

Told in the Twilight --- In the Realm of Woman



(Continued from Page 3.)
 Miss Elizabeth Robertson, Perth, is the guest of Professor and Mrs. J. K. Robertson, Albert street.
 Capt. L. F. Goodwin, was in town from Ottawa for the week-end.
 Miss Muriel Walwright will come up from Ottawa for Easter and will be the guest of Miss Sibald Hamilton, Earl street.
 Miss Edna Booth, William street, and Miss Gladys Burton, Belleville, will spend the Easter holidays in Toronto.
 Mrs. T. P. Vrooman and Miss Josephine Vrooman were in town from Nanawau on Saturday.
 W. T. Minnes and Miss Eleanor Minnes, "Hillcroft" left on Monday for New York.
 Miss Graham Stark, Gananoque, is the guest of Mrs. J. G. Elliott, Barrie street.
 Mrs. W. D. Hart and her son, who have recently returned from London, Eng., are the guests of Mr. and Mrs. W. J. Savage, Montreal street.
 Mrs. W. A. Bellhouse and Miss Agnes Bellhouse, Earl street, who have been visiting Mrs. Cockburn in Montreal returned home to-day.
 Mrs. Malcolm Sutherland and Mrs. Moffis Ferguson who have been visiting Mrs. James Henderson, Earl street, left today for St. Thomas.
 Lieut. Ben Robertson of the 80th Battalion spent the week-end in town with his parents Mr. and Mrs. T. McKean Robertson, Union street.
 Mrs. Stuart Parsons and her baby who have been visiting Mr. and Mrs. James Henderson, Earl street, returned to their home in Ottawa to-day.

A THREE PIECE SUIT.
 A Smart Outfit For the Matinee Girl This Late Winter.



Quite the fascinating link that connects the hat, coat and frock is the clever introduction of elaborate metal brocade. Joffre blue panne velvet is used to fashion the coat and make the hat's foundation and the basque of the gown. The fur is black fox.

A Word About Possessions

Some people are very much concerned about their possessions, while all the time the only things that it will ever be possible for them to own are scarcely worth having. Because, after all, the only things that belong to you are the things that you are big enough to love and appreciate, not the things that you can pay money for.
 To be sure you can go out and pay money for chairs and tables, for coats and diamond sunbursts, and they will belong to you after a fashion. But in the end it's all a matter of chairs and tables, isn't it?
 Not so with the ticket to a concert or the price of a book. You can buy your way into a violin recital or pay money for a poem. But the man or woman to whom the poem truly belongs, and for whom it was meant, is the man or woman who loves it and understands it. And once having that sort of a possession no one can take it away from you.
 "I get to the opera once a year," said a woman who is not often able to meet grand opera prices, "but the opera is mine all the year. It belongs to me, not to the people who have season tickets and sit in the orchestra circle and the boxes and go as often as they wish, unless, perchance, they, too, go because they understand and love the music."
 So what is the use of wasting time envying people their possessions? Let them roll along in their autos and lean back in their furs. It's yours to look at them and laugh if yours is the capacity for owning one fine thing they can't buy with their money.
 "The furs," you may say to them, "are yours—the stenciled line of that rugged tree, sketched against the gray of a winter sky is mine, all mine because I have eyes to see it."
 So why get excited about possessions, after all? The big possessions of life, the things that are most worth having are within yourself, and no matter how slim your purse the world always holds fair riches that are made especially for you if you know how to own them.
 A woman once moved to the country from the heart of a busy city. "But I miss the flowers so," she wrote back.
 "Flowers! What flowers in crowded streets?" you ask.
 "Why, the flowers in the shop windows, for whenever I wanted to," she explained, "I could walk a block or two and feast my eyes on some florist's window. They were always there the year round; and always where I could see them, and they belonged to me as much as to anybody."

Sleepytime Tales

THE E CHILDREN AND THE CHICKS.
 Once upon a time the Three E. Children went with a little friend to visit a chicken farm. It was just after Easter and there were several hundred of tiny, fluffy little chicks running around in the big yard. They were so tame that the children were able to catch as many as they wished and to hold them in their hands while they fed them with bread crumbs.
 Ethel wanted to take one home, but Edward told her she had better not for he said he knew rabbits were very fond of little chickens and he guessed their new pet rabbit, Eve, would make a meal of one very quickly if it was taken home. So Ethel gave it a parting pat and let it down with the others, and then ran off to see the bigger chickens. After they had looked about all they wanted, the man who owned the farm said he had an incubator that was hatching some chickens and asked the children if they didn't want to go into the incubator house and watch some chicks hatch. They were delighted and went into a large building where on all sides were queer looking cases with glass on the front side. He took them to one end of the building where a big incubator stood filled with eggs laid on long trays.
 As the children stood looking at the eggs one of them moved just a little and then from one side to the other and the man told them to watch it very carefully. It rolled from side to side and suddenly at one end the shell began to break and in a minute a little fluffy head came out at the opening. Soon more of the eggs began to bob and other chickens came out into the world.
 The children thought this was wonderful and wanted to watch awhile longer but when they saw the man take the chicks out of the incubator and put them in a box that he called a brooder, they were all once interested to see what kind of a home the little chicks were going to have.
 When they got to the brood house they found it very warm and filled with boxes where the chickens were put to be kept warm and dry until they were large enough to care for themselves with the larger chickens. By this time Edna said it was time to go home and they thanked the man and ran home to tell the rest of the family all about the great day they had had.

RED ROSE TEA
 It is hard to break the chains of habit. It took one man six months to stop saying "Gee Whiz." It is astonishing how habit will keep a person asking for "the same as usual" tea long after she has intended to try Red Rose Tea. Why let habit prevent you enjoying this richly flavored Indian-Ceylon blend? Order a sealed package to-day.

Century Salt
 OVERSHADOWS ALL OTHERS FOR PURITY AND FLAVOR
 DOMINION SALT CO. LTD. SARNIA, ONT.

"Low Cost of Living" Menu

Menu for Thursday

BREAKFAST
 Grapefruit
 Oatmeal Griddle
 Broiled Bacon
 Toast
 Coffee

LUNCHEON
 Scalloped Rice and Cheese
 Ginger Apples
 Toasted Crackers
 Tea

DINNER
 Cabbage Soup
 Broiled Ham, Beet Greens
 Boiled Potatoes
 Pear Salad
 Steamed Graham Pudding

BREAKFAST
 Oatmeal Griddle—Stir together two cups of oatmeal, a cup and a half of flour, a teaspoon of baking powder, the same of soda dissolved in two tablespoons of warm water, a tablespoon of sugar, one beaten egg, and two cups and a half of sour milk. Fry on a well greased griddle and serve with hot maple syrup.

LUNCHEON
 Scalloped Cheese and Rice—Melt a heaping tablespoon of butter, stir in the same of flour and a cup of milk. Boil until thick, then turn into a baking dish with two cups of boiled rice and three-quarters of a cup of grated cheese. Bake twenty minutes.
 Ginger Apples—Boil a cup and a half of water with two cups of sugar for ten minutes, then add a tablespoon of ginger extract and two cups of pared and quartered apples. Boil until tender and serve cold.

DINNER
 Cabbage Soup—Chop fine half a small cabbage and boil in water to cover. When tender add two cups of stock and more water if necessary. Serve without straining.
 Pear Salad—Use canned pears cut in quarters and lay ten minutes in vinegar. Drain and serve on lettuce with dressing made from a tablespoon of plain vinegar, the same of tarragon and two tablespoons of pear juice.
 Steamed Graham Pudding—Mix one cup of milk with three-fourths of a cup of molasses, three cups of graham flour, half a cup of raisins and a teaspoon each of baking powder, cinnamon and nutmeg. Turn into a buttered baking dish and steam three hours. Serve with whipped cream to which a little sherry has been added.

Blankets
 Our method of finishing blankets raises the nap, keeps them soft, and prolongs their period of usefulness.
 Blankets are returned to you just like new.
 The Parker process of dyeing or cleaning Bedspreads and Eider Quilts is most successful, and does not impoverish them in any way.

PARKER'S DYE WORKS LIMITED
 69 Princess Street, Kingston, Ontario.

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

On the List of Boudoir Clothes.

and one finds among the most interest of the new offerings the dressing sacque illustrated. It is fashioned of dainty china silk trimmed with hand embroidery and lace. A choice of finishes is provided for the sleeves, which may be short, with flare cuffs, or long with deep, semifitting cuffs. The attached one-piece circular peplum is edged with a ruffle of self-material, put on with a heading of lace insertion. In medium size the sacque requires 3 1/2 yards 27-inch material, 3 yards of edging, if lace is used for the ruffles instead of silk 3/4 yard beading and 8 yards insertion.
 To cut the design, first measure off enough material to accommodate the back, peplum and collar. Fold it carefully in half and place these sections on a lengthwise fold. Now, take the remaining silk and double it in half, two reverse or two right sides together, so that there will be a double layer of open material. On this place the front, the deep cuff, the belt and sleeve, all on a lengthwise thread of the silk.
 For the shorter sleeve with flare cuff cut off lower part of sleeve on small "0" perforations.
 The embroidery design is simple to make and is pretty in the same shade of the sacque or a contrasting color.

CUTTING GUIDE 6554

MATERIAL OPEN Estimated April 30, 1917
 Pictorial Review Dressing Sacque No. 6554. Sizes 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48 inches bust. Price, 15 cents.

Above Patterns can be obtained from **NEWMAN & SHAW, Princess Street**

Whether Your Dessert Be
 Ice Cream or Blar. Mangs—Pie or Pudding—Cake or Quince—it will be all the better for being made with

BENSON'S CORN STARCH

For more than half a century, BENSON'S has helped the good cooks of Canada to make dainty desserts—to improve the smoothness and richness of sauces and gravies—and to bring out the flavor of everything in which it is used.
 Be sure to insist on having BENSON'S—then your recipes will turn out right, and your favorite desserts will taste just right. Every grocer in Canada has BENSON'S Corn Starch. You'll find a lot of unusual ways of using it in our new Recipe Book "Desserts and Candies." Write for a copy to Montreal Office.

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A UTILITY BAG.

Directions For Making One That's a Regular Carryall.
 A utility bag which answers the purpose of a laundry and shoe bag, with two other pockets for various articles, will be found very convenient when traveling. This bag can be taken from the trunk or suit case and hung up without disturbing its contents.
 Cretonne is perhaps the best material for such a bag. It would require two pieces for the foundation of the bag. One piece should be a yard long and twenty-one inches wide, the other a yard and one-fourth long and twenty-two inches wide. Before joining the two strips attach pockets to the longer piece. Turn up one-fourth yard at the bottom for the flap of the laundry bag. Slightly round it and bind the raw edges with tape. When the bag is completed this flap will snap or button over the back of the bag.
 Across the bottom after the flap has been measured off attach shoe pockets. Bind a long piece of material with tape across one side, then lay it into four box plaits, dividing them by means of a stitched piece of tape; also stitch a piece of tape across the bottom after the pockets are basted in place.
 Above these pockets attach another bag the width of the strip underneath and any desired depth. Bind top edge with tape divided into two sections and stitch tape across the bottom.
 Now lace the long strips to a depth of five inches with satine and stitch a casing for double drawstrings. Stitch the two pieces together on the right side and bind with tape. Snap the flap at the bottom over the back of the bag.

Candy Apples on the Stick.
 Select nice apples that are not too large. Mount them on thin sticks—meat skewers will do. Have them ready so that by the time the sirup is ready for dipping no time may be lost.
 Sirup—One pound of sugar, one-half cupful of molasses, one-half cupful of water, one-quarter of a teaspoonful of cream of tartar, one tablespoonful of butter. Cook until when dropped in cold water the sirup is hard, or to 350 degrees F. on the candy thermometer. Keep hot while dipping the apples. Coat thoroughly. Lay in a greased dish, and then they will harden immediately.
 A reliable candy thermometer can be bought for \$1. As an investment it will pay for itself time and time again. Learn to make jelly by using the thermometer.
Stewed Okra.
 Three cupfuls of okra, one cupful of canned tomatoes, one tablespoonful of butter and one teaspoonful of salt and pepper to taste. Wash the okra and cut it into thin slices. Put it into the saucepan with tomatoes; bring them to a boil; then lower the heat and let them simmer half an hour. Add the salt ten minutes before they are done and the pepper and butter just before serving.
Substitute For Cotton.
 Cellulose from wood fibre is being used in Europe as a substitute for absorbent cotton, which has become relatively scarce because of the war demands.

Taste a Guide to Health.
 Modern investigation has shown that no article of food is good for a person if he dislikes it. If a child has practically a fixed notion that he does not like eggs they will do him no good and may do him harm. Only serious results can follow from coercing a child into eating food which he dislikes.
 Professor M. V. O'Shea in Mother's Magazine.

Familiar Name.
 "Well, Davis, did you enjoy your visit to the museum?"
 "Yes, mother."
 "Do you remember any of the nice things you saw?"
 "Oh, yes, I remember lots of them."
 "And can you tell me what they were called?"
 "Yes; most of them were called 'Do Not Touch.'"
 Exchange.

"Goodmen" and "Goodwomen."
 A pleasing form of address that was common in the seventeenth century has gone quite out of use, probably because of its restriction to "inferior persons." The "Mr." was then a prefix to which only gentlemen were entitled, and among the Puritan fathers of New England the deprivation of the right to be so addressed was inflicted as a punishment. "Goodman" or "Goodwoman" by contraction "Goody" was the address of those low in the social scale. The term is preserved in some old songs.

A White Flour Illusion.
 This is what the surgeon general of the United States public health service has to say about white flour:
 "I want to warn you against the craze people in this country have for white flour. The whitest flour is not the best; it is not the purest; it is only the dearest, and when you buy it you buy looks and not nourishment. In order to make it white some of the most nourishing and essential components of the natural wheat have been taken away."
 Osteopathic Magazine.

THINK OF OTHERS.
 If you think how much suffering and poverty there are in the world you will fall down upon your knees and, instead of repining at one affliction, will be thankful for the many blessings that are yours.—Sir William Temple.

You and I ought to be thankful that our ears do not hear all the remarks made about us.

IT is true that Ivory Soap is used for laundry purposes. But the kind of laundry purposes for which it is used is just another proof of its excellence for your bath and toilet.

For Ivory washes safely the exquisite linens and laces, the gossamer-like silks, the delicately colored materials that you would not dare risk to the average toilet soap.

In other words, Ivory Soap is the mildest, purest, best soap for the bath and toilet that you can buy.

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