

As the hall-mark on gold means pure, so

Kellogg's

TOASTED CORN FLAKES

on a package is the hall-mark for breakfast foods. Our celebrated Corn Flakes are eaten by nearly all Canadians. Made from the best Southern corn, by our secret process, all the nutriment of the corn is conserved and made appetizing. A food for men and women in winter as well as in summer.

CAUTION—Do not let your grocer "put one over you" by substituting "just as good corn flakes" for the original "Kellogg's."

"MADE IN CANADA" only by

THE BATTLE CREEK TOASTED CORN FLAKE COMPANY, LIMITED LONDON, ONTARIO, CANADA



You can heat Crisco to 455 degrees and it will not smoke

Better smokes at 329 degrees Lard at 400 degrees

Smokeless Frying!

Frying with Crisco means a sweet, smokeless kitchen. For Crisco does not smoke at frying temperature. The potatoes and doughnuts, etc., become almost instantly a crisp brown. There is no "lard" taste.



costs about the same per net pound as the best pail lard. There is no loss through rancidity, as Crisco stays fresh and pure indefinitely in ordinary kitchen temperature.

Foods fried in Crisco absorb less, because they fry so fast and brown so readily. The same Crisco may be used for all frying. You can fry fish, onions, doughnuts, etc., all in the same Crisco. Merely strain out food particles after each frying. This is a further saving.

Easy & Practical Home Dress Making Lessons

Prepared Especially For This Newspaper by Pictorial Review

The Latest Princess Combination.



Embroidery trims the front of the combination, the simple design being worked in solid satin stitch and eyelet work. In medium size the combination requires 2 1/2 yards 34-inch lawn. The combination is cut from an open width of material, though the lawn may be laid double on the cutting table.

Combining in one chemise, drawers and petticoat, this newest bit of lingerie is sure to find great favor. It is trimmed with hand embroidery.

Because it dispenses with the separate use of chemise, drawers and petticoat, since it is all three in one, this princess combination is of great value to a woman who does not like wearing many clothes. The petticoat and drawers section, cut in one, is finished with a side pleated frill, though a straight ruffle may be substituted.

Pictorial Review Combination No. 6645. Sizes 32, 36, 40 and 44 inches bust. Price, 15 cents. Embroidery Design No. 12182. Transfer pattern, 15 cents.

Above Patterns can be obtained from NEWMAN & SHAW, Princess Street

FROM THE COUNTRYSIDE

Frontenac

GLENDOWER. March 28.—Richardson's men are drawing coal from Godfrey to the feldspar mines. Sanford Leman and James Wilson made a business trip to Godfrey. A number of people have to buy hay this spring. The crows are getting quite numerous.

HARRISFIELD. March 28.—The Sewing Guild will meet Wednesday and Friday at the rectory. Twin girls have come to stay at the home of Mr. and Mrs. R. Purcell. A Brunsky has purchased the home of J. Sharp. Mrs. John Tisdale, who met with an accident, is around again. Mrs. James Tisdale and two children, Toronto, are visiting with her parents, Mr. and Mrs. G. Muller. Mr. Turner and daughter Maud spent Sunday at T. Maxam's city. Miss G. Esford and Miss H. Esford, who visited friends at Cushehall, have returned home. Mrs. St. Clair, Utica, N.Y., is the guest of her sister, Mrs. Nat. Stanton, Jr.

SYDENHAM. March 27.—The many friends of Mr. and Mrs. W. Wood extend their deepest sympathy to them in the loss of their infant son, aged five months. On Sunday evening the service in the Methodist Church was taken by Lieut. James, who is in charge of the training of the recruits here. Lieut. James delivered a splendid address. The church was filled to its capacity and every one enjoyed the address and hope to have the pleasure of hearing him again. On Wednesday evening a band concert will be given in Wesley Hall by the 146th Band. Musical selections, addresses, songs, etc., will be given. Lieut.-Col. Wood will also be present. Pte. Ross and Frank Kavaner were for the week-end with their parents, Mr. and Mrs. G. Kavaner. Miss G. McKnight of this place, and Miss Beatrice and Robert Freeman of Hartington spent the week-end with city friends. Miss M. Clow and F. Horne are visiting Miss D. Campsall at Hartington. F. Joyner is renewing acquaintances at Lapam. Miss Alene Tovel is at home for the week-end. Oris Boyce is home from Toronto.

BURRIDGE. March 27.—Men are hauling logs to Fermo. Mrs. S. Barr is gaining after her illness. Miss Blanche Shillington spent the week-end with friends. Miss Annie Patterson spent Saturday with her sister, Mrs. J. Crozier. Mrs. George Barr, Jr., has returned home after spending a few days in Perth. Visitors: Mr. and Mrs. J. Crozier at George Thompson's; Mr. and Mrs. W. Taylor and Alice spent Sunday at C. Stinson's; Mr. and Mrs. George Barr, Howard and Alvin, at Mrs. Crozier's; Mr. and Mrs. W. Breesa at Hendrick Breesa's; Miss Boyle, Mr. and Mrs. Dave Barr and son at R. J. Barr's; Mr. and Mrs. Hanna at Mrs. S. Breesa's; Mr. William Thompson, Mr. and Mrs. Isaac Thompson and Kenneth at R. J. Barr's; Miss Min-

nie Barr at George Barr's; Russell Barr at N. Shillington's; Mr. and Mrs. Abe Barr at Albert Barr's; Miss Sarah Henney and sister Ida at T. Sweetman's; also L. Hanna and Ed. Keady; Ogar, Breesa at W. Sweetman's; Andrew Barr and S. Barr at C. Stinson's; Harry Stinson has returned home after spending the winter at the Dairy School in Kingston; Claude Derbyshire at R. J. Barr's; also William and brother Douglas, Thompson at R. J. Barr's; Stanley McNeil at Westport; H. Taylor at R. J. Barr's; W. Shillington and sister Maude at George Thompson's.

LEEDS. PURVIS STREET. March 28.—Mrs. Norman Balle spent a few days last week visiting friends in Brockville. Frank Heribson went on Tuesday last to Brockville. Mr. and Mrs. Frank Chick spent Saturday in Brockville. Joseph Warren sold his farm, stock and implements to B. B. Graham, Caintown. All are sorry to lose Mr. Warren. Mr. and Mrs. W. Earl were on Saturday guests of John Percival. B. B. Graham, of Caintown, has bought the farm owned by Joseph Warren, of this place. The White brothers are drawing gravel to repair their stable floors. Rev. Mr. Bradford, of Mallorytown, baptized the young son of Mr. and Mrs. Orval Baile. Some of the farmers are thinking of tapping their sugar bushes.

CAINTOWN. March 28.—Mr. and Mrs. James L. Scott, who spent the past two weeks visiting friends at Fairfield, have returned home. Miss Burch, of Rockport, who has taken care of Edward Poole, has gone to Athens for a while, her patient, Mr. Poole, being able to be around again. B. B. Graham has taken possession of Joseph Warren's farm. Mrs. R. J. Brown was recently called to Kingston to see her son, Pte. Gordon Brown, who is very ill in hospital. Much sympathy is expressed for Mrs. Bert Poole over the loss of her mother. Mrs. S. Wilcox, S. B. Hogaborn, Ontario, N. Y., is spending a few days with his parents, Mr. and Mrs. S. L. Hogaborn. Visitors, Mr. and Mrs. E. H. Hayes and daughter Madeline at W. Morrow's; Lillie, A. Kane, Mallorytown, at Pte. Nelson King's; Pte. William V. Stride, Mallorytown, at Graham Bros'; Pte. E. C. Hefferan, Athens, at George Leeder's; Pte. Wilfrid S. Dickey, Athens, at Thomas Dickey's.

SAND BAY. March 27.—Owing to the bad roads the mail did not come through on Monday. Mrs. E. Vandenburg has returned to her home at Outlet after nursing at T. Dier's. Everyone is tapping the sugar bush. Maurice McDonald, Kingston, is visiting with his parents, Mr. and Mrs. W. McDonald. Rugs, McCready, Lyndhurst, spent the week-end at V. Goff's. Miss Luella Moorhead, Warburton, visited with Miss Eva Running. Oscar Slack spent the week-end with

Leeds

nie Barr at George Barr's; Russell Barr at N. Shillington's; Mr. and Mrs. Abe Barr at Albert Barr's; Miss Sarah Henney and sister Ida at T. Sweetman's; also L. Hanna and Ed. Keady; Ogar, Breesa at W. Sweetman's; Andrew Barr and S. Barr at C. Stinson's; Harry Stinson has returned home after spending the winter at the Dairy School in Kingston; Claude Derbyshire at R. J. Barr's; also William and brother Douglas, Thompson at R. J. Barr's; Stanley McNeil at Westport; H. Taylor at R. J. Barr's; W. Shillington and sister Maude at George Thompson's.

Lennox & Addington

ENTERPRISE. March 28.—Dr. Horton, A. Caracal and B. Sparks attended the Masonic lodge at Napanee on the 22nd inst. Mrs. (Rev.) Kempt assisted by members of the Mission Circle gave a five o'clock tea Friday in honor of Miss Gertrude Kellar. Miss Husband bought out Miss Kellar's millinery business and took possession last Wednesday. The choir of the Methodist Church were entertained last Friday night at the home of Mrs. Frank Jackson. Quite a number from here attended court in Napanee Tuesday. Miss L. Lockwood visited Napanee and Deseronto Tuesday and Wednesday. Miss Johnston visited in Kingston and Newburgh Saturday and Sunday. Mrs. Ed. Fenwick and daughter Mae were in Napanee Tuesday. Miss Bessie Fenwick left Monday for Ferona where she has taken a position as milliner. Miss Patterson visited at home a few days last week.

BATH. March 28.—The death of Luke Lincoln Cunningham, a much-respected resident of Bath, on Friday, March 3rd, was a shock to many of his friends. Just near the close of the day he passed peacefully to rest. Although confined to the house since the beginning of the year, it was not until February 23rd that paralysis rendered his left side useless. Born in the village, in which he always lived, on Sept. 11th, 1839, he learned cabinet making as a trade when a youth, but later followed the occupation of carpenter. Quiet and unassuming, he proved a true friend and obliging neighbor. The remark has been truly made: "He will be missed in Bath." The funeral service was conducted at his late residence on Wednesday afternoon by Rev. Mr. McTear. The pall bearers were: Messrs. A. McLaugherty, E. Topf, T. Bairns, J. Murdoch, D. Clifton and F. Wemp. He leaves a widow, two sons, and three daughters to mourn a kind husband and loving father. A brother, Joseph Cunningham, Toronto, and a sister, Mrs. Waite, Bath, also survive him.

STELLA. March 27.—The death occurred on Sunday, March 15th at his home in Buffalo, N. Y., of Capt. James Sanders. A well known and respected former resident of Amherst Island. The late Capt. Sanders had been in poor health for some years, and death came as a happy relief. He had sailed the lakes, since he was quite young and was master of several different steamers. The deceased is survived by his wife, one daughter, Mrs. (Dr.) H. Guess, and one son, Howard, all of Buffalo; also his aged parents, Mr. and Mrs. John Sanders, one sister, Mrs. T. J. Polle of Calgary, Alta., and six brothers: Capt. Thomas and Capt. Joseph of Cleveland, Ohio; John of Grenell, Iowa; Alfred of Cataract; and Robert and William of the island. The remains arrived at Ernestown Station on Tuesday and were conveyed to Glenora, N. Y. The funeral service was conducted by Rev. J. C. Dixon. The annual meeting of the patrons of Stella cheese factory was held on Tuesday last. No services were held in St. Paul's church on Sunday owing to the illness of Rev. J. Cunningham. Considerable moving has been done here in the past week. W. H. Preston has moved to J. Windhill's house near the village. Mrs. Cronkite has moved to T. Smith's house, he having moved to his farm recently purchased from J. Kilpatrick and W. Kilpatrick has moved to the farm purchased from W. H. Preston. Visitors: Miss C. Harbeck, Portsmouth, at R. Kilpatrick's; Sgt. and Mrs. H. K. Filson, Kingston, at D. Caughy's.

Sleepytime Tales

HOW SPOTTY SAVED SNOWBALL. Once upon a time it began to snow very hard. Snowball, the white kitten and her friend Spotty, the black and white dog, had been playing in the yard, but when it got to snowing furiously Spotty said he was going into the house and tried to persuade Snowball to go with him. Snowball loved to play in the snow, however, and would not mind Spotty and ran away at the end of the yard so he could not catch her. When it was time for dinner Snowball was nowhere to be seen and Spotty ran out to find her. He ran out behind the barn, looked in the henhouse and everywhere else but he could think of, but no Snowball could be seen, so he ran back to the house for help. He took hold of Cook's dress with his teeth and began to pull toward the door. She didn't know what he was making of it and tried to make him let go, but he hung on and finally she followed him out the door. When she got out Spotty began to bark and bark, for he thought if Snowball heard him she would surely come. Finally they heard a faint mew and Spotty ran toward the sound way out to the end of the yard fence. There was no Snowball caught under a piece of wood and had fallen on her in such a way that she could not move. Cook soon had the kitten free but Snowball was so cold and lame that she could hardly move and Cook had to take her up in her arms and carry her into the house. When they moved the house Cook gave the kitten some nice warm milk and bandaged her up warm in a shawl and put her in her basket near the stove. Spotty lay down beside her and the next morning Snowball was as well and lively as ever, but Cook says if it hadn't been for Spotty, Snowball would have had to stay out all night and would have frozen to death and she thinks Spotty is a pretty smart dog.

"Low Cost of Living" Menu

Menu for Friday BREAKFAST Sliced Oranges with Orange Sauce Scrambled Eggs with Cream Sauce Toast Coffee LUNCHEON Salt Cod Steamed Bread and Butter Vegetable Salad Tea DINNER Vegetable Soup Baked Stuffed Hashbrot Italian Baked Potatoes Creamed Carrots White Sauce Sherry Whipped Cream

four of fish one hour in cold water, drain, cover with water and boil fifteen minutes. Then add half a cup of sliced onions and a cup and a half of sliced white potatoes and boil fifteen minutes longer. Add a piece of butter and pepper. DINNER Vegetable Soup—Pare and slice enough carrots to make half a cup, potatoes to make one cup, and three slices of turnip. Cover with four cups of water, boil until tender, add a piece of butter, pepper and salt, and serve without straining. Italian Baked Potatoes—Pare white potatoes and cut in strips lengthwise. Place in a baking pan pour over two tablespoons of melted butter and bake until brown. Dutch Salad—Chop red cabbage fine. Boil half a cup of vinegar, add a tablespoon of caraway seeds, half a teaspoon of mustard and pepper and salt. Pour mixture hot over the cabbage. Chill and serve. Sherry Whip—Beat a cup of cream as stiff possible, add a quarter of a cup of powdered sugar, a pinch of salt and a wine glass of sherry. Serve in small glasses with a pitted date on top.

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Hutchins. In Use For Over Thirty Years CASTORIA

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