-Liver Pills to awaken the action of the liver, kidneys and bowels. With these organs performing their natural functions the system is thoroughly cleansed of all poisonous waste matter and the process of digestion is no longer impeded.

Mrs. W. L. Jones, Hill Spring, Alta., writes: "I have often thought I would write and tell you how much I appreciate Dr. Chase's medicines, especially Dr. Chase's Kidney-Liver Pills. I suffered terribly from indigestion and did not know what was

the cause. I got to using Dr. Chase's Kidney-Liver Pills and was so improved that I began to study the matter. I found that the indigestion resulted from a bad case of inactive liver, and as soon as I got the liver working right, I didn't have any stomach trouble or indigestion, the nervous spells vanished and the 'blues' flew away. I am never sick now, but should the old trouble return, I know how to cure it quickly."

There is a whole host of derangements which disappear when the liver is set right. Biliousness, indigestion, headache, irritability, constipation are a few of the more common results of torpid liver action. By the use of Dr. Chase's Kidney-Liver Pills, you can control all such disorders. One pill a dose, 25 cents a box, all dealers, or Edmanson, Bates & Co., Limited, Toronto.

GERMAN PEACE FEELER

INTERPRETED BY EX-PREMIER OF HUNGARY.

Austria Said To Be Considering Abandoning the Struggle — Peace Rumors At The Vatican.

London, April 19.—The Morning Post's Budapest correspondent sends the following statement by Count Julius Andrássy, the former Hungarian premier, published in Budapest, commenting on the recent speech of the German chancellor, Dr. von Bethmann-Hollweg:

"The speech is actually the first official German feeler for peace. The chancellor defines Germany's attitude quite distinctly, explaining what he wants from Russia, what he does not want from France, what he intends to do with Belgium, and also his views on financing the colonies."

"The speech is a basis whereupon peace negotiations may be begun—conditions which leave the door open to counter-demands. Every one of his remarks is a possibility which carries the germ of future developments and the basis of further argument. The speech provides an outline of peace which may be reached."

"If Frenchmen read his words with unbiased minds they will see that Germany wants only to safeguard her frontiers. The chancellor does not ask the annexation of Belgium, but only that Belgium shall not become a bulwark of Anglo-French forces whence they could swoop down on Germany."

"The demand for indemnity from France has been dropped."

"As regards the German colonies the chancellor asks only that some of them be returned. Germany will not even press for the return of all of them, and considers only the probability of saving a few of them."

Austria For Peace?
Rotterdam, April 19.—There are persistent peace rumors in financial circles in Holland to the effect that the Austrian Government, in consequence of the grave domestic situation, is seriously thinking of abandoning its share in the struggle. In this connection significance is attached to Baron Burián's recent visit to Berlin.

The most striking fact is the extraordinary effect on the prices of certain securities; also the exchange rates. The course of the latter has shown a remarkable change in an upward direction for all the belligerent countries, and is attributed solely to a belief in the possibility of an early peace.

Vatican Peace Rumors.
Rome, April 19.—There is renewed talk in Vatican circles of overtures in favor of peace. The Pope intends to make to the belligerents. According to rumors, in ecclesiastical spheres, the kings of Bavaria and Saxony took the initiative in an endeavor to obtain a new papal demarche in favor of peace.

The Pope was in conversation with several cardinals appointed to diplomatic posts. He asked their opinion in regard to what action the Holy See might be able to take toward the belligerents. It seems certain this time there will be real diplomatic activity on the part of the Holy See.

Women Clean Streets.
Vienna, April 20.—More than a thousand women are employed in cleaning the streets in Vienna. At least half the men in the streets departments have left their posts. Most of them are in the army; the others have obtained more lucrative work. The women who take their places receive the same rate of pay—from fifty-five cents to sixty cents a day.

Street Railway For Sale.
Sherbrooke, Que., April 20.—The Sherbrooke Street Railway Company has made an offer to the City Council to sell the road for \$350,000, or lease it for twenty-five years at a set annual rental of \$9,000, at the end of this period the system to become the absolute property of the city.

Saab Count Bernstorff.
Washington, April 19.—Count Von Bernstorff, the German Ambassador, called on Secretary Lansing late yesterday afternoon, and was told by the Secretary of State that he could not discuss the submarine issue with him at this time.

Grand Trunk Earnings.
Grand Trunk earnings for week ended April 14th were \$1,024,506, an increase of \$159,847 over last year.

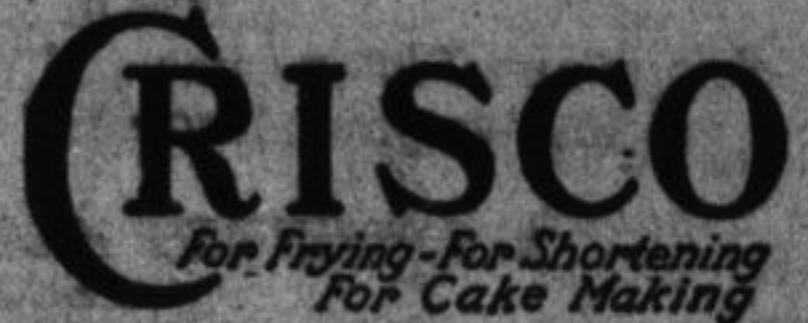
More than three thousand non-combatants have been lost in ships sunk since the war began.

Many an embalmed thought has been buried in a waste basket.



Butter Richness Without Butter Expense

In some homes the butter problem grows greater day by day. In others, Crisco is used for cooking. With Crisco, women obtain the results given by the finest creamery butter, and at half the cost.



Crisco fulfills practically every cooking need where expensive butter formerly was necessary. When Crisco has proven itself to you in a few ways, you will plan all manner of ways to use it.

NON-RUSTABLE

D & A CORSETS

Real Economy
suggests the purchase of the D & A or the La Diva Corsets.

There is a style to fit your figure. Compare its workmanship and material. Its comfort and appearance with other makes.

Efficient manufacturing and very large sales enable you to buy these corsets in Canada at about half what imported corsets, which are no better, sell for. Every D & A and La Diva Corset is a real bargain.

Style 540

Dominion Corset Co. Quebec, Montreal and Toronto

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

Quite the Smartest Thing in Waists.

6624

the outer waist and hem the front, the center of which is indicated by large "O" perforations. Gather upper and lower edges of front, and lower edge of back between double "TT" perforations. Arrange on underbody, center-fronts, center-backs and under-arm seams even; stitch lower edges together. Stitch upper edge along cross-line of small "o" perforations in underbody, leaving the outer front free over the trimming piece.

Now, taking up the sleeve, first close seam as notched and gather lower edge. Close seam of deep cuff and sew to gathered edge of sleeve as notched, small "o" perforation in cuff at seam of sleeve. Bring seam of cuff to large

Soft silk crepe de Chine lends itself admirably to the development of this separate waist, which features a deep yoke and revers cut in one.

The new separate waist designs for spring exploit nothing more unique than this waist with its deep yoke and revers cut in one with the yoke. Silk crepe de Chine is used for its developing qualities. The design is built upon a sleeveless foundation, which requires 1 yard 35-inch material.

The home dressmaker should make a careful study of the construction guide before attempting to put the waist together. It is an easy matter to close the under-arm and shoulder seams of the lining, and then turn the hem. Next place the little vest into position. This may be made of lace or silk gauze.

Next, close the under-arm seam of the lining.

Pictorial Review Waist No 6624. Sizes 34, 36, 38, 40 and 42 inches bust. Price, 15 cents.

Above Patterns can be obtained from **NEWMAN & SHAW, Princess Street**